

2026 Duathlon Series Awards

Awards Categories

Challenge Distance	
Male Age Group 20-24	Female Age Group 20-24
Male Age Group 25-29	Female Age Group 25-29
Male Age Group 30-34	Female Age Group 30-34
Male Age Group 35-39	Female Age Group 35-39
Male Age Group 40-44	Female Age Group 40-44
Male Age Group 45-49	Female Age Group 45-49
Male Age Group 50-54	Female Age Group 50-54
Male Age Group 55-59	Female Age Group 55-59
Male Age Group 60-64	Female Age Group 60-64
Male Age Group 65 & Over	Female Age Group 65 & Over
Male Age Group 65-69 (B)	Female Age Group 65-69 (B)
Male Age Group 70 & Over (B)	Female Age Group 70 & Over (B)
Sprint Distance	
Male Elite Open	Female Elite Open
Male Elite Junior 1	Female Elite Junior 1
Male Elite Junior 2	Female Elite Junior 2
Male Junior 1	Female Junior 1
Male Junior 2	Female Junior 2
Male Age Group 20-29 (A)	Female Age Group 20-29 (A)
Male Age Group 30-39 (A)	Female Age Group 30-39 (A)
Male Age Group 40-49 (A)	Female Age Group 40-49 (A)
Male Age Group 50-59 (A)	Female Age Group 50-59 (A)
Male Age Group 60 & Over (A)	Female Age Group 60 & Over (A)
Male Age Group 70 & Over (A)	Female Age Group 70 & Over (A)
Discovery Distance	
Male Elite Youth	Female Elite Youth
Male Youth 1	Female Youth 1
Male Youth 2	Female Youth 2
TriKids Distance	
Male TriKids 1	Female TriKids 1
Male TriKids 2	Female TriKids 2

Remark:

A: DU1, DU2

B: DU 3

2026 Duathlon Series – Eligible Races and Distance

Date	Event	Venue	Point
25 January 2026	2026 Duathlon Series – Race 1	Plover Cove Tai Mei Tuk	1
8 March 2026	2026 Duathlon Series – Race 2	Plover Cove Tai Mei Tuk	1
19 July 2026	2026 Duathlon Series – Race 3	Po Kong Village Road Park	1

Event	Elite Open	Elite Junior	Elite Youth	Age Group (Long Distance)	Age Group (Short Distance)	Junior 1/2	Youth 1/2	TriKids 1/2
2026 Duathlon Series – Race 1	Sprint	Sprint	Discovery	Challenge	Sprint	Sprint	Discovery	TriKids
2026 Duathlon Series – Race 2	Sprint	Sprint	Discovery	Challenge	Sprint	Sprint	Discovery	TriKids
2026 Duathlon Series – Race 3	Sprint	Sprint	Discovery	Challenge	Challenge	Sprint	Discovery	TriKids

- Trophies will be awarded to the top 3 competitors with the highest overall score in each category. These trophies will be presented at the Annual Award Ceremony.
- Athletes must have participated in both of the above races to be eligible for the award. If either of the two races is canceled for any reason, there will not be an award for the 2026 Duathlon Series.
- Score for the winner of each race will be 100.
- Score for other participants who finished in that race will be $(n-x)$ divided by 'n' times 100%; with 'n' being the total number of finishers in that race and 'x' being the position of that participant minus one.
- The overall ranking in each category will be determined by adding the scores obtained (The athlete with the highest total score will be the winner.)
- In the event, one or more participants having the same total score, the participants who finished in a highest number of races will rank in front of the one who finished in lesser number of races.
- In the event, one or more participants having the same total score, the participants who finished in a higher ranking of DU1 races will be the winner.

Aquathlon Series	Duathlon Series	Triathlon Series	Overall Individual Series
Best 3 race result	Best 2 race result	Best 2 race result	Best 2 Aquathlon , 1 Duathlon , 1 Triathlon