

2024 Benchmarking - Name List (Run - 4 April 2024)

Registration	Race no	Heat	Time	Name(ENG)	Name(CHN)	Category	Run
	779	1	18:15	Chan Ho Kwan	陳灝鈞	Male 21	3km
	780	1	18:15	Hung Tik Long	洪迪朗	Male 23	3km
	781	1	18:15	Oscar Louis Coggins	奧斯卡	Male Elite	3km
	782	1	18:15	Wong Tsz To	黃子圖	Male Elite	3km
	783	1	18:15	Chan Yui Fung	陳睿烽	Male Elite Junior 18	3km
	784	1	18:15	Fok Wang Hin Ian	霍泓軒	Male Elite Junior 18	3km
	785	1	18:15	Tsang Wai Chun	曾滄潛	Male Elite Junior 18	3km
	786	1	18:15	Wong Ka Ho	黃嘉豪	Male Elite Junior 18	3km
	787	1	18:15	Yip Tsz Hin	葉子軒	Male Elite Junior 18	3km
	788	1	18:15	Chan Pak Hoi	陳柏愷	Male Elite Junior 19	3km
	789	1	18:15	Chu Yan Ho	朱昕浩	Male Elite Junior 19	3km
	790	1	18:15	Wong Nok Hei	王諾熙	Male Elite Junior 16	3km
	791	1	18:15	Yim Tsun Fung	嚴浚鋒	Male Elite Junior 16	3km
	792	1	18:15	Wong Pak Yiu Anson	黃栢堯	Male Elite Junior 17	3km
	793	1	18:15	Yung Pu Chak	翁溥澤	Male Elite Junior 17	3km
	794	2	18:25	Mok Pak Fan	莫柏勛	Male Elite Junior 17	3km
	795	2	18:25	Carson WT Dominic	簡煒晉	Male Elite Junior 17	3km
	796	2	18:25	Chow Yu Chak		Male Elite Junior 17	3km
	797	2	18:25	Kei Yin	紀彥	Male Elite Junior 17	3km
	798	2	18:25	Lee Tsz Him	李子謙	Male Elite Junior 17	3km
	799	2	18:25	Liu Canyu, Nelson	刘璨宇	Male Elite Junior 17	3km
	800	2	18:25	Yick Po Shun Yemi	易甫鏞	Male Elite Junior 17	3km
	801	2	18:25	Ng Yat Hei	吳逸曦	Male Elite Junior 19	3km
	802	2	18:25	Au Yeung Nathan Siu Wo	歐陽兆和	Male Elite Junior 19	3km
	803	2	18:25	Chan Ka Hei Cyrus	陳家晞	Male Elite Junior 16	3km
	804	2	18:25	Lai Pak Long	黎柏朗	Male Elite Junior 16	3km
	805	2	18:25	Shum Yan Tao		Male Elite Junior 16	3km
	806	2	18:25	Tsang Auscar	曾竟瑋	Male Elite Junior 16	3km
	807	2	18:25	Woo Bono		Male Elite Junior 16	3km
	808	2	18:25	Yau Chi Him Ryan	丘志謙	Male Elite Junior 16	3km/1500m
	809	3	18:35	Tang Ying Sheung	鄧盈雙	Female Elite	3km
	810	3	18:35	Man Lai Ki Nicole	文麗淇	Female Elite Junior 16	3km
	811	3	18:35	Wong Wan Tung	黃允彤	Female Elite Junior 16	3km
	812	3	18:35	Lun Anson	倫柏翹	Female Elite Junior 17	3km
	813	3	18:35	Tang Hiu Tung	鄧曉桐	Female Elite Junior 18	3km/1500m
	814	4	18:45	Chum Tsz Ho	覃子皓	Male Youth 14	1500m/800m
	815	4	18:45	Kwan Ho Ming		Male Youth 14	1500m
	816	4	18:45	Ting Ngai Chun	丁毅臻	Male Youth 14	1500m
	817	4	18:45	Edison Wong	黃子健	Male Youth 14	1500m
	818	4	18:45	Cheng Tsz Leong Louie	鄭梓亮	Male Youth 15	1500m
	819	4	18:45	Cheung Wai Ching Jesse		Male Youth 15	1500m
	820	4	18:45	Jack William Russell Colin-Jones		Male Youth 15	1500m
	821	4	18:45	Kwok Ching Ho		Male Youth 15	1500m
	822	4	18:45	Lee Ho Ting	李灝庭	Male Youth 15	1500m
	823	4	18:45	Wong Chun Hei	黃俊僖	Male Youth 15	1500m
	824	4	18:45	Au Ho Chun	區皓駿	Male Youth 15	1500m
	825	4	18:45	Wan Chak Yan Bosco	溫澤仁	Male Youth 13 & Below	1500m
	826	4	18:45	Ng Cheuk Kiu		Male Youth 13 & Below	1500m
	827	5	18:55	Chan Tsz Long	陳子朗	Male Youth 13 & Below	1500m
	828	5	18:55	Lam King Sing Kurtis	林敬昇	Male Youth 13 & Below	1500m
	829	5	18:55	Lau Yik Hei	劉奕希	Male Youth 13 & Below	1500m
	830	5	18:55	Chau Cheuk Yin Desmond		Male Youth 13 & Below	1500m
	831	5	18:55	Tam Tze Kiu		Male Youth 13 & Below	1500m
	832	5	18:55	Ting Chun Ching	丁進澄	Male Youth 13 & Below	1500m

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	833	5	18:55	Wong Ho Shan	王昊山	Male Youth 13 & Below	1500m/800m
	834	5	18:55	Chan Wai Yin	陳韋弦	Male Youth 15	1500m
	835	5	18:55	Lai Shung Him, Jeremy	賴崇謙	Male Junior 16	1500m
	836	5	18:55	Lam Yat Long	林日朗	Male Youth 15	1500m
	837	5	18:55	Man Pak Lam Cass	文柏藍	Male Youth 15	1500m
	838	5	18:55	Mok Tsz Him	莫子謙	Male Junior 16	1500m
	839	5	18:55	Wu Chun Ming	胡晉銘	Male Junior 16	1500m
	840	6	19:05	Chan Oi Yin	陳愛妍	Female Youth 15	1500m
	841	6	19:05	Sarah Elise Modiano	-	Female Youth 15	1500m
	842	6	19:05	Tsang Hayley	曾熹兒	Female Youth 15	1500m
	843	6	19:05	Wong Lok Tung	王樂彤	Female Youth 15	1500m
	884	6	19:05	Anika Gretchen Yang		Female Youth 15	1500m
	844	6	19:05	Ava Elisabeth Colin-Jones		Female Youth 13 & Below	1500m/800m
	845	6	19:05	Chau Heulwen	周烜慧	Female Youth 13 & Below	1500m/800m
	846	6	19:05	Chung Cin Yee Cydnee		Female Youth 13 & Below	1500m
	847	6	19:05	Yeung Hiu Yau	楊曉悠	Female Youth 13 & Below	1500m/800m
	848	6	19:05	Ng Yuet Hei		Female Youth 14	1500m
	849	7	19:15	Alban Modiano	安班	Male Youth 14	800m
	850	7	19:15	Chan Pak Hei	陳柏僖	Male Youth 14	800m
	851	7	19:15	Lau Hong Nam	劉康楠	Male Youth 14	800m
	852	7	19:15	Wong Lucas	王諾	Male Youth 14	800m
	853	7	19:15	Mok Carlos Hoi Kit	莫凱傑	Male Youth 13	800m
	854	7	19:15	Choi Yui Hang	蔡睿珩	Male Youth 12	800m
	855	7	19:15	Cheong Chun Lam	張晉霖	Male 12	800m
	856	7	19:15	Wong Cheuk Yat Julien	黃焯一	Male 12	800m
	857	7	19:15	Ko Shun, Aidan	高遜	Male 13	800m
	858	7	19:15	Leung Hiu Tung	梁曉彤	Female 14	800m
	859	8	19:22	Chan Pak Kwan	陳柏均	Male 11	800m
	860	8	19:22	Chan Pak Long	陳柏朗	Male 11	800m
	861	8	19:22	Chan Tsz Shun	陳梓淳	Male 11	800m
	862	8	19:22	Hu Jiangzhi	胡江芷	Male 11	800m
	863	8	19:22	Kei Lap Yan	紀立人	Male 11	800m
	864	8	19:22	Rafael Fok Shing Hang	霍承亨	Male 11	800m
	865	8	19:22	Lau Sze Chai, Damon	劉思齊	Male 11	800m
	866	8	19:22	Poon Chun Hong Chaska	方俊匡	Male 11	800m
	867	8	19:22	Sou Yui Him	蘇睿謙	Male 11	800m
	868	8	19:22	Tong Yau Hei	唐佑希	Male 11	800m
	869	8	19:22	Wong Chun Him Louis	黃俊謙	Male 11	800m
	870	8	19:22	Wu Xian Da	巫賢達	Male 11	800m
	871	9	19:30	Chan Kai Lim, Cyril	陳啟廉	Male 10	800m
	872	9	19:30	Chan Yat Long Jay	陳逸朗	Male 10	800m
	873	9	19:30	Li, Jadon	李思恒	Male 10	800m
	874	9	19:30	Mok Wan Hin	莫蘊軒	Male 10	800m
	875	9	19:30	Chan Chin Yui	陳芊睿	Female 10	800m
	876	9	19:30	Hu Jiangqi	胡江萋	Female 10	800m
	877	9	19:30	Lau Lok Yin Alicia	劉樂然	Female 10	800m
	878	9	19:30	Ng Hei Kiu	吳浣僑	Female 10	800m
	879	9	19:30	Chung Cheuk Lam	鍾焯琳	Female 11	800m
	880	9	19:30	Ho Jessie	何泳悠	Female 11	800m
	881	9	19:30	Ma Yi	馬懿	Female 12	800m
	882	9	19:30	Ko Kiu	高蕎	Female 14	800m
	883	9	19:30	Chan Yi Chun	陳以臻	Female Youth 14	800m