

2023 ASIA TRIATHLON CUP - HONG KONG

Youth Start List

Race No	Heat	Start Time	Swim Cap	Last Name	First Name	Race Category	Race Category (Age)	Club
200	1	6:45	Blue	CHOW	Yu Chak	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Junior	Crest Ray Recreation & Sports Club
201	1	6:45	Blue	CHAN	Tsz Ho Shaun	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Junior	First Ten Generation Team
202	1	6:45	Blue	YICK	Po Shun	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Junior	Sparkle Triathlon
203	1	6:45	Blue	LOU	Iat Hei	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Junior	
204	1	6:45	Blue	WONG	Hou Lam	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Junior	
205	1	6:45	Blue	ZHENG	Troy	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Energetic Triathlon Shatin
206	1	6:45	Blue	SOU	Yui Him	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Energetic Triathlon Shatin
207	1	6:45	Blue	FOK	Shing Hang	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Energetic Triathlon Shatin
208	1	6:45	Blue	WONG	Chun Him Louis	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Energetic Triathlon Shatin
209	1	6:45	Blue	CHENG	Ching Vince	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	
210	1	6:45	Blue	LAU	Damon	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Energetic Triathlon Shatin
211	1	6:45	Blue	LEUNG	Lai Sin	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	
212	1	6:45	Blue	AU	Cheuk Nam Janko	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Energetic Triathlon Shatin
213	1	6:45	Blue	HU	Jiangzhi	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Energetic Triathlon Shatin
214	1	6:45	Blue	KEI	Lap Yan	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Sparkle Triathlon
215	1	6:45	Blue	AU	Leong Yin	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Sparkle Triathlon
216	1	6:45	Blue	MAK	San Mau Jacob	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Sparkle Triathlon
217	1	6:45	Blue	WONG	Cheuk Yat Julien	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Sparkle Triathlon
218	1	6:45	Blue	NG	Hun Man	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Sparkle Triathlon
219	1	6:45	Blue	CHAN	Pak Long Casper	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Energetic Triathlon Shatin
220	1	6:45	Blue	TING	Chun Ching	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male TriKids	Sparkle Triathlon
221	1	6:45	Blue	CHEONG	King Man	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 1	AustSports Association
222	1	6:45	Blue	TAM	Tze Kiu	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
223	1	6:45	Blue	WONG	Lucas	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
224	1	6:45	Blue	CHAN	Yat Hay Sky	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
225	1	6:45	Blue	CHAN	Pak Hei	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 1	
226	1	6:45	Blue	SHUM	Mathis Hin Lun	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 1	
227	1	6:45	Blue	CHAN	Yui Hei Mason	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
228	1	6:45	Blue	WAN	Chak Yan Bosco	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
229	1	6:45	Blue	NG	Cheuk Kiu	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 1	Energetic Triathlon Shatin
230	1	6:45	Blue	CHUNG	Ian Chi Yan	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 1	Sparkle Triathlon
231	1	6:45	Blue	TING	Ngai Chun	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 1	Sparkle Triathlon
232	1	6:45	Blue	LOU	Iat Long	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 1	
233	1	6:45	Blue	NG	Yu Chun Adrian	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	
234	1	6:45	Blue	FENG	Chak Yan	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	First Ten Generation Team
235	1	6:45	Blue	LAW	Chi Yin	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	
236	1	6:45	Blue	WONG	Tin Chak	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	First Ten Generation Team
237	1	6:45	Blue	LAI	Pak Long	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	Sparkle Triathlon
238	1	6:45	Blue	NG	Yat Long, Marcus	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	
239	1	6:45	Blue	YAU	Chi Him Ryan	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	
240	1	6:45	Blue	MOK	Tsz Him	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	
241	1	6:45	Blue	CHAN	Wai Yin	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	Sparkle Triathlon
242	1	6:45	Blue	KWOK	Ching Ho	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	Crest Ray Recreation & Sports Club
243	1	6:45	Blue	GOLDBERG	Aitan Hilton	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	Energetic Triathlon Shatin
244	1	6:45	Blue	WONG	Chun Hei	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	The Little Dolphin Swimming Training Center
245	1	6:45	Blue	SHUM	Yan Tao	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	
246	1	6:45	Blue	KWOK	Kin Ting Francis	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	
247	1	6:45	Blue	MAN	Pak Lam Cass	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	AustSports Association
248	1	6:45	Blue	LAM	Lok Shi	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	Energetic Triathlon Shatin

2023 ASIA TRIATHLON CUP - HONG KONG

Youth Start List

Race No	Heat	Start Time	Swim Cap	Last Name	First Name	Race Category	Race Category (Age)	Club
249	1	6:45	Blue	YIM	Tsum Fung	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	Sparkle Triathlon
250	1	6:45	Blue	WONG	Nok Hei	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	
251	1	6:45	Blue	TSANG	Auscar	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	Energetic Triathlon Shatin
252	1	6:45	Blue	TSANG	Kwong Hei Anson	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	Energetic Triathlon Shatin
253	1	6:45	Blue	CHAN	Ka Hei	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Male Youth 2	
254	2	6:47	Pink	CHAU	Nicole	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Junior	
255	2	6:47	Pink	WONG	Rachel, Kwan Kiu	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Junior	AustSports Association
256	2	6:47	Pink	TANG	Hiu Tung	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Junior	
257	2	6:47	Pink	LEUNG	Sze Yan	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female TriKids	The Little Dolphin Swimming Training Center
258	2	6:47	Pink	CHUNG	Cheuk Lam	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female TriKids	Energetic Triathlon Shatin
259	2	6:47	Pink	CHUNG	Cin Yee Cydnee	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female TriKids	Sparkle Triathlon
260	2	6:47	Pink	WONG	Pui U	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female TriKids	
261	2	6:47	Pink	LEUNG	Hiu Tung	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 1	AustSports Association
262	2	6:47	Pink	CHAN	Yi Chun	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 1	AustSports Association
263	2	6:47	Pink	SIU	Yik Ching	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 1	
264	2	6:47	Pink	SIU	Yik Nam	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 1	
265	2	6:47	Pink	FONG	Ho Ching	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 1	Dali Swimming Club
266	2	6:47	Pink	CHAU	Heulwen	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 1	Energetic Triathlon Shatin
267	2	6:47	Pink	TSANG	Hayley	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 2	Energetic Triathlon Shatin
268	2	6:47	Pink	WONG	Lok Tung	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 2	
269	2	6:47	Pink	MODIANO	Sarah	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 2	South China Athletic Association
270	2	6:47	Pink	CHU	Wai Kei	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 2	
271	2	6:47	Pink	LAW	Ching Kiu	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 2	
272	2	6:47	Pink	YANG	Anika	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 2	South China Athletic Association
273	2	6:47	Pink	LAU	Wing Chi	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 2	
274	2	6:47	Pink	WALLACE	Adelyn	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 2	Aqua Gym Sport Association
275	2	6:47	Pink	MAN	Lai Ki Nicole	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 2	Energetic Triathlon Shatin
276	2	6:47	Pink	WONG	Wan Tung	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 2	Energetic Triathlon Shatin
277	2	6:47	Pink	STAMENOVIC	Petra	Super Sprint Distance (Swim 300m/Bike 10km/Run 2.5km)	Female Youth 2	