

2022 Benchmarking Result - 3 July and 9 July 2022

Race No	Heat	Start time	Name(ENG)	Name(CHN)	Gender	Category	Swim 400m	Swim 200	Run 800m	Run 1500m	Run 3000m	Remarks
707	2	9:30	Fok Wang Hin Ian	霍泓軒	M	Male 16	04:39.72		02:35.00	04:57.00	10:14.28	Pass NSA
708	2	9:30	Chan Yui Fung	陳睿烽	M	Male 16	04:39.47		02:33.00	04:47.00	09:34.49	Pass NSA
710	2	9:30	Wong Ka Ho Gary	黃嘉豪	M	Male 16	05:06.97		02:34.70	04:48.52	09:34.87	Pass NSA
			Jan Yip	葉進陽	M	Male 16	04:32.00				09:36.00	Pass NSA
715	3	9:40	Kan Carson	簡煒晉	M	Male 15		02:15.61	02:30.00	04:38.52		Pass NSA
717	3	9:40	Wong Pak Yiu Anson	黃栢堯	M	Male 15		02:22.84	02:30.94	04:37.34		Pass NSA
718	3	9:40	Yung Pu Chak	翁溥澤	M	Male 15		02:10.51	02:33.39	04:46.74		Pass NSA
719	3	9:40	Lam Lok Shi	林樂仕	M	Male 14		02:17.66	02:29.29	04:32.76		Pass NSA
720	3	9:40	Yim Tsun Fung	嚴浚鋒	M	Male 14		02:10.05	02:29.29	04:28.24		Pass NSA
721	3	9:40	Wong Nok Hei	王諾熙	M	Male 14		02:21.26	02:29.13	04:36.19		Pass NSA

709	2	9:30	Wan Chak Lam	溫澤林	M	Male 16	04:57.38		02:42.09	05:01.06	10:22.09	Pass NSP
711	2	9:30	Lo Hin Ching	盧衍澄	M	Male 16	05:20.97		02:40.00	05:04.00	10:34.63	Pass NSP
712	2	9:30	Tsang Wai Chun	曾偉晉	M	Male 16	05:18.56		02:35.00	04:48.00	09:43.25	Pass NSP
725	4	9:46	Tsang Kwong Hei Anson	曾廣晞	M	Male 14		02:28.88	02:29.00	04:35.75		Pass NSP
726	4	9:46	Tsang Auscar	曾竟瑋	M	Male 14		02:25.46	02:30.60	04:59.99		Pass NSP
727	4	9:46	Chan Ka Hei Cyrus	陳家晞	M	Male 14		02:31.01	02:29.11	04:36.42		Pass NSP
752	6	10:00	Lun Anson	倫柏翹	F	Female 15		02:46.13	02:50.27	05:19.65		Pass NSP
753	6	10:00	Wong Wan Tung	黃允彤	F	Female 14		02:43.57	02:55.50	05:45.46		Pass NSP

704	1	9:20	Chu Yan Ho	朱昕浩	M	Male 17	05:29.96	02:36.66	02:34.02	04:47.52	09:57.98	Pass NDS
706	1	9:20	Chan Pak Hoi	陳柏愷	M	Male 17	04:43.42	02:15.19	02:40.48	05:04.72	10:39.43	Pass NDS
714	2	9:30	Kwan Lok Chun Andrew	關樂晉	M	Male 16	05:16.87	02:29.99	02:36.19	05:02.60	10:47.91	Pass NDS
716	3	9:40	Mok Pak Fan	莫柏勛	M	Male 15		02:32.98	02:29.00	04:36.84		Pass NDS
729	5	9:53	Au Ho Chun	區皓駿	M	Male 13		02:53.21	02:30.14	04:49.64		Pass NDS
730	5	9:53	Ting Ngai Chun	丁毅臻	M	Male 12		02:44.97	02:25.09			Pass NDS
738	5	9:53	Chan Yui Hei Mason	陳睿浠	M	Male 12		02:42.60	02:43.29			Pass NDS
754	6	10:00	Chan Oi Yin	陳愛研	F	Female 13		02:42.09	03:05.43	05:59.74		Pass NDS
755	6	10:00	Wong Lok Tung	王樂彤	F	Female 13		02:43.86	03:11.26	06:33.89		Pass NDS
756	6	10:00	Tsang Hayley	曾熹兒	F	Female 13		03:02.81	02:55.75	05:44.39	08:57.07	Pass NDS
759	6	10:00	Anika Gretchen Yang	楊莉婷	F	Female 13		03:01.00	03:00.49			Pass NDS

728	5	9:53	Michael Clark		M	Male 14		03:13.08	02:21.2			Pass RS
745	5	9:53	Ng Cheuk Kiu	吳卓翹	M	Male 11		03:18.96	02:43.19			Pass RS
746	5	9:53	Wan Chak Yan, Bosco	溫澤仁	M	Male 11		02:42.79	02:33.61			Pass RS
748	5	9:53	Tam Tze Kiu	譚子翹	M	Male 11		03:02.90	02:42.61			Pass RS
751	5	9:53	Chau Cheuk Yin Desmond	周卓賢	M	Male 11		02:56.88	03:06.23			Pass RS

2022 Benchmarking Result - 3 July and 9 July 2022

724	4	9:46	Shaun Chan	陳梓豪	M	Male 15	02:40.59		02:29.91	05:21.31		Pass RS
701	1	9:20	Kwan Tsz Fung Jeffrey	關梓烽	M	Male 19	06:23.01	02:57.12	02:34.77	04:50.51	10:20.07	Fail NSA
702	1	9:20	Lun Paco Pak Hou	倫柏灝	M	Male 19	05:21.95	02:34.95	02:41.33	05:19.64	11:42.36	Fail NSA
703	1	9:20	Tsang Kwok Chun	曾國晉	M	Male 18	07:16.00	03:28.69	02:44.18	05:34.01	11:54.73	Fail NSA
705	1	9:20	Leung Lok Hei	梁洛熙	M	Male 17	05:01.14	02:18.44	02:41.04	05:27.03	12:21.43	Fail NSA
758	6	10:00	Tang Hiu Tung	鄧曉桐	F	Female 16	03:02.59		03:03.00	06:00.80		Fail RS
713	2	9:30	Yip Tsz Hin	葉子軒	M	Male 16	05:32.30		02:34.46	04:48.22		
722	4	9:46	Adrian Ng	吳日騫	M	Male 16		02:49.63				
723	4	9:46	Leung Yiu Chun	梁堯晉	M	Male 17	Absence					
757	6	10:00	Wong Yu Ching	黃雨晴	F	Female 16	Absence					
760	6	10:00	Chau Heulwen	周烜慧	F	Female 11	04:22.94					