

2023 Benchmarking - Swim List (21 October 2023)

Race No	Heat	Start Time	Lane	Name(ENG)	Name(CHN)	Category	Swim	Remarks
288	1	13:00	0	Chan Ka Hei Cyrus	陳家晞	Male Youth 15	200m	NS
252	1	13:00	1	Yu Shing Him	余承謙	Male Elite	800m	NS
253	1	13:00	2	Tsang Cheung Sing Nicholas	曾祥星	Male U23	800m	NS
254	1	13:00	3	Hung Tik Long	洪迪朗	Male U23	800m	NS
255	1	13:00	4	Chan Ho Kwan	陳灝鈞	Male U23	800m	NS
256	1	13:00	5	Cho Wing To Cheri	曹詠淘	Female U23	800m	NS
275	1	13:00	6	Au-Yeung Siu-Wo Nathan	歐陽兆和	Male Elite Junior 18	400m	NS
257	1	13:00	7	Tang Hiu Tung	鄧曉桐	Female Elite Junior 17	400m/200	NS
643	1	13:00	8	Lun Anson	倫柏翹	Female Elite Junior 16	400m	NS
270	2	13:15	1	Chow Yu Chak	周雨澤	Male Elite Junior 16	400m/200	NS
274	2	13:15	2	Mok Pak Fan	莫柏勛	Male Elite Junior 16	400m	NS
644	2	13:15	3	Yip Tak Long	葉德朗	Male Elite Junior 19	400m	NS
273	2	13:15	4	Yung Pu Chak	翁溥澤	Male Elite Junior 16	400m	NS
272	2	13:15	5	Yick Po Shun Yemi	易甫鏞	Male Elite Junior 16	400m	NS
271	2	13:15	6	Wong Pak Yiu Anson	黃栢堯	Male Elite Junior 16	400m	NS
269	2	13:15	7	Dominic WT Carson	簡焯晉	Male Elite Junior 16	400m	NS
268	2	13:15	8	Kwan Lok Chun Andrew	關樂晉	Male Elite Junior 17	400m	NS
267	2	13:15	9	Lui Tsun Kiu	呂峻翹	Male Elite Junior 18	400m	NS
266	3	13:23	0	Chan Yui Fung	陳睿烽	Male Elite Junior 17	400m	NS
265	3	13:23	1	Lo Hin Ching	盧衍澄	Male Elite Junior 17	400m	NS
264	3	13:23	2	Yip Tsz Hin	葉子軒	Male Elite Junior 17	400m	NS
263	3	13:23	3	Wan Chak Lam	溫澤林	Male Elite Junior 17	400m	NS
262	3	13:23	4	Tsang Wai Chun	曾漳潛	Male Elite Junior 17	400m	NS
261	3	13:23	5	Fok Wang Hin Ian	霍泓軒	Male Elite Junior 17	400m	NS
260	3	13:23	6	Wong Ka Ho	黃嘉豪	Male Elite Junior 17	400m	NS
259	3	13:23	7	Chu Yan Ho	朱昕浩	Male Elite Junior 18	400m	NS
258	3	13:23	8	Chan Pak Hoi	陳柏愷	Male Elite Junior 18	400m	NS
309	4	13:31	1	Lam King Sing Kurtis	林敬昇	Male Youth 13 & below	200m	NS
308	4	13:31	2	Chung Chi Yan Ian	鍾智仁	Male Youth 13 & below	200m	NS
307	4	13:31	3	Wan Chak Yan Bosco	溫澤仁	Male Youth 13 & below	200m	NS
306	4	13:31	4	Tam Tze Kiu	譚子翹	Male Youth 13 & below	200m	NS
305	4	13:31	5	Kwan Ho Ming Ethan	關浩名	Male Youth 13 & below	200m	NS
303	4	13:31	6	Edison Wong	黃子健	Male Youth 13 & below	200m	NS
302	4	13:31	7	Chan Yui Hei Mason	陳睿浠	Male Youth 13 & below	200m	NS
301	4	13:31	8	Ting Ngai Chun	丁毅臻	Male Youth 13 & below	200m	NS
300	4	13:31	9	Cheung Wai Ching Jesse	張維正	Male Youth 14	200m	NS
299	5	13:37	0	Au Ho Chun	區皓駿	Male Youth 14	200m	NS
298	5	13:37	1	Kwok Ching Ho	郭鈺灝	Male Youth 14	200m	NS
297	5	13:37	2	Wong Chun Hei	黃俊偉	Male Youth 14	200m	NS
296	5	13:37	3	Tsang Auscar	曾竟瑋	Male Youth 15	200m	NS
295	5	13:37	4	Wong Nok Hei	王諾熙	Male Youth 15	200m	NS
294	5	13:37	5	Lam Lok Shi	林樂仕	Male Youth 15	200m	NS
293	5	13:37	6	Yim Tsun Fung	嚴浚鋒	Male Youth 15	200m	NS
290	5	13:37	7	Aitan Hilton Goldberg	-	Male Youth 15	200m	NS
289	5	13:37	8	Lai Pak Long	黎柏朗	Male Youth 15	200m	NS

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279	6	13:43	1	Sarah Modiano		Female Youth 14	200m	NS
278	6	13:43	2	Petra Stamenovic	-	Female Youth 15	200m	NS
277	6	13:43	3	Wong Wan Tung	黃允彤	Female Youth 15	200m	NS
276	6	13:43	4	Man Lai Ki Nicole	文麗淇	Female Youth 15	200m	NS
283	6	13:43	5	Ng Yuet Hei	吳悅曦	Female Youth 13 & below	200m	NS
282	6	13:43	6	Tsang Hayley	曾熹兒	Female Youth 14	200m	NS
281	6	13:43	7	Chan Oi Yin	陳愛妍	Female Youth 14	200m	NS
280	6	13:43	8	Wong Lok Tung	王樂彤	Female Youth 14	200m	NS
286	6	13:43	9	Lam Hoi Ching	林海晴	Female Elite Junior 18 & above	200m	NDS
645	7	13:49	0	Lau Hong Nam	劉康楠	Male Youth 13 & below	200m	NS
311	7	13:49	1	Chau Cheuk Yin Desmond	周卓賢	Male Youth 13 & below	200m	NS
310	7	13:49	2	Ting Chun Ching	丁進澄	Male Youth 13 & below	200m	NS
312	7	13:49	3	Ng Cheuk Kiu	吳卓翹	Male Youth 13 & below	200m	NDS
292	7	13:49	4	Yau Chi Him	丘志謙	Male Youth 15	200m	NS
291	7	13:49	5	Shum Yan Tao	沈恩途	Male Youth 15	200m	NS
315	7	13:49	6	Wu Chun Ming	胡晉銘	Male Youth 15	200m	NDS
314	7	13:49	7	Tai Chun Max	戴晉	Male Youth 15	200m	NDS
313	7	13:49	8	Kei Yin	紀彥	Male Elite Junior 16	200m	NDS
287	7	13:49	9	Wong Kai Yin	黃啟彥	Male Elite Junior 18 & above	200m	NDS
316	8	13:55	1	Mok Tsz Him	莫子謙	Male 15	200m	RS
324	8	13:55	2	Chan Wai Yin	陳韋弦	Male Youth 14	200m	RS
323	8	13:55	3	Lam Yat Long	林日朗	Male Youth 14	200m	RS
322	8	13:55	4	Won Chan Lok Ki	陳樂錡	Male Youth 14	200m	RS
321	8	13:55	5	Man Pak Lam Cass	文柏藍	Male Youth 14	200m	RS
285	8	13:55	6	Chung Cin Yee Cydnee	鍾倩兒	Female Youth 13 & below	200m	NS
284	8	13:55	7	Yeung Hiu Yau	楊曉悠	Female Youth 13 & below	200m	NS
348	8	13:55	8	Ho Kei Yan Yannette	何其殷	Female 11	200m	RS
347	8	13:55	9	Ma Yi	馬懿	Female 11	200m	RS
346	9	14:01	0	Chan Yi Chun	陳以臻	Female Youth 13	200m	RS
345	9	14:01	1	Chau Heulwen	周焯慧	Female Youth 12	200m	RS
327	9	14:01	2	Wong Lucas	王諾	Male 13	200m	RS
326	9	14:01	3	Chan Pak Hei	陳柏僖	Male 13	200m	RS
325	9	14:01	4	Tai Chak Marc	戴澤	Male 13	200m	RS
320	9	14:01	5	Shum Mathis Hin Lun	沈衍輪	Male Youth 13	200m	RS
319	9	14:01	6	Lau Yik Hei	劉奕希	Male Youth 12	200m	RS
318	9	14:01	7	Chan Yat Hay Sky	陳逸希	Male Youth 12	200m	RS
317	9	14:01	8	Chan Tsz Long	陳子朗	Male Youth 12	200m	RS
344	10	14:07	2	Chet Yung	翁節	Male 10	200m	RS
343	10	14:07	3	Chan Oi Hei	陳愛希	Male 10	200m	RS
342	10	14:07	4	Sou Yui Him	蘇睿謙	Male 10	200m	RS
341	10	14:07	5	Kei Lap Yan	紀立人	Male 10	200m	RS
340	10	14:07	6	Fok Shing Hang	霍承亨	Male 10	200m	RS
339	10	14:07	7	Chaska Poon	方俊匡	Male 10	200m	RS
338	10	14:07	8	Chan Pak Long	陳柏朗	Male 10	200m	RS

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337	10	14:07	9	Mak San Mau Jacob	麥宸畝	Male 10	200m	RS
336	11	14:13	0	Damon Lau Sze Chai	劉思齊	Male 10	200m	RS
335	11	14:13	1	Wong Chun Him Louis	黃俊謙	Male 10	200m	RS
333	11	14:13	2	Choi Yui Hang	蔡睿珩	Male 11	200m	RS
332	11	14:13	3	Cheong Chun Lam	張晉霖	Male 11	200m	RS
331	11	14:13	4	Cheung Tsz Wun Xavier	張子恒	Male 11	200m	RS
330	11	14:13	5	Chang Hao Che	張浩哲	Male 11	200m	RS
329	11	14:13	6	Au Leong Yin	歐亮言	Male 11	200m	RS
328	11	14:13	7	Au Cheuk Nam Janko	區卓嵐	Male 11	200m	RS