

2026 Aquathlon Series - Race 4
Sprint Distance Start List

Race No	Lane	Heat	Start Time	Race Category	Race Category (Age)	Last Name	First Name	Chinese Name	Club
2101	0	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 60-69	Cheng	Wing Ho		
2102	1	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 60-69	Wong	Jennifer	王慧珍	
2103	1	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 60-69	Wong	Cecilia	王嘉慧	Sonic Sports Association
2104	2	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 60-69	Yeung	Porlin		
2105	2	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 50-59	Chan	Ka Yee		
2106	3	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 50-59	Lee	Koon Fong		
2107	3	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 50-59	LUI	SHUK HAN KAREN		Energetic Triathlon Shatin
2108	4	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 50-59	NG	PO LIN PAULINE		Aqua Gym Sport Association
2109	4	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 50-59	Tsang	Sau Chu	曾秀珠	
2110	5	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 50-59	Tse	Lai Yin	謝麗賢	
2111	6	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 50-59	WONG	WILLA	王韋娜	Mango Swimming Club
2112	6	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 50-59	Yip	Lai Chong	葉麗莊	NL Triathlon Club
2113	7	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Junior 2	Chan	Sze Ki	陳詩淇	Blue & White Spirit Sports Club
2114	7	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Junior 2	Chow	Bo Kiu	周寶翹	
2115	8	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Junior 2	Lee	Samantha	李瀚心	South China Athletic Association
2116	8	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Junior 2	Wong	Wing Tung		
2117	9	1	8:30	Sprint Distance (Swim 400m/Run 3.5km)	Female Junior 2	鄭	澤恩	鄭澤恩	
2118	0	5	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Junior 1	chan	sze ki		Blue & White Spirit Sports Club
2119	1	5	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Junior 1	Cheng	Lok Ching	鄭樂澄	Energetic Triathlon Shatin
2120	1	5	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Junior 1	Lusher	Lauren Elizabeth		
2121	2	5	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Junior 1	RAMSAY	Ruby		
2122	2	2	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 40-49	CHAN	CHE DICK JORDI	陳姿廸	
2123	3	2	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 40-49	Lau	Yin Yung Carol	劉彥容	
2124	3	2	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 40-49	Lee	Chi Wai	李志慧	
2125	4	2	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 40-49	Leung	Lai Ping		
2126	4	2	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 40-49	LEUNG	KA MAN	梁家敏	Galaxy Sports Triathlon
2127	5	2	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 40-49	Leung	Chui Ting Tracy	梁翠婷	
2128	5	2	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 40-49	Lo	Wai chi	盧慧姿	
2129	6	2	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 40-49	POON	YEUK LAN		
2130	6	2	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 40-49	TSE	SHI SUM JOAN		
2131	7	2	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 40-49	Tsui	Jaclyn		
2132	7	2	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 40-49	Wong	Yin Ling	黃燕玲	
2133	8	2	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 40-49	Yam	Tsz Man		
2134	9	2	8:38	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 40-49	Yeung	Sze Man		Titan Triathlon
2135	0	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	Chan	Zstephenie	陳妙言	
2136	0	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	CHAN	CHING MAN	陳靜雯	
2137	1	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	Chan	Hoi Ling Angela	陳海寧	
2138	1	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	Chow	Hiu Wah Alice		
2139	2	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	Fong	Wing Yee		
2140	2	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	Guinon	Sarah		
2141	3	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	Hung	Yuen ching moose culler	熊苑靖	Aqua Gym Sport Association
2142	3	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	Hung	Cheuk ting		
2143	4	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	ISOGAI	MARII		
2144	4	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	Ko	Hoi Lam Tiffany		
2145	5	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	LAM	YING LIN		Energetic Triathlon Shatin
2146	5	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	Lau	Chiu Yi		
2147	6	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	Leung	Tracy	梁珮珩	
2148	6	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	Lum	Belinda		
2149	7	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	Shum	Yuen Wa	沈婉樺	
2150	7	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	Tam	Noel	譚倩怡	
2151	8	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	XIE	Weimin		

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2152	8	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	yeung	hiu ching		
2153	9	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	YEUNG	TSZ KIU		
2154	9	3	8:46	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 30-39	YIP	WING YAN		
2155	0	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Chan	Siu Yan Jenny		
2156	1	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Chan	Cheuk Tung	陳卓彤	
2157	1	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Chan	Yi Tsun	陳宜綦	
2158	2	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Cheng	Suet Mei	鄭雪美	
2159	2	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Cheng	Yi Lam	鄭伊琳	Crest Ray Recreation & Sports Club
2160	3	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Cheung	Tung Yan	張彤欣	
2161	3	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	CHIU	CHUN WAI		Sonic Sports Association
2162	4	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Ho	Yuen Shun	何沅鋆	
2163	4	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Kwong	Jacqueline	鄭愷茵	
2164	5	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Lok	Wan Wai		
2165	5	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	O	Megan Yik Wai	柯奕卉	
2166	6	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	OR	SIU KWAN		Energetic Triathlon Shatin
2167	6	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	So	Ching Yan	蘇靜欣	
2168	7	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Sou	Wing Ting		
2169	7	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	tam	venus	譚卓宜	
2170	8	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Tsang	Yuen Ching Stephanie		
2171	8	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Wong	Dan Man		
2172	9	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Wong	Tsz Tung		
2173	9	4	8:54	Sprint Distance (Swim 400m/Run 3.5km)	Female Age Group 20-29	Yip	Hui Yin		
2174	0	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Youth	Chau	Heulwen	周烜慧	Energetic Triathlon Shatin
2175	1	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Youth	Chung	Cheuk Lam	鍾焯琳	Energetic Triathlon Shatin
2176	1	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Youth	Chung	Cin Yee Cydnee	鍾倩兒	
2177	2	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Youth	Ho	Jessie	何泳悠	The Little Dolphin Swimming Training Center
2178	2	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Youth	Lau	Sin Yin Chloe	劉善然	New Sports Triathlon
2179	3	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Youth	Lee	Hiu Tung Hazel	李曉彤	
2180	3	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Youth	Ma	Yi	馬懿	
2181	4	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Youth	Wong	Hong Ching	黃康晴	The Little Dolphin Swimming Training Center
2182	4	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Youth	Yeung	Hiu Yau	楊曉悠	
2183	5	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Junior 1	Bertha	Ackber	區曉彤	
2184	5	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Junior 1	Oi Yin	Chan	陳愛妍	
2185	6	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Junior 1	Yuet Hei	Ng	吳悅曦	Energetic Triathlon Shatin
2186	7	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Junior 1	Chung Ning	Shum	岑頌寧	Energetic Triathlon Shatin
2187	8	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Junior 1	Lok Tung	Wong	王樂彤	
2188	9	5	9:02	Sprint Distance (Swim 400m/Run 3.5km)	Female Elite Junior 1	Sarah	Madinao		
2189	0	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Junior 1	Chun	Cheuk Long	陳卓朗	
2190	1	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Junior 1	Ho	Jasper	何頌朗	The Little Dolphin Swimming Training Center
2191	1	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Junior 1	Lee	Ho Ting	李灝庭	
2192	2	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Junior 1	Ma	Hoi Fan	馬凱勳	
2193	2	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Junior 1	Ting	Ngai Chun	丁毅臻	Sparkle Triathlon
2194	3	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Junior 1	Wong	Lucas	王諾	Energetic Triathlon Shatin
2195	3	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Junior 1	Wong	Edison	黃子健	
2196	4	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Junior 1	Cheng	Tsz Leung Louis		
2197	4	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Youth	Chang	Hao Che	張浩哲	Crest Ray Recreation & Sports Club
2198	5	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Youth	Kei	Lap Yan	紀立人	Sparkle Triathlon
2199	5	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Youth	Wan	Chak Yan	溫澤仁	Energetic Triathlon Shatin
2200	6	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Youth	Wong	Shun Hei	黃淳希	

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Race No	Lane	Heat	Start Time	Race Category	Race Category (Age)	Last Name	First Name	Chinese Name	Club
2201	6	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Youth	Lau	Yik Hei	劉奕希	Energetic Triathlon Shatin
2202	7	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Youth	Lau	Sze Chai	劉思齊	Energetic Triathlon Shatin
2203	7	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Youth	Lee	Hoi Jin	李鎧靖	Energetic Triathlon Shatin
2204	8	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Youth	Mak	San Mau Jacob	麥宸畝	Sparkle Triathlon
2205	8	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Youth	Ng	Cheuk Kiu	吳卓翹	Energetic Triathlon Shatin
2206	9	6	9:08	Sprint Distance (Swim 400m/Run 3.5km)	Male Elite Youth	Tam	Tze Kiu	譚子翹	Energetic Triathlon Shatin
2207	0	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 1	Chan	Pak Nam	陳柏男	Crest Ray Recreation & Sports Club
2208	0	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 1	Chan	Chun Shing	陳準盛	The Little Dolphin Swimming Training Center
2209	1	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 1	Chan	Pak Hei	陳柏偉	Galaxy Sports Triathlon
2210	1	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 1	Ho	Rico	何兆剛	
2211	2	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 1	Lai	Lok Wai	黎洛維	Blue & White Spirit Sports Club
2212	2	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 1	Lam	Kevin Christian	林嘉靖	
2213	3	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 1	Man	Pak Lam Cass	文柏藍	AustSports Association
2214	3	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 1	Shek	Tsz Yeung Ian	石梓暘	Galaxy Sports Triathlon
2215	4	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 1	TANG	KWAN YEUNG JASPER	鄧君揚	
2216	4	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 1	tsz ho	Chum	覃子皓	Aqua Gym Sport Association
2217	5	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 1	Wang	Erik	王昊程	Kwan Hung Sports Club
2218	5	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 1	Yiu	Ho Chiu	姚昊韶	Blue & White Spirit Sports Club
2219	6	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 1	李	李柏翹	李柏翹	
2220	6	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 2	Burgess	Dylan		
2221	7	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 2	Chan	Chun Hei Ryan	陳俊熹	Aqua Gym Sport Association
2222	7	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 2	Lai	Shung Him	賴崇謙	AustSports Association
2223	8	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 2	Lam	Chun Kit	林俊傑	Blue & White Spirit Sports Club
2224	8	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 2	Lui	Kei Lok	呂其諾	Crest Ray Recreation & Sports Club
2225	9	7	9:14	Sprint Distance (Swim 400m/Run 3.5km)	Male Junior 2	YAU	CHI HIM RYAN	丘志謙	Galaxy Sports Triathlon
2226	0	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	Bruchet	David		
2227	1	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	Chan	Tuen Ching	陳端正	
2228	1	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	CHEN	TU CHIEN TIMOTHY		
2229	2	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	Ho	Ronnie	何智朗	
2230	2	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	Lau	Wai Lap	劉偉立	
2231	3	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	Leung	Kwong Kui		
2232	3	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	MA	DEREK HING KWOK	MA DEREK HING KWOK	
2233	4	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	Ming	Lee	李根明	
2234	4	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	MIYACHI	TOMOYA		Energetic Triathlon Shatin
2235	5	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	NG	SIU YU		
2236	5	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	Ochiai	Hirokazu		Energetic Triathlon Shatin
2237	6	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	Pang	Roy	彭承輝	
2238	6	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	Pun	Tak Kiu	潘德翹	Tritons Triathlon Club
2239	7	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	Quan	Alec Kam Lek	Quan Alec Kam Lek	Titan Triathlon
2240	7	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 40-49	Wu	Sheung Kai Jonathan	伍尚楷	
2241	8	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	CHU	Chun Ting		
2242	8	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Chung	Shing Fung	鍾承鋒	
2243	9	8	9:20	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	HO	Cheuk Fan	何卓勳	
2244	0	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	HO	SIK HO	何錫濠	
2245	1	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Ho	Ting Him	何庭謙	Blue & White Spirit Sports Club
2246	1	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Ho	Chun Sum Samuel	何俊琛	Energetic Triathlon Shatin
2247	2	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Law	Leong Tim	羅亮添	Crest Ray Recreation & Sports Club
2248	2	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Law	Wai Ting	羅瑋庭	
2249	3	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Lee	Hok Yan		

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2250	3	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Lee	Tin Lok Vincent		
2251	4	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Leung	Bruce CM	梁綽文	Energetic Triathlon Shatin
2252	4	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Lo	Andrew		
2253	5	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	MA	Chun Cheong	馬俊昌	
2254	5	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	NG	CHING HONG	吳正康	
2255	6	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Pun	Yiu Chung	潘耀中	Aqua Gym Sport Association
2256	6	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	TANG	Chun Wai		
2257	7	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	to	ching yi		Energetic Triathlon Shatin
2258	7	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Wan	Chun Wah		
2259	8	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Wong	Tsz Fung		
2260	8	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Wong	Ka Keung	黃家強	
2261	9	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	Wu	Ka Ming Alexander		
2262	9	9	9:28	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 30-39	林	恩健	林恩健	
2263	0	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Au	Jenson	Au Jun Sing	
2264	0	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Chan	Kwok Wai Gordon	陳國偉	
2265	1	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Chan	Wilson	陳偉信	South China Athletic Association
2266	1	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Chan	Wai Hung	陳偉洪	
2267	2	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Chan	Wai Kwong	陳偉光	
2268	2	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Chong	Chi Hang	莊知行	Energetic Triathlon Shatin
2269	3	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Chow	Chi Hoi Ocean	周志海	
2270	3	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	HORACE	WONG	HORACE WONG	Energetic Triathlon Shatin
2271	4	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	WAN	SHU WAH JIMMY	溫樹華	Energetic Triathlon Shatin
2272	4	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Yu	Wilson	于震維	
2273	5	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	HOU	JING REN BRIAN	侯景仁	Aqua Gym Sport Association
2274	5	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Lai	Tin Hau	黎天豪	Blue & White Spirit Sports Club
2275	6	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Leung	Sze Moon		
2276	6	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	LIU	King Lai, Jeffrey	廖敬禮	Mango Swimming Club
2277	7	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Matsuzawa	Atsushi	松澤厚	Energetic Triathlon Shatin
2278	7	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	NAKAGAWA	Kiyoshi	中川 喜代志	
2279	8	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	oka	yosuke	岡洋介	Energetic Triathlon Shatin
2280	8	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Papadopoulos	George		South China Athletic Association
2281	9	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Tam	kwok keung Gary	譚國強	Blue & White Spirit Sports Club
2282	9	10	9:36	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 50-59	Tang	Bryan	鄧志華	
2283	0	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 20-29	CHOI	SHI HIM JOSIAH		
2284	1	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 20-29	Fong	Siu Cheung	方兆章	Crest Ray Recreation & Sports Club
2285	1	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 20-29	Kwan	Wing Hin	關詠軒	Crest Ray Recreation & Sports Club
2286	2	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 20-29	Liao	Bangjie	廖邦杰	
2287	3	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 20-29	Tam	Ho Kong	譚昊罡	Blue & White Spirit Sports Club
2288	3	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 20-29	Tang	Kin Yip	鄧建業	Sonic Sports Association
2289	4	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 20-29	馬	龍	馬龍	
2290	4	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 60-69	LEE	LAI CHUNG	LEE LAI CHUNG	Mango Swimming Club
2291	5	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 60-69	LEUNG	KENNY		
2292	5	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 60-69	TAM	SZE LUN	譚仕倫	
2293	6	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 60-69	WONG	YIN CHEONG	WONG YIN CHEONG	Energetic Triathlon Shatin
2294	7	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 60-69	Wong	Ho Seng	王皓生	Energetic Triathlon Shatin
2295	7	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 70 & Over	Chan	Stephen King Che	Chan Stephen King Che	Energetic Triathlon Shatin
2296	8	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 70 & Over	Kong	Shek	石江	AustSports Association
2297	8	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 70 & Over	Leung	Chi Hung	梁治洪	AustSports Association
2298	9	11	9:44	Sprint Distance (Swim 400m/Run 3.5km)	Male Age Group 70 & Over	Yeung	Chi Ling Clement	楊子凌	The Little Dolphin Swimming Training Center