



TRIATHLON ASSOCIATION
OF HONG KONG CHINA
中國香港三項鐵人總會



康樂及文化事務署
Leisure and Cultural
Services Department



ASIA TRIATHLON CUP HONG KONG 2023 香港三項鐵人亞洲盃

Race Date: Sunday, 19 November 2023
Race Venue: Central
Race Start: 14:00 (By Wave)
Quota: 500

比賽日期: 2023年11月19日(星期日)
比賽地點: 中環
比賽時間: 14:00 (分組出發)
比賽名額: 500

Race Category 組別

Discovery Distance 體驗賽程 (Swim 500m/Bike 14.4km/Run 4km)

Open 3 Men Team Relay	公開三人隊際接力	Born in 2008 or before	2008年或以前出生
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Remarks:

For Team Relay, each team member is responsible for one of the three events of swimming/ cycling/ running,. Teams can decide the event allocation by themselves. But the order of the events must be swimming, cycling, running and cannot be changed.

隊際接力比賽方式為其中每名隊員負責游泳/單車/跑步三項之其一項，隊伍可自行決定項目分配。但項目之順序必須為游泳,單車,跑步，不得更改。

Please fill in your team members' detail according to the following pattern: participant 1 - swim, participant 2 - bike, participant 3 - run. Please do not change the order without TriHK consent or the team will be disqualified.

報名時，請按照 參賽者 1 為負責游泳之隊員，參賽者 2 為負責單車之隊員，參賽者 3 為負責跑步之隊員 之順序填寫報名資料，並不得私下於比賽時更改順序，一經發現將會被取消比賽資格。

Folding bike is not allowed in any race category.

各組別賽事禁止使用摺車作賽。

Minimum wheel size requirement is 24 inches, except TriKids.

車輪必須為 24 吋或以上方可作賽，小鐵人除外。

Only traditional drop handlebars are permitted. The handlebars must be plugged. Aerobars or clip-ons are not allowed.

參賽者只可使用公路車把手。不可使用附加把手。

Officials will check all bikes entering the transition area for bike drop off. If aerobars or clip-ons are installed, athletes must remove them or they are not allowed to race.

工作人員會在轉項區入口檢查需要被放置於轉項區之比賽單車，如發現單車上裝有附加把手，參賽者需即時拆除，否則將不能比賽。

If officials find that aerobars or clip-ons are installed on the bike placed in the transition area, athletes will be disqualified.

如有工作人員發現已被放置於轉項區之比賽單車上裝有附加把手，參賽者將會被取消比賽資格。

Entry Fee

報名費

Relay Team

接力組

3 Men Team Relay: Teams may consist of 3 persons, each team HK\$ 1200

三人隊際接力: 隊際接力可包括 3 名隊員，每組報名費港幣\$1200

Deadline for Entry

截止報名日期

12 November 2023, 11:59pm (Sunday)

2023年11月12日晚上11:59分(星期日)

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Awards
獎項

Individual 個人組

The top 3 in each category will be presented with a Trophy. Other positions entitled to an award will be presented with trophy based on the below criteria:

每組頭三名將獲頒獎杯一個，而其餘名次將依據下述計算方法頒發獎項：

Awards will be presented to the Top 5 finishers if the number of entries in that category is more than 30.

如該組別參加者多於 30 人，則頒發獎項給前 5 名

Individual and Club Series Scoring Method 個人及屬會聯賽評分方法

For detailed information, please visit: www.triathlon.com.hk

詳細資料請瀏覽：www.triathlon.com.hk

The Association will not arrange bike hire service, should you require bike hire, you may contact the below company or any other bike shop to arrange it.

Lung Kee Bike Shop

Mr. Law Tel: 9309 8988 /9010 1889 /6121 8822

Elite Sports Limited

Mr. Ho Tel: 9686 7656

大會不設租單車服務,如需要租用單車,可聯絡任何租單車服務公司或以下公司作安排

龍記單車有限公司

羅先生 電話:9309 8988 /9010 1889 /6121 8822

精英體育發展有限公司

何先生 電話 9686 7656

Non-refund Policy 不退款政策

The TriHK operates a "Non-refund Policy". Once your entry is accepted, your entry fee is not refundable nor transferable. If an event has been cancelled due to inclement weather or other reason beyond the control of TriHK, the race will not be re-scheduled, and your entry fee will not be refunded nor can it be transferred.

中國香港三項鐵人總會實行"不退款"政策, 報名一經接納, 報名費將不獲退回, 不得轉讓。如賽事因天氣惡劣或其他原因而取消, 中國香港三項鐵人總會不會安排任何補賽, 亦不會作任何退款之安排。有關之報名費亦不得轉讓。

Local Event Inclement Weather Policy 惡劣天氣安排

If Typhoon Signal No.8 or above is hoisted at any time from 12:00 noon on the day before race, the race will be cancelled without any rescheduling

如於比賽前一天中午十二時懸掛八號颱風訊號或以上, 是項賽事將取消而不會補賽。

If the Typhoon Signal Red Rainstorm/ Black Rainstorm/ Thunderstorm/Landslide warning be hoisted at any time after 12:00 noon on race day, the race may be cancelled without any rescheduling

如在比賽日中午 12 時正或以後仍然懸掛紅雨/黑雨及山泥傾瀉警告, 是項賽事將有可能取消而不再補賽。

Should the above Inclement Weather / Condition Warnings be raised after the commencement of the race, the Race Director has the right to change the course distance or arrangement or to stop the race. If the race is stopped, the race will be either be cancelled or be adjusted.

如比賽進行中天氣惡劣或懸掛上述任何警告, 賽事總監有權將比賽賽程改變 或取消正在進行中的比賽。被取消之賽事將不設補賽。

If the weather is extremely hot on the race day, the Race Director has the right to change the course distance or arrangement or to stop the race. If the race is stopped, the race will be either be cancelled or be adjusted.

如比賽當天天氣炎熱, 賽事總監有權將比賽賽程改變 或取消正在進行中的比賽。被取消之賽事將不設補賽。

Entry Fees of cancelled race will not be refunded, nor can it be transferred of cancelled race

被取消之賽事之報名費不設退款、亦不得轉讓。



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