

2025-26 Hong Kong Secondary School Aquathlon Championships

2025-26 年香港中學水陸兩項鐵人錦標賽

Race Date: Sunday, 14 September 2025

比賽日期: **2025 年 9 月 14 日(星期日)**

Race Venue: Hong Kong Sports Institute

比賽地點: 香港體育學院

Race Start: 08:30 am (By Wave)

比賽時間: 上午 **8 時 30 分** (分組出發)

Secondary School 中學組別

Distance 賽程 SA (2009 or before) Swim 300m and Run 1.4km

Boys 2009 or before	男子 2009 或之前出生	Girls 2009 or before	女子 2009 或之前出生
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Distance 賽程 SB (2010-2011) Swim 250m and Run 1.4km

Boys 2010 - 2011	男子 2010 - 2011	Girls 2010 - 2011	女子 2010 - 2011
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Distance 賽程 SC (2012 or after) Swim 200m and Run 1.4km

Boys 2012 or after	男子 2012 或之後出生	Girls 2012 or after	女子 2012 或之後出生
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Individual Competition Rules 個人組比賽規則

Participants must be enrolled in a local secondary school.

參加者必須就讀本地中學。

Must enter the school name when registered, otherwise will be disqualified.

報名時必須填寫學校名稱，否則將取消資格。

For international school students, participants must be in grade 7 or above.

對於國際學校學生，參加者必須是7年級或以上。

School Team Competition Rules 學校隊際組比賽規則

Each team must consist of at least two, and at most three members. Each member must compete as individual in the same race course and same gender

每隊參賽隊伍必須最少有兩名隊員，而最多不得超過三名隊員。同一隊之隊員必須參與同一級別賽程及為同一性別。

School team results will be determined by the sum of finishing times of top TWO individuals in each team.

學校隊際組之成績計算是根據每隊首兩名完成者之完成時間總和。

Each member's result will also be counted in the individual category.

各隊員之個人成績，亦會計算於個人組別之成績內。

There is no limit on the number of teams entering from each school in each category.

各院校在各組別的參賽隊數不限。

All school teams are required to provide the information of the school team representatives and the list of school team members in the [Google Form](#), and complete it by 4 September or before. (Suggested the form should be completed by the school team representatives)

所有學校隊伍需在 [Google 表單](#) 中提供學校領隊老師的資料及參賽隊員名單，並在 9 月 4 日或之前完成。(建議由學校領隊老師填寫表單)

Remarks 其他事項

Each participant can be accompanied by one parent or guardian to enter the HKSI on the race day.

比賽當天，每位參賽者可由一位家長或監護人陪同進入體院賽場內。

All registered affiliated clubs' coaches must fill out the [Google Form](#) to apply for entry into the HKSI by 5 September or before.

所有屬會註冊教練，在 9 月 5 日或以前需填寫 [Google 表單](#) 申請入體院賽場內。

Deadline for Entry 截止報名日期	3 September 2025, 11:59pm (Wednesday) 2025 年 9 月 3 日 下午 11 時 59 分 (星期三)
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Entry Fees 報名費	HK\$180 (Per Person)	港幣: \$180 (每位)
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Awards 獎項	<p>Finisher Medal & Certificates 完成獎牌及證書</p> <p>E-Certificate of Participation and Finisher Medal will be issued to athletes who finished races. 完成賽事的運動員，將會獲頒發電子成績證明書及完成紀念獎牌。</p> <p>Individual 個人組</p> <p>The top 3 in each category will be presented with a Trophy. Other positions entitled to an award will be presented with medals based on the below criteria: 每組頭 3 名將獲頒獎座一個，而其餘名次將依據下述計算方法頒發獎項：</p> <p>Awards will be presented to the Top 3 finishers if the number of entries in that category is 3- 30. 如該組別參加者為 3-30 人，則只頒發獎項給前 3 名</p> <p>Awards will be presented to the Top 5 finishers if the number of entries in that category is 31 or above. 如該組別參加者為 31 人或以上，則只頒發獎項給前 5 名</p> <p>School Team 學校隊際組</p> <p>Awards will be presented to the Top 3 School Team, if the number of teams in that category is 3 -14 如該組別參加者為 3-14 隊，則只頒發獎項給前 3 名校隊</p> <p>Awards will be presented to the Top 5 School Team, if the number of teams in that category is 15 & Over 如該組別參加者為 15 隊或以上，則只頒發獎項給前 5 名校隊</p> <p>For detail information, please visit 詳細資料請瀏覽：www.triathlon.com.hk</p>
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Non-refund Policy 不退款政策

The TriHK operates a “Non -refund Policy”. Once your entry is accepted, your entry fee is not refundable nor transferable. If an event has been cancelled due to inclement weather or other reason beyond the control of TriHK, the race will not be re-scheduled, and your entry fee will not be refunded nor can it be transferred.

中國香港三項鐵人總會實行「不退款」政策，報名一經接納，報名費將不獲退回，不得轉讓。如賽事因天氣惡劣或其他原因而取消，中國香港三項鐵人總會不會安排任何補賽，亦不會作任何退款之安排。有關之報名費亦不得轉讓。

Local Event Inclement Weather Policy 惡劣天氣安排

If Typhoon Signal No.8 or above is hoisted at any time from 12:00 noon on the day before the race, the race will be cancelled without any more rescheduled race and the race entry fees will not be refunded.

如於比賽前一天中午十二時懸掛八號颱風訊號或以上，賽事將取消而不再補賽及報名費用不會退回。

If the Typhoon Signal No.3 / Red Rainstorm/ Black Rainstorm warning be hoisted at any time after 06:30 a.m. on race morning, the race will be cancelled without any more rescheduled race and the race entry fees will not be refunded.

如在比賽日早上 6 時 30 分或以後仍然懸掛三號颱風訊號/紅雨/黑雨警告，賽事將取消而不再補賽及報名費用不會退回。

Should the above Inclement Weather / Condition Warnings be raised after the commencement of the race, the Race Director has the right to change the course distance or arrangement or to stop the race. If the race is stopped, the race will either be cancelled or be adjusted.

如比賽進行中天氣惡劣或懸掛上述任何警告，賽事總監有權將比賽賽程改變 或取消正在進行中的比賽。被取消之賽事將不設補賽。

Entry Fees of cancelled races will not be refunded, nor can they be transferred to cancelled race

被取消之賽事之報名費不設退款、亦不得轉讓。