

2006 Aquathon Series - Race 1 (Age Group and Junior Result)

Race No	Chinese Name	English Name	Club	Swim	Run	Total	Pos	Points
Male Elite Open								
1	李致和	Lee Chi Wo, Daniel	Titan Triathlon	0:06:18	0:14:02	0:20:20	1	6
2	梁正彥	Leung Ching Yin	Titan Triathlon	0:06:18	0:14:14	0:20:32	2	5
3	謝竣丞	Hsieh Chun Shing, Jason	Titan Triathlon	0:06:32	0:14:15	0:20:47	3	4
5	劉政彥	Lau Ching Yin, Lamuel	Energetic Triathlon Shatin	0:06:32	0:14:27	0:20:59	4	3
4	譚祖堯	Tam Joe Dick	Energetic Triathlon Shatin	0:06:32	0:14:50	0:21:22	5	2
48	劉瀚鏞	Low Han Keat		0:07:43	0:17:28	0:25:11	6	1
Male Elite Junior								
7	陳以高	Chan Ye Ko, Ricco	Energetic Triathlon Shatin	0:04:59	0:12:07	0:17:06	1	11
9	林家浚	Lam Ka Tsun, John	Energetic Triathlon Shatin	0:05:13	0:12:14	0:17:27	2	10
11	何景勳	Ho King Fun	Titan Triathlon	0:05:15	0:12:12	0:17:27	3	9
12	勞証顯	Lo Ching Hin		0:05:06	0:12:22	0:17:28	4	8
18	陳勉延	Chan Min Ting, Bernie	Energetic Triathlon Shatin	0:05:38	0:11:51	0:17:29	5	7
8	李祉穎	Li Tsz Wing, William	Energetic Triathlon Shatin	0:05:13	0:12:36	0:17:49	6	6
16	張廷浩	Cheung Ting Ho	Energetic Triathlon Shatin	0:05:39	0:12:24	0:18:03	7	5
17	黃浩謙	Wong Ho Him	Energetic Triathlon Shatin	0:05:35	0:12:32	0:18:07	8	4
14	陳慶駒	Chan Hing Kui	Energetic Triathlon Shatin	0:05:22	0:13:08	0:18:30	9	3
15	蔡梓豐	Choi Chi Fung, Michael		0:05:24	0:13:34	0:18:58	10	2
13		Mitchell Abrams		0:07:10	0:13:57	0:21:07	11	1
Male Junior								
207	袁致衡	Yuen Chi Hang	Titan Triathlon	0:04:13	0:06:36	0:10:49	1	32
185	許家鏘	Hui Ka Cheong		0:04:05	0:06:58	0:11:03	2	31
186	彭志洋	Alexander Banh		0:04:26	0:06:53	0:11:19	3	30
188	甘松熹	Kam Chung Hay, Derek		0:04:16	0:07:06	0:11:22	4	29
183	盧匡民	Lo Hong Man		0:04:22	0:07:13	0:11:35	5	28
181	黃浩勤	Wong Ho Kan	Energetic Triathlon Shatin	0:04:41	0:07:01	0:11:42	6	27
182	梁嘉倫	Leung Ka Lun	Energetic Triathlon Shatin	0:04:21	0:07:43	0:12:04	7	26
224		Ben Buckley	Energetic Triathlon Shatin	0:04:28	0:07:43	0:12:11	8	25
197	陳慶峰	Chan Hing Fung	Energetic Triathlon Shatin	0:04:47	0:07:36	0:12:23	9	24
205	李震淙	Li Chun Tsung	Titan Triathlon	0:04:36	0:07:49	0:12:25	10	23
194	陳朗然	Chan Long Yin	Titan Triathlon	0:04:16	0:08:23	0:12:39	11	22
195		Matthew Chan	Titan Triathlon	0:04:18	0:08:37	0:12:55	12	21
187	勞子峰	Lo Tsz Fung, Wilson		0:04:55	0:08:05	0:13:00	13	20
190	梁奕軒	Leung Yik Hin		0:05:47	0:08:05	0:13:52	14	19
209	莊樂行	Chong Lok Hang		0:04:25	0:09:32	0:13:57	15	18
198	溫皓政	Wan Ho Ching	Energetic Triathlon Shatin	0:04:27	0:09:37	0:14:04	16	17
202	譚志輝	Tam Chi Fai	Pro-Trinity Sports Association	0:05:50	0:08:14	0:14:04	17	16
206	陳柏維	Chan Pak Wai	Titan Triathlon	0:04:27	0:09:42	0:14:09	18	15
193	夏嘉鍵	Rakin Shah	Titan Triathlon	0:04:01	0:10:18	0:14:19	19	14
223	彭家軍	Pang Ka Kwan		0:05:41	0:08:55	0:14:36	20	13
208	李浩邦	Lee Ho Bong	Titan Triathlon	0:04:24	0:10:48	0:15:12	21	12
196	曹文誠	Cho Man Shing	Energetic Triathlon Shatin	0:05:24	0:09:58	0:15:22	22	11
211	關卓恒	Kwan Cheuk Hang		0:05:32	0:09:55	0:15:27	23	10
199	陳永杰	Chan Wing Kit	Pro-Trinity Sports Association	0:06:19	0:09:12	0:15:31	24	9
203	葉志全	Yip Chi Chuen, Chris	Pro-Trinity Sports Association	0:08:28	0:07:35	0:16:03	25	8
204	周俊傑	Chau Chun Kit	Pro-Trinity Sports Association	0:07:39	0:08:28	0:16:07	26	7
191	陳思文	Chan Sze Man	Mango Swimming Club	0:06:07	0:10:12	0:16:19	27	6
210	陳錦銘	Chan Kam Ming		0:05:30	0:11:05	0:16:35	28	5
201	鄧遠雄	Tang Yuen Hung	Pro-Trinity Sports Association	0:05:25	0:11:44	0:17:09	29	4
180	李建恆	Lee Kin Hang	LGP Sports	0:06:23	0:11:28	0:17:51	30	3
200	黃家亮	Wong Ka Leong	Pro-Trinity Sports Association	0:06:43	0:17:10	0:23:53	32	1
184	莫鈞濠	Mok Kwan Ho	Ma On Shan Swimming & Triathlon Club				DNS	
189	邱治瑋	Yau Chi Wai	Hong Kong Everbest Sports Association				DNS	
Male 20-24								
192	王偉康	Wong Wai Hong	Titan Triathlon	0:07:06	0:12:36	0:19:42	1	3
38	方威廉	Fong Wai Lim		0:07:35	0:15:54	0:23:29	2	2
40	林梓維	Lam Tsz Wai, Vincent	Energetic Triathlon Shatin	0:06:08	0:14:01	0:20:09	3	1
41	劉錦聰	Lau Kam Chung	Excellence Sports Association				DNS	
225	蔡榮傑	Choi Wing Kit					DNS	

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Male 25-29

129	李振邦	Li Chun Pong, David	Energetic Triathlon Shatin	0:06:22	0:12:27	0:18:49	1	13
135	林頌璣	Lam Chung Kei, Lewis	Titan Triathlon	0:06:23	0:12:50	0:19:13	2	12
140	袁啓禮	Yuen Kai Lai	Sonic Sports Association	0:05:33	0:14:07	0:19:40	3	11
137	陳傑斌	Chan Kit Bun, Erik	Energetic Triathlon Shatin	0:06:27	0:13:19	0:19:46	4	10
136	鄧景文	Tang King Man, Alvin	Titan Triathlon	0:05:36	0:16:06	0:21:42	5	9
139	林庭光	Lam Ting Kwong	Sonic Sports Association	0:06:13	0:15:53	0:22:06	6	8
141	章綿威	Cheung Min Wai		0:07:38	0:14:55	0:22:33	7	7
128	石啓右	Sak Kai Yau	Pro-Trinity Sports Association	0:08:36	0:14:32	0:23:08	8	6
134	駱林鋒	Lok Lam Fung	Titan Triathlon	0:07:11	0:16:08	0:23:19	9	5
138	梁家怡	Leung Ka Yi		0:09:41	0:14:11	0:23:52	10	4
230	麥志聰	Mak Chi Chung	Titan Triathlon	0:09:23	0:17:44	0:27:07	11	3
132	劉健章	Lau Kin Cheung		0:10:37	0:17:24	0:28:01	12	2
233	關銘麟	Kwan Ming Lun		0:10:01	0:18:34	0:28:35	13	1
126	黃駿琦	Wong Chun Kei					DNS	
130	明福灝	Ming Fuk Ho	Energetic Triathlon Shatin				DNS	
131	徐振威	Tsui Chun Wai					DNS	
133	陳志光	Chan Chi Kwong	Energetic Triathlon Shatin				DNS	

Male 30-34

85		James Stewart	Hong Kong Dragon Triathlon Club	0:06:02	0:13:57	0:19:59	1	22
61	李裕康	Lee Yue Hong, Samson	Energetic Triathlon Shatin	0:07:01	0:13:03	0:20:04	2	21
68	羅國偉	Lo Kwok Wai	Energetic Triathlon Shatin	0:06:56	0:13:10	0:20:06	3	20
67	温天立	Wan Tin Lap, Ivan	Energetic Triathlon Shatin	0:07:33	0:13:06	0:20:39	4	19
71	吉業明	Kut Yip Ming	Sonic Sports Association	0:07:42	0:12:57	0:20:39	5	18
77	徐偉源	Tsui Wai Yuen	Titan Triathlon	0:08:05	0:13:03	0:21:08	6	17
63	覃迪豪	Chum Tik Ho		0:07:16	0:14:01	0:21:17	7	16
76	陳利	Chan Li	Titan Triathlon	0:06:52	0:14:36	0:21:28	8	15
72	林俊賢	Lam Chun Yin		0:08:22	0:14:24	0:22:46	9	14
83	梁正輝	Leung Ching Fai		0:08:08	0:15:16	0:23:24	10	13
60	黎偉傑	Lai Wai Kit	Titan Triathlon	0:08:23	0:15:35	0:23:58	11	12
70	李銘揚	Lee Ming Yeung	Energetic Triathlon Shatin	0:09:30	0:14:55	0:24:25	12	11
59	辛祖勤	Sun Cho Kan		0:08:41	0:16:31	0:25:12	13	10
79	顏澤偉	Ngan Chak Wai	Energetic Triathlon Shatin	0:08:28	0:16:48	0:25:16	14	9
84	陳展雄	Chan Chin Hung, Thomas	Sonic Sports Association	0:07:43	0:17:35	0:25:18	15	8
69	朱國亮	Chu Kwok Leung	Energetic Triathlon Shatin	0:09:45	0:15:54	0:25:39	16	7
74	吳志威	Ng Chi Wai, Simon	Energetic Triathlon Shatin	0:08:54	0:16:48	0:25:42	17	6
73	文家祺	Man Ka Kee, Ricky		0:08:49	0:18:18	0:27:07	18	5
65	黎兆榮	Lai Siu Wing	Titan Triathlon	0:09:00	0:18:53	0:27:53	19	4
81	周俊傑	Chow Chun Kit	Energetic Triathlon Shatin	0:10:45	0:17:35	0:28:20	20	3
82	黃漢威	Wong Hon Wei	Energetic Triathlon Shatin	0:09:59	0:19:59	0:29:58	21	2
80	陳啓中	Chan Kai Chung	Energetic Triathlon Shatin	0:12:03	0:25:28	0:37:31	22	1
62	黃仲民	Wong Chun Man					DNS	
64	楊永賢	Yeung Wing Yin, Michael					DNS	
66	謝子俊	Tse Chi Chun					DNS	
75	王洪烈	Wong Hung Lek, Ben	Titan Triathlon				DNS	
78	黃仲文	Wong Chung Man	Energetic Triathlon Shatin				DNS	

Male 35-39

56	溫樹華	Wan Shu Wah	Energetic Triathlon Shatin	0:06:18	0:12:51	0:19:09	1	15
52	趙國富	Chiu Kok Fu	Titan Triathlon	0:06:59	0:12:14	0:19:13	2	14
44	葉家強	Yip Ka Keung, Patrick	Sonic Sports Association	0:06:03	0:14:05	0:20:08	3	13
54	楊志康	Yeung Chi Hong	Titan Triathlon	0:06:52	0:13:22	0:20:14	4	12
45	鍾冠楊	Chung Kwun Yeung, Clement		0:07:07	0:13:12	0:20:19	5	11
50	周啓斌	Chow Kai Pun		0:06:52	0:13:48	0:20:40	6	10
53	溫志清	Wan Chi Ching	Titan Triathlon	0:06:52	0:14:35	0:21:27	7	9
47	黃健	Wong Kin, Kenny	Energetic Triathlon Shatin	0:08:34	0:12:56	0:21:30	8	8
58	彭金有	Pang Kam Yau		0:07:33	0:14:30	0:22:03	9	7
42	林永康	Lam Wing Hong		0:07:53	0:14:41	0:22:34	10	6
55	梁華達	Leung Wah Tat, Keith	Titan Triathlon	0:08:03	0:16:56	0:24:59	11	5
231	潘厚強	Poon Hau Keung		0:08:08	0:16:56	0:25:04	12	4
49	陳植堅	Chan Chik Kin	Pro-Trinity Sports Association	0:08:12	0:17:51	0:26:03	13	3
51	林英偉	Lam Ying Wai, Roy		0:09:18	0:18:49	0:28:07	14	2
43	劉世健	Lau Sai Kin		0:09:37	0:24:27	0:34:04	15	1

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46		Mike Watson							DNS
57	黃浩明	Wong Ho Ming, Edwin	Sonic Sports Association						DNS
<u>Male 40-44</u>									
89		Tam Sze Lun	Sonic Sports Association	0:06:14	0:12:42	0:18:56	1	16	
92		Bertram Shi		0:06:34	0:14:01	0:20:35	2	15	
94		Ian Strange		0:07:31	0:13:10	0:20:41	3	14	
104	馬志寶	Ma Chi Po	Titan Triathlon	0:07:26	0:13:42	0:21:08	4	13	
87	麥德長	Mak Tak Cheung	Ma On Shan Swimming & Triathlon Club	0:08:33	0:12:54	0:21:27	5	12	
91	何澤	Ho Chak	Energetic Triathlon Shatin	0:07:59	0:13:37	0:21:36	6	11	
93	陳和芝	Francis Chan	Energetic Triathlon Shatin	0:07:30	0:15:04	0:22:34	7	10	
97	潘國榮	Poon Kwok Wing	Energetic Triathlon Shatin	0:07:54	0:14:56	0:22:50	8	9	
102	梁達富	Leung Tat Fu		0:07:02	0:16:21	0:23:23	9	8	
99	黃賢昌	Wong Yin Cheung	Titan Triathlon	0:09:11	0:14:57	0:24:08	10	7	
103	陳澤輝	Chan Chik Fai		0:07:34	0:16:37	0:24:11	11	6	
96	吳國全	Ng Kwok Chuen		0:08:32	0:15:46	0:24:18	12	5	
106	陳家輝	Chan Kar Fai	Titan Triathlon	0:08:00	0:17:03	0:25:03	13	4	
105	劉德揚	Lau Tak Yeung	Titan Triathlon	0:09:09	0:16:08	0:25:17	14	3	
98	謝天偉	Tse Tin Wai		0:09:38	0:18:34	0:28:12	15	2	
95	徐康平	Tsui Hong Ping		0:10:32	0:32:12	0:42:44	16	1	
90		Scott Burton							DNS
100		Steven Memet	Hong Kong Dragon Triathlon Club						DNS
101	趙立榮	Chiu Lap Wing							DNS
228	蔡英強	Choy Ying Keung							DNS
107		David Tonks							DNS
<u>Male 45-49</u>									
111	李家和	Li Ka Wo	Energetic Triathlon Shatin	0:06:42	0:13:50	0:20:32	1	18	
115	何德明	Ho Tak Ming	Energetic Triathlon Shatin	0:06:31	0:14:20	0:20:51	2	19	
109		Rolf Kambli		0:07:31	0:13:26	0:20:57	3	20	
121	劉少根	Lau Siu Kan	Titan Triathlon	0:07:13	0:14:22	0:21:35	4	21	
114	王葉礎	Wong Ip Chor		0:08:31	0:13:10	0:21:41	5	22	
119	萬偉良	Man Wai Leung	Titan Triathlon	0:08:33	0:14:08	0:22:41	6	23	
117	曾忠明	Tsang Chung Ming	Titan Triathlon	0:08:25	0:14:27	0:22:52	7	24	
123	吳嘉華	Ng Ka Wah	Titan Triathlon	0:07:05	0:16:44	0:23:49	8	25	
88	陳光	Chan Kwong	Ma On Shan Swimming & Triathlon Club	0:06:12	0:17:53	0:24:05	9	26	
112	郭瑞榮	Kwok Shui Wing		0:09:24	0:14:53	0:24:17	10	27	
113		Armando Osmani		0:08:50	0:15:49	0:24:39	11	28	
120	劉劍華	Lau Kim Wah	Titan Triathlon	0:07:31	0:17:11	0:24:42	12	29	
118	黃國華	Wong Kwok Wah	Titan Triathlon	0:08:23	0:16:55	0:25:18	13	30	
116	李第宏	Li Tai Wang, Paul	Sonic Sports Association	0:08:46	0:17:19	0:26:05	14	31	
122	曹振邦	Tso Chun Pong	Titan Triathlon	0:09:13	0:17:42	0:26:55	15	32	
108	譚嘉傑	Tam Ka Kit	Ma On Shan Swimming & Triathlon Club	0:09:33	0:17:22	0:26:55	16	33	
124	盧丘山	Loo Ngok Shan	Titan Triathlon	0:09:50	0:17:17	0:27:07	17	34	
110	許子忠	Hui Tsz Chung	Titan Triathlon	0:10:51	0:17:39	0:28:30	18	35	
<u>Male 50 & Over</u>									
26	黃卓然	Wong Cheuk Yin	Titan Triathlon	0:06:03	0:13:55	0:19:58	1	16	
24	張貞熙	Jesse Chang		0:06:15	0:13:57	0:20:12	2	15	
35	陳浩基	Chan Ho Kee	Titan Triathlon	0:07:41	0:14:32	0:22:13	3	14	
25	吳志明	Ng Chi Ming		0:07:47	0:14:36	0:22:23	4	13	
33	黃錦添	Wong Kam Tim	Sonic Sports Association	0:08:24	0:14:17	0:22:41	5	12	
23	陳景源	Chan King Yuen	Titan Triathlon	0:07:13	0:15:55	0:23:08	6	11	
29	李樹麟	Andrew Li	Energetic Triathlon Shatin	0:08:29	0:15:08	0:23:37	7	10	
31	張景祥	Cheung King Cheung		0:09:21	0:14:16	0:23:37	8	9	
37	陳景良	Chan King Leung	Titan Triathlon	0:07:50	0:16:44	0:24:34	9	8	
36	劉劍文	Lau Kim Man	Titan Triathlon	0:07:49	0:16:51	0:24:40	10	7	
22	麥桂成	Mak Kwai Sing, Raymond		0:09:12	0:15:32	0:24:44	11	6	
30	鄭錫錦	Kwong Sik Kam	Ma On Shan Swimming & Triathlon Club	0:07:11	0:17:39	0:24:50	12	5	
28	黃恭允	Wong Kung Wan	Ma On Shan Swimming & Triathlon Club	0:07:30	0:17:52	0:25:22	13	4	
34	黃啓良	Wong Kai Leung		0:10:07	0:17:52	0:27:59	14	3	
27	區有傑	Au Yau Kit		0:07:58	0:21:33	0:29:31	15	2	
32	謝德明	Tse Tak Ming		0:11:03	0:19:36	0:30:39	16	1	

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Female Elite Open

6	麥素寧	Mak So Ning, Tania	Energetic Triathlon Shatin	0:06:48	0:15:49	0:22:37	1	2
10	趙淑嫻	Chiu Suk Han		0:08:20	0:17:53	0:26:13	2	1

Female Elite Junior

19	胡潔婷	Wu Kit Ting, Kitty	Energetic Triathlon Shatin	0:05:43	0:13:55	0:19:38	1	3
20	司徒兆殷	Szeto Shiu Yan		0:05:37	0:13:52	0:19:29	2	2
21	許煒森	Hui Wai Sum, Vincci	Energetic Triathlon Shatin	0:05:24	0:12:49	0:18:13	3	1

Female Junior

213	劉娉子	Lau Ping Tsz	Energetic Triathlon Shatin	0:04:25	0:08:04	0:12:29	1	11
219	陳雅妍	Chan Nga Yin, Vicky		0:04:20	0:08:29	0:12:49	2	10
220	張迪嘉	Cheung Tik Ka	Sonic Sports Association	0:04:53	0:07:57	0:12:50	3	9
212	范樂欣	Fan Lok Yan	Energetic Triathlon Shatin	0:04:37	0:08:20	0:12:57	4	8
227	余珮珊	She Pui Shan		0:04:55	0:08:22	0:13:17	5	7
218	梁嘉淇	Leung Ka Ki	Crest Ray Recreation & Sports Club	0:04:55	0:09:12	0:14:07	6	6
217	張嘉軒	Cheung Ka Hin		0:04:59	0:09:14	0:14:13	7	5
214	李瓊恩	Li King Yan	Energetic Triathlon Shatin	0:04:23	0:09:56	0:14:19	8	4
221	邵恩欣	Shao Yan Yan	Energetic Triathlon Shatin	0:05:03	0:09:28	0:14:31	9	3
229	溫樂庭	Wan Lok Ting		0:05:10	0:09:32	0:14:42	10	2
216	葉天恩	Yip Tin Yan		0:06:08	0:09:06	0:15:14	11	1
222	沙芍欣	Sha Cheuk Yan	Sonic Sports Association	0:05:17	0:06:30	0:11:47	DSQ	
215	梁靖曦	Leung Ching Hei	LGP Sports	0:05:31			DNF	

Female 20-29

146	周佩欣	Chow Pui Yan	Titan Triathlon	0:06:57	0:13:45	0:20:42	1	11
144	馮敏婷	Fung Man Ting, Olivia		0:07:02	0:15:14	0:22:16	2	10
151	胡貝欣	Wu Pui Yan, Natalie	Sonic Sports Association	0:06:30	0:15:59	0:22:29	3	9
149	湯嘉麗	Carlay Tong	Energetic Triathlon Shatin	0:06:30	0:17:14	0:23:44	4	8
143	陳樂欣	Chan Lok Yan	Titan Triathlon	0:07:26	0:16:44	0:24:10	5	7
127		Shannon Aronld		0:08:08	0:16:13	0:24:21	6	6
142	黃瑞心	Wong Sui Sum, Bonnie	Pro-Trinity Sports Association	0:08:09	0:16:49	0:24:58	7	5
150	周佻男	Chau Chiu Nam, Gorilla	Energetic Triathlon Shatin	0:06:54	0:19:16	0:26:10	8	4
145	潘文鳳	Poon Man Fung		0:09:17	0:17:40	0:26:57	9	3
148	謝琅琳	Tse Long Lam	Energetic Triathlon Shatin	0:09:00	0:21:30	0:30:30	10	2
147	林惠儀	Lam Wai Yee	Energetic Triathlon Shatin	0:11:59	0:18:36	0:30:35	11	1

Female 30-39

159	許家敏	Hui Ka Man, Amy	Energetic Triathlon Shatin	0:06:49	0:16:07	0:22:56	1	9
153	張錦欣	Cheung Kam Yan		0:08:20	0:15:26	0:23:46	2	8
155	梅綺雯	Mui Yee Man	Titan Triathlon	0:08:27	0:15:47	0:24:14	3	7
152	陳桂華	Chan Kwai Wah	Titan Triathlon	0:07:50	0:17:58	0:25:48	4	6
156	平原奈津子	Hirahara Natsuko		0:09:41	0:17:29	0:27:10	5	5
234	梁錦枝	Leung Kam Chi	Sonic Sports Association	0:09:49	0:17:34	0:27:23	6	4
161	盧靄姿	Lo Kwok Chi, Viola	Energetic Triathlon Shatin	0:10:21	0:17:10	0:27:31	7	3
158	黃靄梅	Wong Kwok Mui, Enoch	Energetic Triathlon Shatin	0:10:40	0:18:23	0:29:03	8	2
160	張杏珊	Elsa Cheung	Titan Triathlon	0:12:09	0:20:19	0:32:28	9	1
157	羅瑞貞	Lo Sui Ching	Energetic Triathlon Shatin				DNF	

Female 40 & Over

166	吳幼蘭	Ng Yau Lan	Ma On Shan Swimming & Triathlon Club	0:07:30	0:15:27	0:22:57	1	10
171	勞冠麗	Lo Koon Lai	Sonic Sports Association	0:09:01	0:15:35	0:24:36	2	9
226	譚彩萍	Tam Choi Ping		0:08:30	0:16:24	0:24:54	3	8
170	謝麗僑	Pauline Tse	Titan Triathlon	0:09:52	0:16:27	0:26:19	4	7
165	楊世喜	Yeung Sai Hee, Sally	Titan Triathlon	0:10:49	0:16:45	0:27:34	5	6
168	譚美玲	Tam Mei Ling		0:10:10	0:18:49	0:28:59	6	5
167	高淑嫻	Ko Shuk Han		0:09:51	0:20:05	0:29:56	7	4
164	莫玉明	Mok Yuk Ming	Energetic Triathlon Shatin	0:09:31	0:23:07	0:32:38	8	3
163	林佩儀	Lam Pui Yee, Jessie	Titan Triathlon	0:11:00	0:23:08	0:34:08	9	2
162	馮善嫻	Fung Sin Han		0:12:34	0:21:54	0:34:28	10	1
169	周潔冰	Chow Kit Bing	Energetic Triathlon Shatin				DNF	