

66TH FESTIVAL OF SPORT - 2023 AGE GROUP TRIATHLON
Start List

Race No.	Heat	Start Time	Cap	Last Name	First Name	Race Category	Race Category (Age)	Club
601	1	5:55	Green	HUNG	Tik Long	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Elite Open (NS Only)	New Sports Triathlon
602	1	5:55	Green	YU	Shing Him	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Elite Open (NS Only)	
603	1	5:55	Green	CHAN	Ho Kwan	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Elite Open (NS Only)	New Sports Triathlon
604	1	5:55	Green	CHO	Wing To Cheri	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Elite Open (NS Only)	Energetic Triathlon Shatin
605	1	5:55	Green	CHENG	Ka Nok Carlos	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	Compass Sports Association
606	1	5:55	Green	LUN	Paco Pak Hou	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	AustSports Association
607	1	5:55	Green	LIU	Wai Sheung Sean Anthony	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	
608	1	5:55	Green	PIERCY	James	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	
609	1	5:55	Green	HUI	Kwok Wai Desmond	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	AustSports Association
610	1	5:55	Green	WONG	Kai Yin	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	Crest Ray Recreation & Sports Club
611	1	5:55	Green	LIN	Cheuk Kiu Bryan	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	New Sports Triathlon
612	1	5:55	Green	ABADIR	Alexandre	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Sonic Sports Association
613	1	5:55	Green	CHUI	Hiu Fung Roy	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	
614	1	5:55	Green	WONG	Chun Yan Charles	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	
615	1	5:55	Green	SUNG	Chun Hin Anson	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	
616	1	5:55	Green	LIU	Jian Feng	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	New Sports Triathlon
617	1	5:55	Green	ANIRUDH	Vaishak	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	
618	1	5:55	Green	CHUNG	Hon Kit	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	
619	1	5:55	Green	LAM	Nicholas	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	
620	1	5:55	Green	CHIANG	Chi Fong	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	
621	1	5:55	Green	LAM	Timothy Tianlun	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	
622	1	5:55	Green	CHING	Ho Kwong Billy	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	New Sports Triathlon
623	1	5:55	Green	KUAN	Kinfai	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	
624	1	5:55	Green	KWAN	Yu Hei	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	
625	1	5:55	Green	NG	Ka Wai	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	AustSports Association
626	1	5:55	Green	VITALE	Lucas	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Hong Kong Dragons Triathlon Club
627	1	5:55	Green	CHEUNG	Fu Shiu	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	
628	1	5:55	Green	CHAN	Chun Lung Alan	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	New Sports Triathlon
629	1	5:55	Green	PIRAS	Donat	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	
630	1	5:55	Green	CHEUNG	Ting Ho	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Compass Sports Association
631	1	5:55	Green	LO	Yat Him	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Aqua Gym Sport Association
632	1	5:55	Green	HO	Chung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Crest Ray Recreation & Sports Club
633	1	5:55	Green	LAW	Po Ki	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	
634	1	5:55	Green	CHOI	Wing Chung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	
635	1	5:55	Green	LAW	Leong Tim	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	First Ten Generation Team
636	1	5:55	Green	LEE	Cheuk Pan	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	
637	1	5:55	Green	WONG	Ka Fung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	
638	1	5:55	Green	HO	Man Sum	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	
639	1	5:55	Green	JONES	Trevor	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	
640	1	5:55	Green	SUEN	Wai Lun	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	
641	1	5:55	Green	MA	Sean	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	
642	1	5:55	Green	BELFITT	Simon	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Tritons Triathlon Club
643	1	5:55	Green	WAN	Ka Ming	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	
644	1	5:55	Green	KWONG	Wai Hoo	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	
645	1	5:55	Green	LAO	Kin Chong Antonio	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	
646	1	5:55	Green	YIU LUN	Yeung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Crest Ray Recreation & Sports Club
647	1	5:55	Green	BERNER	Dominic	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Hong Kong Dragons Triathlon Club
648	1	5:55	Green	WONG	Ho Yin	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	
649	1	5:55	Green	SINNOTT	Eamonn	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	
650	1	5:55	Green	QUAN	Alec Kam Lek	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	AustSports Association
651	1	5:55	Green	PUN	Tak Kiu	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Tritons Triathlon Club
652	1	5:55	Green	BRADLEY-BARNARD	Harry	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	
653	1	5:55	Green	BRADSHAW	Robert	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	
654	1	5:55	Green	KONG	Cheuk Ho	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Titan Triathlon
655	1	5:55	Green	SAU	Miu Cheung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Energetic Triathlon Shatin
656	1	5:55	Green	SABTU	Modi Shari	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	
657	1	5:55	Green	TAM	Ho Tak Nick	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Alpha Zone Sports
658	1	5:55	Green	LAM	Hugo	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Alpha Zone Sports
659	1	5:55	Green	TAM	Yau Yan	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	AustSports Association
660	2	6:00	Pink	LUNG	Wan Chi	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 20-24	
661	2	6:00	Pink	TANG	Tammy	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 20-24	First Ten Generation Team
662	2	6:00	Pink	LEUNG	Ka Sin	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 20-24	Crest Ray Recreation & Sports Club

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Race No.	Heat	Start Time	Cap	Last Name	First Name	Race Category	Race Category (Age)	Club
663	2	6:00	Pink	FUNG	Pui Yan Naomi	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 25-29	
664	2	6:00	Pink	FONG	Oi Ning	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 25-29	Energetic Triathlon Shatin
665	2	6:00	Pink	TSANG	Ka Hung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 25-29	
666	2	6:00	Pink	CLEMENTS	Mollie	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 25-29	
667	2	6:00	Pink	CHAN	Pui Man	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 30-34	Crest Ray Recreation & Sports Club
668	2	6:00	Pink	LUNG	Yan Yin Krystal	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 30-34	New Sports Triathlon
669	2	6:00	Pink	NG	Chau Yu	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 30-34	South China Athletic Association
670	2	6:00	Pink	VUONG	Rebecca	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 35-39	
671	2	6:00	Pink	LEE	Wai Chi Jean	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 35-39	Titan Triathlon
672	2	6:00	Pink	PANG	Lok Man	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 35-39	Titan Triathlon
673	2	6:00	Pink	CHAN	Sze Wing	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 35-39	
674	2	6:00	Pink	HAND	Melinda	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 40-44	
675	2	6:00	Pink	WALSH	Annelotte	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 40-44	Aqua Gym Sport Association
676	2	6:00	Pink	WU	Ka Wing	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 40-44	Tritons Triathlon Club
677	2	6:00	Pink	POON	Man Fung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 40-44	Energetic Triathlon Shatin
678	2	6:00	Pink	LAU	Michelle	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 40-44	
679	2	6:00	Pink	HANLEY	Debbie	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 40-44	Hong Kong Football Club Swimming and Triathlon Society
680	2	6:00	Pink	LAI	Sophia	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 40-44	Energetic Triathlon Shatin
681	2	6:00	Pink	CHOW	Chi Ngan	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 40-44	
682	2	6:00	Pink	PUN	Cin Lam Lisa	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 45-49	Sonic Sports Association
683	2	6:00	Pink	LEUNG	Lai Ping	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 45-49	Alpha Zone Sports
684	2	6:00	Pink	TAM	Pui Yi Elizabeth	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	Crest Ray Recreation & Sports Club
685	2	6:00	Pink	LI	Hau Yi Dora	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	Energetic Triathlon Shatin
686	2	6:00	Pink	KWAN	Pui Ngai	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	
687	2	6:00	Pink	THOMAS	Chloe	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	Sonic Sports Association
688	2	6:00	Pink	CHAN	Man Mei	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 55-59	Energetic Triathlon Shatin
689	2	6:00	Pink	CHU	Wai Yu Louisa	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 55-59	
690	2	6:00	Pink	LOWE	Dilys	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 55-59	Energetic Triathlon Shatin
691	2	6:00	Pink	CHAN	Wan Tuen	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 55-59	
692	2	6:00	Pink	CHUNG	Suet King Tracy	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 55-59	
693	2	6:00	Pink	CHEUNG	Wing Yee	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 55-59	Alpha Zone Sports
694	2	6:00	Pink	TSOI	Angel, Yin Ling	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 60-64	Energetic Triathlon Shatin
695	2	6:00	Pink	YEUNG	Sai Hee Sally	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 65 & Over	New Sports Triathlon
696	3	6:05	White	WONG	Colin	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Crest Ray Recreation & Sports Club
697	3	6:05	White	GIANGRANDE	Mario	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Hong Kong Dragons Triathlon Club
698	3	6:05	White	TAI	Kwun Kit	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Pro-trinity Sports Club
699	3	6:05	White	MOK	Ho Yin	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Energetic Triathlon Shatin
700	3	6:05	White	SIT	Antony S K	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	
701	3	6:05	White	WAN	Shu Wai	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	
702	3	6:05	White	CORNO	Yvan	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Sonic Sports Association
703	3	6:05	White	HO	Chi Ming	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	
705	3	6:05	White	TONG	Wai Chung Christopher	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Sonic Sports Association
706	3	6:05	White	YIU	Vor	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	
707	3	6:05	White	LOU	Chiu Yung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	
708	3	6:05	White	WONG	Frankie	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Alpha Zone Sports
709	3	6:05	White	CHOW	Derek	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	
710	3	6:05	White	YASIN	Ricci	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Hong Kong Dragons Triathlon Club
711	3	6:05	White	SHUM	James	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Sonic Sports Association
712	3	6:05	White	CHU	Chiu Shan	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	
713	3	6:05	White	CHAN	Kim Cham	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Alpha Zone Sports
714	3	6:05	White	LEUNG	Kenrick	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	
715	3	6:05	White	MARCHESSEAU	Eric	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	
716	3	6:05	White	TAHIR	Ahmadul	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	
717	3	6:05	White	WORTHINGTON	Ben	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	
718	3	6:05	White	JIM	Samuel	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	New Sports Triathlon
719	3	6:05	White	CHAN	Ka Lup	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
720	3	6:05	White	KWOK	Ka Fai	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
721	3	6:05	White	LAM	Kevin	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
722	3	6:05	White	SHI	Bertram	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Energetic Triathlon Shatin
723	3	6:05	White	CHU	Wai Leung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
724	3	6:05	White	LEONG	Chung Ming	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
725	3	6:05	White	LEUNG	Kin Keung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Energetic Triathlon Shatin

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Race No.	Heat	Start Time	Cap	Last Name	First Name	Race Category	Race Category (Age)	Club
726	3	6:05	White	AU YEUNG	Hong	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Mango Swimming Club
727	3	6:05	White	CHU	Horace	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
728	3	6:05	White	LEE	Johny	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
729	3	6:05	White	HO	Wing Hung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
730	3	6:05	White	ABECASSIS	Marc Jacques	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Tritons Triathlon Club
731	3	6:05	White	CHEUNG	Man Kwong	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Mango Swimming Club
732	3	6:05	White	WONG	Wing Foo Paddy	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
733	3	6:05	White	LAW	Chi Wai	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
734	3	6:05	White	CHUNG	William	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
735	3	6:05	White	FUNG	Tze Wai	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
736	3	6:05	White	LEE	Wan Kwong	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
737	3	6:05	White	GREATON	Timothy	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
738	3	6:05	White	MA	Ma Chi Po	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	New Sports Triathlon
739	3	6:05	White	HO	Henry	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
740	3	6:05	White	HO	Kwok Lun	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	
741	3	6:05	White	CHAN	Ka Shing Andre	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	
742	3	6:05	White	LEUNG	Yau Hong	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Crest Ray Recreation & Sports Club
743	3	6:05	White	CHOI	Tai Wing	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	AustSports Association
744	3	6:05	White	MA	Yuk Fu	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	AustSports Association
745	3	6:05	White	LEE	Ying Ho	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Sonic Sports Association
746	3	6:05	White	WONG	Ho Man Jonathan	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	AustSports Association
747	3	6:05	White	SUNG	Yan Wah Danny	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Alpha Zone Sports
748	3	6:05	White	HO	Kwong Ngai Eric	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	AustSports Association
749	3	6:05	White	WONG	Wai Cheung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	
750	3	6:05	White	CHUNG	Lui Hung Lawrence	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Energetic Triathlon Shatin
751	3	6:05	White	YUEN	Wang Cheong	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	
752	3	6:05	White	BRUTUS	Gregory	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Hong Kong Football Club Swimming and Triathlon Society
753	3	6:05	White	CHAN	King Yuen	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 65 & Over	New Sports Triathlon
754	3	6:05	White	CHAN	Stephen King Che	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 65 & Over	Energetic Triathlon Shatin
755	3	6:05	White	CHAN	Fai Ming	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 65 & Over	AustSports Association
756	3	6:05	White	HO	Yue Tang	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 65 & Over	Energetic Triathlon Shatin
757	4	6:15	Yellow	QUAIL	Simon	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
758	4	6:15	Yellow	LEUNG	Tsz	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Hoi Ngai Sports Association
759	4	6:15	Yellow	NG	Yu Chung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
760	4	6:15	Yellow	BURETTE	Guillaume	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
761	4	6:15	Yellow	TSANG	Jim	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Alpha Zone Sports
762	4	6:15	Yellow	FOUQUET	Jean-Charles	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Mango Swimming Club
763	4	6:15	Yellow	YEUNG	Suen Yu	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
764	4	6:15	Yellow	SHAM	Siu Hang	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
765	4	6:15	Yellow	NGAI	Ho Shun	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
766	4	6:15	Yellow	LAW	Alan	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
767	4	6:15	Yellow	LAU	Sheung Man	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
768	4	6:15	Yellow	CHAN	Ngok Pang Ronald	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	New Sports Triathlon
769	4	6:15	Yellow	VAN DER FLIER	Vasco	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Hong Kong Football Club Swimming and Triathlon Society
770	4	6:15	Yellow	SCHAKEL	Reinout Hendrik	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
771	4	6:15	Yellow	LAU	Yiu Man	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
772	4	6:15	Yellow	HU	Daolong	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Energetic Triathlon Shatin
773	4	6:15	Yellow	CHENG	Wai Keung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	AustSports Association
774	4	6:15	Yellow	YUNG	Man Hon	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	AustSports Association
775	4	6:15	Yellow	CHIU	Kin Sang	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	AustSports Association
776	4	6:15	Yellow	CHENG	Ming Hei	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	AustSports Association
777	4	6:15	Yellow	MOK	Chit	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	AustSports Association
778	4	6:15	Yellow	CHAN	Daniel H.T.	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	AustSports Association
779	4	6:15	Yellow	FUNG	Sin Tui	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
780	4	6:15	Yellow	DE GUZMAN	Johnny	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
781	4	6:15	Yellow	POON	Sze Chun	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Sonic Sports Association
782	4	6:15	Yellow	TASKER	Simon	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Hong Kong Dragons Triathlon Club
783	4	6:15	Yellow	CHAN	Chi Hang	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
784	4	6:15	Yellow	YIP	Ching James	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
785	4	6:15	Yellow	WOO	Wai Kit	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
786	4	6:15	Yellow	CHOW	Kevin	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Tritons Triathlon Club
787	4	6:15	Yellow	WONG	Kwok Wah	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	AustSports Association

66TH FESTIVAL OF SPORT - 2023 AGE GROUP TRIATHLON
Start List

Race No.	Heat	Start Time	Cap	Last Name	First Name	Race Category	Race Category (Age)	Club
788	4	6:15	Yellow	BACCINO	Thomas	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
789	4	6:15	Yellow	LAI	Man Lok	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
790	4	6:15	Yellow	WONG YUK HEI	Gump	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
791	4	6:15	Yellow	LAU	Frankie	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
792	4	6:15	Yellow	MAK	Wai Lun	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
793	4	6:15	Yellow	POON	King Yip	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	AustSports Association
794	4	6:15	Yellow	YIM	Ching Wan	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	
795	4	6:15	Yellow	RAMABUTR	Suphathorn	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Tritons Triathlon Club
796	4	6:15	Yellow	LAM	Chung Kei	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
797	4	6:15	Yellow	LEUNG	Ka Yi	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Sonic Sports Association
798	4	6:15	Yellow	CHUM	Tik Ho	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Aqua Gym Sport Association
799	4	6:15	Yellow	LEUNG	Ho Kei	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Alpha Zone Sports
800	4	6:15	Yellow	CHENG	Chun Kit	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Aqua Gym Sport Association
801	4	6:15	Yellow	LEE	Tim	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Aqua Gym Sport Association
802	4	6:15	Yellow	YU	Wai Yin	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
803	4	6:15	Yellow	NG	Siu Hong	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	AustSports Association
804	4	6:15	Yellow	TSE	Tan	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
805	4	6:15	Yellow	LEE	Ka Wah	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	The Little Dolphin Swimming Training Center
806	4	6:15	Yellow	YIP	Shu Pong	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
807	4	6:15	Yellow	LOK	Lam Fung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	New Sports Triathlon
808	4	6:15	Yellow	LAM	Chung Sang	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Energetic Triathlon Shatin
809	4	6:15	Yellow	FONG	Chun Kin	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Alpha Zone Sports
810	4	6:15	Yellow	CHUI	Wai Yin	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
811	4	6:15	Yellow	NG	Mark	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Energetic Triathlon Shatin
812	4	6:15	Yellow	DALLING	Will	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
813	4	6:15	Yellow	LEUNG	Ching Fai	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Energetic Triathlon Shatin
814	4	6:15	Yellow	LAI	Chi Lai Anthony	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Sonic Sports Association
815	4	6:15	Yellow	HO	Siu Keung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Aqua Gym Sport Association
816	4	6:15	Yellow	WONG	Ho Yeung Ringo	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
817	4	6:15	Yellow	SHUM	Ben	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
818	4	6:15	Yellow	YIU	Yik Lung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
819	4	6:15	Yellow	MAK	Chun Yin	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
820	4	6:15	Yellow	YEUNG	Chi Yat Jack	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Alpha Zone Sports
821	4	6:15	Yellow	WONG	Pui Yuen	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Pro-trinity Sports Club
822	4	6:15	Yellow	YIP	Wang Pun	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
823	4	6:15	Yellow	CHEUNG	Kim Hung	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Pro-trinity Sports Club
824	4	6:15	Yellow	CHAN	Pit Ho	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Energetic Triathlon Shatin
825	4	6:15	Yellow	LEONG	Kwok On Joao	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	New Sports Triathlon
826	4	6:15	Yellow	MOLNAR	Christopher	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
827	4	6:15	Yellow	HAR	Wai Ching	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
828	4	6:15	Yellow	CHAN	Pak-Fai	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
829	4	6:15	Yellow	WONG	Ching Kong	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Energetic Triathlon Shatin
830	4	6:15	Yellow	WONG	Yu Chun Eugene	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	
831	4	6:15	Yellow	KWONG	Hoi Tik	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Crest Ray Recreation & Sports Club
832	5	6:45	Green	CHEUNG	Karl	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	
833	5	6:45	Green	YU	Chun Kiu	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Sparkle Triathlon
834	5	6:45	Green	ZHANG	Yimu	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	
835	5	6:45	Green	CHAN	Yat Long Jay	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Energetic Triathlon Shatin
836	5	6:45	Green	AU	Hok Sum	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Sparkle Triathlon
837	5	6:45	Green	CHAN	Nok Norman	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	The Little Dolphin Swimming Training Center
838	5	6:45	Green	WONG	Chung Yu	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Energetic Triathlon Shatin
839	5	6:45	Green	CHUNG	Chi Yin Ivin	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Sparkle Triathlon
840	5	6:45	Green	LAI	Chun Yin Jairus	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Sparkle Triathlon
841	5	6:45	Green	LI	Yat To Travis	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	AustSports Association
842	5	6:45	Green	POON	Yat Hei Isaac	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	AustSports Association
843	5	6:45	Green	LONG	Leonard Yuqi	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Mango Swimming Club
844	5	6:45	Green	MAN	Lok Tin Mike	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	AustSports Association
845	5	6:45	Green	LI	Chun Lok	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	
846	5	6:45	Green	WONG	Chun Him Louis	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Energetic Triathlon Shatin
847	5	6:45	Green	BURETTE	Adam	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	
848	5	6:45	Green	AU	Cheuk Nam Janko	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Energetic Triathlon Shatin
849	5	6:45	Green	CHANG	Hao Che	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Crest Ray Recreation & Sports Club

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Start List

Race No.	Heat	Start Time	Cap	Last Name	First Name	Race Category	Race Category (Age)	Club
850	5	6:45	Green	CHANG	Yuk Tong Uto	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	
851	5	6:45	Green	FISCHER LAM	Thyme	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	
852	5	6:45	Green	CHEUNG	Tsz Wun Xavier	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Crest Ray Recreation & Sports Club
853	5	6:45	Green	ZHENG	Troy	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Energetic Triathlon Shatin
854	5	6:45	Green	KWOK	Sam	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Alpha Zone Sports
855	5	6:45	Green	VOON	Tsun Kwan	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Alpha Zone Sports
856	5	6:45	Green	SOU	Yui Him	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Energetic Triathlon Shatin
857	5	6:45	Green	FOK	Shing Hang	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Energetic Triathlon Shatin
858	5	6:45	Green	NG	Hun Man	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Sparkle Triathlon
859	5	6:45	Green	LEUNG	Ryan	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Hoi Ngai Sports Association
860	5	6:45	Green	CHOI	Yui Hang	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	
861	5	6:45	Green	TSUI	Yuen Ying Max	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	
862	5	6:45	Green	WONG	Tsz Hei	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	
863	5	6:45	Green	CHAN	Pak Long Casper	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Energetic Triathlon Shatin
864	5	6:45	Green	AU	Leong Yin	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Sparkle Triathlon
865	5	6:45	Green	LAU	Damon	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Energetic Triathlon Shatin
866	5	6:45	Green	KEI	Lap Yan	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Sparkle Triathlon
867	5	6:45	Green	WU	Xianda	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	The Little Dolphin Swimming Training Center
868	5	6:45	Green	MAK	San Mau Jacob	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Sparkle Triathlon
869	5	6:45	Green	YAM	Pak Yu Jesper	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Sparkle Triathlon
870	5	6:45	Green	WONG	Cheuk Yat Julien	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Sparkle Triathlon
871	5	6:45	Green	TING	Chun Ching	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Sparkle Triathlon
872	5	6:45	Green	HU	Jiangzhi	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Energetic Triathlon Shatin
873	6	6:47	Pink	CHAU	Ceinwen	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Energetic Triathlon Shatin
874	6	6:47	Pink	BRAR	Niesha	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	First Ten Generation Team
875	6	6:47	Pink	LAU	Cheryl	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	First Ten Generation Team
876	6	6:47	Pink	LAU	Lok Yin Alicia	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	The Little Dolphin Swimming Training Center
877	6	6:47	Pink	MAK	Ka Pik Abigail	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Sparkle Triathlon
878	6	6:47	Pink	HU	Jiangqi	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Energetic Triathlon Shatin
879	6	6:47	Pink	LEUNG	Keira Joy	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	First Ten Generation Team
880	6	6:47	Pink	CHAN	Chin Yui	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	AustSports Association
881	6	6:47	Pink	NG	Hei Kiu	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	AustSports Association
882	6	6:47	Pink	WONG	Pui U	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	
883	6	6:47	Pink	LEUNG	Ka Yan	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	
884	6	6:47	Pink	YEUNG	Hiu Yau	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	
885	6	6:47	Pink	CHOW	Sze Ling Celine	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	AustSports Association
886	6	6:47	Pink	CHUNG	Cin Yee Cydnee	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Sparkle Triathlon
887	6	6:47	Pink	LEUNG	Sze Yan	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	The Little Dolphin Swimming Training Center
888	6	6:47	Pink	FANG	Yeuk Tung Heather	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	AustSports Association
889	7	7:30	White	FOK	Wang Hin Ian	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 1 (NS Only)	Energetic Triathlon Shatin
890	7	7:30	White	WONG	Ka Ho Gary	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 1 (NS Only)	
891	7	7:30	White	CARSON	WT Dominic	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 1 (NS Only)	Energetic Triathlon Shatin
892	7	7:30	White	CHAN	Yui Fung	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 1 (NS Only)	Energetic Triathlon Shatin
893	7	7:30	White	WONG	Pak Yiu Anson	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 1 (NS Only)	First Ten Generation Team
894	7	7:30	White	YUNG	Pu Chak	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 1 (NS Only)	The Little Dolphin Swimming Training Center
895	7	7:30	White	KWAN	Lok Chun Andrew	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 1 (NS Only)	
896	7	7:30	White	LO	Hin Ching Cyrus	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 1 (NS Only)	Energetic Triathlon Shatin
897	7	7:30	White	MOK	Pak Fan	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 1 (NS Only)	Energetic Triathlon Shatin
898	7	7:30	White	TSANG	Wai Chun	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 1 (NS Only)	AustSports Association
899	7	7:30	White	WAN	Chak Lam	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 1 (NS Only)	Energetic Triathlon Shatin
900	7	7:30	White	YIP	Tak Long	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2 (NS Only)	
901	7	7:30	White	CHAN	Pak Hoi	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2 (NS Only)	
902	7	7:30	White	CHU	Yan Ho Philip	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2 (NS Only)	South China Athletic Association
903	7	7:30	White	KEI	Yin	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Aqua Gym Sport Association
904	7	7:30	White	LOU	Iat Hei	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	
905	7	7:30	White	WONG	Hou Lam	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	
906	7	7:30	White	LAU	Chang Yu	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	
907	7	7:30	White	PANG	Tze Kin	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	
908	7	7:30	White	CHOW	Yu Chak	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Crest Ray Recreation & Sports Club
909	7	7:30	White	CHAN	Chon Ip	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	
910	7	7:30	White	YICK	Po Shun	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Sparkle Triathlon

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Start List

Race No.	Heat	Start Time	Cap	Last Name	First Name	Race Category	Race Category (Age)	Club
911	7	7:30	White	CHAN	Tsz Ho Shaun	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	First Ten Generation Team
912	7	7:30	White	WU	Chan Wai	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 2	
913	7	7:30	White	LAO	Cheok Hei	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 2	
914	7	7:30	White	TUNG	Lok Ping	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 2	
915	7	7:30	White	LUI	Tsun Kiu	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 2	Compass Sports Association
916	7	7:30	White	LEUNG	King Ching	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 2	
917	8	7:35	Yellow	LUN	Anson	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Elite Junior 1 (NS Only)	AustSports Association
918	8	7:35	Yellow	METAIS	Zoe Olga	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Elite Junior 2 (NS Only)	
919	8	7:35	Yellow	COURRET	Pauline	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Elite Junior 2 (NS Only)	South China Athletic Association
920	8	7:35	Yellow	TANG	Hiu Tung	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Junior 1	
921	8	7:35	Yellow	CORDEIRO HOI	Eunice	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Junior 2	
922	8	7:35	Yellow	LEUNG	Tsz Long	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Junior 2	AustSports Association
923	8	7:35	Yellow	LAM	Hoi Ching	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Junior 2	
924	8	7:35	Yellow	KOO	Hiu Lam	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Junior 2	Energetic Triathlon Shatin
925	9	8:00	Green	LAM	Lok Shi	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Elite Youth (NS Only)	Energetic Triathlon Shatin
926	9	8:00	Green	WONG	Nok Hei	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Elite Youth (NS Only)	
927	9	8:00	Green	YIM	Tsun Fung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Elite Youth (NS Only)	Sparkle Triathlon
928	9	8:00	Green	AU	Ho Chun	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Elite Youth (NS Only)	Energetic Triathlon Shatin
929	9	8:00	Green	CHAN	Ka Hei Cyrus	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Elite Youth (NS Only)	
930	9	8:00	Green	TSANG	Auscar	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Elite Youth (NS Only)	Energetic Triathlon Shatin
931	9	8:00	Green	TSANG	Kwong Hei Anson	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Elite Youth (NS Only)	Energetic Triathlon Shatin
932	9	8:00	Green	LI	Chun Hei	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	
933	9	8:00	Green	LAM	Pak To	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Dali Swimming Club
934	9	8:00	Green	CHU	Wang Yui	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	AustSports Association
935	9	8:00	Green	YU	Ian	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Mango Swimming Club
936	9	8:00	Green	CHAN	Tsz Long	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
937	9	8:00	Green	LOU	Iat Long	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	
938	9	8:00	Green	WONG	Angus	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	
939	9	8:00	Green	WU	Cho Lok Issac	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	
940	9	8:00	Green	YANG	Bo Yuan Alexander	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	
941	9	8:00	Green	WONG	Lucas	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
942	9	8:00	Green	TSE	Tsz Long	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	
943	9	8:00	Green	TSE	Tsz Yeung Ocean	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	
944	9	8:00	Green	CHU	Pak Yin	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	AustSports Association
945	9	8:00	Green	CHAN	Yat Hay Sky	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
946	9	8:00	Green	LAU	Hong Nam	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Alpha Zone Sports
947	9	8:00	Green	CHAN	Pak Kiu	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	
948	9	8:00	Green	CHAN	Pak Hei	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	
949	9	8:00	Green	SHUM	Mathis Hin Lun	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	
950	9	8:00	Green	SHAM	O	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	
951	9	8:00	Green	CHUNG	Ian Chi Yan	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Sparkle Triathlon
952	9	8:00	Green	CHAU	Cheuk Yin Desmond	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
953	9	8:00	Green	TAM	Tze Kiu	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
954	9	8:00	Green	WAN	Chak Yan Bosco	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
955	9	8:00	Green	CHAN	Yui Hei Mason	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
956	9	8:00	Green	TAI	Chak Marc	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Pro-Trinity Sports Club
957	9	8:00	Green	NG	Dylan	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	
958	9	8:00	Green	TING	Ngai Chun	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Sparkle Triathlon
959	9	8:00	Green	NG	Cheuk Kiu	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
960	9	8:00	Green	LO	Tsz Leong	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	
961	9	8:00	Green	LAI	Pak Long	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	Sparkle Triathlon
962	9	8:00	Green	HO	Siu Fung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	First Ten Generation Team
963	9	8:00	Green	TING FUNG	Chan	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	
964	9	8:00	Green	MOK	Tsz Him	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	
965	9	8:00	Green	WONG	Tin Chak	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	
966	9	8:00	Green	SULLIVAN	Braedan	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	AustSports Association
967	9	8:00	Green	GOLDBERG	Aitan Hilton	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	Energetic Triathlon Shatin
968	9	8:00	Green	LAM	Yat Long	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	
969	9	8:00	Green	CHAN	Lok Ki	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	Crest Ray Recreation & Sports Club
970	9	8:00	Green	CHAN	Wai Yin	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	Sparkle Triathlon
971	9	8:00	Green	WONG	Chun Hei	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	The Little Dolphin Swimming Training Center

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Start List

Race No.	Heat	Start Time	Cap	Last Name	First Name	Race Category	Race Category (Age)	Club
972	9	8:00	Green	TAI	Chun Max	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	Pro-trinity Sports Club
973	9	8:00	Green	YAU	Chi Him Ryan	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	
974	9	8:00	Green	NG	Yat Long, Marcus	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	
975	9	8:00	Green	NG	Yu Chun Adrian	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	
976	9	8:00	Green	SHUM	Yan Tao	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	
977	9	8:00	Green	KWOK	Ching Ho	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	Crest Ray Recreation & Sports Club
978	9	8:00	Green	MAN	Pak Lam Cass	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	AustSports Association
979	9	8:00	Green	YIP	Atlas	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Youth 2	Crest Ray Recreation & Sports Club
980	10	8:05	Pink	MAN	Lai Ki Nicole	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Elite Youth (NS Only)	Energetic Triathlon Shatin
981	10	8:05	Pink	STAMENOVIC	Petra	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Elite Youth (NS Only)	
982	10	8:05	Pink	MODIANO	Sarah Elise	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Elite Youth (NS Only)	
983	10	8:05	Pink	TSANG	Hayley	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Elite Youth (NS Only)	Energetic Triathlon Shatin
984	10	8:05	Pink	WONG	Lok Tung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Elite Youth (NS Only)	
985	10	8:05	Pink	WONG	Wan Tung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Elite Youth (NS Only)	Energetic Triathlon Shatin
986	10	8:05	Pink	WONG	Dou Ching	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 1	
987	10	8:05	Pink	SIU	Yik Ching	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 1	
988	10	8:05	Pink	SIU	Yik Nam	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 1	
989	10	8:05	Pink	CHAU	Heulwen	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 1	Energetic Triathlon Shatin
990	10	8:05	Pink	CHEUNG	Tavia	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 1	Alpha Zone Sports
991	10	8:05	Pink	LEUNG	Hiu Tung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 1	AustSports Association
992	10	8:05	Pink	CHAN	Yi Chun	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 1	AustSports Association
993	10	8:05	Pink	CHU	Wai Kei	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 2	
994	10	8:05	Pink	LEE	Tsz Yau	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 2	
995	10	8:05	Pink	LAU	Wing Chi	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 2	
996	10	8:05	Pink	ODENDAAL	Isabella	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 2	Aqua Gym Sport Association
997	10	8:05	Pink	LAM	Tsz Yee	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 2	Energetic Triathlon Shatin
998	10	8:05	Pink	WALLACE	Adelyn	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 2	Aqua Gym Sport Association
999	10	8:05	Pink	LAW	Ching Kiu	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 2	
1000	10	8:05	Pink	YANG	Anika	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Youth 2	South China Athletic Association
1001	11	8:10	White	SIN	Cheuk Fung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 20-29	Aqua Gym Sport Association
1002	11	8:10	White	CHAN	Kenneth	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 20-29	
1003	11	8:10	White	TSAI	Ka Man	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 20-29	
1004	11	8:10	White	TANG	Kin Yip	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 20-29	Sonic Sports Association
1005	11	8:10	White	CHENG	Chun Hei Scott	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 20-29	
1006	11	8:10	White	LI	Jing Yi Andrew	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 20-29	
1007	11	8:10	White	LUK	Sze Chit Ervan	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 20-29	
1008	11	8:10	White	WONG	Derrick Ch	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	
1009	11	8:10	White	LAU	Long Fung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	New Sports Triathlon
1010	11	8:10	White	LEUNG	Ka Lun	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	Energetic Triathlon Shatin
1011	11	8:10	White	FUNG	Kong Yau	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	Energetic Triathlon Shatin
1012	11	8:10	White	CHENG	King Wai	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	
1013	11	8:10	White	LI	Hok Yee Terence	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	Titan Triathlon
1014	11	8:10	White	LEE	Hin Pong	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	
1015	11	8:10	White	LAU	Ka Chun	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	
1016	11	8:10	White	LEE	Chung Shun	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	Sonic Sports Association
1017	11	8:10	White	CHIU	Tsz Fung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	Sonic Sports Association
1018	11	8:10	White	KUONG	Chi Kei	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	
1019	11	8:10	White	YU	Chung Wa Dennis	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	Pro-trinity Sports Club
1020	11	8:10	White	TONG	Lik Lam	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	
1021	11	8:10	White	CHOI	Sze Kam	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	Aqua Gym Sport Association
1022	11	8:10	White	LEMAIRE	Thibaud	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	Sonic Sports Association
1023	11	8:10	White	CHAN	Yik Hong	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	
1024	11	8:10	White	LI	Kin Leung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 30-39	
1025	11	8:10	White	PIACHAUD	James	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1026	11	8:10	White	FAN	Ka Ho	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1027	11	8:10	White	CHICK	Ka Shing	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1028	11	8:10	White	LEUNG	Terry	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1029	11	8:10	White	TSE	Chung Wai	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1030	11	8:10	White	YUNG	Joy Shing	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1031	11	8:10	White	CHEUNG	Wai Keung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1032	11	8:10	White	KOK	Marco	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	

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Start List

Race No.	Heat	Start Time	Cap	Last Name	First Name	Race Category	Race Category (Age)	Club
1033	11	8:10	White	HUI	Charles	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	Sonic Sports Association
1034	11	8:10	White	LI	Wai Sum Brandon	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	Sonic Sports Association
1035	11	8:10	White	CHAN	Yiu Kei Jack	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	Energetic Triathlon Shatin
1036	11	8:10	White	LAU	Man Cheung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	Energetic Triathlon Shatin
1037	11	8:10	White	LEUNG	Elton	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	Sonic Sports Association
1038	11	8:10	White	LEE	Chi Hang	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1039	11	8:10	White	TSUI	Wai Hang	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1040	11	8:10	White	MOK	Hon Suen	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1041	11	8:10	White	FU	Yin Wing, Jerry	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1042	11	8:10	White	CHONG	Ting Piu	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	Titan Triathlon
1043	11	8:10	White	LEUNG	Tsz Yeung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1044	11	8:10	White	WONG	Chun Kit	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1045	11	8:10	White	TANG	Shun Yin	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1046	11	8:10	White	WAN	Ho Man	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1047	11	8:10	White	LO	Tak Yiu	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1048	11	8:10	White	LEE	Lap Ken Kenneth	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	Sonic Sports Association
1049	11	8:10	White	CHAMPION	Eric	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	Aqua Gym Sport Association
1050	11	8:10	White	LAM	Kun Lei	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1051	11	8:10	White	CHAN	Siu Wai	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1052	11	8:10	White	KWOK	Keith	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1053	11	8:10	White	LIU	Wai Chun Jerry	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 40-49	
1054	11	8:10	White	WAN	Shu Wah Jimmy	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	Energetic Triathlon Shatin
1055	11	8:10	White	WATSON	Michae1	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	
1056	11	8:10	White	YUEN	Kenneth	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	
1057	11	8:10	White	KA KUEN	Tam	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	South China Athletic Association
1058	11	8:10	White	LAMBOURN	Lionel	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	Sonic Sports Association
1059	11	8:10	White	CHIH	Ming Yuen	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	Alpha Zone Sports
1060	11	8:10	White	YUE	Kwok Chung Andrew	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	Pro-trinity Sports Club
1061	11	8:10	White	WONG	Wai Kwong	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	
1062	11	8:10	White	CHENG	Kwong Leung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	
1063	11	8:10	White	KAN	Chris	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	
1064	11	8:10	White	CHEUNG	M	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	
1065	11	8:10	White	CHOW	Chiu Kin	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	Energetic Triathlon Shatin
1066	11	8:10	White	YEN	Ka Shun Sunny	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	Energetic Triathlon Shatin
1067	11	8:10	White	LEE	Vincent	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	AustSports Association
1068	11	8:10	White	IP	Ch I KONG	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	
704	11	8:10	White	DICK	Wai Leung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 50-59	Energetic Triathlon Shatin
1069	11	8:10	White	YEUNG	Chi Ling Clement	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 60 & Over	Alpha Zone Sports
1070	11	8:10	White	WONG	Check Yin	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 60 & Over	Mango Swimming Club
1071	11	8:10	White	BROWNLEE	Ian	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 60 & Over	Sonic Sports Association
1072	11	8:10	White	YIP	Kin Sang	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 60 & Over	
1073	11	8:10	White	AU	Wai Leung	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 60 & Over	
1074	11	8:10	White	CHAN	Rick	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 60 & Over	
1075	11	8:10	White	WONG	Yin Cheong	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 60 & Over	Energetic Triathlon Shatin
1076	11	8:10	White	LEE	Kwok Ning	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 60 & Over	
1077	11	8:10	White	POON	Ivan	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 60 & Over	
1078	11	8:10	White	TSE	Chi Kin	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 60 & Over	AustSports Association
1079	11	8:10	White	IP	Wing Kwong	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Male Age Group 60 & Over	Energetic Triathlon Shatin
1080	12	8:15	Yellow	ONG	Michelle Tsui	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 20-29	Aqua Gym Sport Association
1081	12	8:15	Yellow	LEUNG	Hoi Yan	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 20-29	
1082	12	8:15	Yellow	YEUNG	Judy	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 30-39	Sonic Sports Association
1083	12	8:15	Yellow	SHEK	Yan Sin	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 30-39	New Sports Triathlon
1084	12	8:15	Yellow	LAU	Maggie	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 30-39	Sonic Sports Association
1085	12	8:15	Yellow	CHAN	Chui Ying	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 30-39	
1086	12	8:15	Yellow	TAM	Stella	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 30-39	
1087	12	8:15	Yellow	CHAN	On Ki	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 30-39	New Sports Triathlon
1088	12	8:15	Yellow	LO	Ka Hei	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 30-39	
1089	12	8:15	Yellow	YUEN	Persephone	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 30-39	
1090	12	8:15	Yellow	KEUNG	Sau Ching Joyce	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 40-49	
1091	12	8:15	Yellow	LI	Wai Kwan Carina	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 40-49	
1092	12	8:15	Yellow	LEE	Janice	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 40-49	Sonic Sports Association
1093	12	8:15	Yellow	BIRCHALL	Robyn	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 40-49	Aqua Gym Sport Association

66TH FESTIVAL OF SPORT - 2023 AGE GROUP TRIATHLON
Start List

Race No.	Heat	Start Time	Cap	Last Name	First Name	Race Category	Race Category (Age)	Club
1094	12	8:15	Yellow	LEUNG	Paggy	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 40-49	Alpha Zone Sports
1095	12	8:15	Yellow	TAM	Kwan Yee	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 40-49	
1096	12	8:15	Yellow	WONG	Mui Christina	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 50-59	Mango Swimming Club
1097	12	8:15	Yellow	ODENDAAL	Bessa	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 50-59	
1098	12	8:15	Yellow	LUI	Shuk Han Karen	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 50-59	Energetic Triathlon Shatin
1099	12	8:15	Yellow	LIU	Wai Fun	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 50-59	Sonic Sports Association
1100	12	8:15	Yellow	CHAN	Ching Man	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 50-59	
1101	12	8:15	Yellow	LAU	Lai Wa	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 60 & Over	Energetic Triathlon Shatin
1102	12	8:15	Yellow	CHENG	Lai Yin	Discovery Distance (Swim 300m/Bike 10km Bride's Pool Road/Run 2.5km)	Female Age Group 60 & Over	