

2023 Individual Series Award

First name	Last name	Age category	AQ1	AQ2	AQ3	AQ Champ	AQ Points	Trikids DU1	Trikids DU3	DU1	DU Points	FOS	Summer tri	Tri Champ	Tri Points	total	Pos	Club
<b>CHALLENGE DISTANCE</b>																		
Tammy	TANG	Female Age Group 20-24	100.0	100.0	100.0	100.0	200.0			100.0	100.0	100.0	100.0	100.0	200.0	500.0	1	First Ten Generation Team
Pui Yi Elizabeth	TAM	Female Age Group 50-54	14.3	20.0			34.3			100.0	100.0	75.0		50.0	125.0	259.3	1	Crest Ray Recreation & Sports Club
Ka Nok Carlos	CHENG	Male Age Group 20-24	33.3		66.7	50.0	116.7			100.0	100.0	100.0	75.0	100.0	200.0	416.7	1	Compass Sports Association
Cheuk Kiu Bryan	LIN	Male Age Group 25-29	33.3		75.0		108.3			100.0	100.0	72.7	66.7		139.4	347.7	1	New Sports Triathlon
Thibaud	LEMAIRE	Male Age Group 30-34	90.0	80.0	90.5	100.0	190.5			36.4	36.4		71.4	8.3	79.8	306.6	1	Sonic Sports Association
Tsz Fung	CHIU	Male Age Group 30-34			28.6	28.6	57.1			54.5	54.5		35.7	50.0	85.7	197.4	2	Sonic Sports Association
Sean	MA	Male Age Group 35-39	88.2	92.3	86.7	87.5	180.5			60.0	60.0	71.4	76.9		148.4	388.9	1	
Gump	WONG YUK HEI	Male Age Group 40-44		82.4	81.8	66.7	164.2			100.0	100.0		83.3	86.7	170.0	434.2	1	
Jim	TSANG	Male Age Group 40-44	84.6	70.6	54.5		155.2			60.0	60.0	89.3	72.2		161.5	376.7	2	Alpha Zone Sports
Pak-Fai	CHAN	Male Age Group 45-49		68.8	77.8		146.5			54.5	54.5	70.8	73.3		144.2	345.2	1	
Chi Lai Anthony	LAI	Male Age Group 45-49		43.8	44.4	45.5	89.9			45.5	45.5	45.8	40.0	56.3	102.1	237.4	2	Sonic Sports Association
Ka On	YIU	Male Age Group 50-54	20.0	42.9	28.6	50.0	92.9			16.7	16.7		60.0	50.0	110.0	219.5	1	Sonic Sports Association
Ma Chi Po	MA	Male Age Group 55-59	75.0	71.4	54.5	57.1	146.4			100.0	100.0	94.4	90.0	100.0	194.4	440.9	1	New Sports Triathlon
Man Kwong	CHEUNG	Male Age Group 55-59	62.5		63.6	42.9	126.1			60.0	60.0	88.9	60.0	83.3	172.2	358.4	2	Mango Swimming Club
Kin Keung	LEUNG	Male Age Group 55-59	37.5	28.6	45.5	28.6	83.0			80.0	80.0	38.9	40.0	50.0	90.0	253.0	3	Energetic Triathlon Shatin
Chung Ming	LEONG	Male Age Group 55-59			18.2	14.3	32.5			20.0	20.0	27.8	20.0	33.3	61.1	113.6	4	
Ying Ho	LEE	Male Age Group 60-64	75.0		100.0		175.0			50.0	50.0	66.7		100.0	166.7	391.7	1	Sonic Sports Association
King Yuen	CHAN	Male Age Group 65 & Over	57.1	75.0	66.7	60.0	141.7			100.0	100.0	100.0	100.0	100.0	200.0	441.7	1	New Sports Triathlon
Fai Ming	CHAN	Male Age Group 65 & Over	42.9	50.0	55.6	40.0	105.6			66.7	66.7	25.0	66.7	50.0	116.7	288.9	2	AustSports Association
Shing Him	YU	Male Elite Open	100.0	100.0	100.0	100.0	200.0			100.0	100.0	100.0	100.0	100.0	200.0	500.0	1	Energetic Triathlon Shatin
Ho Kwan	CHAN	Male Elite Open	33.3	50.0	20.0	66.7	116.7			50.0	50.0	33.3	20.0	50.0	83.3	250.0	2	New Sports Triathlon
<b>SPRINT DISTANCE</b>																		
Hiu Tung	TANG	Female Junior 1	50.0	100.0	100.0	75.0	200.0			100.0	100.0	100.0		100.0	200.0	500.0	1	
Nicole	CHAU	Female Junior 1	100.0	77.8	66.7	100.0	200.0			33.3	33.3		100.0	33.3	133.3	366.7	2	
Rachel Kwan Kiu	WONG	Female Junior 1			16.7	25.0	41.7			66.7	66.7		50.0	66.7	116.7	225.0	3	AustSports Association
Pu Chak	YUNG	Male Elite Junior 1	66.7	100.0		71.4	171.4			71.4	71.4	77.8	80.0	54.5	157.8	400.6	1	The Little Dolphin Swimming Training Center
Tsz Hin	YIP	Male Elite Junior 1			57.1	85.7	142.9			85.7	85.7		70.0	81.8	151.8	380.4	2	Energetic Triathlon Shatin
Pak Yiu Anson	WONG	Male Elite Junior 1	100.0	83.3		28.6	183.3			50.0	50.0	44.4	100.0	45.5	145.5	378.8	3	First Ten Generation Team
Wai Chun	TSANG	Male Elite Junior 1	83.3	66.7	28.6	57.1	150.0			21.4	21.4		30.0	27.3	57.3	228.7	4	AustSports Association
Hin Ching Cyrus	LO	Male Elite Junior 1	33.3	50.0			83.3			78.6	78.6	33.3	10.0	18.2	51.5	213.4	5	Energetic Triathlon Shatin
Lok Chun Andrew	KWAN	Male Elite Junior 1		33.3		14.3	47.6			14.3	14.3	11.1		9.1	20.2	82.1	6	
Yan Ho Philip	CHU	Male Elite Junior 2			100.0	100.0	200.0			50.0	50.0	50.0	66.7	50.0	116.7	366.7	1	South China Athletic Association
Po Shun	YICK	Male Junior 1	80.0		100.0	100.0	200.0			42.9	42.9	42.9	100.0	75.0	175.0	417.9	1	Sparkle Triathlon
Yu Chak	CHOW	Male Junior 1	60.0		66.7	87.5	154.2			35.7	35.7	28.6	66.7	100.0	166.7	356.5	2	Crest Ray Recreation & Sports Club
Tsun Kiu	LUI	Male Junior 2	100.0		100.0	100.0	200.0			100.0	100.0	50.0		100.0	150.0	450.0	1	Compass Sports Association
<b>DISCOVERY DISTANCE</b>																		
Judy	YEUNG	Female Age Group 30-39			83.3	75.0	158.3			66.7	66.7	71.4		50.0	121.4	346.4	1	Sonic Sports Association
Shuk Han Karen	LUI	Female Age Group 50-59	100.0		100.0	100.0	200.0			100.0	100.0	100.0	100.0	100.0	200.0	500.0	1	Energetic Triathlon Shatin
Lai Ki Nicole	MAN	Female Elite Youth		85.7	100.0		185.7			60.0	60.0	100.0	100.0	100.0	200.0	445.7	1	Energetic Triathlon Shatin
Wan Tung	WONG	Female Elite Youth	75.0	57.1	80.0		155.0			100.0	100.0	50.0	28.6	57.1	107.1	362.1	2	Energetic Triathlon Shatin
Hayley	TSANG	Female Elite Youth	50.0	14.3		50.0	100.0			80.0	80.0	66.7	71.4	71.4	142.9	322.9	3	Energetic Triathlon Shatin
Lok Tung	WONG	Female Elite Youth	25.0	42.9	40.0		82.9			40.0	40.0	33.3	57.1	42.9	100.0	222.9	4	
Oi Yin	CHAN	Female Elite Youth		28.6	20.0	25.0	53.6			20.0	20.0		14.3	28.6	42.9	116.4	5	

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Chun Ting Timothy	HO	Male Age Group 30-39	100.0		100.0	100.0	200.0			54.5	54.5		100.0	100.0	200.0	454.5	1	Energetic Triathlon Shatin
Hon Suen	MOK	Male Age Group 40-49	56.7	39.1	65.2	75.0	140.2			80.0	80.0	88.5	75.0		163.5	383.7	1	
Shu Wah Jimmy	WAN	Male Age Group 50-59	88.9	100.0	100.0	100.0	200.0			100.0	100.0	100.0	100.0	100.0	200.0	500.0	1	Energetic Triathlon Shatin
Vincent	LEE	Male Age Group 50-59		90.9	70.0		160.9			87.5	87.5	83.3	88.9	87.5	176.4	424.8	2	AustSports Association
Kwong Leung	CHENG	Male Age Group 50-59	44.4		20.0		64.4			37.5	37.5	33.3	55.6	50.0	105.6	207.5	3	
Yin Cheong	WONG	Male Age Group 60 & Over	66.7	66.7	50.0	100.0	166.7			100.0	100.0	85.7	80.0	100.0	185.7	452.4	1	Energetic Triathlon Shatin
Nok Hei	WONG	Male Elite Youth	100.0		90.0	88.9	190.0			100.0	100.0	100.0	100.0	100.0	200.0	490.0	1	
Ka Hei Cyrus	CHAN	Male Elite Youth	66.7		70.0	55.6	136.7			60.0	60.0	33.3	88.9	50.0	138.9	335.6	2	
Lok Shi	LAM	Male Elite Youth	83.3		100.0	100.0	200.0			40.0	40.0	66.7		12.5	79.2	319.2	3	Energetic Triathlon Shatin
Aitan	GOLDBERG	Male Elite Youth	33.3			66.7	100.0			50.0	50.0		77.8	75.0	152.8	302.8	4	Energetic Triathlon Shatin
Tsun Fung	YIM	Male Elite Youth			40.0	33.3	73.3			90.0	90.0	83.3	44.4		127.8	291.1	5	Sparkle Triathlon
Pak Long	LAI	Male Elite Youth			30.0	44.4	74.4			80.0	80.0		66.7	37.5	104.2	258.6	6	Sparkle Triathlon
Auscar	TSANG	Male Elite Youth			20.0	11.1	31.1			20.0	20.0		33.3	87.5	120.8	171.9	7	Energetic Triathlon Shatin
Yui Hei Mason	CHAN	Male Elite Youth			10.0	22.2	32.2			10.0	10.0		11.1	25.0	36.1	78.3	8	Energetic Triathlon Shatin
Yan Tao	SHUM	Boys 2008	100.0		100.0	100.0	200.0		75.0		75.0	84.2	100.0	100.0	200.0	475.0	1	
Tsz Him	MOK	Boys 2008	85.7		80.0	50.0	165.7	41.7	41.7	66.7	66.7	57.9	69.2	45.5	127.1	359.5	2	
Chi Him Ryan	YAU	Boys 2008	57.1		60.0	75.0	135.0	25.0	58.3	50.0	58.3	42.1	53.8	72.7	126.6	319.9	3	
Chun Max	TAI	Boys 2008	71.4		40.0		111.4			33.3	33.3	63.2	30.8	54.5	117.7	262.5	4	Pro-trinity Sports Club
Chun Ming Marcus	WU	Boys 2008			20.0	25.0	45.0		33.3	16.7	33.3		23.1	18.2	41.3	119.6	5	
Tin Chak	WONG	Boys 2009	80.0		100.0	71.4	180.0	87.5	100.0	100.0	100.0	89.5	92.3	90.9	183.2	463.2	1	
Chun Hei	WONG	Boys 2009	100.0		66.7	100.0	200.0	50.0	57.1	80.0	80.0	52.6	76.9		129.6	409.6	2	The Little Dolphin Swimming Training Center
Ching Ho	KWOK	Boys 2009	60.0		88.9	85.7	174.6	62.5	42.9		62.5	78.9	84.6	81.8	166.4	403.5	3	Crest Ray Recreation & Sports Club
Pak Lam Cass	MAN	Boys 2009	40.0		33.3		73.3	37.5		60.0	60.0	15.8	38.5	36.4	74.8	208.2	4	AustSports Association
Mathis Hin Lun	SHUM	Boys 2010	94.1		87.5	100.0	194.1	75.0	61.5	100.0	100.0	65.4	78.6	54.5	144.0	438.1	1	
Lucas	WONG	Boys 2010	47.1		37.5	66.7	113.7	68.8	69.2	66.7	69.2	80.8	64.3	45.5	145.1	328.0	2	Energetic Triathlon Shatin
Hong Nam	LAU	Boys 2010	52.9		75.0	88.9	163.9	43.8	38.5		43.8	73.1	36.4		109.4	317.1	3	Alpha Zone Sports
Pak Hei	CHAN	Boys 2010	23.5			44.4	68.0	31.3	46.2	50.0	50.0	42.3	50.0		92.3	210.3	4	
Chak Yan Bosco	WAN	Boys 2011	100.0		100.0	100.0	200.0	100.0	100.0	100.0	100.0	96.2	100.0	100.0	200.0	500.0	1	Energetic Triathlon Shatin
Cheuk Kiu	NG	Boys 2011	71.4		83.3	91.7	175.0	81.8	77.8	85.7	85.7	88.5	92.9		181.3	442.0	2	Energetic Triathlon Shatin
Tze Kiu	TAM	Boys 2011	92.9		91.7	75.0	184.5	90.9	66.7		90.9	57.7		90.9	148.6	424.0	3	Energetic Triathlon Shatin
Ian Chi Yan	CHUNG	Boys 2011	85.7		66.7	83.3	169.0	72.7	33.3	71.4	72.7	84.6	85.7	81.8	170.3	412.1	4	Sparkle Triathlon
Tsz Long	CHAN	Boys 2011	78.6		58.3	66.7	145.2	63.6	88.9	57.1	88.9	69.2	71.4	72.7	144.2	378.3	5	Energetic Triathlon Shatin
Cheuk Yin Desmond	CHAU	Boys 2011	64.3		50.0	58.3	122.6	36.4	55.6	42.9	55.6	76.9	57.1	63.6	140.6	318.7	6	Energetic Triathlon Shatin
Yat Hay Sky	CHAN	Boys 2011	28.6		25.0	33.3	61.9	54.5	11.1	14.3	54.5	46.2	14.3	27.3	73.4	189.9	7	Energetic Triathlon Shatin
Yi Chun	CHAN	Girls 2010	50.0		25.0		75.0	50.0		33.3	50.0	66.7	60.0	50.0	126.7	251.7	1	AustSports Association
Heulwen	CHAU	Girls 2011	100.0		66.7	60.0	166.7	100.0	100.0	100.0	100.0	100.0	80.0	100.0	200.0	466.7	1	Energetic Triathlon Shatin
<b>TRIKIDS DISTANCE</b>																		
Chun Ching	TING	Boys 2012	100.0		100.0	100.0	200.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	200.0	500.0	1	Sparkle Triathlon
Leong Yin	AU	Boys 2012	57.1		85.7	77.8	163.5	78.6	77.8	70.0	78.6	92.0	92.3	94.7	187.0	429.1	2	Sparkle Triathlon
Cheuk Yat Julien	WONG	Boys 2012	85.7		71.4	55.6	157.1	85.7	66.7	90.0	90.0	96.0	84.6	73.7	180.6	427.8	3	Sparkle Triathlon
Yui Hang	CHOI	Boys 2012	64.3		78.6	88.9	167.5		44.4	80.0	80.0	48.0		84.2	132.2	379.7	4	
Cheuk Nam Janko	AU	Boys 2012	71.4		50.0	44.4	121.4		55.6		55.6	84.0	61.5	63.2	147.2	324.1	5	Energetic Triathlon Shatin
San Mau Jacob	MAK	Boys 2013	100.0		91.7	100.0	200.0	100.0		90.0	100.0	80.0		78.9	158.9	458.9	1	Sparkle Triathlon
Pak Long Casper	CHAN	Boys 2013	94.7		83.3	90.9	185.6	83.3	100.0	50.0	100.0		69.2	89.5	158.7	444.4	2	Energetic Triathlon Shatin
Chun Him Louis	WONG	Boys 2013	73.7		75.0		148.7	94.4	88.9	100.0	100.0	76.0	76.9	68.4	152.9	401.6	3	Energetic Triathlon Shatin
Lap Yan	KEI	Boys 2013	52.6		58.3	81.8	140.2	77.8		80.0	80.0	72.0	46.2	52.6	124.6	344.8	4	Sparkle Triathlon
Damon	LAU	Boys 2013	78.9			72.7	151.7		55.6	60.0	60.0	72.0	46.2	52.6	124.6	336.3	5	Energetic Triathlon Shatin
Yat Long Jay	CHAN	Boys 2014	87.5		75.0	100.0	187.5	100.0	93.3	100.0	100.0	90.9	100.0	100.0	200.0	487.5	1	Energetic Triathlon Shatin
Chun Yin Jairus	LAI	Boys 2014	100.0		91.7	72.7	191.7	72.2	46.7	87.5	87.5	100.0		85.7	185.7	464.9	2	Sparkle Triathlon

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Hok Sum	AU	Boys 2014	75.0		66.7	45.5	141.7	61.1	80.0	62.5	80.0	72.7	75.0	78.6	153.6	375.2	3	Sparkle Triathlon
Nok Norman	CHAN	Boys 2014			41.7	18.2	59.8	88.9	73.3	50.0	88.9	54.5	33.3	64.3	118.8	267.6	4	The Little Dolphin Swimming Training Center
Chung Yu	WONG	Boys 2014			50.0	36.4	86.4			37.5	37.5	45.5	50.0	42.9	95.5	219.3	5	Energetic Triathlon Shatin
Lok Tin Mike	MAN	Boys 2014	50.0		25.0		75.0	16.7			16.7	9.1	16.7	14.3	31.0	122.6	6	AustSports Association
Chi Yin Ivin	CHUNG	Boys 2015	80.0		100.0	100.0	200.0	78.6	70.0	60.0	78.6	63.6	83.3	71.4	154.8	433.3	1	Sparkle Triathlon
Chun Kiu	YU	Boys 2015	60.0		60.0	80.0	140.0	92.9	100.0	100.0	100.0	81.8	91.7	92.9	184.5	424.5	2	Sparkle Triathlon
Hiu Yau	YEUNG	Girls 2012	100.0		100.0	100.0	200.0	60.0	100.0	100.0	100.0	83.3	75.0	80.0	163.3	463.3	1	
Cin Yee Cydnee	CHUNG	Girls 2013	100.0		100.0	100.0	200.0	100.0	100.0	100.0	100.0	66.7	100.0	100.0	200.0	500.0	1	Sparkle Triathlon
Ceinwen	CHAU	Girls 2014	50.0		85.7	100.0	185.7	87.5	40.0	100.0	100.0	77.8	71.4	80.0	157.8	443.5	1	Energetic Triathlon Shatin
Lok Yin Alicia	LAU	Girls 2014	33.3		28.6		61.9	100.0	100.0		100.0	88.9		90.0	178.9	340.8	2	The Little Dolphin Swimming Training Center
Chin Yui	CHAN	Girls 2014	100.0		100.0		200.0	25.0			25.0	66.7	42.9	40.0	109.5	334.5	3	AustSports Association
Keira Joy	LEUNG	Girls 2014	83.3		42.9		126.2	75.0	80.0		80.0	44.4	57.1	60.0	117.1	323.3	4	First Ten Generation Team
Hei Kiu	NG	Girls 2014	66.7		57.1		123.8	37.5			37.5	55.6	28.6	30.0	85.6	246.9	5	AustSports Association
Ka Pik Abigail	MAK	Girls 2015	100.0		100.0	100.0	200.0	100.0	83.3	100.0	100.0	100.0	100.0	100.0	200.0	500.0	1	Sparkle Triathlon
Cheryl	LAU	Girls 2015	75.0		80.0	50.0	155.0	83.3			83.3	33.3	85.7	70.0	155.7	394.0	2	First Ten Generation Team