

2013 Duathlon Series - Race 1 Result

Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	A - Course A - Male Elite Open	226	Tang Ho Fai	00:56:23	00:10:53	00:01:25	00:31:21	00:01:05	00:11:42	Titan Triathlon	7	87.50
2	A - Course A - Male Elite Open	227	Lo Ching Hin, Ivan	00:56:43	00:10:43	00:01:32	00:31:25	00:01:10	00:11:56	South China Athletic Association	6	75.00
3	A - Course A - Male Elite Open	228	Perry Wong	00:56:56	00:10:52	00:01:26	00:31:21	00:01:08	00:12:11	South China Athletic Association	5	62.50
4	A - Course A - Male Elite Open	231	Law Leong Tim	00:56:58	00:10:53	00:01:25	00:31:24	00:01:13	00:12:06	Energetic Triathlon Shatin	4	50.00
5	A - Course A - Male Elite Open	225	Cheung Tak Hei, Arthur	00:59:44	00:11:31	00:01:30	00:30:41	00:01:16	00:14:47	Titan Triathlon	3	37.50
6	A - Course A - Male Elite Open	229	HUI KA WING	01:21:56	00:16:05	00:02:58	00:38:09	00:04:11	00:20:35		2	25.00
7	A - Course A - Male Elite Open	230	Yung Chi Hong	01:25:52	00:16:59	00:03:44	00:41:35	00:02:33	00:21:04		1	12.50
DNS	A - Course A - Male Elite Open	297	Tam Joe Dick									
Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	O - Course A - Male 60 & Over	50	Chan Ho Kee	01:16:40	00:16:55	00:02:06	00:36:46	00:01:36	00:19:19	Titan Triathlon	5	100.00
2	O - Course A - Male 60 & Over	56	Leung Chi Hung Nelson	01:17:46	00:15:36	00:02:02	00:41:04	00:01:38	00:17:29	Energetic Triathlon Shatin	4	80.00
3	O - Course A - Male 60 & Over	54	TSOI HON KUEN	01:22:31	00:17:17	00:02:21	00:40:45	00:01:41	00:20:29	Energetic Triathlon Shatin	3	60.00
4	O - Course A - Male 60 & Over	55	CHAN KING CHE, STEPHEN	01:27:10	00:17:44	00:02:49	00:45:45	00:02:08	00:18:45	Energetic Triathlon Shatin	2	40.00
5	O - Course A - Male 60 & Over	52	Lam Yau Yim	01:29:23	00:16:36	00:02:21	00:48:22	00:02:39	00:19:27		1	20.00
DNS	O - Course A - Male 60 & Over	51	James Stewart									
DNS	O - Course A - Male 60 & Over	53	Lee Wing On									
Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	N - Course A - Male 55-59	48	LAM CHAN FAI	01:10:35	00:14:33	00:02:21	00:36:14	00:01:40	00:15:49	Energetic Triathlon Shatin	7	100.00
2	N - Course A - Male 55-59	42	Wong Kam Tim	01:11:27	00:14:45	00:02:08	00:36:58	00:01:33	00:16:03	Part Time Association	6	85.71
3	N - Course A - Male 55-59	44	Wong Kwok Wah	01:11:34						Titan Triathlon	5	71.43
4	N - Course A - Male 55-59	47	WU CHI WAI	01:13:58	00:15:02	00:02:39	00:37:08	00:01:29	00:17:43		4	57.14
5	N - Course A - Male 55-59	46	Lau Chi Wai	01:17:32	00:17:36	00:02:11	00:35:51	00:01:40	00:20:16		3	42.86
6	N - Course A - Male 55-59	49	Chan Fai Ming	01:27:50	00:18:42	00:02:27	00:44:51	00:01:39	00:20:13	Hope Sport Association	2	28.57
7	N - Course A - Male 55-59	43	Au Yau Kit	01:38:42	00:21:13	00:03:36	00:48:03	00:03:19	00:22:32	AustSports Association	1	14.29
DNF	N - Course A - Male 55-59	45	Tso Chun Bong									
Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	M - Course A - Male 50-54	18	Sung Yan Wah, Danny	01:05:22						Titan Triathlon	25	100.00
2	M - Course A - Male 50-54	28	CHANG KING FU	01:06:17	00:13:35	00:01:59	00:35:04	00:01:22	00:14:19		24	96.00
3	M - Course A - Male 50-54	38	Ho Tak Ming	01:06:18	00:13:11	00:01:56	00:35:37	00:01:19	00:14:16	Energetic Triathlon Shatin	23	92.00
4	M - Course A - Male 50-54	32	Lee Ying Ho	01:06:23	00:13:26	00:02:04	00:35:10	00:01:25	00:14:20	Sonic Sports Association	22	88.00
5	M - Course A - Male 50-54	39	Chan Chu	01:06:50	00:12:56	00:02:31	00:35:22	00:01:24	00:14:40	Energetic Triathlon Shatin	21	84.00
6	M - Course A - Male 50-54	21	Leung Yau Hong	01:07:43	00:13:38	00:01:49	00:35:27	00:01:19	00:15:32	Hope Sport Association	20	80.00
7	M - Course A - Male 50-54	17	Liu Wing Chuen	01:07:43	00:13:37	00:02:13	00:34:23	00:01:36	00:15:55	Titan Triathlon	19	76.00
8	M - Course A - Male 50-54	40	Poon Kwok Wing	01:07:53	00:13:35	00:01:50	00:35:17	00:01:25	00:15:47	Energetic Triathlon Shatin	18	72.00
9	M - Course A - Male 50-54	27	Peter Brown	01:08:54	00:12:56	00:02:25	00:38:07	00:01:18	00:14:09		17	68.00
10	M - Course A - Male 50-54	23	Lee Kwok Ning	01:09:35	00:14:07	00:01:56	00:36:32	00:01:30	00:15:31		16	64.00
11	M - Course A - Male 50-54	19	Wong Yin Cheong	01:10:48	00:15:13	00:01:46	00:36:10	00:01:25	00:16:16	Titan Triathlon	15	60.00
12	M - Course A - Male 50-54	22	Stuart Cranfield	01:12:06	00:15:48	00:02:13	00:35:45	00:01:47	00:16:35		14	56.00
13	M - Course A - Male 50-54	20	Alan Toriggino	01:12:12	00:15:00	00:01:52	00:36:18	00:01:39	00:17:24	Hong Kong Dragons Triathlon	13	52.00
14	M - Course A - Male 50-54	41	Yau Wah	01:13:16	00:15:29	00:02:18	00:35:57	00:01:41	00:17:53	Tung Chung Triathlon Association	12	48.00
15	M - Course A - Male 50-54	37	Chung Lui Hung Lawrence	01:13:41	00:15:28	00:02:04	00:37:27	00:01:36	00:17:08	Energetic Triathlon Shatin	11	44.00
16	M - Course A - Male 50-54	31	Lam Tsz Leung	01:14:16	00:14:04	00:02:15	00:40:10	00:01:58	00:15:51		10	40.00
17	M - Course A - Male 50-54	30	Lam Chi Wing	01:16:56	00:15:50	00:02:30	00:39:11	00:02:08	00:17:18	Part Time Association	9	36.00
18	M - Course A - Male 50-54	25	Tsang Hon Min	01:18:10	00:17:13	00:02:06	00:38:00	00:01:36	00:19:17	Sonic Sports Association	8	32.00
19	M - Course A - Male 50-54	33	Chris Lillingston-Price	01:18:14	00:17:42	00:02:25	00:35:42	00:02:17	00:20:09		7	28.00
20	M - Course A - Male 50-54	26	Carl Berrisford	01:19:11	00:14:02	00:02:32	00:44:33	00:01:53	00:16:13		6	24.00

2013 Duathlon Series - Race 1 Result

21	M - Course A - Male 50-54	24	Wong Kit	01:21:21	00:15:38	00:02:27	00:42:09	00:02:12	00:18:56		5	20.00
22	M - Course A - Male 50-54	29	Choy Ying Keung	01:21:30	00:16:26	00:02:34	00:40:38	00:03:06	00:18:47	Part Time Association	4	16.00
23	M - Course A - Male 50-54	16	Chung Shun	01:23:39	00:15:52	00:02:18	00:45:40	00:01:40	00:18:12	AustSports Association	3	12.00
24	M - Course A - Male 50-55	570	Tse Wing Kin	01:24:39	00:18:33	00:02:55	00:40:34	00:01:52	00:20:47		2	8.00
25	M - Course A - Male 50-54	35	LUI KIM MING	01:28:25	00:17:51	00:02:41	00:45:51	00:01:47	00:20:17	Energetic Triathlon Shatin	1	4.00
DNF	M - Course A - Male 50-54	36	Chau Ho Ming		00:15:34	00:02:32	00:35:42			Energetic Triathlon Shatin		

Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	L - Course A - Male 45-49	222	WONG TAK WAH, EDWARD	01:03:38	00:12:24	00:01:40	00:34:27	00:01:24	00:13:45	Energetic Triathlon Shatin	29	100.00
2	L - Course A - Male 45-49	206	Billy Chow	01:04:13	00:13:00	00:01:46	00:33:42	00:01:21	00:14:26		28	96.55
3	L - Course A - Male 45-49	200	Tim Hallworth	01:05:28	00:13:30	00:02:01	00:33:45	00:01:32	00:14:42		27	93.10
4	L - Course A - Male 45-49	223	Lam Kam Ching	01:05:40	00:13:27	00:01:49	00:34:00	00:01:29	00:14:57	Tung Chung Triathlon Association	26	89.66
5	L - Course A - Male 45-49	188	Hui King Lau	01:09:06	00:12:43	00:01:56	00:37:46	00:01:36	00:15:08		25	86.21
6	L - Course A - Male 45-49	221	Shi Bertram	01:09:33	00:13:49	00:02:02	00:36:11	00:01:44	00:15:48	Energetic Triathlon Shatin	24	82.76
7	L - Course A - Male 45-49	207	Chung Chun Bong Alex	01:09:56	00:13:15	00:02:22	00:37:21	00:01:53	00:15:08		23	79.31
8	L - Course A - Male 45-49	213	siu yuk kwong	01:10:20	00:13:52	00:02:33	00:36:30	00:01:52	00:15:36		22	75.86
9	L - Course A - Male 45-49	172	Tang Kwong Wing	01:10:44	00:13:31	00:02:34	00:36:04	00:02:01	00:16:36		21	72.41
10	L - Course A - Male 45-49	201	Cheung Man Kwong	01:11:39	00:14:39	00:01:58	00:37:01	00:01:35	00:16:28	Mango Swimming Club	20	68.97
11	L - Course A - Male 45-49	202	Chan Chi Yan	01:12:06	00:15:29	00:02:49	00:34:18	00:02:07	00:17:25		19	65.52
12	L - Course A - Male 45-49	212	ng sui hing	01:13:47	00:14:24	00:02:40	00:38:05	00:02:06	00:16:34		18	62.07
13	L - Course A - Male 45-49	196	Ma Chi Po	01:14:57	00:15:38	00:02:15	00:37:12	00:01:49	00:18:05	Titan Triathlon	17	58.62
14	L - Course A - Male 45-49	210	Lo Wai Kai	01:15:02	00:14:08	00:02:41	00:39:12	00:02:34	00:16:28		16	55.17
15	L - Course A - Male 45-49	208	Peter Goldberg	01:15:32	00:14:16	00:02:45	00:39:38	00:02:18	00:16:37		15	51.72
16	L - Course A - Male 45-49	203	Kevin Lee	01:17:39	00:15:35	00:02:45	00:39:13	00:02:02	00:18:06		14	48.28
17	L - Course A - Male 45-49	216	Adrian Mccarroll	01:18:04	00:16:08	00:02:52	00:38:48	00:02:03	00:18:14		13	44.83
18	L - Course A - Male 45-49	194	Choy Wai Kwun	01:18:16	00:14:41	00:02:25	00:41:32	00:01:47	00:17:53	AustSports Association	12	41.38
19	L - Course A - Male 45-49	197	Ching Wai Kin	01:18:45	00:16:00	00:02:36	00:39:20	00:02:00	00:18:52	Mango Swimming Club	11	37.93
20	L - Course A - Male 45-49	214	Nicholas Tan	01:19:17	00:15:02	00:02:34	00:43:03	00:02:17	00:16:24		10	34.48
21	L - Course A - Male 45-49	218	Wong Ho Yuen	01:20:48	00:16:53	00:03:01	00:38:23	00:02:28	00:20:07		9	31.03
22	L - Course A - Male 45-49	211	Danny Miao	01:21:00	00:17:20	00:03:16	00:38:00	00:02:43	00:19:42		8	27.59
23	L - Course A - Male 45-49	215	Eiji Yanagawa	01:21:01	00:16:31	00:02:16	00:41:37	00:02:04	00:18:35		7	24.14
24	L - Course A - Male 45-49	217	NG HOI SANG	01:22:43	00:15:19	00:02:37	00:43:23	00:02:16	00:19:11	Titan Triathlon	6	20.69
25	L - Course A - Male 45-49	224	Wong Ka Wai	01:22:56	00:15:01	00:03:12	00:45:32	00:02:14	00:16:59		5	17.24
26	L - Course A - Male 45-49	195	Leung Shu on, Terence	01:24:47	00:16:27	00:02:36	00:42:34	00:02:06	00:21:05	AustSports Association	4	13.79
27	L - Course A - Male 45-49	199	Chiu Kin Man	01:24:57	00:17:33	00:03:03	00:40:41	00:02:13	00:21:29	Hope Sport Association	3	10.34
28	L - Course A - Male 45-49	205	Cheng Kai Sing	01:27:37	00:15:37	00:03:25	00:46:42	00:02:46	00:19:08		2	6.90
29	L - Course A - Male 45-49	204	Chan Wai Yin, Mickey	01:29:28	00:18:31	00:02:49	00:41:34	00:02:42	00:23:55		1	3.45
DNF	L - Course A - Male 45-49	209	HAR LIM CHO		00:13:35	00:02:52				Part Time Association		
DNS	L - Course A - Male 45-49	198	Bruce MacDonald									
DNS	L - Course A - Male 45-49	220	Ho Siu Lam									

Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	K - Course A - Male 40-44	190	Wan Shu Wah	01:03:38	00:12:26	00:01:34	00:34:25	00:01:22	00:13:53	Energetic Triathlon Shatin	21	100.00
2	K - Course A - Male 40-44	164	YUNG Leong Sang	01:04:40	00:12:50	00:01:30	00:34:55	00:01:25	00:14:00	Titan Triathlon	20	95.24
3	K - Course A - Male 40-44	187	Yue Kwok Chung Andrew	01:04:43	00:12:45	00:02:12	00:34:20	00:01:23	00:14:05	South China Athletic Association	19	90.48
4	K - Course A - Male 40-44	181	LAU BIK WAH	01:05:01	00:13:00	00:01:42	00:34:31	00:01:25	00:14:25	South China Athletic Association	18	85.71
5	K - Course A - Male 40-44	178	Paul d'Arcy	01:05:07	00:12:44	00:02:07	00:34:27	00:01:29	00:14:22	Hong Kong Dragons Triathlon Club	17	80.95
6	K - Course A - Male 40-44	192	Andy Wong	01:06:01	00:13:10	00:01:56	00:34:07	00:01:26	00:15:25	Energetic Triathlon Shatin	16	76.19
7	K - Course A - Male 40-44	163	Chen Teng	01:08:44	00:14:23	00:02:20	00:33:25	00:01:43	00:16:55	AustSports Association	15	71.43
8	K - Course A - Male 40-44	191	Wong Kin, Kenny	01:08:50	00:13:23	00:02:00	00:36:46	00:01:32	00:15:10	Energetic Triathlon Shatin	14	66.67
9	K - Course A - Male 40-44	177	Chan Ping Kwong	01:09:16	00:13:27	00:02:10	00:36:08	00:01:31	00:16:01	South China Athletic Association	13	61.90

2013 Duathlon Series - Race 1 Result

10	K - Course A - Male 40-44	180 Ka Ki Leung	01:10:52	00:13:08	00:02:23	00:37:33	00:02:11	00:15:38		12	57.14
11	K - Course A - Male 40-44	168 Chan Ka Lun	01:11:06	00:14:06	00:02:16	00:36:33	00:01:57	00:16:16		11	52.38
12	K - Course A - Male 40-44	185 WONG TSZ WAI	01:14:37	00:14:58	00:02:37	00:37:52	00:02:19	00:16:55		10	47.62
13	K - Course A - Male 40-44	175 Lawrence Chan	01:17:00	00:15:20	00:02:35	00:39:34	00:02:26	00:17:08		9	42.86
14	K - Course A - Male 40-44	169 Chiu Cho Shing	01:18:13	00:13:29	00:02:52	00:42:31	00:02:32	00:16:51		8	38.10
15	K - Course A - Male 40-44	193 Yeung Chi Wai	01:21:23	00:16:35	00:02:47	00:41:20	00:02:21	00:18:22	Energetic Triathlon Shatin	7	33.33
16	K - Course A - Male 40-44	183 NG YIU YAN	01:24:18	00:16:36	00:02:26	00:45:56	00:01:46	00:17:36	Part Time Association	6	28.57
17	K - Course A - Male 40-44	182 Leung Wai Kwong	01:28:47	00:18:02						5	23.81
18	K - Course A - Male 40-44	167 Yick Cheuk Kai, Jackie	01:29:22	00:17:01	00:03:02	00:48:31	00:02:16	00:18:35		4	19.05
19	K - Course A - Male 40-44	170 Lam Siu Kwan	01:29:40	00:18:33	00:02:25	00:46:42	00:01:48	00:20:13		3	14.29
20	K - Course A - Male 40-44	176 Chan Man Tim	01:30:07	00:14:56	00:02:14	00:52:32	00:02:27	00:18:00		2	9.52
21	K - Course A - Male 40-44	189 Yeung Man Piu	01:49:59	00:19:06	00:02:59	00:58:18	00:02:54	00:26:45	Excel Swim Sports Association	1	4.76
DNS	K - Course A - Male 40-44	171 Chan Yiu Keung									
DNS	K - Course A - Male 40-44	165 Christopher Tong									
DNS	K - Course A - Male 40-44	173 Wong Ho Ming									
DNS	K - Course A - Male 40-44	174 Chan Ki Fung									
DNS	K - Course A - Male 40-44	179 Carlitos Escueta									
DNS	K - Course A - Male 40-44	184 Wong Ho Ming									
DNS	K - Course A - Male 40-44	186 Yeung Wing Yin, Michael									

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1	I - Course A - Male 30-34	352 Lee Yuk Tong	01:01:10	00:12:31	00:01:41	00:33:18	00:01:13	00:12:29	Energetic Triathlon Shatin	33	100.00
2	I - Course A - Male 30-34	353 WONG KA MING	01:01:35	00:12:30	00:01:41	00:33:17	00:01:11	00:12:59	Energetic Triathlon Shatin	32	96.97
3	I - Course A - Male 30-34	340 SUN FAT YEE	01:02:19	00:12:39	00:01:34	00:33:17	00:01:20	00:13:31	South China Athletic Association	31	93.94
4	I - Course A - Male 30-34	355 Lam Tsz Wai	01:05:30	00:13:45	00:01:38	00:33:13	00:01:31	00:15:26	Energetic Triathlon Shatin	30	90.91
5	I - Course A - Male 30-34	327 Woo Wai Kit	01:06:28	00:13:19	00:02:02	00:33:19	00:01:38	00:16:13		29	87.88
6	I - Course A - Male 30-34	347 Wong Yuk Hei	01:06:35						Titan Triathlon	28	84.85
7	I - Course A - Male 30-34	345 YIM TAT YIP	01:07:25	00:12:57	00:01:41	00:37:25	00:01:19	00:14:05		27	81.82
8	I - Course A - Male 30-34	316 Lui Kim Lun	01:09:51	00:14:57	00:01:49	00:35:23	00:01:29	00:16:14	AustSports Association	26	78.79
9	I - Course A - Male 30-34	330 Au Hoi Lam	01:10:29	00:13:51	00:02:44	00:35:40	00:01:48	00:16:28		25	75.76
10	I - Course A - Male 30-34	329 Michael Noel	01:10:46	00:14:01	00:02:28	00:36:54	00:01:53	00:15:32	South China Athletic Association	24	72.73
11	I - Course A - Male 30-34	349 Chow Chi Man	01:11:14	00:16:08	00:02:23	00:34:24	00:02:01	00:16:20	Energetic Triathlon Shatin	23	69.70
12	I - Course A - Male 30-34	350 Moktan Palden	01:14:43	00:15:08	00:02:20	00:38:25	00:01:58	00:16:54	Energetic Triathlon Shatin	22	66.67
13	I - Course A - Male 30-34	321 Cheng Chi Fung	01:14:47	00:15:27	00:02:44	00:36:22	00:01:48	00:18:28	Hope Sport Association	21	63.64
14	I - Course A - Male 30-34	335 Lau Yun King	01:14:48	00:13:30	00:03:05	00:39:50	00:03:09	00:15:16		20	60.61
15	I - Course A - Male 30-34	343 Tse King Yung	01:16:35	00:15:50	00:02:35	00:37:09	00:02:10	00:18:53		19	57.58
16	I - Course A - Male 30-34	332 HUI CHUNG HA (TOMMI)	01:16:43	00:14:01	00:02:39	00:36:31	00:03:13	00:20:21		18	54.55
17	I - Course A - Male 30-34	351 HO KWOK WAI	01:18:07	00:15:34	00:02:49	00:37:25	00:02:27	00:19:53	Energetic Triathlon Shatin	17	51.52
18	I - Course A - Male 30-34	317 Chan Hiu Tan	01:18:10	00:14:57	00:01:54	00:42:01	00:01:29	00:17:50	AustSports Association	16	48.48
19	I - Course A - Male 30-34	336 Leung Chun Kit	01:18:39	00:16:03	00:02:54	00:38:16	00:02:24	00:19:04		15	45.45
20	I - Course A - Male 30-34	339 Mak Chi Chung	01:19:04	00:13:55	00:02:02	00:43:55	00:01:43	00:17:31	Titan Triathlon	14	42.42
21	I - Course A - Male 30-34	348 Cheung Man Kit	01:20:22	00:16:45	00:02:58	00:36:29	00:03:27	00:20:45	Energetic Triathlon Shatin	13	39.39
22	I - Course A - Male 30-34	341 Cyrus Tin	01:21:33	00:15:26	00:03:11	00:43:12	00:02:02	00:17:44		12	36.36
23	I - Course A - Male 30-34	331 HO Ka Yan	01:22:00	00:16:33	00:02:25	00:41:55	00:01:55	00:19:14		11	33.33
24	I - Course A - Male 30-34	342 TSE KING HO	01:22:37	00:17:01	00:03:08	00:38:03	00:02:19	00:22:07		10	30.30
25	I - Course A - Male 30-34	328 Cheung Tak Shing	01:24:17	00:18:20	00:03:25	00:38:21	00:02:43	00:21:31		9	27.27
26	I - Course A - Male 30-34	322 Chan Po Kin	01:24:39	00:15:43	00:02:12	00:43:53	00:02:34	00:20:19		8	24.24
27	I - Course A - Male 30-34	323 Cheung Chi Chung	01:24:39	00:16:20	00:02:53	00:42:45	00:02:24	00:20:19		7	21.21
28	I - Course A - Male 30-34	324 Lam Wai Chi	01:24:39	00:15:41	00:02:20	00:43:46	00:02:35	00:20:19		6	18.18
29	I - Course A - Male 30-34	320 Leung Yau Tim	01:27:15	00:18:23	00:02:53	00:46:19	00:02:25	00:17:17	Ma On Shan Swimming and Triathlon Clu	5	15.15
30	I - Course A - Male 30-34	319 CHEUNG TING FUNG	01:30:52	00:18:27	00:02:49	00:45:42	00:02:23	00:21:32	Titan Triathlon	4	12.12

2013 Duathlon Series - Race 1 Result

DNS	J - Course A - Male 35-39	119	Chen Chi Ming
DNS	J - Course A - Male 35-39	126	Leung Man Fung
DNS	J - Course A - Male 35-39	129	Wong Po Kin, Kent
DNS	J - Course A - Male 35-39	131	Jesus Angelo Banaag
DNS	J - Course A - Male 35-39	133	Thomas Butter
DNS	J - Course A - Male 35-39	139	Chow Hon wing
DNS	J - Course A - Male 35-39	140	Chung Chi Ho Andy
DNS	J - Course A - Male 35-39	145	Leung Ngai Shun
DNS	J - Course A - Male 35-39	155	Wong Siu Yuen
DNS	J - Course A - Male 35-39	160	Tiu Gary

Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	H - Course A - Male 25-29	298	Zeco Wan	00:57:20	00:11:08	00:01:30	00:31:01	00:01:15	00:12:28		19	100.00
2	H - Course A - Male 25-29	296	Hsieh Chun Shing, Jason	00:57:52	00:11:30	00:01:27	00:30:39	00:01:08	00:13:09	Titan Triathlon	18	94.74
3	H - Course A - Male 25-29	299	Tam Yau Yan	01:02:49	00:11:33		00:35:55	00:02:08	00:13:13	Part Time Association	17	89.47
4	H - Course A - Male 25-29	314	Leung Ka Lun	01:03:15	00:12:33	00:01:36	00:33:17	00:01:19	00:14:32	Energetic Triathlon Shatin	16	84.21
5	H - Course A - Male 25-29	315	Yau Kwun San	01:04:24	00:12:49	00:01:35	00:34:09	00:01:20	00:14:33	Tung Chung Triathlon Association	15	78.95
6	H - Course A - Male 25-29	295	Wan Ka Ming	01:08:13	00:12:58	00:02:45	00:35:33	00:01:53	00:15:07	AustSports Association	14	73.68
7	H - Course A - Male 25-29	219	Shing Ming	01:10:49	00:14:01	00:02:36	00:35:37	00:02:01	00:16:37		13	68.42
8	H - Course A - Male 25-29	305	HON Yau Tin	01:11:03	00:13:57	00:02:37	00:35:56	00:02:01	00:16:35		12	63.16
9	H - Course A - Male 25-29	311	Wong Wing Hang	01:11:32		00:18:02	00:34:13	00:01:31	00:17:46		11	57.89
10	H - Course A - Male 25-29	307	HUNG CHEUNG KIT, JOHN	01:11:35	00:14:26	00:02:17	00:35:58	00:01:41	00:17:14	South China Athletic Association	10	52.63
11	H - Course A - Male 25-29	301	Kenus Chan	01:13:12	00:15:28	00:02:34	00:34:50	00:01:56	00:18:26		9	47.37
12	H - Course A - Male 25-29	309	Kwok Yee Lok	01:14:08	00:14:37	00:01:58	00:39:21	00:01:29	00:16:45		8	42.11
13	H - Course A - Male 25-29	308	Kat cheung Ngai	01:15:04	00:13:20	00:01:59	00:42:34	00:01:44	00:15:30		7	36.84
14	H - Course A - Male 25-29	302	FOK CHI KONG	01:15:29	00:14:38	00:02:25	00:38:51	00:02:48	00:16:50		6	31.58
15	H - Course A - Male 25-29	312	Yiu Ching Ho	01:16:35	00:15:30	00:03:09	00:37:11	00:02:19	00:18:29		5	26.32
16	H - Course A - Male 25-29	304	Ha Ho lim	01:17:14	00:15:24	00:02:43	00:39:04	00:02:24	00:17:40		4	21.05
17	H - Course A - Male 25-29	300	CHAN CHUN HEI	01:19:46	00:15:10	00:03:05	00:37:16	00:03:12	00:21:05		3	15.79
18	H - Course A - Male 25-29	310	Sau Miu Cheung	01:26:37	00:15:31	00:02:08	00:50:06	00:01:29	00:17:24		2	10.53
19	H - Course A - Male 25-29	306	Hui Ka Wai	01:27:59	00:17:47	00:03:15	00:41:34	00:02:50	00:22:36		1	5.26
DNS	H - Course A - Male 25-29	303	Ha Ho Kwong									

Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	G - Course A - Male 20-24	272	Pun Yiu Chung	01:01:47	00:12:00	00:01:44	00:33:47	00:01:10	00:13:09	AustSports Association	19	100.00
2	G - Course A - Male 20-24	277	Cheng Tsz Yeung	01:02:55	00:12:20	00:01:42	00:33:26	00:01:16	00:14:13	Titan Triathlon	18	94.74
3	G - Course A - Male 20-24	276	Chan Chun Lung, Alan	01:04:14	00:11:46	00:01:26	00:33:51	00:01:16	00:15:57	Titan Triathlon	17	89.47
4	G - Course A - Male 20-24	274	Ng Ching Hong	01:04:52	00:13:05	00:01:43	00:33:46	00:01:26	00:14:54	AustSports Association	16	84.21
5	G - Course A - Male 20-24	289	On Pun Wai, Kelvin	01:05:57	00:12:48	00:02:12	00:33:32	00:01:42	00:15:45		15	78.95
6	G - Course A - Male 20-24	281	Ngai Lee Chiu	01:06:10	00:13:31	00:02:10	00:32:50	00:01:31	00:16:11		14	73.68
7	G - Course A - Male 20-24	273	Chan Yin Ming	01:06:12	00:13:15	00:01:50	00:35:11	00:01:37	00:14:22	AustSports Association	13	68.42
8	G - Course A - Male 20-24	290	WU Kenneth Yee-Lok	01:06:33	00:13:21	00:01:55	00:36:15	00:01:45	00:13:18		12	63.16
9	G - Course A - Male 20-24	293	Iam Chi Weng Nelson	01:07:10	00:13:19	00:02:20	00:35:41	00:01:56	00:13:57	Energetic Triathlon Shatin	11	57.89
10	G - Course A - Male 20-24	283	Leung Ka Wa	01:09:16	00:13:38	00:01:54	00:35:51	00:01:36	00:16:19	Excel Swim Sports Association	10	52.63
11	G - Course A - Male 20-24	291	Hui Ka Cheong	01:10:15	00:13:35	00:01:44	00:37:04	00:01:28	00:16:26	Energetic Triathlon Shatin	9	47.37
12	G - Course A - Male 20-24	287	Fok Yun Sam	01:12:11	00:14:15	00:02:05	00:36:36	00:01:27	00:17:50		8	42.11
13	G - Course A - Male 20-24	286	Chan Man Kit	01:12:36	00:13:52	00:02:20	00:35:06	00:02:03	00:19:16	Sonic Sports Association	7	36.84
14	G - Course A - Male 20-24	285	Sit Sang Kai	01:12:37	00:13:11	00:02:26	00:38:59	00:02:20	00:15:42		6	31.58
15	G - Course A - Male 20-24	294	Tse Yau Chun	01:12:44	00:13:15	00:01:51	00:38:17	00:01:30	00:17:53	Excel Swim Sports Association	5	26.32
16	G - Course A - Male 20-24	275	Wong Ka Fung	01:12:57	00:13:06	00:01:44	00:41:12	00:01:35	00:15:21	AustSports Association	4	21.05
17	G - Course A - Male 20-24	279	Chui Chung Hong	01:15:53	00:14:56	00:02:00	00:41:17	00:01:25	00:16:18	Sonic Sports Association	3	15.79

2013 Duathlon Series - Race 1 Result

18	G - Course A - Male 20-24	288	Lee Kai Yeung	01:17:18	00:15:36	00:02:54	00:37:19	00:02:15	00:19:15		2	10.53
19	G - Course A - Male 20-24	280	Ng Wing Kit	01:29:51	00:15:46	00:02:39	00:50:47	00:01:54	00:18:48	Hope Sport Association	1	5.26
DNS	G - Course A - Male 20-24	271	Chow Hiu Cheng									
DNS	G - Course A - Male 20-24	278	Mok Wai Chuen									
DNS	G - Course A - Male 20-24	282	Lai Yue Cheung									
DNS	G - Course A - Male 20-24	284	Mac Cheuk Yin									
DNS	G - Course A - Male 20-24	292	WONG WAI TUNG									

Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	E - Course A - Male Junior	252 Lam Ka Wai	01:02:05	00:11:53	00:02:21	00:33:24	00:01:23	00:13:07	AustSports Association	16	100.00
2	E - Course A - Male Junior	260 Chan Ka Lung	01:02:07	00:11:58	00:01:31	00:34:01	00:01:19	00:13:20	Excel Swim Sports Association	15	93.75
3	E - Course A - Male Junior	259 Chow Man Him	01:02:56	00:11:52	00:01:37	00:33:58	00:01:29	00:14:02	South China Athletic Association	14	87.50
4	E - Course A - Male Junior	258 Tsoi Ka Kit	01:05:44	00:12:52	00:01:48	00:33:49	00:01:30	00:15:47	Hope Sport Association	13	81.25
5	E - Course A - Male Junior	269 Lo Man Kit	01:05:48	00:13:07	00:02:11	00:33:07	00:01:43	00:15:42	Tung Chung Triathlon Association	12	75.00
6	E - Course A - Male Junior	251 Tse Hoi Kit	01:05:55	00:13:16	00:01:45	00:33:36	00:01:36	00:15:45	AustSports Association	11	68.75
7	E - Course A - Male Junior	263 Tan James	01:07:15							10	62.50
8	E - Course A - Male Junior	266 Chau Man Kei	01:07:25	00:13:38	00:01:41	00:33:12	00:01:36	00:17:20	Energetic Triathlon Shatin	9	56.25
9	E - Course A - Male Junior	265 YIN CHUN HONG	01:07:26	00:13:14	00:01:54	00:35:10	00:01:33	00:15:39	Excel Swim Sports Association	8	50.00
10	E - Course A - Male Junior	267 Leung Pok Yin	01:07:35	00:13:37	00:01:37	00:35:01	00:01:28	00:15:54	Energetic Triathlon Shatin	7	43.75
11	E - Course A - Male Junior	256 Leung Wai Yan, Benson	01:07:40	00:13:31	00:01:40	00:35:04	00:01:20	00:16:07	Hope Sport Association	6	37.50
12	E - Course A - Male Junior	250 Loo Tsz Hei	01:07:58	00:13:13	00:01:39	00:37:12	00:01:21	00:14:37	Sea Bear Swimming Club	5	31.25
13	E - Course A - Male Junior	255 Siu Kin Lok	01:16:59	00:15:27	00:02:00	00:38:16	00:01:36	00:19:42	Hope Sport Association	4	25.00
14	E - Course A - Male Junior	254 Wong Chun Him	01:20:43	00:15:31	00:02:23	00:36:55	00:01:36	00:24:19	Hope Sport Association	3	18.75
15	E - Course A - Male Junior	257 Tsoi Ka Hei	01:34:26	00:20:38	00:02:39	00:40:23	00:02:44	00:28:04	Hope Sport Association	2	12.50
16	E - Course A - Male Junior	262 Chung Eric Chi Wang	01:40:50	00:15:24	00:02:34	00:59:13	00:01:40	00:22:02	Titan Triathlon	1	6.25
DNS	E - Course A - Male Junior	249 Leung Ching Hang									
DNS	E - Course A - Male Junior	253 Yuen Cheuk Bun									
DNS	E - Course A - Male Junior	261 Chan Wai Shun, Wilson									

Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	C - Course A - Male Elite Junior	237 Michael Lam	00:58:03	00:10:52	00:01:25	00:31:26	00:01:12	00:13:10	Sonic Sports Association	16	100.00
2	C - Course A - Male Elite Junior	235 Shuen Chun Kit, Jeffrey	01:00:25	00:10:58	00:01:28	00:34:24	00:01:06	00:12:32	Hope Sport Association	15	93.75
3	C - Course A - Male Elite Junior	244 WONG TSZ TO	01:00:40	00:11:11	00:01:29	00:34:26	00:01:08	00:12:28	Hope Sport Association	14	87.50
4	C - Course A - Male Elite Junior	234 Reiny Brown	01:00:48	00:11:15	00:01:28	00:34:21	00:01:07	00:12:39	South China Athletic Association	13	81.25
5	C - Course A - Male Elite Junior	240 Fung Yat To	01:03:22	00:12:31	00:01:34	00:33:28	00:01:24	00:14:27		12	75.00
6	C - Course A - Male Elite Junior	241 Leung Chun Hin	01:03:40	00:13:12	00:01:44	00:33:33	00:01:27	00:13:46	Sonic Sports Association	11	68.75
7	C - Course A - Male Elite Junior	268 Leung Chun Sun	01:03:59	00:12:44	00:01:33	00:34:19	00:01:20	00:14:04	Energetic Triathlon Shatin	10	62.50
8	C - Course A - Male Elite Junior	233 Tsoi Ka Cheuk	01:04:07	00:12:49	00:01:41	00:33:57	00:01:22	00:14:19	Hope Sport Association	9	56.25
9	C - Course A - Male Elite Junior	232 Heung Chin Tung	01:04:39	00:12:08	00:01:45	00:34:38	00:01:39	00:14:30	Sonic Sports Association	8	50.00
10	C - Course A - Male Elite Junior	247 Lee Tsun Kiu	01:06:07	00:12:59	00:01:50	00:34:20	00:01:25	00:15:36	Hope Sport Association	7	43.75
11	C - Course A - Male Elite Junior	242 OR YIU HANG	01:06:23	00:12:33	00:01:35	00:33:24	00:02:29	00:16:24	Hope Sport Association	6	37.50
12	C - Course A - Male Elite Junior	243 WONG PAK TO	01:06:25							5	31.25
13	C - Course A - Male Elite Junior	246 Chan Yat Chi	01:08:27	00:13:34	00:01:42	00:36:05	00:01:21	00:15:48	Hope Sport Association	4	25.00
14	A - Course A - Male Elite Open	264 Henry Warren	01:08:24							3	18.75
15	C - Course A - Male Elite Junior	236 Fan Lukas Long	01:08:31						South China Athletic Association	2	12.50
16	C - Course A - Male Elite Junior	248 Lee Ka Kei, Gareth	01:34:26	00:16:35	00:02:19	00:44:44	00:02:44	00:28:06		1	6.25
DNF	C - Course A - Male Elite Junior	245 KOK YU HANG		00:10:57	00:01:27						
DNS	C - Course A - Male Elite Junior	238 Tse Chun Yin									

Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	B - Course A - Female Elite Open	3 Cheung Ting Yan	01:03:26	00:12:28	00:01:32	00:34:39	00:01:11	00:13:38	Energetic Triathlon Shatin	3	100.00

2013 Duathlon Series - Race 1 Result

Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	Q - Course A - Female 25-29	60 Tang Cheuk Hang	01:23:16	00:17:25	00:03:04	00:40:14	00:02:26	00:20:10	Energetic Triathlon Shatin	3	100.00
2	Q - Course A - Female 25-29	58 Luk Pui Yin	01:34:30	00:18:35	00:02:23	00:49:50	00:01:46	00:21:59		2	66.67
3	Q - Course A - Female 25-29	59 Lau Wai Yin	01:42:06	00:25:39	00:03:48	00:39:15	00:02:56	00:30:29		1	33.33
Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	P - Course A - Female 20-24	57 She Pui Shan	01:24:25	00:16:33	00:02:06	00:44:37	00:01:30	00:19:42	Energetic Triathlon Shatin	1	100.00
Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	F - Course A - Female Junior	11 Tsang Ka Hung	01:07:08	00:13:27	00:01:45	00:35:25	00:01:16	00:15:17	AustSports Association	5	100.00
2	F - Course A - Female Junior	13 CHAN WING TUNG	01:13:32	00:14:43	00:01:48	00:39:40	00:01:20	00:16:03	Hope Sport Association	4	80.00
3	F - Course A - Female Junior	15 Lee Wing Sum	01:15:40	00:15:58	00:01:57	00:38:17	00:01:23	00:18:08	Hope Sport Association	3	60.00
4	F - Course A - Female Junior	12 Chan Kwan Ho	01:20:25	00:15:58	00:02:01	00:39:06	00:01:27	00:21:55	Hope Sport Association	2	40.00
5	F - Course A - Female Junior	270 Chan Kai Ki	01:38:58	00:20:05	00:02:36	00:47:53	00:02:05	00:26:22	Tung Chung Triathlon Association	1	20.00
	F - Course A - Female Junior	14 Fung Yuk Ki Esther									
Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	PP - Course A - Paratriathlon (Tri 1)	113 Samuel Ajmal	01:17:08							1	100.00
Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	PP2 - Course A - Paratriathlon (Tri 1)	114 Shum Hang Fu	01:35:30	00:21:02	00:03:25	00:44:06	00:02:26	00:24:32		1	100.00
Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	D1 - Course B - Male Youth	403 Angus Chow	00:52:32	00:13:03	00:01:33	00:22:11	00:01:21	00:14:26	Hope Sport Association	8	100.00
2	D1 - Course B - Male Youth	359 Lai Chun Ming	00:53:21	00:12:58	00:01:40	00:23:29	00:01:14	00:14:02	Sonic Sports Association	7	87.50
3	D1 - Course B - Male Youth	356 Chan Ting Hei, Eric	00:54:26	00:13:05	00:01:53	00:22:08	00:01:24	00:15:59		6	75.00
4	D1 - Course B - Male Youth	405 Oscar Coggins	00:56:58	00:13:03	00:02:30	00:23:19	00:01:58	00:16:10		5	62.50
5	D1 - Course B - Male Youth	360 Wong Hoi Tin	00:57:59	00:14:07	00:01:47	00:22:56	00:01:38	00:17:33	Hope Sport Association	4	50.00
6	D1 - Course B - Male Youth	358 Leung Chung Pak, Philip	00:58:03	00:14:30	00:01:49	00:21:39	00:01:35	00:18:32		3	37.50
7	D1 - Course B - Male Youth	357 Ching Kwan Yeung	00:58:09	00:14:37	00:01:48	00:23:21	00:01:25	00:17:00	Mango Swimming Club	2	25.00
8	D1 - Course B - Male Youth	407 Cyrus Hung	00:59:26	00:16:09	00:02:34	00:19:17	00:02:23	00:19:05		1	12.50
Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	D2 - Course B - Female Youth	362 Kelly Law	01:03:46	00:17:08	00:02:10	00:25:30	00:01:26	00:17:34	Sonic Sports Association	2	100.00
2	D2 - Course B - Female Youth	361 Tam Nga Man	01:06:10	00:17:08	00:02:22	00:26:39	00:01:25	00:18:37		1	50.00
Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	D3 - Course B - Male Open	363 Tong Lai Hin	00:55:31	00:13:02	00:01:38	00:22:05	00:01:33	00:17:14	Titan Triathlon	4	100.00
2	D3 - Course B - Male Open	368 KWOK CHI FUNG, JEFF	00:57:11	00:14:02	00:01:48	00:24:40	00:01:17	00:15:26	Energetic Triathlon Shatin	3	75.00
3	D3 - Course B - Male Open	364 Chan Cheong Kan	01:02:39	00:15:07	00:02:13	00:25:44	00:02:07	00:17:30		2	50.00
4	D3 - Course B - Male Open	366 SHAM SIU HANG, Heero	01:04:51	00:16:22	00:02:32	00:24:50	00:01:53	00:19:15		1	25.00
DSQ	D3 - Course B - Male Open	365 NGAI HO SHUN	00:27:10								
DSQ	D3 - Course B - Male Open	367 Li Ching	00:26:25								
Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	D4 - Course B - Female Open	369 Frances Lai	01:00:02	00:14:23	00:02:41	00:25:21	00:02:17	00:15:21		1	100.00
Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	D5 - Course B - Male Veteran	371 LEE CHI MAN	00:54:00	00:13:46	00:02:01	00:21:17	00:01:24	00:15:33	AustSports Association	14	100.00
2	D5 - Course B - Male Veteran	375 Lai Ying Fai	00:57:50	00:14:53	00:01:59	00:23:33	00:01:16	00:16:10	AustSports Association	13	92.86

2013 Duathlon Series - Race 1 Result

3	D5 - Course B - Male Veteran	376	Fung Chi Yuen	00:58:16	00:15:15	00:02:04	00:23:04	00:01:19	00:16:36	AustSports Association	12	85.71
4	D5 - Course B - Male Veteran	373	Ng Tang Yee	00:59:04	00:14:29	00:01:50	00:24:55	00:01:24	00:16:28		11	78.57
5	D5 - Course B - Male Veteran	377	Hung Chung Yam	00:59:26	00:16:08	00:02:35	00:19:15	00:02:35	00:18:56		10	71.43
6	D5 - Course B - Male Veteran	379	John Au	01:00:31	00:15:20	00:02:14	00:22:50	00:01:24	00:18:45		9	64.29
7	D5 - Course B - Male Veteran	382	FRANCIS CHAN	01:00:43	00:15:19	00:01:54	00:24:43	00:01:29	00:17:19	Energetic Triathlon Shatin	8	57.14
8	D5 - Course B - Male Veteran	374	Tang Hon Wing	01:01:01	00:15:17	00:02:07	00:24:44	00:01:46	00:17:09		7	50.00
9	D5 - Course B - Male Veteran	69	WONG WAI LAM WILLIAM	01:02:54	00:14:22	00:02:22	00:27:02	00:01:38	00:17:32		6	42.86
10	D5 - Course B - Male Veteran	381	CHAN KWOK CHI	01:05:24	00:16:24	00:03:30	00:24:50	00:02:14	00:18:27	Energetic Triathlon Shatin	5	35.71
11	D5 - Course B - Male Veteran	370	CHEUNG CHI WAI, DEEP	01:06:21	00:16:30	00:02:16	00:25:24	00:01:41	00:20:32	Hope Sport Association	4	28.57
12	D5 - Course B - Male Veteran	372	BILL MOK	01:06:41	00:15:53	00:02:07	00:29:18	00:01:39	00:17:47		3	21.43
13	D5 - Course B - Male Veteran	380	Cheung Hon Man	01:12:36	00:18:22	00:02:15	00:26:56	00:01:39	00:23:26	Energetic Triathlon Shatin	2	14.29
14	D5 - Course B - Male Veteran	378	Tam Man Kwong Chris	01:20:55	00:20:48	00:03:14	00:29:34	00:03:38	00:23:42	Energetic Triathlon Shatin	1	7.14
Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	D6 - Course B - Female Veteran	386	Katherine Lee	01:00:00	00:14:40	00:01:54	00:25:33	00:01:32	00:16:23		8	100.00
2	D6 - Course B - Female Veteran	389	Chan Suet Wah	01:06:46	00:16:38	00:02:03	00:28:30	00:01:28	00:18:10	Energetic Triathlon Shatin	7	87.50
3	D6 - Course B - Female Veteran	383	Poon Wan Sze, Jessica	01:08:05	00:18:15	00:02:12	00:28:48	00:01:38	00:21:03	AustSports Association	6	75.00
4	D6 - Course B - Female Veteran	384	Tsang Chui Fong	01:15:00	00:18:13	00:03:28	00:29:44	00:02:25	00:21:12		5	62.50
5	D6 - Course B - Female Veteran	388	Patricia Wong	01:15:42	00:20:49	00:02:18	00:30:15	00:01:27	00:20:56		4	50.00
6	D6 - Course B - Female Veteran	387	KITTY LUI	01:15:51	00:19:55	00:02:30	00:28:46	00:01:47	00:22:56		3	37.50
7	D6 - Course B - Female Veteran	385	Cho Yee Mei Micky	01:16:33	00:21:03	00:02:51	00:27:36	00:02:22	00:22:43		2	25.00
8	D6 - Course B - Female Veteran	390	Lai Wai Han	01:23:32	00:19:56	00:02:46	00:35:28	00:02:18	00:23:07	Energetic Triathlon Shatin	1	12.50
Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	C1 - Course C1 - Boys 2005	528	To Hon Ming	00:36:51	00:08:38	00:02:00	00:15:08	00:01:22	00:09:46	Excel Swim Sports Association	12	100.00
2	C1 - Course C1 - Boys 2005	534	Chiu Chung Kiu Curtis	00:37:35	00:08:20	00:02:09	00:15:33	00:01:28	00:10:07	Energetic Triathlon Shatin	11	91.67
3	C1 - Course C1 - Boys 2005	529	Kwok Pak Yung	00:39:04	00:09:16	00:02:14	00:14:21	00:01:36	00:11:38		10	83.33
4	C1 - Course C1 - Boys 2005	526	Bohdan Liping	00:40:08	00:08:32	00:02:02	00:17:19	00:01:43	00:10:35	Mango Swimming Club	9	75.00
5	C1 - Course C1 - Boys 2005	530	Gabriel Ma	00:43:57	00:09:47	00:02:15	00:16:07	00:01:50	00:14:00	Titan Triathlon	8	66.67
6	C1 - Course C1 - Boys 2005	531	Tseung Wai Yin Ryan	00:44:06	00:09:45	00:02:27	00:15:46	00:01:42	00:14:28	Energetic Triathlon Shatin	7	58.33
7	C1 - Course C1 - Boys 2005	536	Ho Chit Hei	00:44:18	00:09:46	00:02:34	00:16:27	00:01:55	00:13:38	Energetic Triathlon Shatin	6	50.00
8	C1 - Course C1 - Boys 2005	503	Yau Ping Cheung	00:44:24	00:10:34	00:02:30	00:15:26	00:02:14	00:13:43	Titan Triathlon	5	41.67
9	C1 - Course C1 - Boys 2005	533	Leung Ka Yui	00:45:35	00:09:51	00:02:33	00:15:01	00:01:49	00:16:24	Energetic Triathlon Shatin	4	33.33
10	C1 - Course C1 - Boys 2005	527	Kan Ka Ming	00:46:17	00:10:11	00:02:42	00:17:34	00:01:52	00:14:00	Part Time Association	3	25.00
11	C1 - Course C1 - Boys 2005	537	Ethan Chan	00:48:46	00:10:54	00:02:50	00:19:43	00:01:50	00:13:30	Energetic Triathlon Shatin	2	16.67
12	C1 - Course C1 - Boys 2005	535	Toby To	00:54:58	00:09:57	00:02:32	00:22:41	00:02:46	00:17:03	Energetic Triathlon Shatin	1	8.33
DNS	C1 - Course C1 - Boys 2005	525	Chan Pak Hoi									
DSQ	Wrong Heat Start	532	Elvis Cheung	00:09:43						Energetic Triathlon Shatin		
Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	C2 - Course C1 - Boys 2004	538	Yip Tak Long, Nick	00:32:10	00:07:43	00:01:46	00:12:26	00:01:17	00:09:00	Energetic Triathlon Shatin	19	100.00
2	C2 - Course C1 - Boys 2004	543	To Ming Chun, Andrew	00:34:30	00:08:10	00:01:56	00:13:52	00:01:21	00:09:13		18	94.74
3	C2 - Course C1 - Boys 2004	545	SO CHI HUEN	00:34:33							17	89.47
4	C2 - Course C1 - Boys 2004	547	CHIU CHEUK KIU, AIDAN	00:36:16	00:08:32	00:01:56	00:14:24	00:01:35	00:09:51	Energetic Triathlon Shatin	16	84.21
5	C2 - Course C1 - Boys 2004	555	Lam Chin Hin	00:38:15	00:09:20	00:02:15	00:14:13	00:01:32	00:10:57	Part Time Association	15	78.95
6	C2 - Course C1 - Boys 2004	556	Chan Hing Ming	00:39:05	00:09:00	00:02:09	00:14:35	00:01:35	00:11:48	Part Time Association	14	73.68
7	C2 - Course C1 - Boys 2004	553	Lo Tin Shun	00:39:10	00:08:57	00:02:16	00:14:38	00:01:27	00:11:55	AustSports Association	13	68.42
8	C2 - Course C1 - Boys 2004	539	Ho Chung Hin, Valen	00:39:45	00:08:37	00:02:10	00:16:55	00:01:33	00:10:32	Titan Triathlon	12	63.16
9	C2 - Course C1 - Boys 2004	546	Man Ho Yeung	00:40:14	00:08:44	00:02:22	00:16:06	00:01:45	00:11:19	Titan Triathlon	11	57.89
10	C2 - Course C1 - Boys 2004	549	YEUNG HOI CHEUNG	00:40:16	00:09:40	00:02:18	00:15:04	00:01:29	00:11:48	Energetic Triathlon Shatin	10	52.63
11	C2 - Course C1 - Boys 2004	548	LIU CHAK LAM	00:41:30	00:09:33	00:02:21	00:14:56	00:01:35	00:13:07	Energetic Triathlon Shatin	9	47.37

2013 Duathlon Series - Race 1 Result

12	C2 - Course C1 - Boys 2004	557	Chau Hui Lap	00:41:59	00:09:54	00:02:14	00:14:51	00:01:59	00:13:03	Excel Swim Sports Association	8	42.11
13	C2 - Course C1 - Boys 2004	551	Yeung Shun Alam	00:43:02	00:09:57	00:02:24	00:16:30	00:01:55	00:12:17	Energetic Triathlon Shatin	7	36.84
14	C2 - Course C1 - Boys 2004	550	Tang Philomon Neil	00:46:01	00:08:38	00:02:24	00:21:10	00:01:59	00:11:51	Energetic Triathlon Shatin	6	31.58
15	C2 - Course C1 - Boys 2004	554	Chan Tsz Hang	00:47:30	00:10:46	00:02:36	00:15:16	00:02:26	00:16:28	AustSports Association	5	26.32
16	C2 - Course C1 - Boys 2004	542	Aaron Hallworth	00:47:36	00:10:04	00:03:02	00:19:25	00:02:03	00:13:04		4	21.05
17	C2 - Course C1 - Boys 2004	540	Tsui Tsz Ming, Justin	00:49:12	00:09:44	00:03:23	00:21:14	00:02:08	00:12:44	Titan Triathlon	3	15.79
18	C2 - Course C1 - Boys 2004	544	Alvin Leung	00:49:23	00:10:47	00:02:41	00:16:48	00:02:15	00:16:54		2	10.53
19	C2 - Course C1 - Boys 2004	552	Tsang Ho Yin	00:56:17	00:10:44	00:02:52	00:26:58	00:01:43	00:14:03	AustSports Association	1	5.26
Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	C3 - Course C1 - Boys 2003	477	SIN HOK LEUNG	00:29:39	00:04:30	00:01:53	00:13:16	00:01:18	00:08:44	Energetic Triathlon Shatin	12	100.00
2	C3 - Course C1 - Boys 2003	471	Leung Chun Wong	00:30:21	00:04:56	00:02:00	00:12:47	00:01:30	00:09:09	Part Time Association	11	91.67
3	C3 - Course C1 - Boys 2003	469	To Chung Yin	00:32:33	00:05:23	00:01:55	00:14:04	00:01:30	00:09:44	Excel Swim Sports Association	10	83.33
4	C3 - Course C1 - Boys 2003	475	Ho Wan KIU	00:33:40	00:05:53	00:02:00	00:13:24	00:01:36	00:10:49		9	75.00
5	C3 - Course C1 - Boys 2003	464	Law Chun Hei, Brian	00:35:02	00:05:47	00:02:04	00:14:05	00:01:35	00:11:34	Titan Triathlon	8	66.67
6	C3 - Course C1 - Boys 2003	472	Wu Wai Kai	00:35:18	00:06:16	00:02:14	00:13:37	00:02:23	00:10:51		7	58.33
7	C3 - Course C1 - Boys 2003	468	Lui Tsz Chung	00:35:47	00:07:02	00:02:23	00:14:00	00:02:00	00:10:24		6	50.00
8	C3 - Course C1 - Boys 2003	465	Lau Pak Him, William	00:35:57	00:05:24	00:02:22	00:16:25	00:02:01	00:09:47	Titan Triathlon	5	41.67
9	C3 - Course C1 - Boys 2003	466	Leung Wai Hang, Wyatt	00:36:35	00:06:15	00:02:08	00:14:39	00:01:53	00:11:42	Hope Sport Association	4	33.33
10	C3 - Course C1 - Boys 2003	476	Doddy Tullis	00:38:43	00:06:03	00:02:17	00:16:48	00:02:18	00:11:19		3	25.00
11	C3 - Course C1 - Boys 2003	473	Fung Chun Hei	00:45:35	00:06:42	00:02:22	00:22:17	00:02:09	00:12:05	Crest Ray Recreation and Sports Club	2	16.67
12	C3 - Course C1 - Boys 2003	470	Kwok Ho Ming, Bob	00:48:15	00:08:51	00:03:04	00:17:29	00:03:28	00:15:25		1	8.33
DNS	C3 - Course C1 - Boys 2003	467	Yuen Tin Long									
DNS	C3 - Course C1 - Boys 2003	474	Brian Donohugh									
Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	C4 - Course C1 - Boys 2002	483	WONG LONG CHING, NIGEL	00:27:59	00:04:22	00:01:48	00:11:57	00:01:20	00:08:35	Energetic Triathlon Shatin	26	100.00
2	C4 - Course C1 - Boys 2002	484	Lau Chun Hei	00:28:55	00:05:01	00:01:53	00:12:36	00:01:17	00:08:10	Sea Bear Swimming Club	25	96.15
3	C4 - Course C1 - Boys 2002	490	Cheng Ngo Lung	00:29:21	00:04:31	00:01:55	00:12:50	00:01:23	00:08:44	Part Time Association	24	92.31
4	C4 - Course C1 - Boys 2002	493	Tao Chun Ngok	00:29:23	00:04:51	00:01:53	00:12:29	00:01:23	00:08:48	Excel Swim Sports Association	23	88.46
5	C4 - Course C1 - Boys 2002	502	Ren Yanagawa	00:29:42							22	84.62
6	C4 - Course C1 - Boys 2002	491	Shum Kin Hang	00:30:10	00:04:20	00:01:44	00:13:11	00:01:27	00:09:30	Excel Swim Sports Association	21	80.77
7	C4 - Course C1 - Boys 2002	478	Ho Aidan Hin Long	00:30:17	00:04:22	00:01:49	00:12:55	00:01:27	00:09:46	Titan Triathlon	20	76.92
8	C4 - Course C1 - Boys 2002	492	So Long Yin	00:30:29	00:04:40	00:02:30	00:12:42	00:01:30	00:09:08	Excel Swim Sports Association	19	73.08
9	C4 - Course C1 - Boys 2002	485	Lin Chun	00:30:30	00:05:02	00:01:49	00:12:44	00:01:14	00:09:43	Sea Bear Swimming Club	18	69.23
10	C4 - Course C1 - Boys 2002	507	NG CHI KIN	00:30:34	00:04:22	00:01:48	00:13:17	00:01:23	00:09:46	Energetic Triathlon Shatin	17	65.38
11	C4 - Course C1 - Boys 2002	479	Chan Yin Hei, Christopher	00:31:54	00:05:22	00:02:14	00:13:45	00:01:16	00:09:19	Titan Triathlon	16	61.54
12	C4 - Course C1 - Boys 2002	480	Mak Ho Chit, Terry	00:32:12	00:05:26	00:01:58	00:13:30	00:01:32	00:09:48	Titan Triathlon	15	57.69
13	C4 - Course C1 - Boys 2002	501	LEE KWAN WAH	00:33:01							14	53.85
14	C4 - Course C1 - Boys 2002	505	LAI YIP SUN, EDRIC	00:33:54	00:05:58	00:02:09	00:13:52	00:01:27	00:10:31	Energetic Triathlon Shatin	13	50.00
15	C4 - Course C1 - Boys 2002	487	Fung Ho Yin	00:34:23	00:05:31	00:02:03	00:14:36	00:01:36	00:10:39	AustSports Association	12	46.15
16	C4 - Course C1 - Boys 2002	482	Wilton Chik	00:35:23	00:06:03	00:02:15	00:15:00	00:01:41	00:10:26		11	42.31
17	C4 - Course C1 - Boys 2002	481	Chan Chi Chun, Hubert	00:35:28	00:06:14	00:02:07	00:13:51	00:01:36	00:11:42	Titan Triathlon	10	38.46
18	C4 - Course C1 - Boys 2002	496	Wu Zhi Jian	00:35:59	00:05:56	00:02:09	00:14:10	00:01:46	00:12:00	Mango Swimming Club	9	34.62
19	C4 - Course C1 - Boys 2002	500	BOSCO CHOW	00:36:01	00:05:30	00:02:16	00:15:23	00:01:42	00:11:12		8	30.77
20	C4 - Course C1 - Boys 2002	489	Lau Kin On, Anthony	00:37:34	00:05:51	00:02:11	00:18:00	00:01:48	00:09:45		7	26.92
21	C4 - Course C1 - Boys 2002	494	Yeung Wing Kit	00:37:47	00:06:41	00:02:20	00:14:17	00:01:44	00:12:48	Excel Swim Sports Association	6	23.08
22	C4 - Course C1 - Boys 2002	506	LING KWAN KIT	00:39:24	00:07:19	00:02:38	00:13:29	00:01:58	00:14:02	Energetic Triathlon Shatin	5	19.23
23	C4 - Course C1 - Boys 2002	504	CARTON CHAN	00:40:09	00:06:17	00:02:47	00:17:40	00:01:46	00:11:41	Energetic Triathlon Shatin	4	15.38
24	C4 - Course C1 - Boys 2002	508	Wong Hin Yeung	00:45:30	00:07:36	00:02:23	00:16:26	00:02:31	00:16:37	Energetic Triathlon Shatin	3	11.54
25	C4 - Course C1 - Boys 2002	497	Ka Jung Wai	00:52:00	00:11:23	00:02:55	00:19:33	00:02:30	00:15:40	Mango Swimming Club	2	7.69

2013 Duathlon Series - Race 1 Result

26	C4 - Course C1 - Boys 2002	498	Tang Chi Yiu	00:59:24	00:11:28	00:03:55	00:21:39	00:02:30	00:19:54	Mango Swimming Club	1	3.85
DNF	C4 - Course C1 - Boys 2002	488	Lau Kin Pong, James	00:45:00	00:05:55	00:02:42			00:10:18			
DNS	C4 - Course C1 - Boys 2002	486	Lee Man Hei									
DNS	C4 - Course C1 - Boys 2002	495	Nicolas Stewart									
DNS	C4 - Course C1 - Boys 2002	499	Wilton Chik									
Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	C5 - Course C1 - Girls 2005	558	Chan Wing Chi, Sarah	00:39:52	00:08:59	00:02:42	00:15:28	00:01:46	00:10:59	Titan Triathlon	3	100.00
2	C5 - Course C1 - Girls 2005	559	Chloe Chick	00:49:28	00:10:04	00:02:18	00:22:01	00:02:28	00:12:38	Titan Triathlon	2	66.67
3	C5 - Course C1 - Girls 2005	560	Cheung Wai Yan	00:49:58	00:11:01	00:02:53	00:19:32	00:02:27	00:14:08	Mango Swimming Club	1	33.33
Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	C6 - Course C1 - Girls 2004	564	KAN HOI CHING	00:39:52	00:09:34	00:02:05	00:15:29	00:01:32	00:11:14	Energetic Triathlon Shatin	7	100.00
2	C6 - Course C1 - Girls 2004	563	Shum Ching Yu	00:41:44	00:08:37	00:02:06	00:17:48	00:02:11	00:11:05	Excel Swim Sports Association	6	85.71
3	C6 - Course C1 - Girls 2004	562	Water Teo Calla	00:41:51	00:09:57	00:02:13	00:17:43	00:01:30	00:10:30	Titan Triathlon	5	71.43
4	C6 - Course C1 - Girls 2004	567	NG LONG KWAN	00:44:14	00:10:40	00:02:31	00:15:27	00:01:57	00:13:40		4	57.14
5	C6 - Course C1 - Girls 2004	565	Au Che Yiu	00:45:33	00:08:36	00:02:35	00:22:13	00:01:37	00:10:34	Energetic Triathlon Shatin	3	42.86
6	C6 - Course C1 - Girls 2004	566	YEUNG HOI KIU	00:47:24	00:10:04	00:02:21	00:19:26	00:01:47	00:13:49	Energetic Triathlon Shatin	2	28.57
7	C6 - Course C1 - Girls 2004	561	Wong Hang Wing, Beatriz	00:47:57	00:09:58	00:02:21	00:22:07	00:02:06	00:11:27	Titan Triathlon	1	14.29
Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	C7 - Course C1 - Girls 2003	513	Ng Yee Wing Ines	00:34:33	00:05:50	00:02:05	00:14:22	00:01:35	00:10:43		6	100.00
2	C7 - Course C1 - Girls 2003	511	Charlotte Hall	00:35:18	00:05:59	00:02:12	00:15:07	00:01:49	00:10:13	Mango Swimming Club	5	83.33
3	C7 - Course C1 - Girls 2003	512	Wong Cheuk Yiu	00:35:58	00:05:48	00:02:15	00:14:08	00:01:43	00:12:08	Excel Swim Sports Association	4	66.67
4	C7 - Course C1 - Girls 2003	509	Lai Lok Yee	00:35:59	00:05:49	00:03:12	00:16:00	00:01:22	00:09:37	AustSports Association	3	50.00
5	C7 - Course C1 - Girls 2003	515	Ng Evelyn Megan	00:41:43	00:06:18	00:02:11	00:18:08	00:01:57	00:13:11	Energetic Triathlon Shatin	2	33.33
6	C7 - Course C1 - Girls 2003	516	Wong Yik Ting Jess	00:42:51	00:06:23	00:02:36	00:20:01	00:01:49	00:12:03	Energetic Triathlon Shatin	1	16.67
DNS	C7 - Course C1 - Girls 2003	510	Eva Lohan									
DNS	C7 - Course C1 - Girls 2003	514	Rachel Stevenson									
DNS	C7 - Course C1 - Girls 2003	517	Ng Wing Ka									
Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	C8 - Course C1 - Girls 2002	523	HO PUI KEI	00:31:03	00:04:39	00:02:07	00:13:50	00:01:21	00:09:09		6	100.00
2	C8 - Course C1 - Girls 2002	518	Wong Yuet Ching	00:31:08	00:04:32	00:02:29	00:13:36	00:01:15	00:09:17	AustSports Association	5	83.33
3	C8 - Course C1 - Girls 2002	521	HUI YAT NGA	00:32:18	00:04:36	00:02:09	00:14:26	00:01:27	00:09:43	Energetic Triathlon Shatin	4	66.67
4	C8 - Course C1 - Girls 2002	520	Jasmine Hallworth	00:37:09	00:06:29	00:02:25	00:15:59	00:01:40	00:10:37		3	50.00
5	C8 - Course C1 - Girls 2002	522	LIU SIN HANG, ALISON	00:37:50	00:06:16	00:03:06	00:15:17	00:01:45	00:11:27	Energetic Triathlon Shatin	2	33.33
6	C8 - Course C1 - Girls 2002	524	TAM MYRA CHEUK YAN	00:43:38	00:06:57	00:02:46	00:19:14	00:01:56	00:12:46		1	16.67
DNS	C8 - Course C1 - Girls 2002	519	Chan Hiu Yee									
Category	Category	Bib	Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%
1	C9 - Course C2 - Boys 2001	427	Chan Ho Fung	00:37:59	00:08:04	00:01:55	00:17:19	00:01:34	00:09:10	Sea Bear Swimming Club	17	100.00
2	C9 - Course C2 - Boys 2001	428	Hung Tik Long	00:38:06	00:07:46	00:01:46	00:18:17	00:01:22	00:08:56	Sea Bear Swimming Club	16	94.12
3	C9 - Course C2 - Boys 2001	445	MAK HO TIN, TYLER	00:39:14	00:07:30	00:01:43	00:18:35	00:01:42	00:09:47	Energetic Triathlon Shatin	15	88.24
4	C9 - Course C2 - Boys 2001	437	Sin Cheuk Fung	00:39:29	00:07:49	00:02:13	00:19:24	00:01:30	00:08:35		14	82.35
5	C9 - Course C2 - Boys 2001	439	LI TSZ HO, ANGUS	00:39:40	00:07:45	00:01:50	00:19:11	00:01:29	00:09:27	Titan Triathlon	13	76.47
6	C9 - Course C2 - Boys 2001	444	Lau Yu Hon	00:40:50	00:07:37	00:01:52	00:19:27	00:01:36	00:10:20	Energetic Triathlon Shatin	12	70.59
7	C9 - Course C2 - Boys 2001	432	Sung Ho Hin	00:41:16	00:08:32	00:02:02	00:19:43	00:01:31	00:09:31	Excel Swim Sports Association	11	64.71
8	C9 - Course C2 - Boys 2001	443	IP SHUN HEI	00:41:42	00:07:44	00:01:38	00:20:11	00:01:33	00:10:38	Energetic Triathlon Shatin	10	58.82
9	C9 - Course C2 - Boys 2001	438	Constantin Zodl	00:43:57	00:09:17	00:02:15	00:20:29	00:01:48	00:10:10	Hope Sport Association	9	52.94
10	C9 - Course C2 - Boys 2001	440	CHAN SHEUNG YIN	00:45:17	00:08:28	00:01:53	00:20:33	00:01:56	00:12:29	Energetic Triathlon Shatin	8	47.06

2013 Duathlon Series - Race 1 Result

11	C9 - Course C2 - Boys 2001	431	Lai Yick Kan	00:45:20	00:08:56	00:02:03	00:22:43	00:01:32	00:10:08	AustSports Association	7	41.18
12	C9 - Course C2 - Boys 2001	442	Chu Tsun Wai	00:46:01	00:09:02	00:02:04	00:18:16	00:01:58	00:14:43	Energetic Triathlon Shatin	6	35.29
13	C9 - Course C2 - Boys 2001	436	LEE KA HIM, KENNETH	00:46:23	00:07:34	00:01:48	00:19:46	00:01:47	00:15:30		5	29.41
14	C9 - Course C2 - Boys 2001	433	To Ming Chung, Samuel	00:46:40	00:09:02	00:02:11	00:22:42	00:01:36	00:11:11		4	23.53
15	C9 - Course C2 - Boys 2001	441	CHU CHEUK HANG	00:50:01	00:09:24	00:02:19	00:24:10	00:02:00	00:12:08	Energetic Triathlon Shatin	3	17.65
16	C9 - Course C2 - Boys 2001	434	Zachariah Chan	00:51:26	00:08:45	00:02:12	00:28:22	00:01:33	00:10:36	Crest Ray Recreation and Sports Club	2	11.76
17	C9 - Course C2 - Boys 2001	435	Lai Kin Cheun	00:52:14	00:10:06	00:02:24	00:25:29	00:01:56	00:12:21	Crest Ray Recreation and Sports Club	1	5.88
DNS	C9 - Course C2 - Boys 2002	430	Cheung Kam Lun									
DNS	C9 - Course C2 - Boys 2001	429	Lung Wai Chit									

Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%	
1	C11 - Course C2 - Boys 1999	410	CHAN CHI LAI	00:33:53	00:06:30	00:01:28	00:16:53	00:01:40	00:07:24	Energetic Triathlon Shatin	11	100.00
2	C11 - Course C2 - Boys 1999	408	LEE LAP PUI	00:34:03	00:06:46	00:01:40	00:15:33	00:01:15	00:08:51		10	90.91
3	C11 - Course C2 - Boys 1999	402	Lai Nok Hei	00:36:04	00:06:42	00:01:46	00:18:04	00:01:22	00:08:12	AustSports Association	9	81.82
4	C11 - Course C2 - Boys 1999	414	NG HO YIN	00:37:31	00:07:20	00:01:52	00:18:09	00:01:29	00:08:43	Energetic Triathlon Shatin	8	72.73
5	C11 - Course C2 - Boys 1999	411	CHAN WALLACE	00:38:06	00:07:57	00:01:42	00:17:36	00:01:17	00:09:36	Energetic Triathlon Shatin	7	63.64
6	C11 - Course C2 - Boys 1999	404	Wong Yat Long	00:38:18	00:07:31	00:01:51	00:17:54	00:01:40	00:09:26	Excel Swim Sports Association	6	54.55
7	C11 - Course C2 - Boys 1999	409	Yeung Chun Kit	00:38:30	00:07:14	00:01:45	00:19:20	00:01:35	00:08:38	South China Athletic Association	5	45.45
8	C11 - Course C2 - Boys 1999	412	CHEN YIK CHUNG	00:38:59	00:07:32	00:01:49	00:17:53	00:01:27	00:10:21	Energetic Triathlon Shatin	4	36.36
9	C11 - Course C2 - Boys 1999	413	Chow Chi Hei	00:39:13	00:08:04	00:02:00	00:17:11	00:01:47	00:10:13	Energetic Triathlon Shatin	3	27.27
10	C11 - Course C2 - Boys 1999	406	Chung Hiu Lok, Howard	00:44:15	00:08:40	00:02:05	00:22:02	00:01:26	00:10:05		2	18.18
11	C11 - Course C2 - Boys 1999	415	Wong Yik Ming Jeff	00:44:17	00:08:40	00:02:02	00:22:05	00:01:45	00:09:47	Energetic Triathlon Shatin	1	9.09

Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%	
1	C10 - Course C2 - Boys 2000	400	Matthew Tan	00:36:18	00:06:34	00:01:40	00:18:20	00:01:20	00:08:25		9	100.00
2	C10 - Course C2 - Boys 2000	394	Lau Chun Hei, Jeffrey	00:39:05	00:07:30	00:01:46	00:19:32	00:01:21	00:08:58	Excel Swim Sports Association	8	88.89
3	C10 - Course C2 - Boys 2000	393	Lee Sheung Chiy	00:39:40	00:08:18			00:01:40	00:09:32		7	77.78
4	C10 - Course C2 - Boys 2000	401	TAI YUN KAI	00:42:34	00:08:17	00:01:55	00:20:47	00:01:32	00:10:05	Titan Triathlon	6	66.67
5	C10 - Course C2 - Boys 2000	399	Cheung Ho Kwan, Blue	00:42:40	00:07:50	00:01:57	00:19:50	00:01:16	00:11:49	Hope Sport Association	5	55.56
6	C10 - Course C2 - Boys 2000	398	Don Chan	00:43:04	00:07:54	00:02:10	00:22:06	00:01:41	00:09:15		4	44.44
7	C10 - Course C2 - Boys 2000	397	Cheung Ka Fai	00:44:48	00:10:06	00:02:32	00:16:47	00:02:03	00:13:22		3	33.33
8	C10 - Course C2 - Boys 2000	396	Tsang Tsz Nok	00:46:01	00:09:41	00:02:12	00:21:29	00:01:50	00:10:52		2	22.22
9	C10 - Course C2 - Boys 2000	391	Cheung Cheuk Nam	00:48:46	00:08:31	00:02:09	00:23:01	00:01:45	00:13:21	AustSports Association	1	11.11
DNS	C10 - Course C2 - Boys 2000	392	Chan Yik Ming, Ricky									
DNS	C10 - Course C2 - Boys 2000	395	Charlie Stewart									

Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%	
1	C12 - Course C2 - Boys 1998	425	Leung Nok Hin	00:34:07	00:06:40	00:01:49	00:16:57	00:01:16	00:07:28	South China Athletic Association	9	100.00
2	C12 - Course C2 - Boys 1998	424	Sung Chun Hin	00:34:08	00:06:41	00:01:35	00:17:08	00:01:19	00:07:28	Excel Swim Sports Association	8	88.89
3	C12 - Course C2 - Boys 1998	421	Wong Wing Yin	00:35:17	00:06:42	00:01:44	00:16:59	00:01:25	00:08:29	Sonic Sports Association	7	77.78
4	C12 - Course C2 - Boys 1998	417	Tse Hau Hang	00:35:40	00:06:42	00:01:47	00:16:59	00:01:24	00:08:51	AustSports Association	6	66.67
5	C12 - Course C2 - Boys 1998	420	Yu King Chun	00:35:48	00:07:20	00:01:46	00:16:54	00:01:15	00:08:35	Energetic Triathlon Shatin	5	55.56
6	C12 - Course C2 - Boys 1998	418	Chung Yin Hei	00:37:00	00:06:43	00:02:00	00:17:37	00:01:36	00:09:06	AustSports Association	4	44.44
7	C12 - Course C2 - Boys 1998	423	Chan Ho Ting	00:41:07	00:07:55	00:02:00	00:17:52	00:01:37	00:11:45	Excel Swim Sports Association	3	33.33
8	C12 - Course C2 - Boys 1998	419	Lai Yick Him	00:41:24	00:07:40	00:01:57	00:21:05	00:01:17	00:09:27	AustSports Association	2	22.22
9	C12 - Course C2 - Boys 1998	426	Wong Hong Tai	00:44:18	00:08:45	00:02:13	00:20:40	00:01:38	00:11:04	Excel Swim Sports Association	1	11.11
DNF	C12 - Course C2 - Boys 1998	422	Cheung Ka Chun		00:06:52	00:01:56						
DNS	C12 - Course C2 - Boys 1998	416	Keung Pok Man									

Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%	
1	C13 - Course C2 - Girls 2001	450	Lee Sze Wing	00:39:45	00:08:01	00:01:58	00:19:09	00:01:22	00:09:17	Part Time Association	9	100.00

2013 Duathlon Series - Race 1 Result

2	C13 - Course C2 - Girls 2001	452	Cho Wing To, Cheri	00:41:38	00:08:30	00:02:00	00:19:17	00:01:29	00:10:24		8	88.89
3	C13 - Course C2 - Girls 2001	454	CHAN HANG KI, ALLISS	00:42:43	00:08:45	00:02:06	00:19:57	00:01:36	00:10:21	Energetic Triathlon Shatin	7	77.78
4	C13 - Course C2 - Girls 2001	447	Lau Yi Ki	00:42:48	00:08:34	00:02:04	00:20:08	00:01:17	00:10:47	AustSports Association	6	66.67
5	C13 - Course C2 - Girls 2001	446	Yu Pui Ming, Stefanie	00:42:52	00:08:43	00:02:10	00:20:03	00:01:32	00:10:26	AustSports Association	5	55.56
6	C13 - Course C2 - Girls 2001	453	Yip Kelly, Yau	00:44:21	00:08:48	00:02:04	00:20:07	00:01:35	00:11:49		4	44.44
7	C13 - Course C2 - Girls 2001	449	Chung Hiu Tung, Nicole	00:46:09	00:07:50	00:01:55	00:25:31	00:01:26	00:09:28		3	33.33
8	C13 - Course C2 - Girls 2001	451	Chu Wing Kiu	00:46:56	00:08:41	00:02:07	00:24:06	00:01:30	00:10:34	Titan Triathlon	2	22.22
9	C13 - Course C2 - Girls 2001	448	Lui Sum Yi	01:02:45	00:25:24	00:03:28	00:24:56	00:03:47	00:05:13		1	11.11
Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%	
1	C14 - Course C2 - Girls 2000	457	Bailee Brown	00:36:47	00:06:57	00:01:57	00:18:31	00:01:17	00:08:07		5	100.00
2	C14 - Course C2 - Girls 2000	455	Yeung Cho Yiu	00:39:22	00:08:00	00:01:52	00:18:46	00:01:23	00:09:22	Part Time Association	4	80.00
3	C14 - Course C2 - Girls 2000	459	Chau Man Wing	00:39:42	00:08:11	00:01:47	00:19:10	00:01:20	00:09:16	Energetic Triathlon Shatin	3	60.00
4	C14 - Course C2 - Girls 2000	458	CHERIE CHICK	00:44:09	00:07:59	00:02:09	00:22:33	00:01:17	00:10:13	Titan Triathlon	2	40.00
5	C14 - Course C2 - Girls 2000	460	CHUNG YUEN TUNG, HERA	00:45:16	00:09:25	00:02:04	00:20:54	00:01:29	00:11:26	Energetic Triathlon Shatin	1	20.00
DNS	C14 - Course C2 - Girls 2000	456	Jemima Ridley									
Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%	
1	C15 - Course C2 - Girls 1999	461	LAU YAN WING	00:40:03	00:07:49	00:01:50	00:19:59	00:01:16	00:09:11	Energetic Triathlon Shatin	1	100.00
Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%	
1	C16 - Course C2 - Girls 1998	462	Tong Sze Wai	00:39:18	00:07:47	00:01:53	00:19:03	00:01:23	00:09:13		2	100.00
2	C16 - Course C2 - Girls 1998	463	WONG LONG KIU	00:43:25	00:08:40	00:02:09	00:20:07	00:01:31	00:11:01	Energetic Triathlon Shatin	1	50.00
Category	Category	Bib Name	Official Time	Run 1Time	T1 Time	Bike Time	T2 Time	Run 2 Time	Club	Points	%	
1	R - Course A - Relay Team	65	Inno Racing Team	01:01:16	00:12:29	00:02:00	00:32:45	00:00:59	00:13:06			
2	R - Course A - Relay Team	75	Faithwalker	01:02:53	00:12:23	00:02:13	00:33:56	00:01:12	00:13:11			
3	R - Course A - Relay Team	61	AustSports Association -- Team /	01:02:59	00:12:21	00:02:27	00:33:46	00:01:09	00:13:17	AustSports Association		
4	R - Course A - Relay Team	73	CMS競	01:03:18	00:12:18	00:01:47	00:34:32	00:01:04	00:13:38			
5	R - Course A - Relay Team	63	AustSports Association -- Team (01:04:05	00:13:34	00:01:58	00:32:19	00:01:17	00:14:59	AustSports Association		
6	R - Course A - Relay Team	79	CMS	01:04:10	00:13:10	00:01:50	00:33:26	00:01:19	00:14:27			
7	R - Course A - Relay Team	62	AustSports Association -- Team f	01:05:49	00:12:41	00:01:58	00:35:50	00:01:28	00:13:54	AustSports Association		
8	R - Course A - Relay Team	64	Devil Force	01:06:11	00:12:54	00:02:04	00:35:36	00:01:25	00:14:15			
9	R - Course A - Relay Team	67	MT Biker B	01:07:24	00:16:10	00:01:57	00:29:30	00:01:12	00:18:37			
10	R - Course A - Relay Team	68	真難忍	01:10:06	00:12:37	00:02:10	00:39:54	00:01:22	00:14:06			
12	R - Course A - Relay Team	80	Zero Bike Club	01:17:00	00:17:57	00:02:41	00:34:55	00:01:32	00:19:57			
13	R - Course A - Relay Team	72	Zero Bike Club	01:18:51	00:14:24	00:02:18	00:44:33	00:01:31	00:16:07			
14	R - Course A - Relay Team	71	ZERO BIKE CLUB	01:20:11	00:17:25	00:02:20	00:38:33	00:01:39	00:20:17			
15	R - Course A - Relay Team	78	Dashing Iron Team 4	01:22:12	00:17:29	00:03:04	00:39:59	00:01:43	00:19:59			
16	R - Course A - Relay Team	77	Zero Bike Club	01:26:29	00:21:47	00:02:07	00:37:05	00:01:40	00:23:52			
17	R - Course A - Relay Team	70	Dashing Iron Team 3	01:26:45	00:15:45	00:02:24	00:48:32	00:01:20	00:18:46			
18	R - Course A - Relay Team	76	Dashing Iron Team 2	01:33:43	00:18:13	00:02:26	00:51:11	00:01:35	00:20:20			
19	R - Course A - Relay Team	74	Dashing Iron Team 1	01:35:06	00:16:08	00:02:28	00:56:58	00:01:33	00:18:00			
DSQ	Wrong Place Transition	66	MT Biker A	00:59:59	00:12:53	00:01:32	00:30:19	00:01:10	00:14:06			
DSQ	Short Bike	81	Zero Bike Club	01:10:36	00:15:48	00:02:34	00:33:41	00:01:33	00:17:02			