

## 69th Festival of Sports - 2026 Age Group Triathlon Start List (30 April 2026)

Race No	Heat	Start Time	Swim Cap	Race Category	Race Category (Age)	First Name	Last Name	Chinese Name	Club
573	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Hayden	Woo	胡晨希	Titan Triathlon
574	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Tin Hang	Wong	黃天行	Titan Triathlon
575	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Yuet Fung Nikan	Yiu	饒越風	The Little Dolphin Swimming Training Center
576	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Timothee	PUGET		South China Athletic Association
577	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Ha Yuet	WOO	胡夏玥	Hong Kong Fire Services Sports and Welfare Club
578	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	CHUN TING	TSANG	曾俊廷	First Ten Generation Team
579	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Li Daren	silbernagl	李大仁	South China Athletic Association
580	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	cheuk nam	chung	鍾卓霖	Crest Ray Recreation & Sports Club
581	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	HO HIN	WOO		Energetic Triathlon Shatin
582	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	LAP YIN EUGENE	WU		Energetic Triathlon Shatin
583	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	HONG PING AVERY	NG		Energetic Triathlon Shatin
584	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	KING WANG DAMIEN	MA		Energetic Triathlon Shatin
585	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	HEI LONG OTIS	LEUNG		Energetic Triathlon Shatin
586	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Matthew	Chau	周文博	The Little Dolphin Swimming Training Center
587	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Lap Yan Duncan	Chow	周立仁	The Little Dolphin Swimming Training Center
588	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	hei yu	poon	潘郗渝	Sonic Sports Association
589	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Shing Chee	Liu		
590	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Wang Chin	chan	陳宏展	First Ten Generation Team
591	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	TAK MAN	LEUNG	梁德志	Energetic Triathlon Shatin
592	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Tin Hang	Qu	邱天行	Sparkle Triathlon
593	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Ho Shing Eden	Wai	衛浩承	Hong Kong Fire Services Sports and Welfare Club
594	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	CHI YIN IVIN	CHUNG	鍾至玟	Energetic Triathlon Shatin
595	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	吳洋	周	周吳洋	
596	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Tak Lam	Chan	陳德霖	
597	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Kwon cheong	Tsang	曾冠倡	Galaxy Sports Triathlon
598	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Yat Hei Isaac	Poon	潘日希	Energetic Triathlon Shatin
599	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	SEN YIK OTTO	WANG		Energetic Triathlon Shatin
600	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Kak Scott	Yeung	楊格	Sparkle Triathlon
601	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Ethan Andrew Vasileios	Papadopoulos		South China Athletic Association
602	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Hayling William Chan	Green	希寧	Sparkle Triathlon
603	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	Chun Kiu	Yu	虞竣喬	Sparkle Triathlon
604	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	詹杰	唐	唐启杰	
605	1	05:55	Yellow	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 2	HO LAM	WANG	王浩霖	
553	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	謙佑	陳	陳謙佑	Titan Triathlon
554	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	tak fu	LEE	李德富	Crest Ray Recreation & Sports Club
555	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Kwok Tung	Wong	黃國棟	
556	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Chun Hang Jeremy	Chow	周駿鏗	First Ten Generation Team
557	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Kai Yui	Wong	黃啟睿	
558	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	cheuk lok	chung	鍾卓諾	Crest Ray Recreation & Sports Club
559	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Lok Chun	Wong	黃樂臻	First Ten Generation Team
560	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Micah	Chau	周文謙	The Little Dolphin Swimming Training Center
561	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Yui Ting	Siu	蕭睿廷	First Ten Generation Team
562	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Tang	Song		Mango Swimming Club
563	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	皓升	譚	譚皓升	
564	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Isaac Chongyi	Shi	石崇伊	Mango Swimming Club
565	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Shu Yan Ethan	Mak	麥庶寅	Sparkle Triathlon
566	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Morgan Muk	Yeung	楊目	Sparkle Triathlon
567	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Yat To	Wan	溫日圖	Sparkle Triathlon
568	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	chi pui	Law	羅智培	
569	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Harvey	Leung	梁越	
570	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Gareth	Chung	鍾翊朗	
571	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Yick Kiu Casper	kwong	鄭奕翹	
572	2	05:57	White	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Male TriKids 1	Pok Yin	Leung	梁博賢	First Ten Generation Team
606	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Chan	Ching Yee ALLY	陳靖兒	Titan Triathlon
607	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Marilou	PUGET		South China Athletic Association

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608	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Sumyu	Cheung	張志瑀	First Ten Generation Team
609	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	子昕	彭	彭子昕	Sparkle Triathlon
610	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Yuet Ching	Tang	鄧悅晴	First Ten Generation Team
611	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	RUO	LI	李若瑜	
612	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Ngo Ching	Wong	王傲晴	First Ten Generation Team
613	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 1	Hei tung	Chan	陳偉彤	
614	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Fong	Ho Lam	方穎琳	
615	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Estelle	Salomon	沙凱晴	Energetic Triathlon Shatin
616	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	CHING	WAN		Energetic Triathlon Shatin
617	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	HEI SHUN ONA	LEUNG		Energetic Triathlon Shatin
618	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Tsz yue	Lam	林祉婷	
619	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	CHEUNG	YUET CHING	蔣悅晴	First Ten Generation Team
620	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	萱菱	陳		
621	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Cheuk Man	Ko	高焯雯	
622	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Hei Ching	Tse	謝佈澄	
623	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	HAYLIE	TSANG	曾希妍	The Little Dolphin Swimming Training Center
624	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Michaela Grace	Leung	梁然知	First Ten Generation Team
625	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Ka Pik Abigail	Mak	麥珈璧	Sparkle Triathlon
626	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Cheryl	Lau	劉森芮	First Ten Generation Team
627	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Yayuan	Yang	楊雅媛	
628	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Yayuan	Yang	楊雅媛	
629	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Yat Tung	Wan	溫日彤	Sparkle Triathlon
630	3	06:00	Pink	TriKids Distance (Swim 200m/Bike 4km Main Dam/Run 2km)	Female TriKids 2	Rebecca Mingnuo	Chen		Sparkle Triathlon
664	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Junior 1	Ngai Chun	Ting	丁毅臻	Sparkle Triathlon
665	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Junior 1	King To	Chan	陳景滔	Energetic Triathlon Shatin
666	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Junior 1	Lucas	Wong	王諾	Energetic Triathlon Shatin
667	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Junior 1	Tsz Leong Louie	Cheng	鄭梓亮	
668	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Junior 1	Ho Ting	Lee	李灝庭	AustSports Association
669	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Junior 1	Yin Hang	Chan	陳彥衡	Aqua Gym Sport Association
670	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Junior 1	Hoi Fan	Ma	馬凱勤	
671	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Junior 1	Jasper	Ho	何頌朗	The Little Dolphin Swimming Training Center
672	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Junior 1	Cheuk Long	Chun	陳卓朗	
673	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Junior 1	Yat Long	Lam	林日朗	
674	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Junior 1	Chun Hei	Wong	黃俊偉	The Little Dolphin Swimming Training Center
675	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Junior 1	Edison	Wong	黃子健	
676	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Shun Hei	Wong	黃淳希	
677	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Cheuk Kiu	Ng	吳卓翹	Energetic Triathlon Shatin
678	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Hoi Jin	Lee	李鐘靖	Energetic Triathlon Shatin
679	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Cheuk Yin Desmond	Chau	周卓賢	Energetic Triathlon Shatin
680	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Tze Kiu	Tam	譚子翹	Energetic Triathlon Shatin
681	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Sze Chai	Lau	劉思齊	Energetic Triathlon Shatin
682	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Chun Ching	Ting	丁進澄	Sparkle Triathlon
683	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Yik Hei	Lau	劉奕希	Energetic Triathlon Shatin
684	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Chak Yan	Wan	溫澤仁	Energetic Triathlon Shatin
685	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Junior 1	Sarah	Modiano		
686	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Junior 1	Ackber	Bertha	區曉彤	
687	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Junior 1	Oi Yin	Chan	陳愛妍	
688	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Junior 1	Chung Ning	Shum	岑煥寧	Energetic Triathlon Shatin
689	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Junior 1	Yuet Hei	Ng	吳悅曦	Energetic Triathlon Shatin
690	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Junior 1	Lok Tung	Wong	王樂彤	
691	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Cin Yee Cyndee	Chung	鍾倩兒	Energetic Triathlon Shatin
692	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Jessie	Ho	何泳悠	The Little Dolphin Swimming Training Center
693	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Cheuk Lam	Chung	鍾焯琳	Energetic Triathlon Shatin
694	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Heulwen	Chau	周焯慧	Energetic Triathlon Shatin
695	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Hui Tung Hazel	Lee	李曉彤	
696	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Hong Ching	Wong	黃康晴	
697	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Hui Yau	Yeung	楊曉悠	

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698	4	06:05	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Yi	Ma	馬懿	
401	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	King Hang	Chau	周景行	The Little Dolphin Swimming Training Center
402	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	Jun Han	Dong	董鈞涵	
403	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 20-24	MUSUN	LEUNG	梁智森	
404	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Bryan Ting	丁	丁勵彰	The Little Dolphin Swimming Training Center
405	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Long Kit	Chiu	趙朗傑	New Sports Triathlon
406	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Wai Sheung Sean Anthony	Liu		Hong Kong Dragons Triathlon Club
407	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Tsz Chun	Law	羅子駿	
408	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Yue	Guan	關岳	
409	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Foster	Choi	蔡穎聲	
410	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Chee Seng	Ow Yong		
411	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	Neil Edwin Santiago	Sy	施恩榮	
412	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	祖杰	廖	廖祖杰	
413	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	James	Tan	陳明輝	South China Athletic Association
414	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 25-29	anson	sung		AustSports Association
415	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Jack	Neville		
416	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Matthew	Chau	周家裕	Crest Ray Recreation & Sports Club
417	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Chun Hoi	Yuen	阮俊凱	Sonic Sports Association
418	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Timothe	DRIANNO		
419	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Chi Sum	Wong	黃志深	
420	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	He Yi	HSIEH	謝合一	South China Athletic Association
421	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Ka Shing	Lau	劉家誠	
422	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Chun Kit	POON	潘俊傑	
423	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	chun fung	wong	黃震鋒	AustSports Association
424	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Nelson	Cheung	張智聰	
425	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	KA HEI	HO		Aqua Gym Sport Association
426	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	詰明	张	张詰明	
427	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 30-34	Ka Ki	Fong	方家麒	NL Triathlon Club
428	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Jiaming	XIAO		
429	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Kaming	Wan	雲家明	
430	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Jonathan	Chu		
431	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Wai lun	Suen	孫偉倫	Sonic Sports Association
432	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Eli	Parkes		NL Triathlon Club
433	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Nicolas	Roudier		NL Triathlon Club
434	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Clement	Ip		
435	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Winson	Wu	胡子洋	
436	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Wing Pong Kevin	Lee		
437	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Matt	Coombes		NL Triathlon Club
438	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Tsz Fung	Chiu	趙子峰	Sonic Sports Association
439	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Ting Chun	Cheung	張庭俊	The Little Dolphin Swimming Training Center
440	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	冬平	陈	陈冬平	
441	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Richard	Portman		
442	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	CHENG	YU HUNG	鄭宇鴻	
443	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 35-39	Wa Chun	Lai	賴華進	
444	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Derek	Baram		
445	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Sean	Ma		Titan Triathlon
446	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Johnny	De Guzman		NL Triathlon Club
447	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Jason, chun shing	HSIEH	謝竣丞	Sonic Sports Association
448	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	sze chun	poon	潘詩峻	Sonic Sports Association
449	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Yau Yan	Tam	譚祐恩	AustSports Association
450	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Alec Kam Lek	Quan		Titan Triathlon
451	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Adrien	de Courval		Hong Kong Dragons Triathlon Club
452	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	DAOLONG	HU		Energetic Triathlon Shatin
453	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Vasco	van der Flier		Hong Kong Football Club Swimming and Triathlon Society
454	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Man Kin	Leung	梁文健	
455	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Giorgio	Nigi		
456	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Yiu Chuen	TO	杜曜全	NL Triathlon Club

## 69th Festival of Sports - 2026 Age Group Triathlon Start List (30 April 2026)

457	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Ron	Chan	陳子朗	
458	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Marlon Gallardo	Trinidad		
459	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	cyril	gomez		
460	5	06:10	White	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 40-44	Kai Wang Andrew	Lee	李啟弘	
461	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 20-24	Yuk Kie	Chan	陳鈺淇	
462	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 25-29	Jodie	Crisp		Hong Kong Dragons Triathlon Club
463	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 30-34	ning	tan	陳寧生	
464	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 30-34	曉彤	周		Crest Ray Recreation & Sports Club
465	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 30-34	Evian	Chau		Crest Ray Recreation & Sports Club
466	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 30-34	Cho Kiu	Fung		New Sports Triathlon
467	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 30-34	Aurelie	Barat		
468	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 30-34	Sijie	Lian		
469	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 35-39	Sze Wing	Chan		Tritons Triathlon Club
470	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 35-39	Ruth	Johnstone		Sonic Sports Association
471	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 40-44	YUI MING	LI	李銳明	The Little Dolphin Swimming Training Center
472	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 40-44	Wai Shan Lily	Chu		Sonic Sports Association
473	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 45-49	Melinda	Hand		
474	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 45-49	cin lam lisa	pun	潘羨霖	Sonic Sports Association
475	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 45-49	CHI NGAN	CHOW		Energetic Triathlon Shatin
476	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 45-49	細英	刘	刘细英	
477	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 45-49	Ka Ling	Lim	林嘉玲	Titan Triathlon
478	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 45-49	WAI CHONG HEIDI	TSE		
479	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	鑾蕙	王	王鑾蕙	Titan Triathlon
480	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	Jonette	Dimblad		
481	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	PUI YI ELIZABETH	TAM	譚佩儀	Crest Ray Recreation & Sports Club
482	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 50-54	Clare	Au Young		
483	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 55-59	Joan	Tsang		Sonic Sports Association
484	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 55-59	HAU YI DORA	LI		Energetic Triathlon Shatin
485	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 55-59	wai fun	LIU		Sonic Sports Association
486	6	06:15	Pink	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Female Age Group 55-59	MUI CHRISTINA	WONG	黃梅	Mango Swimming Club
487	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	David Fat Yee	Sun	辛法義	Hong Kong Fire Services Sports and Welfare Club
488	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Eugene	wong		Alpha Zone Sports
489	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Ka Shing	Chick		
490	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Charles	Hui	許震宇	Sonic Sports Association
491	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Sze	Wang	施泓	Sonic Sports Association
492	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	lin kit	yeung	楊連傑	
493	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Chun Hei	Cheung	張駿禧	First Ten Generation Team
494	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	wai yip (sony)	wu	胡偉業	Crest Ray Recreation & Sports Club
495	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Yang	haibin		
496	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Chun Yin	Mak	麥振賢	
497	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Leslie	LI		
498	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Mathieu	Daubail		
499	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Samuel	Lee		
500	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Luke	Schroder		
501	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Jarek	Barc		
502	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	KA WAH	LEE	李嘉華	The Little Dolphin Swimming Training Center
503	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	LARRY	LUI	呂振昇	
504	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Matthew	Pine	松國慶	NL Triathlon Club
505	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Chi Hang	Chan		
506	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	wai kit	woo	胡偉傑	Hong Kong Fire Services Sports and Welfare Club
507	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Gump	Wong Yuk Hei	黃旭曦	Sonic Sports Association
508	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	WAI KWONG	TSE	謝偉江	
509	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Yiu Man	Lau	劉耀文	
510	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Kan Ming	Lee	李根明	
511	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 45-49	Ping Lun	Ng	吳炳倫	
512	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Hoi Tik	Kwong	鄺凱迪	Crest Ray Recreation & Sports Club

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513	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Tse	Wai Chi	謝偉志	Galaxy Sports Triathlon
514	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	CHING FAI	LEUNG		Energetic Triathlon Shatin
515	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Pui Yuen	Wong	黃沛源	Pro-trinity Sports Club
516	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	PUI YIN ANDREW	LEE		
517	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	tik ho	chum	覃迪豪	Aqua Gym Sport Association
518	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Christopher	Lee		Sonic Sports Association
519	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	John Ho Chuen	Lee	李浩銓	
520	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Christopher	Lee		
521	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Nicolaas Pieter	van der Duijn Schouten		
522	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Jerry	Tang		Sonic Sports Association
523	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Wai Ching	Har	夏偉正	
524	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 50-54	Timothy	Lau		
525	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Horace	Chu		Hong Kong Football Club Swimming and Triathlon Society
526	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Jason	Edwards		
527	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Ka On	Yiu	姚家安	Sonic Sports Association
528	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Timothy	Greaton		South China Athletic Association
529	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	HON FAI	WU		South China Athletic Association
530	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Tsz Cheung	Lam	林子祥	Tritons Triathlon Club
531	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	HONG	AU YEUNG	歐陽康	Mango Swimming Club
532	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Vittorio	Trusso		Hong Kong Dragons Triathlon Club
533	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Derek	Chow		NL Triathlon Club
534	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Jack	Yee		
535	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Wai Chung Christopher	Tong		Sonic Sports Association
536	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	man kwong	cheung		Mango Swimming Club
537	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Henry	Ho	何瀚華	
538	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 55-59	Ulrich	Kirchhoff		
539	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Kin Ho	Kan		
540	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	William	Chung		
541	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	YING HO	LEE		Sonic Sports Association
542	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Bertram	Shi		Energetic Triathlon Shatin
543	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Ho Man Jonathan	Wong	黃可文	AustSports Association
544	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Raymond	Tsui	徐錫彬	
545	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Wu	Wen	文武	
546	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	SEK TONG	CHOI	徐錫棠	
547	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	Kwong Leung	Cheng	鄭光亮	Energetic Triathlon Shatin
548	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 60-64	LIANG	QIN		
549	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 65 & over	Chi Wah	Lam	林志華	Sonic Sports Association
550	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 65 & over	Kwok Ning	Lee		
551	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 65 & over	Fai Ming	Chan	陳揮明	AustSports Association
552	7	06:20	Navy Blue	Challenge Distance (Swim 1500m/Bike 40km Bride's Pool Road/Run 10km)	Male Age Group 65 & over	Trevor	Tully		
631	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Elite Open	Hoi Ching	Lam	林海晴	
632	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Elite Junior 2	Anson	Lun	倫柏翹	AustSports Association
633	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Elite Junior 2	Wan Tung	Wong	黃允彤	Energetic Triathlon Shatin
634	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Female Elite Junior 2	Lai Ki Nicole	Man	文麗淇	Energetic Triathlon Shatin
635	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Open	Ysz Hin	Yip	葉子軒	Energetic Triathlon Shatin
636	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Open	Wang Hin Ian	Fok	霍泓軒	Energetic Triathlon Shatin
637	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Open	Siu Wo	Au Yeung	歐陽兆和	The Little Dolphin Swimming Training Center
638	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Open	Ka Ho	Wong	黃嘉豪	
639	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Open	Shing Him	Yu	余承謙	Energetic Triathlon Shatin
640	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Open	Chak Lam	Wan	溫澤林	Energetic Triathlon Shatin
641	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2	Pak Yiu Anson	Wong	黃栢堯	Energetic Triathlon Shatin
642	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2	Chun Him	Wong	王俊謙	Energetic Triathlon Shatin
643	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2	Pak Fan	Mok	莫柏勳	Energetic Triathlon Shatin
644	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2	Po Shun Yemi	Yick	易甫鏘	Energetic Triathlon Shatin
645	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2	Yan Tao	Shum	沈恩瑤	Galaxy Sports Triathlon
646	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2	Aus Tso	Tsang	曾堯瑤	Energetic Triathlon Shatin
647	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2	Nok Hei	Wong	王諾熙	

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648	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2	Lok Shi	Lam	林樂仕	Energetic Triathlon Shatin
649	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2	Yin	Kei	紀彥	Aqua Gym Sport Association
650	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2	Tsun Fung	Yim	嚴浚鋒	Sparkle Triathlon
651	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Elite Junior 2	Pu Chak	Yung	翁溥澤	The Little Dolphin Swimming Training Center
652	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Pok Yin	Tsang		The Little Dolphin Swimming Training Center
653	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Rico	Ho	何兆剛	
654	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Pak Hei	Chan	陳柏偉	Galaxy Sports Triathlon
655	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Alban	Modiano	安班	South China Athletic Association
656	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Chum	tsz ho	覃子皓	Aqua Gym Sport Association
657	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Pak Lam Cass	Man	文柏藍	AustSports Association
658	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Ethan	Lee	李懿行	
659	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	To Sum Ernie	Ip	葉濤琛	
660	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 1	Wai Yin	Chan	陳韋弦	Sparkle Triathlon
661	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 2	Shung Him	Lai	賴崇謙	AustSports Association
662	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 2	CHI HIM RYAN	YAU	丘志謙	Galaxy Sports Triathlon
663	8	07:00	Light Blue	Sprint Distance (Swim 750m/Bike 20km Bride's Pool Road/Run 5km)	Male Junior 2	Shun Hei	Lau	劉信義	
807	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Vir	Dutt		NL Triathlon Club
699	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Chet	Yung	翁節	Crest Ray Recreation & Sports Club
700	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	HO CHING ANGUS	LEUNG	梁皓程	The Little Dolphin Swimming Training Center
701	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Chun Hong Chaska	Poon	方俊匡	
702	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Yat Yin	WOO	胡溢弦	Hong Kong Fire Services Sports and Welfare Club
703	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Yik Sum, Sam	Kwok	郭奕琛	The Little Dolphin Swimming Training Center
704	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	chun teng aiden	chow	周駿騰	First Ten Generation Team
705	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	YAU YAT	LEUNG		Energetic Triathlon Shatin
706	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Wang Chun	Chan	陳宏晉	First Ten Generation Team
707	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	CHUNG YU	WONG		Energetic Triathlon Shatin
708	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Yat Long	Cheung	蔣逸朗	First Ten Generation Team
709	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	YUI HIM	SOU		Energetic Triathlon Shatin
710	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Tin Lap	Qu	邱天立	Sparkle Triathlon
711	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Wan Hin	Mok	莫蘊軒	Energetic Triathlon Shatin
712	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	CARLOS	CHAN		Energetic Triathlon Shatin
713	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Cheuk Hang	Ko	高焯恆	
714	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	JIANGZHI	HU	胡江芷	Energetic Triathlon Shatin
715	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Yuehan	Yin	殷悅灑	
716	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Yat Long Jay	Chan	陳逸朗	Energetic Triathlon Shatin
717	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Yat to Travis	Li		Energetic Triathlon Shatin
718	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Lap Yan	Kei	紀立人	Sparkle Triathlon
719	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	CHUN HIM LOUIS	WONG	黃俊謙	Energetic Triathlon Shatin
720	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Chun Lam	Chu	朱俊霖	The Little Dolphin Swimming Training Center
721	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	pak long Casper	chan	陳柏朗	Energetic Triathlon Shatin
722	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	JACO JIA SHEN	XI	奚嘉霖	Aqua Gym Sport Association
723	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	San Mau Jacob	Mak	麥宸畝	Sparkle Triathlon
724	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	GAVIN	CHI	遲棣文	
725	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Inaki	Magaz		
726	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Yat Long Matthew	TONG	湯溢朗	
727	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	奕乔		王奕乔	
728	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	无忌	邓	邓无忌	
729	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	汉昇	郑	郑汉昇	
730	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	镇铭	孙	孙镇铭	
731	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	子壹	高	高子壹	
732	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Ching Kiu	Ng	吳政橋	AustSports Association
733	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Tsz Kin	Tse	謝梓健	Galaxy Sports Triathlon
734	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Cheuk Nam Janko	Au	區卓嵐	Energetic Triathlon Shatin
735	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Yat Long Julian	Cho	曹日朗	
736	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Earnest	Lee	李丞恩	
737	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	TSZ WUN XAVIER	CHEUNG	張子恒	Crest Ray Recreation & Sports Club
738	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Lok Chun Titus	Lui	雷樂遵	Energetic Triathlon Shatin

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739	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	IRON	WAN	溫可為	Energetic Triathlon Shatin
740	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	YUI HANG	CHOI	蔡睿玟	
741	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Pak Yin	Chu	朱珀賢	AustSports Association
742	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Ian	Wong	王喆	Energetic Triathlon Shatin
743	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Theodore	Zhang	張天維	Mango Swimming Club
744	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Hao che	Chang	張浩哲	Crest Ray Recreation & Sports Club
745	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	vincent	ye		
746	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	WAI TING	LEE	李瑋庭	AustSports Association
747	9	07:25	Pink	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	柚清	叶	叶柚清	
748	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Chun Yin Angus	Lam		
749	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Ming Chun	Ng		
750	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Kin Yip	Tang	鄧建業	Sonic Sports Association
751	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Vishal	Chugani	劉庭軒	NL Triathlon Club
752	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Kin Hei	Wong	黃鍵焜	
753	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Siu Cheung	Fong	方兆章	Crest Ray Recreation & Sports Club
754	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	家維	張	張家維	
755	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Kok Yung	Chan		
756	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Jingnie	Tang	唐靖晔	
757	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Shek Lun	Li	李錫倫	
758	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Ho Martin	Lam		
759	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Yuan	Fang	方園	
760	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Leong Tim	Law	羅亮添	Crest Ray Recreation & Sports Club
761	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Choy	King Fai	蔡璟輝	
762	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Bruce CM	Leung	梁緯文	Energetic Triathlon Shatin
763	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Cheuk Kin	Tse	謝卓健	
764	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Hoi Ming Walden	Lam	林凱銘	Energetic Triathlon Shatin
765	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Oliver	Haas		South China Athletic Association
766	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Alfred	Chau		Energetic Triathlon Shatin
767	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Wing Shun Vincent	Cheng	鄭泳舜	
768	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Alan	Chan		
769	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Ho Shun	Ngai	魏豪遜	
770	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Duncan	Chau	周尚義	The Little Dolphin Swimming Training Center
771	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Ka Ho Lawrence	Wong	黃家灝	Sonic Sports Association
772	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	HON SUEN	MOK	莫翰遜	
773	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	kam chung	Lau	劉錦聰	First Ten Generation Team
774	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	ting piu	chong		Titan Triathlon
775	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Yin Wing, Jerry	Fu	符彥榮	
776	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Wai Shing Wilson	Tong	湯偉成	
777	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Ting Kwun	Lo	盧廷觀	
778	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Chuen yin james	Chan		The Little Dolphin Swimming Training Center
779	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	DEREK HING KWOK	MA		
780	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	HON JESSE	CO	高瀚	
781	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Tak Kiu	Pun	潘德翹	Tritons Triathlon Club
782	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	KA HO	YAU	邱家豪	
783	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	Tristan	Strobl	曹仕敦	
784	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	yosuke	oka	岡洋介	Energetic Triathlon Shatin
785	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	Chi Hang	Chong	莊知行	Energetic Triathlon Shatin
786	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	William	Hui	許嘉俊	
787	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	CHRIS	CHEN		Energetic Triathlon Shatin
788	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	Vincent	Lee		AustSports Association
789	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	SHU WAH JIMMY	WAN	溫樹華	Energetic Triathlon Shatin
790	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	Wai Hung	Chan	陳偉洪	
791	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	WAI HUNG	NG	吳偉雄	
792	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	CHI KIT	CHAN		
793	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	Chi-kong	IP	葉志剛	
794	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	Tai Wing	Choi	蔡太榮	AustSports Association
795	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	LUI HUNG LAWRENCE	CHUNG		Energetic Triathlon Shatin

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796	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	YIN CHEONG	WONG		Energetic Triathlon Shatin
797	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	Tak ming	Yiu	姚德明	
798	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	Man Sing	Ma	馬敏昇	
799	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	WING KWONG	IP		Energetic Triathlon Shatin
800	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	富齡	譚	譚富齡	
801	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	Ho Seng	Wong	王皓生	Energetic Triathlon Shatin
802	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 70 & Over	King Yuen	Chan	陳景源	New Sports Triathlon
803	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 70 & Over	Chi Ling Clement	Yeung	楊子凌	The Little Dolphin Swimming Training Center
804	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 70 & Over	Stephen King Che	Chan		Energetic Triathlon Shatin
805	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 70 & Over	Heng Fan	Poon	潘恒奮	
806	10	07:30	Navy Blue	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 70 & Over	HON KUEN	TSOI	蔡漢權	Energetic Triathlon Shatin
808	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	Mo Tung	Cheung		The Little Dolphin Swimming Training Center
809	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	Tsz Ki	Chiu	趙梓琪	The Little Dolphin Swimming Training Center
810	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	Ceinwen	Chau	周翹慧	Energetic Triathlon Shatin
811	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	CHING HEI	WONG		Energetic Triathlon Shatin
812	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	OLIVIA	LEE	李傲凝	
813	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	JIANGQI	HU	胡江蕙	Energetic Triathlon Shatin
814	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	Keira Joy	Leung	梁逸玥	First Ten Generation Team
815	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	Lok Yin Alicia	Lau	劉樂然	The Little Dolphin Swimming Training Center
816	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	愚澄	呂	呂思澄	Blue & White Spirit Sports Club
817	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	Tsz Shun	CHAN	陳梓淳	Blue & White Spirit Sports Club
818	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 2	HEIDI	CHEUNG	張凱堤	Crest Ray Recreation & Sports Club
819	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 2	Cheuk Kiu	Chan	陳卓喬	Sparkle Triathlon
820	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 20-29	TSZ HUEN ALEXANDRA	WAN	溫子暄	
821	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 20-29	Suet Mei	Cheng		
822	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 20-29	Yan Ki	Leung	梁欣淇	
823	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 30-39	Alkira	Reinfrank		
824	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 30-39	stephanie	Perrault		
825	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 30-39	Kelly	Yamashita		
826	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 30-39	YANG	CAO	曹楊	
827	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 30-39	Florence	LAWRIE		
828	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 30-39	Toffee	Jiaravanon		South China Athletic Association
829	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 40-49	Naoko	Wada-Thomas		Hong Kong Dragons Triathlon Club
830	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 40-49	Adeline	PUGET		
831	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 40-49	KIT TING	HAU	侯潔婷	
832	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 40-49	OLIVIA	ALFHEIM		
833	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 40-49	SooHee	Paik		
834	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 40-49	Wai Tong	Yip	葉慧棠	
835	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 50-59	SHUK HAN KAREN	LUI		Energetic Triathlon Shatin
836	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 50-59	MAN YI MAY	LI	MAY LI	Energetic Triathlon Shatin
837	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 50-59	Mei Ling Polly	Tsang	曾美玲	
838	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 50-59	Ching Yi	LI	李靜儀	Energetic Triathlon Shatin
839	11	07:35	Yellow	Discovery Distance (Swim 350m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 60-69	YUK CHING CHRISTINA	LEUNG		Energetic Triathlon Shatin