

2026 Summer Triathlon Challenge Discovery Distance Start List

Race No	Heat	Start Time	Cap	Race Category	Race Category (Age)	First Name	Last Name	Chinese Name	Club
1057	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	San Mau Jacob	Mak	麥宸畝	Sparkle Triathlon
1058	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Lap Yan	Kei	紀立人	Sparkle Triathlon
1059	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Lau	Sze Chai	劉思齊	Energetic Triathlon Shatin
1060	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Lau	Yik Hei	劉奕希	Energetic Triathlon Shatin
1061	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Lee	Hoi Jin	李鎧靖	Energetic Triathlon Shatin
1062	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Ng	Cheuk Kiu	吳卓翹	Energetic Triathlon Shatin
1063	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Tam	Tze Kiu	譚子翹	Energetic Triathlon Shatin
1064	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Wong	Shun Hei	黃淳希	
1065	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Elite Youth	Chang	Hao Che		
1066	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	TING YAN MATTHEW	PANG	彭廷殷	Crest Ray Recreation & Sports Club
1067	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	YUK SEN	LEUNG	梁毓晨	The Little Dolphin Swimming Training Center
1068	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Yat to Travis	Li		Energetic Triathlon Shatin
1069	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Chet	Yung	翁節	Crest Ray Recreation & Sports Club
1070	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Cheuk Yin	Lo	盧卓賢	The Little Dolphin Swimming Training Center
1071	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Yik Sum, Sam	Kwok	郭奕琛	The Little Dolphin Swimming Training Center
1072	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	CHUN HIM LOUIS	WONG	黃俊謙	Energetic Triathlon Shatin
1073	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	JIANGZHI	HU	胡江芷	Energetic Triathlon Shatin
1074	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	CHUNG YU	WONG		Energetic Triathlon Shatin
1075	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Chun Lam	Chu	朱俊霖	The Little Dolphin Swimming Training Center
1076	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	YUI HIM	SOU		Energetic Triathlon Shatin
1077	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Yat Long Jay	Chan	陳逸朗	Energetic Triathlon Shatin
1078	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	YAU YAT	LEUNG		Energetic Triathlon Shatin
1079	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	CARLOS	CHAN		Energetic Triathlon Shatin
1080	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Wan Hin	Mok	莫蘊軒	Energetic Triathlon Shatin
1081	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	HO CHING ANGUS	LEUNG	梁皓程	The Little Dolphin Swimming Training Center
1082	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Chun Hong Chaska	Poon	方俊匡	
1083	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Tin Lap	Qu	邱天立	Sparkle Triathlon
1084	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Tsz Lok	AU	歐梓樂	
1085	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	pak long Casper	chan	陳柏朗	Energetic Triathlon Shatin
1086	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	JACO JIA SHEN	XI	奚嘉霖	Aqua Gym Sport Association
1087	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	YU CHUN	WANG	王侑鈞	
1088	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	JUI HSUN	LIU	劉睿動	
1089	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	CHUN ON AIDEN	LO	AIDEN LO	Energetic Triathlon Shatin
1090	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 1	Gavin	Chi	遲棣文	
1091	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Wei Him	Chan	陳維謙	Energetic Triathlon Shatin
1092	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	ka kiu	yeung	楊傢喬	The Little Dolphin Swimming Training Center
1093	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Lok Chun Titus	Lui	雷樂遵	Energetic Triathlon Shatin
1094	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Earnest	Lee	李丞恩	
1095	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Yat Long Julian	Cho	曹日朗	
1096	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Theodore	Zhang	张天维	Mango Swimming Club
1097	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Kei Chi	Hung	孔麒智	
1098	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Hao che	Chang	張浩哲	Crest Ray Recreation & Sports Club
1099	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Ching Kiu	Ng	吳政橋	AustSports Association
1100	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Yik Hang	Fan	樊翊珩	Crest Ray Recreation & Sports Club
1101	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Ian	Wong	王喆	Energetic Triathlon Shatin
1102	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Pak Yin	Chu	朱珀賢	AustSports Association
1103	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	WAI TING	LEE	李瑋庭	AustSports Association
1104	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	IRON	WAN	溫可為	Energetic Triathlon Shatin
1105	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Chester	Lai	賴卓翹	
1106	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	vincent	yee		

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Race No	Heat	Start Time	Cap	Race Category	Race Category (Age)	First Name	Last Name	Chinese Name	Club
1107	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Isaac	Lai		
1108	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Matias	Chantler		
1109	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	Nicky	Lau	劉力宏	
1110	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	YUI HANG	CHOI	蔡睿珩	
1111	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	YIFENG Frank	WU	吳藝灝	
1112	8	7:20	Light Blue	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Youth 2	TSZ WUN XAVIER	CHEUNG	張子桓	Crest Ray Recreation & Sports Club
1113	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	KIN MING	FUNG	馮建銘	
1114	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Kin Hei	Wong	黃鍵熹	
1115	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Yat pan	Chan	陳逸彬	
1116	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Siu Cheung	Fong	方兆章	Crest Ray Recreation & Sports Club
1117	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	King Hang	Chau	周景行	The Little Dolphin Swimming Training Center
1118	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Ho Yin	Wong	黃浩賢	
1119	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Arrow	Lee		
1120	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Fung	King Chiu	馮敬釗	
1121	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	Wai Lok	CHAN	陳葦樂	
1122	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	anson	sung		AustSports Association
1123	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	NING YAN	LO	盧寧恩	Crest Ray Recreation & Sports Club
1124	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Jimmy	Wong		
1125	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	KA LUN	LEUNG		Energetic Triathlon Shatin
1126	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Jonathan	Kwok		
1127	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Chiu Wai	Chan	陳朝偉	
1128	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Chi Him	Lau	劉志謙	
1129	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Wayne	Tsang		
1130	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Kelvin	Lai		
1131	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Leong Tim	Law	羅亮添	Crest Ray Recreation & Sports Club
1132	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Freddy	FU		
1133	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	yuk lun	lau		
1134	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Bruce CM	Leung	梁緯文	Energetic Triathlon Shatin
1135	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Shek Lun	Li	李錫倫	
1136	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Toliver	Ma	馬守彰	Titan Triathlon
1137	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 30-39	Ting Chun	Cheung	張庭俊	The Little Dolphin Swimming Training Center
1138	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Ka yip	Li	李嘉業	
1139	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Duncan	Chau	周尚義	The Little Dolphin Swimming Training Center
1140	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Ting Kwun	Lo	盧廷觀	
1141	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Ernesto Xequé	Do Rosário		
1142	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	CHO WAH	WAN		Energetic Triathlon Shatin
1143	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Chak Lam	Ho		The Little Dolphin Swimming Training Center
1144	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	chun fai	chan	陳鎮輝	The Little Dolphin Swimming Training Center
1145	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Ching Wan	Yim	嚴青雲	Alpha Zone Sports
1146	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Chung Kei	Wong		
1147	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Wai Lam	Yiu	姚瑋霖	
1148	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	ting piu	chong		Titan Triathlon
1149	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Ka Hin	Leung		
1150	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	DEREK HING KWOK	MA		
1151	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	kam chung	Lau	劉錦聰	First Ten Generation Team
1152	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 40-49	Yin Wing, Jerry	Fu	符彥榮	
1153	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	SIK CHUEN	CHOK	瞿適存	
1154	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	Vincent	Lee		AustSports Association
1155	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	SHU WAH JIMMY	WAN	溫樹華	Energetic Triathlon Shatin
1156	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	CHRIS	CHEN		Energetic Triathlon Shatin

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1157	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	HON FAI	WU		South China Athletic Association
1158	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	Chi-kong	IP	葉志剛	
1159	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	Jimmy	Yang		South China Athletic Association
1160	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	Kwok fai	Chan	陳國輝	
1161	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	CHI KIT	CHAN		AustSports Association
1162	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	Roger	Chiu	趙偉鴻	
1163	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 50-59	Siu Ming Tom	Tom	湯兆明	
1164	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	Tai Wing	Choi	蔡太榮	
1165	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	Man Sing	Ma	馬敏昇	Energetic Triathlon Shatin
1166	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	YIN CHEONG	WONG		
1167	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	WING KWONG	IP		Energetic Triathlon Shatin
1168	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	LIANG	QIN	秦亮	Energetic Triathlon Shatin
1169	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	富齡	譚	譚富齡	
1170	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 60-69	Ho Seng	Wong	王皓生	Energetic Triathlon Shatin
1171	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 70 & Over	HON KUEN	TSOI	蔡漢權	Energetic Triathlon Shatin
1172	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 70 & Over	Chi Ling Clement	Yeung	楊子凌	The Little Dolphin Swimming Training Center
1173	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 70 & Over	Stephen King Che	Chan		Energetic Triathlon Shatin
1174	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 70 & Over	Heng Fan	Poon	潘恒奮	Sonic Sports Association
1175	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 70 & Over	Ian	Brownlee		
1176	9	7:25	Pink	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Male Age Group 20-29	KIN MING	FUNG	馮建銘	Energetic Triathlon Shatin
1177	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 20-29	TSZ HUEN ALEXANDRA	WAN	溫子暄	
1178	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 20-29	Chengyi	Fan	范誠邑	Energetic Triathlon Shatin
1179	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 20-29	Megan Yik Wai	O	柯奕卉	
1180	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 20-29	Wai Ying	Kwong	鄺慧盈	Energetic Triathlon Shatin
1181	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 30-39	KA HUNG	TSANG		
1182	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 30-39	Sarah	Guinon		Energetic Triathlon Shatin
1183	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 30-39	Suet Mei	Wan	溫雪媚	
1184	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 30-39	Wing Yan	Chun	秦詠欣	Energetic Triathlon Shatin
1185	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 40-49	Wai Tong	Yip	葉慧棠	
1186	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 40-49	SooHee	Paik		Energetic Triathlon Shatin
1187	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 50-59	SHUK HAN KAREN	LUI		
1188	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 50-59	Ching Yi	Li	李靜儀	Energetic Triathlon Shatin
1189	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Age Group 50-59	MAN YI MAY	LI	MAY LI	Energetic Triathlon Shatin
1190	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Chau	Heulwen	周短慧	Energetic Triathlon Shatin
1191	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Chung	Cheuk Lam	鍾焯琳	Energetic Triathlon Shatin
1192	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Chung	Cin Yee Cydnee	鍾倩兒	Energetic Triathlon Shatin
1193	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Lee	Hiu Tung Hazel	李曉彤	The Little Dolphin Swimming Training Center
1194	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Ma	Yi	馬懿	
1195	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Wong	Hong Ching	黃康晴	The Little Dolphin Swimming Training Center
1196	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Yeung	Hiu Yau	楊曉悠	
1197	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	Mo Tung	Cheung		The Little Dolphin Swimming Training Center
1198	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	Tsz Ki	Chiu	趙梓棋	
1199	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	Tsz Shun	CHAN	陳梓淳	Blue & White Spirit Sports Club
1200	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	JIANGQI	HU	胡江葵	Energetic Triathlon Shatin
1201	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	思澄	呂	呂思澄	Blue & White Spirit Sports Club
1202	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	Ceinwen	Chau	周翹慧	Energetic Triathlon Shatin
1203	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	OLIVIA	LEE	李傲凝	Energetic Triathlon Shatin
1204	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	CHING HEI	WONG		
1205	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 1	YICHEN	CHIANG	蔣依辰	AustSports Association
1206	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 2	HIU TUNG HENRIETTA	CHAN	陳曉彤	

2026 Summer Triathlon Challenge Discovery Distance Start List

Race No	Heat	Start Time	Cap	Race Category	Race Category (Age)	First Name	Last Name	Chinese Name	Club
1207	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 2	Cheuk Kiu	Chan	陳卓蓆	Sparkle Triathlon
1208	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Youth 2	HEIDI	CHEUNG	張凱堤	Crest Ray Recreation & Sports Club
1209	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Ho	Jessie	何泳悠	
1210	10	7:30	Yellow	Discovery Distance (Swim 375m/Bike 10km Bride's Pool Road/Run 2km)	Female Elite Youth	Lau	Sin Yin Chloe		