

Race No	Heat	Time	English Name	Chinese Name	gender	Category	distance	Category
701	1	06:00	Cheung Heidi	張凱堤	F	Female 13	Run	800m RS
702	1	06:00	Leung Hiu Tung	梁曉彤	F	Female Youth 14	Run	800m NDS 800m
703	1	06:00	Chan Yi Chun	陳以臻	F	Female Youth 14	Run	800m NDS
704	1	06:00	LEUNG KAI HEI	梁啟希	M	Male 13	Run	800m RS
705	1	06:00	Wong Chung Yu	王誦瑜	M	Male 10	Run	800m RS
706	1	06:00	Chun Cheuk Long	陳卓朗	M	Male Youth 14	Run	800m NDS
707	1	06:00	NGAN Shing Hei	顏承希	M	Male 13	Run	800m RS
708	2	06:10	Wu Chun Ming Marcus	胡晉銘	M	Male Elite Junior 16	Run	1500m NDS
709	2	06:10	Lee Hoi Jin	李鎧靖	M	Male Youth 13 & below	Run	1500m NS 800m
710	2	06:10	AU CHEUK NAM JANKO	區卓嵐	M	Male Youth 13 & below	Run	1500m NS
711	2	06:10	Edison Wong	黃子健	M	Male Youth 14	Run	1500m NS
712	2	06:10	Wong Lucas	王諾	M	Male Youth 14	Run	1500m NS
713	2	06:10	Lam Yat Long	林日朗	M	Male Youth 15	Run	1500m NS
714	2	06:10	Chang Hao Che	張浩哲	M	Male Youth 13 & below	Run	1500m NS 800m
715	2	06:10	Alban Modiano	安班	M	Male Youth 14	Run	1500m NS
716	2	06:10	Cheung Wai Ching Jesse	張維正	M	Male Youth 15	Run	1500m NS
717	2	06:10	Kwok Ching Ho	郭鈺灝	M	Male Youth 15	Run	1500m NS
718	2	06:10	Chan Wai Yin	陳章茲	M	Male Youth 15	Run	1500m NS
719	3	06:20	Lo Cheuk Yat	盧卓逸	F	Female 20	Run	3000m NS
720	3	06:20	Lam Hoi Ching	林海靖	F	Female Elite Junior 19	Run	3000m NS
721	3	06:20	Chan Ho Kwan	陳灝鈞	M	Male 21	Run	3000m NS
722	3	06:20	Au Yeung Siu Wo	歐陽兆和	M	Male Elite Junior 19	Run	3000m NS
723	3	06:20	Yau Chi Him Ryan	丘志謙	M	Male Elite junior 16	Run	3000m NS 1500m
724	3	06:20	Chow Yu Chak	周雨澤	M	Male Elite Junior 17	Run	3000m NS
725	3	06:20	Charlotte Hall	賀思樂	F	Female 21	Run	3000m NS
726	3	06:20	Tsang Cheung Sing Nicholas	曾祥星	M	Male Elite	Run	3000m NS