

2024 Benchmarking Result (11 April 2024)

Race No	Name(ENG)	Name(CHN)	Category	Swim	Swim Time	Pass	Run	Run Time	Pass	Combine Time	Pass
781	Oscar Louis Coggins	奧斯卡	Male Elite	400m	04:26.28	NSA	3km	09:12.28	NSA		Pass NSA
783	Chan Yui Fung	陳睿鋒	Male Elite Junior 18	400m	04:46.81	NSA	3km	09:39.88	NSA		Pass NSA
788	Chan Pak Hoi	陳柏愷	Male Elite Junior 19	400m	04:28.61	NSA	3km	09:40.94	NSA		Pass NSA
790	Wong Nok Hei	王諾熙	Male Elite Junior 16	400m	04:44.21	NSA	3km	09:18.52	NSA		Pass NSA
791	Yim Tsun Fung	嚴浚鋒	Male Elite Junior 16	400m	04:49.25	NSA	3km	09:35.28	NSA		Pass NSA
792	Wong Pak Yiu Anson	黃栢堯	Male Elite Junior 17	400m	04:48.65	NSA	3km	09:35.62	NSA		Pass NSA
793	Yung Pu Chak	翁溥澤	Male Elite Junior 17	400m	04:36.94	NSA	3km	09:31.29	NSA		Pass NSA
885	Liu Canyu, Nelson	刘璨宇	Male Elite Junior 17	400m	04:23.80	NSA	3km	09:37.20	NSA		Pass NSA
804	Lai Pak Long	黎柏朗	Male Elite Junior 16	400m	04:58.58	NSA	3km	09:56.18	NSA		Pass NSA
810	Man Lai Ki Nicole	文麗淇	Female Elite Junior 16	400m	05:05.61	NSA	3km	11:11.05	NSA		Pass NSA
811	Wong Wan Tung	黃允彤	Female Elite Junior 16	400m	05:18.08	NSA	3km	11:46.81	NSA		Pass NSA
812	Lun Anson	倫柏翹	Female Elite Junior 17	400m	05:29.89	NSP	3km	11:33.93	NSA		Pass NSA
816	Ting Ngai Chun	丁毅臻	Male Youth 14	200m	02:15.23	NSA	1500m	04:26.37	NSA		Pass NSA
825	Wan Chak Yan Bosco	温澤仁	Male Youth 13 & Below	200m	02:17.28	NSA	1500m	04:31.66	NSA		Pass NSA
846	Chung Cin Yee Cydnee		Female Youth 13 & Below	200m	02:46.03	NSA	1500m	05:20.08	NSA		Pass NSA
847	Yeung Hiu Yau	楊曉悠	Female Youth 13 & Below	200m	02:47.11	NSA	1500m/800m	05:25.57 / 02:48.81	NSA		Pass NSA
848	Ng Yuet Hei		Female Youth 14	200m	02:31.71	NSA	1500m	05:17.82	NSA		Pass NSA
780	Hung Tik Long	洪迪朗	Male 23	400m	04:34.97	NSP	3km	09:11.16	NSA		Pass NSP
784	Fok Wang Hin Ian	霍泓軒	Male Elite Junior 18	400m	04:43.67	NSA	3km	09:56.31	NSP		Pass NSP
786	Wong Ka Ho	黃嘉豪	Male Elite Junior 18	400m	04:55.83	NSP	3km	09:01.75	NSA		Pass NSP
795	Carson WT Dominic	簡焯晉	Male Elite Junior 17	400m	04:41.11	NSA	3km	10:04.25	NSP		Pass NSP
803	Chan Ka Hei Cyrus	陳家晞	Male Elite Junior 16	400m	05:04.85	NSP	3km	09:47.00	NSA		Pass NSP
806	Tsang Auscar	曾竟瑋	Male Elite Junior 16	400m	04:55.65	NSA	3km	10:20.58	NSP		Pass NSP
818	Cheng Tsz Leong Louie	鄭梓亮	Male Youth 15	200m	02:11.81	NSA	1500m	04:48.65	NSP		Pass NSP
823	Wong Chun Hei	黃俊偉	Male Youth 15	200m	02:21.25	NSP	1500m	04:28.85	NSA		Pass NSP
826	Ng Cheuk Kiu		Male Youth 13 & Below	200m	02:28.10	NSP	1500m	04:47.05	NSA		Pass NSP
887	Chung Chi Yan Ian		Male Youth 13 & Below	200m	02:29.00	NSP	1500m	05:01.37	NSA		Pass NSP
843	Wong Lok Tung	王樂彤	Female Youth 15	200m	02:26.14	NSA	1500m	05:21.38	NSP		Pass NSP

779	Chan Ho Kwan	陳灝鈞	Male 21	400m/200m	05:01.36 / 02:20.89	NDS	3km/1500m	09:02.68 / 04:26.00	NSA	06:46.89	Pass NDS
785	Tsang Wai Chun	曾滄潛	Male Elite Junior 18	400m/200m	05:07.49 / 02:16.59	NDS	3km/1500m	09:39.00 / 04:47.00	NSA	07:03.59	Pass NDS
787	Yip Tsz Hin	葉子軒	Male Elite Junior 18	400m/200m	04:59.49 / 02:25.73	NDS	3km/1500m	09:32.77 / 04:37.37	NSA	07:03.10	Pass NDS
789	Chu Yan Ho	朱昕浩	Male Elite Junior 19	400m/200m	05:07.65 / 02:28.17	RS	3km/1500m	09:40.00 / 04:47.00	NSA	07:15.17	Pass NDS
805	Shum Yan Tao		Male Elite Junior 16	400m/200m	05:12.62 / 02:30.54	NDS	3km/1500m	09:46.76 / 04:44.00	NSA	07:14.63	Pass NDS
815	Kwan Ho Ming		Male Youth 14	200m	02:19.78	NSA	1500m/800m	05:04.67 / 02:38.01	NDS	07:24.45	Pass NDS
817	Edison Wong	黃子健	Male Youth 14	200m	02:27.52	NDS	1500m	04:46.57	NSA	04:57.52	Pass NDS
819	Cheung Wai Ching Jesse		Male Youth 15	200m	02:22.67	NSP	1500m	05:02.14	NDS	07:24.81	Pass NDS
820	Jack William Russell Colin-Jones		Male Youth 15	200m	02:47.16	NDS	1500m	04:42.55	NSA	07:29.71	Pass NDS
821	Kwok Ching Ho		Male Youth 15	200m	02:28.52	NDS	1500m	04:44.92	NSP	07:13.44	Pass NDS
822	Lee Ho Ting	李灝庭	Male Youth 15	200m	02:17.36	NSA	1500m	05:03.70	NDS	07:21.06	Pass NDS

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824	Au Ho Chun	區皓駿	Male Youth 15	200m	02:27.77	NDS	1500m	04:23.98	NSA	06:51.75	Pass NDS
828	Lam King Sing Kurtis	林敬昇	Male Youth 13 & Below	200m	02:30.17	NSP	1500m/800m	05:24.20 / 02:46.01	NDS	05:16.17	Pass NDS
829	Lau Yik Hei	劉奕希	Male Youth 13 & Below	200m	02:32.65	NDS	1500m/800m	04:49.91 / 02:32.17	NSA	07:22.56	Pass NDS
831	Tam Tze Kiu		Male Youth 13 & Below	200m	02:31.78	NDS	1500m/800m	04:48.28 / 02:32.17	NSA	07:20.06	Pass NDS
832	Ting Chun Ching	丁進澄	Male Youth 13 & Below	200m	02:37.36	NDS	1500m/800m	04:51.33 / 02:31.40	NSA	07:28.69	Pass NDS
834	Chan Wai Yin	陳韋弦	Male Youth 15	200m	02:39.34	RS	1500m	04:43.00	NSA	07:22.34	Pass NDS
836	Lam Yat Long	林日朗	Male Youth 15	200m	02:36.33	NDS	1500m	04:59.00	NDS	07:35.33	Pass NDS
838	Mok Tsz Him	莫子謙	Male Junior 16	200m	02:45.04	Fail	1500m	04:37.98	NDS	07:23.02	Pass NDS
840	Chan Oi Yin	陳愛妍	Female Youth 15	200m	02:30.13	NSA	1500m	05:38.47	NDS	08:08.60	Pass NDS
844	Ava Elisabeth Colin-Jones		Female Youth 13 & Below	200m	02:42.45	NSA	1500m/800m	05:59.68 / 02:59.39	NDS		Pass NDS
845	Chau Heulwen	周焯慧	Female Youth 13 & Below	200m	03:05.83	NDS	1500m/800m	05:36.01 / 02:51.60	NSA	08:41.84	Pass NDS
850	Chan Pak Hei	陳柏僑	Male Youth 14	200m	02:45.26	NDS	800m	02:28.49	NDS	05:13.75	Pass NDS
851	Lau Hong Nam	劉康楠	Male Youth 14	200m	02:30.74	NDS	800m	02:45.74	NDS	05:16.48	Pass NDS
852	Wong Lucas	王諾	Male Youth 14	200m	02:39.13	NDS	800m	02:29.00	NDS	05:08.13	Pass NDS
854	Choi Yui Hang	蔡睿珩	Male Youth 12	200m	02:57.02	RS	800m	02:43.47	NDS	05:40.49	Pass NDS
856	Wong Cheuk Yat Julien	黃焯一	Male 12	200m	03:11.64	Fail	800m	02:33.59	NDS	05:45.23	Pass NDS
882	Ko Kiu	高蕎	Female 14	200m	02:49.64	NDS	800m	03:01.75	NDS	05:51.39	Pass NDS
884	Yick Po Shun Yemi	易甫鏞	Male Elite Junior 17	400m/200m	05:16.90 / 02:30.30	RS	3km/1500m	10:44.29 / 04:48.00	NDS	07:18.30	Pass NDS
886	Lo Cheuk Yat		Female Elite	400m/200m	05:08.00 / 02:29.67	NDS	3km/1500m	12:53.17 / 05:44.12	RS	08:13.77	Pass NDS

796	Chow Yu Chak		Male Elite Junior 17	400m/200m	04:52.14 / 02:21.65	NSA	3km/1500m	10:40.51 / 05:10.00	RS	07:31.65	Pass RS
797	Kei Yin	紀彥	Male Elite Junior 17	400m/200m	05:28.76 / 02:35.57	RS	3km/1500m	10:12.03 / 05:03.00	NSP	07:38.57	Pass RS
798	Lee Tsz Him	李子謙	Male Elite Junior 17	400m/200m	05:58.23 / 02:48.41	Fail	3km/1500m	10:10.84 / 05:00.00	NSP	07:48.41	Pass RS
814	Chum Tsz Ho	覃子皓	Male Youth 14	200m	02:51.42	RS	1500m/800m	04:52.98 / 02:34.10	NSP	05:25.52	Pass RS
827	Chan Tsz Long	陳子朗	Male Youth 13 & Below	200m	03:08.07	RS	1500m/800m	05:11.65 / 02:38.00	NSP	05:46.07	Pass RS
835	Lai Shung Him, Jeremy	賴崇謙	Male Junior 16	200m	02:36.08	RS	1500m	05:22.33	Fail	07:58.41	Pass RS
837	Man Pak Lam Cass	文柏藍	Male Youth 15	200m	02:53.50	Fail	1500m	05:03.64	NDS	07:57.14	Pass RS
839	Wu Chun Ming	胡晉銘	Male Junior 16	200m	02:30.00	NDS	1500m	05:27.68	Fail	07:57.68	Pass RS
860	Chan Pak Long	陳柏朗	Male 11	200m	02:56.12	RS	800m	02:40.87	RS	05:36.99	Pass RS
862	Hu Jiangzhi	胡江芷	Male 11	200m	03:07.86	Fail	800m	02:55.45	RS	06:03.31	Pass RS
863	Kei Lap Yan	紀立人	Male 11	200m	03:13.38	Fail	800m	02:42.91	RS	05:56.29	Pass RS
864	Rafael Fok Shing Hang	霍承亨	Male 11	200m	02:57.00	RS	800m	02:59.05	RS	05:56.05	Pass RS
865	Lau Sze Chai, Damon	劉思齊	Male 11	200m	02:58.72	RS	800m	02:42.78	RS	05:41.50	Pass RS
869	Wong Chun Him Louis	黃俊謙	Male 11	200m	02:54.46	RS	800m	02:35.49	RS	05:29.95	Pass RS
879	Chung Cheuk Lam	鍾焯琳	Female 11	200m	03:05.01	RS	800m	03:02.43	RS	06:07.44	Pass RS
880	Ho Jessie	何泳悠	Female 11	200m	02:56.33	RS	800m	03:18.15	RS	06:14.48	Pass RS
881	Ma Yi	馬懿	Female 12	200m	02:53.60	RS	800m	02:50.84	RS	05:44.44	Pass RS
883	Chan Yi Chun	陳以臻	Female 14	200m	03:17.30	RS	800m	02:49.28	NDS	06:06.58	Pass RS
889	Anika Gretchen Yang		Female Youth 15	200m	02:35.68	NSA	1500m	06:17.24	Fail	08:52.92	Pass RS
890	Chan Oi Hei		Male 11	200m	02:54.49	RS	800m	02:50.46	RS	05:44.95	Pass RS
891	Li Travis Yat To		Male 10	200m	03:03.08	RS	800m	03:02.56	RS	06:05.64	Pass RS

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801	Ng Yat Hei	吳逸曦	Male Elite Junior 19	400m/200m	05:26.58 / 02:32.64	RS	3km	12:01.27	Fail	08:04.64	Fail
808	Yau Chi Him Ryan	丘志謙	Male Elite Junior 16	400m	05:35.81	NDS	3km/1500m	11:41.18 / 05:33.69	Fail	08:18.46	Fail
809	Tang Ying Sheung	鄧盈雙	Female Elite	400m	07:19.62	Fail	3km / 1500m	11:42.99 / 05:32.00	NDS	09:02.10	Fail
813	Tang Hiu Tung	鄧曉桐	Female Elite Junior 18	400m	06:20.20	Fail	3km/1500m	12:32.65	RS	09:02.03	Fail
833	Wong Ho Shan	王昊山	Male Youth 13 & Below	200m	03:23.98	Fail	1500m/800m	05:46.78 / 02:50.41	RS	06:14.39	Fail
858	Leung Hiu Tung	梁曉彤	Female 14	200m	03:20.71	Fail	800m	03:02.04	NDS	06:22.75	Fail
859	Chan Pak Kwan	陳柏均	Male 11	200m	03:53.39	Fail	800m	03:18.06	Fail	07:11.45	Fail
866	Poon Chun Hong Chaska	方俊匡	Male 11	200m	03:26.37	Fail	800m	02:55.79	RS	06:22.16	Fail
867	Sou Yui Him	蘇睿謙	Male 11	200m	03:16.09	Fail	800m	02:55.75	RS	06:11.84	Fail
868	Tong Yau Hei	唐佑希	Male 11	200m	02:58.34	RS	800m	03:13.62	Fail	06:11.96	Fail
870	Wu Xian Da	巫賢達	Male 11	200m	04:01.89	Fail	800m	03:25.27	Fail	07:27.16	Fail
872	Chan Yat Long Jay	陳逸朗	Male 10	200m	03:24.16	Fail	800m	02:56.97	RS	06:21.13	Fail
873	Li, Jadon	李思恒	Male 10	200m	05:54.76	Fail	800m	02:59.56	RS	08:54.32	Fail
874	Mok Wan Hin	莫蘊軒	Male 10	200m	03:51.79	Fail	800m	03:02.50	RS	06:54.29	Fail
875	Chan Chin Yui	陳芊睿	Female 10	200m	04:05.40	Fail	800m	03:21.29	RS	07:26.69	Fail
876	Hu Jiangqi	胡江萋	Female 10	200m	04:10.71	Fail	800m	03:36.01	Fail	07:46.72	Fail
877	Lau Lok Yin Alicia	劉樂然	Female 10	200m	03:53.43	Fail	800m	03:02.83	RS	06:56.26	Fail
878	Ng Hei Kiu	吳浣僑	Female 10	200m	04:03.91	Fail	800m	03:46.91	Fail	07:50.82	Fail
892	Chan Yat Hay Sky		Male Youth 13 & Below	200m	03:00.97	Fail	800m	03:14.33	Fail	06:15.30	Fail
782	Wong Tsz To	黃子圖	Male Elite	400m	04:31.05	NSP	3km		ABS		ABS
802	Au Yeung Nathan Siu Wo	歐陽兆和	Male Elite Junior 19	400m		ABS	3km	10:07.02	NDS		ABS
841	Sarah Elise Modiano	-	Female Youth 15	200m	02:41.33	NDS	1500m		ABS		ABS
842	Tsang Hayley	曾熹兒	Female Youth 15	200m	02:40.54	NSP	1500m		ABS		ABS
849	Alban Modiano	安班	Male Youth 14	200m	02:54.65	NDS	800m		ABS		ABS
857	Ko Shun, Aidan	高遜	Male 13	200m		ABS	800m	03:04.23	Fail		ABS
871	Chan Kai Lim, Cyril	陳啟廉	Male 10	200m		ABS	800m	02:58.39	RS		ABS
888	Goldberg Aitan Hilton		Male Elite Junior 16	400m		ABS	3km	10:14.41	NSP		ABS
794	Mok Pak Fan	莫柏勛	Male Elite Junior 17	400m		ABS	3km		ABS		ABS
807	Woo Bono		Male Elite Junior 16	400m		ABS	3km		ABS		ABS
830	Chau Cheuk Yin Desmond		Male Youth 13 & Below	200m		ABS	1500m		ABS		ABS
853	Mok Carlos Hoi Kit	莫凱傑	Male Youth 13	200m		ABS	800m		ABS		ABS
855	Cheong Chun Lam	張晉霖	Male 12	200m		ABS	800m		ABS		ABS
861	Chan Tsz Shun	陳梓淳	Female 11	200m		ABS	800m		ABS		ABS