

2026 Aquathllon Series - Race 4
Challenge Distance Start List

Race No	Lane	Heat	Start Time	Race Category	Race Category (Age)	Last Name	First Name	Chinese Name	Club
2300	0	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Male Elite Open	Au Yeung	Nathan Siu-Wo	歐陽兆和	The Little Dolphin Swimming Training Center
2301	1	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Male Elite Open	Chan	Yui Fung	陳睿烽	Energetic Triathlon Shatin
2302	1	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Male Elite Open	Fok	Wang Hin Ian	霍泓軒	Energetic Triathlon Shatin
2303	2	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Male Elite Open	Ng	Jason Tai Long	伍泰龍	
2304	3	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Male Elite Open	Tsang	Cheung Sing Nicholas	曾祥星	
2305	3	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Male Elite Open	Wan	Chak Lam	溫澤林	Energetic Triathlon Shatin
2306	4	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Male Elite Open	Wong	Ka Ho	黃嘉豪	
2307	4	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Male Elite Open	Yip	Tsz Hin	葉子軒	Energetic Triathlon Shatin
2308	5	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Male Elite Open	Yip	Tak Long	葉德朗	Energetic Triathlon Shatin
2310	6	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Female Elite Open	Choi	Yan Yin	蔡欣妍	
2311	6	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Female Elite Open	Lam	Hoi Ching	林海晴	
2312	7	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Female Elite Open	Lo	Cheuk Yat	盧卓逸	Energetic Triathlon Shatin
2313	8	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Female Elite Junior 2	Lun	Anson	倫柏翹	AustSports Association
2314	8	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Female Elite Junior 2	Man	Lai Ki Nicole	文麗淇	Energetic Triathlon Shatin
2315	9	12	9:52	Challenge Distance (Swim 600m/Run 5km)	Female Elite Junior 2	Wong	Wan Tung	黃允彤	Energetic Triathlon Shatin
2316	0	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Elite Junior 2	Carson	WT Dominic	簡煒晉	Energetic Triathlon Shatin
2317	0	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Elite Junior 2	Kei	Yin	紀彥	Aqua Gym Sport Association
2318	1	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Elite Junior 2	Lam	Lok Shi	林樂仕	Energetic Triathlon Shatin
2319	1	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Elite Junior 2	Mok	Pak Fan	莫柏勛	Energetic Triathlon Shatin
2320	2	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Elite Junior 2	Shum	Yan Tao	沈恩途	Galaxy Sports Triathlon
2321	2	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Elite Junior 2	Tsang	Auscar	曾竟瑋	Energetic Triathlon Shatin
2322	3	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Elite Junior 2	Wong	Chun Him	王俊謙	
2323	3	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Elite Junior 2	Wong	Nok Hei	王諾熙	
2324	4	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Elite Junior 2	Wong	Pak Yiu Anson	黃栢堯	Energetic Triathlon Shatin
2325	4	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Elite Junior 2	Yick	Po Shun Yemi	易甫鐔	Energetic Triathlon Shatin
2326	5	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Elite Junior 2	Yim	Tsun Fung	嚴浚鋒	Sparkle Triathlon
2327	5	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Elite Junior 2	Yung	Pu Chak	翁溥澤	The Little Dolphin Swimming Training Center
2328	6	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 20-24	Chan	Tsun Man		Aqua Gym Sport Association
2329	6	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 20-24	Chau	King Hang	周景行	The Little Dolphin Swimming Training Center
2330	7	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 20-24	Cheung	Sui Him	張瑞謙	
2331	7	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 20-24	Lau	Tsun Hei	劉晉曦	Energetic Triathlon Shatin
2332	8	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 20-24	Tung	Lok Ping	董樂平	Galaxy Sports Triathlon
2333	8	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 20-24	Tung	Damon	董建彤	
2334	9	13	10:00	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 20-24	李	昀浩	李昀浩	
2335	0	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	Chan	Chun Hin Alex		
2336	1	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	CHAU	NOK KI		
2337	1	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	Cheng	Yuan Andrew		NL Triathlon Club
2338	2	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	Ching	Yuk Tsun	程郁浚	
2339	2	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	Chiu	Long Kit	趙朗傑	New Sports Triathlon
2340	3	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	Lam	Pak Lai		
2341	3	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	Mok	Wai Yiu	莫煒堯	Crest Ray Recreation & Sports Club
2342	4	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	Ning	Yu Hin		Titan Triathlon
2343	4	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	TAM	LOK KWAN	譚樂君	
2344	5	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	Tan	James	陳明輝	South China Athletic Association

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Race No	Lane	Heat	Start Time	Race Category	Race Category (Age)	Last Name	First Name	Chinese Name	Club
2345	5	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	Ting	Bryan	丁勵彭	The Little Dolphin Swimming Training Center
2346	6	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	Tong	Kin Kei		
2347	6	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	Wong	Ka Ho Jonathan	黃家皓	
2348	7	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	WONG	Yat Hong	黃日康	
2349	7	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 25-29	Yeung	King To	楊敬滔	
2350	8	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Bonan	Mirto		
2351	8	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Chan	Cheuk Wai		
2352	9	14	10:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	CHAN	HON LEUNG		Crest Ray Recreation & Sports Club
2353	0	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	CHAN	PARK HAY DAMIAN	陳柏熹	Aqua Gym Sport Association
2354	1	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Chan	Wai Hian	陳煒軒	
2355	1	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Cheung	Nelson		
2356	2	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Cheung	Tsz Hin		
2357	2	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Ho	Chun Sing Rising	何俊昇	
2358	3	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	HO	KA HEI		
2359	3	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Hogan	Max		
2360	4	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	HSIEH	He Yi	謝合一	South China Athletic Association
2361	4	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Kwok	Jonathan		South China Athletic Association
2362	5	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Kwong	Ka Chun		Crest Ray Recreation & Sports Club
2363	5	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Lam	Pak Lun		Aqua Gym Sport Association
2364	6	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	LEE	Ho Tung Arthur		
2365	6	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Mallowes	Blake Geoffry		
2366	7	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Szeto	Ka Tat	司徒家達	
2367	7	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Tong	Yat Fai		
2368	8	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Yu	Lok Kwan		
2369	8	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Yue	Chon in daryl	余俊彥	
2370	9	15	10:18	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 30-34	Yuen	chun Hoi	阮俊凱	Sonic Sports Association
2371	0	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	AU	SHUN HO TOMMY		Energetic Triathlon Shatin
2372	0	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	Besnard	Thomas		
2373	1	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	Chandler	Matt		
2374	1	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	Cheng	Hok Yee Herrick		
2375	2	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	Cheung	Ka Ping	張家平	
2376	2	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	Ho	Chun Ting Timothy	何俊廷	
2377	3	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	Jim	Dickson	詹廸生	
2378	3	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	Lai	Wa Chun	賴華進	Sonic Sports Association
2379	4	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	Lam	Jonathan		
2380	4	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	LI	Stanley		
2381	5	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	Pang	Hin Sing	彭衍昇	
2382	5	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	Tsz Fung	WONG	黃子豐	
2383	6	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	Wong	Jimmy		
2384	6	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	WU	KENNETH YEE LOK	胡爾樂	
2385	7	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 35-39	YAU	Kit	Kit YAU	Compass Sports Association
2386	7	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 65 & over	Chan	King Yuen	陳景源	
2387	8	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 65 & over	Chan	Fai Ming	陳揮明	
2388	8	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 65 & over	Choi	Tai Wing	蔡太榮	

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2389	9	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 65 & over	IP	WING KWONG		Energetic Triathlon Shatin
2390	9	16	10:28	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 65 & over	Wong	Check Yin	黃卓然	Mango Swimming Club
2391	0	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Chan	Alan		
2392	1	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Chan	Hon Yip	陳漢業	Blue & White Spirit Sports Club
2393	1	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Chui	Wan Ngai		
2394	2	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	CHUNG	Yiu Chek		
2395	2	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Du	Ivan		Aqua Gym Sport Association
2396	3	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Feng	Xinyi		
2397	3	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	gomez	cyril		
2398	4	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Ho	Chun Leong		
2399	4	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	HU	DAOLONG		Energetic Triathlon Shatin
2400	5	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	HUI	KIN PONG	許建邦	
2401	5	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Ka Chun	Sat	薩嘉俊	AustSports Association
2402	6	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	LAM	KUN LEI	林冠澧	The Little Dolphin Swimming Training Center
2403	6	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	LAW	YIP KAN	羅業勤	
2404	7	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Lee	Ka Yui		
2405	7	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Lee	Johime	李祖謙	
2406	8	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Li	Cheuk Bun	李焯斌	
2407	8	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Lu	Peter		
2408	9	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Sims	Arturo		Hong Kong Dragons Triathlon Club
2409	9	17	10:38	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Tam	Yau Yan	譚祐恩	AustSports Association
2410	0	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Tang	Wing Chung Jonathan		
2411	0	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Wong	Ka Ho Lawrence	黃家灝	Sonic Sports Association
2412	1	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 40-44	Yin	Ming		
2413	1	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	chan	chun fai	陳鎮輝	The Little Dolphin Swimming Training Center
2414	2	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	Chan	Kai Chung Calvin	陳啟聰	
2415	2	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	CHENG	WAI LEUNG	鄭偉良	
2416	3	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	CHEUNG	SHU YAN	張樹仁	
2417	3	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	Fung	Hon kit		
2418	4	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	Ho	Chak Lam		The Little Dolphin Swimming Training Center
2419	4	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	Ng	Fung Kei	吳鋒奇	
2420	5	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	Poon	Chung On	潘仲安	
2421	5	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	SHIU	Man Kit		
2422	6	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	Tsui	Wai Hang	崔偉恆	
2423	6	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	Tsui	Man Kit	徐文傑	Pro-trinity Sports Club
2424	7	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	Wan	Sunny		
2425	7	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	Wong	Alan	黃明權	Crest Ray Recreation & Sports Club
2426	8	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	Wong Yuk Hei	Gump	黃旭曦	Sonic Sports Association
2427	8	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	Yeung	Ivan		Sonic Sports Association
2428	9	18	10:48	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 45-49	Yeung	Nelson Kam Hin	楊錦軒	
2429	0	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 50-54	Au	Lung Kong		Energetic Triathlon Shatin
2430	0	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 50-54	CHAN	CHI KIT		
2431	1	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 50-54	Cheung	Wai Kei	張偉基	

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Race No	Lane	Heat	Start Time	Race Category	Race Category (Age)	Last Name	First Name	Chinese Name	Club
2432	1	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 50-54	chum	tik ho	覃迪豪	Aqua Gym Sport Association
2433	2	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 50-54	Courret	Olivier		South China Athletic Association
2434	2	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 50-54	Hui	Ka Chun William	許嘉俊	
2435	3	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 50-54	Lam	Wing Kit Alvin		
2436	3	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 50-54	LO	CHI MING ERIC		
2437	4	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 50-54	Wan	Tin Lap	温天立	Energetic Triathlon Shatin
2438	4	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 50-54	Wong	Tim Lung	黃添龍	
2439	5	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 55-59	AU YEUNG	HONG	歐陽康	Mango Swimming Club
2440	5	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 55-59	cheung	man kwong		Mango Swimming Club
2441	6	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 55-59	LAU	GARY LAU	劉家偉	Energetic Triathlon Shatin
2442	6	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 55-59	LEUNG	Kwai Wah	梁貴華	
2443	7	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 55-59	Ma	Michael		
2444	7	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 55-59	Pang	Kam Yau	彭金有	
2445	8	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 55-59	Trusso	Vittorio		Hong Kong Dragons Triathlon Club
2446	8	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 55-59	WU	HON FAI		South China Athletic Association
2447	9	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 55-59	Yee	Jack		
2448	9	19	10:58	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 55-59	Yeung	Yam Ho	楊任豪	Sonic Sports Association
2449	0	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 60-64	Cheng	Kwong Leung	郑光亮	Energetic Triathlon Shatin
2450	0	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 60-64	CHOI	WAH CHEUNG	蔡華翔	
2451	1	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 60-64	Ma	Man Sing	馬敏昇	
2452	1	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 60-64	Shi	Bertram		Energetic Triathlon Shatin
2453	2	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Male Age Group 60-64	UENO	KENJI		
2454	3	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 40-44	CHAN	WAI KWEN	陳慧君	
2455	3	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 40-44	KWONG	CHI YAN	鄭沚恩	
2456	4	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 40-44	LAI	HOI YEE EMILY	賴愷怡	
2457	4	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 40-44	Law	Cheryl Jessica		Sonic Sports Association
2458	5	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 40-44	Szeto	Sin Yan Elisa	司徒倩昕	Aqua Gym Sport Association
2459	5	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 40-44	Tsang	Wai Yan		
2460	6	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 40-44	Yang	Na	楊娜	Energetic Triathlon Shatin
2461	6	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 45-49	Chan	Yu Ki		
2462	7	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 45-49	Cheung	Tiff		
2463	7	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 45-49	Fu	Lai Ying		
2464	8	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 45-49	LAU	Lo	劉露	
2465	8	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 45-49	Lim	Ka Ling	林嘉玲	Titan Triathlon
2466	9	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 45-49	Poon	Man Fung	潘文鳳	Energetic Triathlon Shatin
2467	9	20	11:08	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 45-49	Yau	Lok Lam Van	邱洛琳	
2468	0	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 50-54	Clark	Justine		
2469	1	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 50-54	Courret	Amandine		South China Athletic Association
2470	1	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 50-54	Ho	Mabel		
2471	2	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 50-54	Yamaguchi	Mika	山口 美果	
2472	3	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 55-59	LI	HAU YI DORA		Energetic Triathlon Shatin
2473	3	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 55-59	Tsang	Pui Ha		Titan Triathlon
2474	4	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 55-59	WONG	MUI CHRISTINA	黃梅	Mango Swimming Club
2475	5	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 55-59	Wong	Pui Shan Sandy		

2026 Aquathllon Series - Race 4
Challenge Distance Start List

Race No	Lane	Heat	Start Time	Race Category	Race Category (Age)	Last Name	First Name	Chinese Name	Club
2476	5	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 65 & over	LAU	LAI WA		Energetic Triathlon Shatin
2477	6	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 20-24	馮	皓雪	馮皓雪	
2478	7	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 25-29	Chan	Wai Tung Jocelyn	陳韋瞳	
2479	7	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 25-29	Finlay	Anna		
2480	8	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 25-29	Ho	Pui Ka	何珮嘉	
2481	8	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 25-29	MAK	KA YING		
2482	9	21	11:18	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 25-29	Wu	SUNNIE WING CHING	胡詠晴	
2483	0	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	CHEUNG	LAURENCE	張詠詩	
2484	1	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Cheung	Fan	張帆	
2485	1	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Cheung	Hoi Ying		
2486	2	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Cheung	Sarah	張倩行	
2487	2	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Chiu	Tsz Yau	趙紫柔	
2488	3	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	CHOW	HIU LAM		
2489	4	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Fan	Shun Him	樊信謙	
2490	4	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Fok	Pui Lam	霍佩琳	Aqua Gym Sport Association
2491	5	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Fung	Cho Kiu		New Sports Triathlon
2492	5	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	ISOGAI	MARII		
2493	6	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Kim	Ye Eun		
2494	6	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Lee	Mei Ching	李美禎	Aqua Gym Sport Association
2495	7	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Ng	Wai Ying Megan	吳蔚瑩	
2496	8	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Ostapovitch	Zoe		
2497	8	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	So	Ting Yuet	蘇庭悅	Energetic Triathlon Shatin
2498	9	22	11:28	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Suen	Althea	孫曉嵐	
2499	0	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	to	yan wing	杜昕穎	
2500	1	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Tsang	Vicki	曾蔚琪	NL Triathlon Club
2501	1	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	wong	mei yan	黃美欣	
2502	2	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Yan	Gigi		Sonic Sports Association
2503	2	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 30-34	Yuen	Ho Yi	袁可兒	
2504	3	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 35-39	Chan	Yat Bo	陳逸寶	Crest Ray Recreation & Sports Club
2505	4	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 35-39	Chu	How Ting Cherry		
2506	4	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 35-39	Fung	Anty		
2507	5	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 35-39	Fung	Olivia		
2508	5	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 35-39	Kwan	Natalie		South China Athletic Association
2509	6	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 35-39	LI	KING PUI	李璟珮	
2510	7	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 35-39	Lo	On Ki		
2511	7	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 35-39	Perrault	stephanie		
2512	8	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 35-39	Suen	Ching Man		
2513	8	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 35-39	Wong	Aileen		
2514	9	23	11:38	Challenge Distance (Swim 600m/Run 5km)	Female Age Group 35-39	Wu	Vicky Way Kay		