

2016 Age Group Triathlon - Club Result

Name	完成時間	Distance	Category組別
<b>Sprint Distance - Female</b>			
Leanne Szeto Shiu Yan	01:16:25	Sprint	Female 25-29
Tsang Ka Hung	01:17:45	Sprint	Female 20-24
Christina Sjoholm	01:17:55	Sprint	Female 30-34
Tanya Lee-Parker	01:19:30	Sprint	Female 50-54
Karen Lui Shuk Han	01:23:00	Sprint	Female 45-49
Carlay Tong	01:28:52	Sprint	Female 35-39
Idy Chiu Wai Hing	01:30:27	Sprint	Female 45-49
Chan Pui Ling	01:30:37	Sprint	Female 45-49
Hayley Goldberg	01:33:01	Sprint	Female 45-49
Rachel Tam Fong Wai	01:33:11	Sprint	Female 35-39
Katrin Buchta	01:34:41	Sprint	Female 45-49
Shirley Yam Wai Chi	01:36:17	Sprint	Female 40-44
Louisa Chu Wai Yu	01:36:31	Sprint	Female 45-49
Josie Ling	01:37:58	Sprint	Female 30-34
Yip Hoi Lun	01:40:19	Sprint	Female 30-34
Chung Ka Wing	01:40:24	Sprint	Female 35-39
Mandy Li See Man	01:40:48	Sprint	Female 40-44
Amy Cheung	01:40:55	Sprint	Female 30-34
Janet SY	01:40:57	Sprint	Female 50-54
Chiu Wing Hei	01:41:09	Sprint	Female 30-34
Cheung Man	01:41:25	Sprint	Female 30-34
Fion Yip Fung Ming	01:41:53	Sprint	Female 40-44
Liu Wai Fun	01:43:05	Sprint	Female 45-49
Wong Hoi Chung	01:43:07	Sprint	Female 35-39
Kwan Pui Ngar	01:44:19	Sprint	Female 40-44
Ivonne Marie E Wong	01:44:28	Sprint	Female 35-39
Sandra Ng	01:45:13	Sprint	Female 40-44
Angela T.C. Wong	01:45:27	Sprint	Female 40-44
Christina Ho	01:45:30	Sprint	Female 40-44
Fong Tan Ki	01:46:28	Sprint	Female 35-39
Li Yui Ming	01:47:35	Sprint	Female 30-34
Tam Yuen Hung	01:49:52	Sprint	Female 50-54
Sally Lam	01:49:59	Sprint	Female 45-49
Fu Lai Ying	01:50:02	Sprint	Female 35-39
Darlene Goode	01:50:43	Sprint	Female 50-54
Cristal Law	01:50:59	Sprint	Female 35-39
Grace Lo Kit Yee	01:51:08	Sprint	Female 45-49
Lo Chun Mui	01:51:23	Sprint	Female 40-44
Wu Mei Ling	01:52:45	Sprint	Female 45-49
Tam Choi Yin	01:54:15	Sprint	Female 55-59
Dilys Lowe	01:59:34	Sprint	Female 50-54
Ng Man Sze	02:06:23	Sprint	Female 25-29
Stephanie Yip	02:08:37	Sprint	Female 35-39
Lai Tai Fong	02:09:43	Sprint	Female 40-44
Yau Lai Lin	02:10:34	Sprint	Female 60 & Over
Yuen Siu Sheung	02:13:39	Sprint	Female 55-59
Susan Lowrey	04:34:25	Sprint	Female 30-34
<b>Sprint Distance - Female</b>			
Lee Wing Sum	01:40:28	Sprint	Female Junior
Tang Sin Laam	01:46:36	Sprint	Female Junior
<b>Sprint Distance - Male</b>			
Chan Hoi Wing	01:07:20	Sprint	Male 25-29
Ho King Fun	01:08:28	Sprint	Male 25-29
Tsang Chun Kit	01:09:02	Sprint	Male 30-34
Olaf Kasten	01:09:24	Sprint	Male 40-44
Richard Hall	01:10:27	Sprint	Male 45-49
Yuen Chi Hang	01:11:23	Sprint	Male 25-29

## 2016 Age Group Triathlon - Club Result

David Li Chun Pong	01:11:50	Sprint	Male 35-39
Cheng Tsz yeung	01:12:00	Sprint	Male 20-24
Simon Waterhouse	01:12:29	Sprint	Male 40-44
Sirus Lee Yuk Tong	01:13:05	Sprint	Male 35-39
Ron Tupac	01:13:06	Sprint	Male 40-44
Wong Wai Ho	01:13:11	Sprint	Male 25-29
Thomas Hardcastle	01:13:54	Sprint	Male 45-49
Erik Chan	01:14:07	Sprint	Male 35-39
Lai Kin Sun	01:14:54	Sprint	Male 45-49
Jeffrey Shum	01:15:15	Sprint	Male 30-34
Cheung Wai Kei	01:15:16	Sprint	Male 40-44
Wong Yee Keung	01:15:33	Sprint	Male 45-49
Woo Wai Kit	01:15:49	Sprint	Male 35-39
Edward Wong Tak Wah	01:16:17	Sprint	Male 45-49
Leung Ka Lun	01:16:43	Sprint	Male 25-29
Chum Tik Ho	01:16:57	Sprint	Male 40-44
Wong Ho Him	01:17:07	Sprint	Male 25-29
John Pesci	01:17:24	Sprint	Male 45-49
Lau Chun Pong	01:17:30	Sprint	Male 30-34
Chan Li	01:18:11	Sprint	Male 40-44
Danny Sung Yan Wah	01:18:43	Sprint	Male 50-54
Tam Yau Yan	01:18:45	Sprint	Male 30-34
Wong Pui Yuen	01:18:51	Sprint	Male 40-44
Alex Lun Tat Yin	01:19:08	Sprint	Male 40-44
Wong Cheong-Yui	01:19:42	Sprint	Male 40-44
Colin Wong	01:20:08	Sprint	Male 40-44
Poon Chun Leung	01:20:16	Sprint	Male 20-24
Alan Chan Chun Lung	01:20:16	Sprint	Male 25-29
Rick Smits	01:20:38	Sprint	Male 50-54
Benny Chu Kin Wa	01:20:48	Sprint	Male 20-24
Tony Wong Yiu Hon	01:21:09	Sprint	Male 35-39
Fong Chi Wai	01:21:17	Sprint	Male 35-39
Wong Wing Sang	01:21:21	Sprint	Male 30-34
Andy Ng Wai Kei	01:21:23	Sprint	Male 30-34
Mok Ho Yin	01:21:35	Sprint	Male 45-49
Chan Chu	01:21:40	Sprint	Male 50-54
Harvey Jiang Lik	01:21:41	Sprint	Male 30-34
Wong Cheuk Yin	01:21:42	Sprint	Male 60 & Over
Billy Chow	01:21:54	Sprint	Male 45-49
Steve Chiu Chi Wah	01:22:03	Sprint	Male 40-44
Lam Ka Wai	01:22:23	Sprint	Male 20-24
Poon Chi Leung	01:22:28	Sprint	Male 20-24
David Gibb	01:22:31	Sprint	Male 45-49
Philip Tong Chi Hung	01:22:32	Sprint	Male 50-54
Keith Yeung	01:22:43	Sprint	Male 40-44
Ma Chi Po	01:23:04	Sprint	Male 50-54
Pun Tak Kiu	01:23:10	Sprint	Male 30-34
Choi Shing Min	01:23:19	Sprint	Male 40-44
Brian lee Kin lun	01:23:34	Sprint	Male 40-44
Voon Hing Wah	01:23:35	Sprint	Male 35-39
Wong Wai Ming	01:23:42	Sprint	Male 35-39
Rob Kushner	01:23:55	Sprint	Male 50-54
Mak Tak Cheung	01:23:58	Sprint	Male 50-54
Yeung Lok Lai	01:24:33	Sprint	Male 20-24
Tsang Hin Lap	01:25:00	Sprint	Male 45-49
Mo Long Ki	01:25:20	Sprint	Male 30-34
Chan Ying Ming	01:25:41	Sprint	Male 30-34
Hoon Ka Long	01:25:48	Sprint	Male 25-29
Chan Chun Kit	01:25:55	Sprint	Male 35-39

## 2016 Age Group Triathlon - Club Result

Ma Yuk Fu	01:25:56	Sprint	Male 55-59
Hui Ka Wing	01:26:08	Sprint	Male 30-34
Eric Lo	01:26:12	Sprint	Male 35-39
Stuart Wong	01:26:24	Sprint	Male 45-49
Lau Long Fung	01:26:34	Sprint	Male 20-24
Poon Kwok Wing	01:26:53	Sprint	Male 50-54
Paul Tam	01:26:53	Sprint	Male 35-39
Lam Tsz Cheung	01:26:54	Sprint	Male 45-49
Leung Kwok Shing	01:26:59	Sprint	Male 30-34
Marc Garcia	01:27:13	Sprint	Male 25-29
Andy Wong Kwok Chun	01:27:30	Sprint	Male 40-44
Chan Ka Lun	01:27:41	Sprint	Male 40-44
Choi Tai Wing	01:27:58	Sprint	Male 55-59
Choi Sze Kam	01:28:08	Sprint	Male 25-29
Chan Ping Kwong	01:28:10	Sprint	Male 45-49
Chow Chi Man	01:28:20	Sprint	Male 35-39
Chan Kwok Chung	01:28:32	Sprint	Male 45-49
Kong Shek	01:28:35	Sprint	Male 60 & Over
Leung Yan Wing	01:28:48	Sprint	Male 35-39
Oay Shi Kwan	01:29:18	Sprint	Male 30-34
Fergus Lam	01:29:28	Sprint	Male 55-59
Yiu Vor	01:29:49	Sprint	Male 45-49
Wong Tsz Wai	01:29:56	Sprint	Male 40-44
Raymond Ma	01:30:07	Sprint	Male 35-39
Cheng Ho Yin	01:30:10	Sprint	Male 35-39
Nelson Leung Chi Hung	01:30:18	Sprint	Male 60 & Over
Chim Hing Wai	01:30:25	Sprint	Male 45-49
Chan Chun Tak	01:30:41	Sprint	Male 35-39
Fan Chun Sing	01:30:42	Sprint	Male 40-44
Mak Wai Man	01:30:46	Sprint	Male 35-39
Mok Kwok Kwong	01:30:46	Sprint	Male 50-54
Ma Kin Fai	01:30:51	Sprint	Male 40-44
Lok Lam Fung	01:30:56	Sprint	Male 35-39
Ben Wong Kin Pun	01:31:14	Sprint	Male 40-44
Wong Hon Hing	01:31:38	Sprint	Male 60 & Over
Peter Tam	01:31:39	Sprint	Male 45-49
Carlos Wong Wai Kit	01:31:55	Sprint	Male 35-39
Chiu Kin Sang	01:32:03	Sprint	Male 35-39
Johnson Kong	01:32:05	Sprint	Male 50-54
Chan Kam Ming	01:32:27	Sprint	Male 35-39
Danny Poon	01:32:34	Sprint	Male 45-49
Chung Ka Kin	01:32:39	Sprint	Male 35-39
David Wong Yat Leung	01:32:55	Sprint	Male 40-44
Kwok Ka Fai	01:32:57	Sprint	Male 50-54
Mok Ping Chan	01:33:10	Sprint	Male 40-44
Lee Wan Kwong	01:33:14	Sprint	Male 45-49
Chan King Yuen	01:33:22	Sprint	Male 60 & Over
Yiu Ching Ho	01:33:26	Sprint	Male 25-29
Alex Tsang	01:33:40	Sprint	Male 35-39
Hon Man Wai	01:33:43	Sprint	Male 40-44
Au Yeung Kwok Cheung	01:33:45	Sprint	Male 35-39
Wong Yuk Bun	01:33:50	Sprint	Male 35-39
Choy Ying Keung	01:33:51	Sprint	Male 50-54
Vincent Leung Kin Keung	01:34:01	Sprint	Male 50-54
Leung Yau Hong	01:34:04	Sprint	Male 50-54
Chen Chi Ming	01:34:11	Sprint	Male 40-44
To Chi Shing	01:34:20	Sprint	Male 40-44
Sam Wong	01:34:51	Sprint	Male 50-54
Francis Liu	01:35:03	Sprint	Male 45-49

## 2016 Age Group Triathlon - Club Result

Lawrence Chan	01:35:12	Sprint	Male 45-49
Vincent Cheng Wing Shun	01:35:26	Sprint	Male 35-39
Alwyn Pang See Kit	01:35:30	Sprint	Male 45-49
Wong Leung Lung	01:35:35	Sprint	Male 30-34
Lee Chak Yan	01:35:35	Sprint	Male 20-24
Louis Pang Chi Wing	01:35:39	Sprint	Male 40-44
Ye Chao	01:35:46	Sprint	Male 25-29
Ng Yu Chung	01:36:07	Sprint	Male 35-39
Veilen Dick	01:36:30	Sprint	Male 40-44
Lai Kin Fung	01:36:31	Sprint	Male 30-34
Ao Check Yin	01:36:33	Sprint	Male 30-34
Lau Kim Cheong	01:36:51	Sprint	Male 50-54
Ming Fuk Ho	01:36:52	Sprint	Male 35-39
Chris Tam Man Kwong	01:36:52	Sprint	Male 50-54
Ng Chung Ho, Gary	01:37:07	Sprint	Male 35-39
Chan Wilson W H	01:37:07	Sprint	Male 35-39
Chan Ho Chuen	01:37:11	Sprint	Male 40-44
Hui Jonathan	01:37:38	Sprint	Male 40-44
Sunny Yen Ka Shun	01:37:47	Sprint	Male 45-49
Lee Ngai	01:37:52	Sprint	Male 35-39
Wu Chi Wai	01:37:58	Sprint	Male 55-59
Wing Kuen Ho	01:38:07	Sprint	Male 35-39
Victor Lee Yung Fu	01:38:20	Sprint	Male 45-49
Chiu Wai Ching	01:38:27	Sprint	Male 45-49
Rex Lau Chi Hang	01:38:45	Sprint	Male 40-44
Chiu Cho shing	01:39:08	Sprint	Male 45-49
Byron Wong Bok Wai	01:39:08	Sprint	Male 45-49
Suen Chung Yin	01:39:25	Sprint	Male 50-54
Lau Hiu Yan	01:39:25	Sprint	Male 35-39
Tse Chi Kin	01:39:38	Sprint	Male 50-54
Wan Siu Kwong	01:39:52	Sprint	Male 35-39
Li Ka Wing	01:39:57	Sprint	Male 40-44
Choy Wai Kwun	01:39:59	Sprint	Male 45-49
Cheung Chung Lok	01:40:07	Sprint	Male 35-39
Lee Kwan Yi	01:40:22	Sprint	Male 35-39
Robert Smith	01:40:25	Sprint	Male 40-44
Ben Ho	01:40:36	Sprint	Male 55-59
Simon Fan Chi Wai	01:40:51	Sprint	Male 45-49
Fung Tze Wai	01:40:54	Sprint	Male 45-49
Tong Hin Fung	01:41:47	Sprint	Male 30-34
Ho Wing Hung	01:41:56	Sprint	Male 50-54
Toby Lo	01:42:08	Sprint	Male 45-49
Eric Ho Kwong Ngai	01:42:30	Sprint	Male 50-54
Chan Chi wai	01:42:31	Sprint	Male 40-44
Bean Yip	01:42:51	Sprint	Male 40-44
Law Chun Hung	01:43:14	Sprint	Male 45-49
John Paul Pang Hiu Cheung	01:43:30	Sprint	Male 40-44
Eric Chu Kwok Keung	01:43:35	Sprint	Male 50-54
Tsang Hon Min	01:43:38	Sprint	Male 50-54
Keith Leung Wat Tat	01:43:49	Sprint	Male 45-49
Tsang Hing Lung	01:43:54	Sprint	Male 35-39
Samuel Chau	01:44:24	Sprint	Male 45-49
Cheung Man Kit	01:44:30	Sprint	Male 35-39
Chung Chi Ho	01:44:37	Sprint	Male 40-44
Pun Yiu Nam	01:45:14	Sprint	Male 20-24
Ricky Man Ka Kee	01:45:18	Sprint	Male 40-44
Cheung Tak Shing	01:45:22	Sprint	Male 30-34
Tsoi Wai Ming	01:45:26	Sprint	Male 50-54
Mak Shui Ki	01:45:42	Sprint	Male 30-34

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Leung Ngai San	01:45:45	Sprint	Male 30-34
Ho Wai King	01:46:00	Sprint	Male 20-24
Cheung Kwok Shui	01:46:21	Sprint	Male 45-49
Angus Leung	01:46:25	Sprint	Male 40-44
John Hung Cheung Kit	01:46:33	Sprint	Male 30-34
Yau Fan	01:46:37	Sprint	Male 55-59
Lam Chi Wing	01:47:13	Sprint	Male 55-59
Lau Ka Kit	01:47:52	Sprint	Male 40-44
Choi Kang Tai	01:47:54	Sprint	Male 50-54
Stephen Lau Ho Lap	01:48:01	Sprint	Male 40-44
Cheung Ka chi	01:48:37	Sprint	Male 35-39
David Leung Tai Wai	01:48:50	Sprint	Male 55-59
Freddy Wong	01:48:56	Sprint	Male 35-39
Sham Siu Hang	01:49:18	Sprint	Male 35-39
Chan Fai Ming	01:49:28	Sprint	Male 60 & Over
Stephen Chan King Che	01:49:29	Sprint	Male 60 & Over
Tsang Kai Ming	01:49:36	Sprint	Male 30-34
Ma Chun Ho	01:50:11	Sprint	Male 30-34
Tsoi Hon Kuen	01:50:22	Sprint	Male 60 & Over
Edmund Lai	01:50:59	Sprint	Male 40-44
Lau Ben Hey	01:52:23	Sprint	Male 45-49
Cheung Ting Fung	01:54:28	Sprint	Male 35-39
Tam Fai Kin	01:54:30	Sprint	Male 55-59
Pan DaYang	01:59:33	Sprint	Male 25-29
Hung Hon Lam	02:00:06	Sprint	Male 35-39
Cheng Man Kit	02:00:25	Sprint	Male 35-39
Jimmy Tang	02:01:31	Sprint	Male 35-39
Luca Merlone	02:04:29	Sprint	Male 30-34
Stephen Hou Ting Fun	02:09:25	Sprint	Male 60 & Over
<b>Sprint Distance - Male</b>			
Michael Lo Man Hui	01:16:20	Sprint	Male Junior
James Kam Chun Him	01:17:55	Sprint	Male Junior
<b>Super Sprint Distance - Male</b>			
Ko Hei Tung	00:53:56	Super Sprint	Female Junior
<b>Super Sprint Distance - Female</b>			
Jessica Poon	00:49:37	Super Sprint	Female Veteran
Lam Yim Ping	00:50:42	Super Sprint	Female Veteran
Lam Mun Wo	00:53:01	Super Sprint	Female Veteran
Chan Ka Pik	00:54:14	Super Sprint	Female Veteran
Eliza Tam Sau Chu	00:56:41	Super Sprint	Female Open
Zoe So Lai Na	00:57:58	Super Sprint	Female Veteran
Winglis Fu	00:58:11	Super Sprint	Female Veteran
Lee Kit Lin	01:00:14	Super Sprint	Female Veteran
Emily Lau Ka Man	01:05:52	Super Sprint	Female Veteran
Tam Koon Mui	01:15:37	Super Sprint	Female Veteran
<b>Super Sprint Distance - Male</b>			
Chris Kwan Chung Hang	00:39:31	Super Sprint	Male Junior
Cheung Chin To	00:44:57	Super Sprint	Male Junior
Lai Tsz Hei	00:45:59	Super Sprint	Male Junior
Zachary Cheng Pak Ho	00:50:18	Super Sprint	Male Junior
Enoch Wong Lik Hang	00:53:34	Super Sprint	Male Junior
Ma Ka Leung	00:54:34	Super Sprint	Male Junior
<b>Super Sprint Distance - Female</b>			
Jimmy Wan Shu Wah	00:39:57	Super Sprint	Male Veteran
Andy Lam Kam Ching	00:40:09	Super Sprint	Male Veteran
Chan Chi Wai	00:41:25	Super Sprint	Male Open
Ho Chak Lam	00:42:39	Super Sprint	Male Open
Lam Tsz Wai	00:43:14	Super Sprint	Male Open
Wong Wai Tung	00:43:30	Super Sprint	Male Open

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Yau Kwun San	00:43:43	Super Sprint	Male Open
Chong Yat Ming	00:44:02	Super Sprint	Male Open
Lai Chi Ho	00:44:05	Super Sprint	Male Open
Ng Chun Tat	00:44:11	Super Sprint	Male Veteran
Benny Mui	00:45:29	Super Sprint	Male Veteran
Leung Kam Fai	00:45:39	Super Sprint	Male Open
Kwok Yiu Fai	00:45:47	Super Sprint	Male Veteran
Davy Chung	00:46:19	Super Sprint	Male Open
Ivan Wan Tin Lap	00:47:39	Super Sprint	Male Veteran
Chan Chi Chung	00:47:58	Super Sprint	Male Veteran
Ng Wai Ming	00:49:43	Super Sprint	Male Veteran
Yuen Chi Yuen	00:50:11	Super Sprint	Male Veteran
Cheung Chi Kin	00:50:48	Super Sprint	Male Veteran
Ng Ka Wing	00:50:57	Super Sprint	Male Open
Jrso So	00:53:03	Super Sprint	Male Veteran
Cheung Kin Bor	00:53:42	Super Sprint	Male Veteran
Kenny Sin Yiu Kei	00:56:52	Super Sprint	Male Veteran
Kendrew Tang Kin Chung	00:57:19	Super Sprint	Male Veteran
Yu Shun Hong	01:05:32	Super Sprint	Male Open
<b>Discovery Distance - Boy</b>			
Nick Yip Tak Long	00:32:04	Discovery	Boys 2004
Sin Hok Leung	00:32:51	Discovery	Boys 2003
Cheng Ngo Lung	00:33:51	Discovery	Boys 2002
Leung Lok Wun	00:34:01	Discovery	Boys 2001
Wyat Leung Wai Hang	00:34:31	Discovery	Boys 2003
Leung Ri	00:34:33	Discovery	Boys 2003
Chan Ho Kwan	00:34:36	Discovery	Boys 2003
Teo Kasten	00:34:46	Discovery	Boys 2002
To Chung Yin	00:34:53	Discovery	Boys 2003
Dennis Law Wai Hei	00:35:02	Discovery	Boys 2001
Ho Chung Hin	00:35:24	Discovery	Boys 2004
Yau Cheuk Fung	00:36:21	Discovery	Boys 2002
Aidan Ho Hin Long	00:36:46	Discovery	Boys 2002
Tsang Pak Ho	00:36:55	Discovery	Boys 2003
Tsang Kwok Chun	00:37:23	Discovery	Boys 2004
Chan Ho Yan	00:37:44	Discovery	Boys 2002
Willis Tsang Hin Man	00:37:46	Discovery	Boys 2002
Hui Wan Kit	00:37:48	Discovery	Boys 2004
Wong Ming Chun	00:38:09	Discovery	Boys 2002
Hui Ching Yeung	00:38:19	Discovery	Boys 2001
Liu Chak Lam	00:38:21	Discovery	Boys 2004
Cheng Long Ching	00:38:34	Discovery	Boys 2004
Tiger Fung Ho Yin	00:39:20	Discovery	Boys 2002
Chiu Cheuk Kiu	00:39:46	Discovery	Boys 2004
Lo Tin Shun	00:39:52	Discovery	Boys 2004
Chau Hui Lap	00:41:17	Discovery	Boys 2004
Zedekiah Chan	00:42:32	Discovery	Boys 2002
Tang Yat Hei	00:45:05	Discovery	Boys 2003
Ruach Wong Lik Fung	00:46:05	Discovery	Boys 2002
Yehoshua Wong Lik Yin	00:46:10	Discovery	Boys 2002
Philomon Neil Tang	00:46:17	Discovery	Boys 2004
Chow Ho Leung	00:48:38	Discovery	Boys 2001
Kwan Tsz Fung	00:48:42	Discovery	Boys 2003
Tsang Ho Yin	00:51:56	Discovery	Boys 2004
Chan Tsz Wai	00:51:57	Discovery	Boys 2004
<b>Discovery Distance - Girl:</b>			
Jenna Muston	00:36:13	Discovery	Girls 2003
Chan Lok Lam	00:37:03	Discovery	Girls 2004
Beatriz Wong Hang Wing	00:37:10	Discovery	Girls 2004

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Cheung Cheuk Lam	00:37:51	Discovery	Girls 2002
Quincy Au Che Yiu	00:38:00	Discovery	Girls 2004
Man Wing	00:38:10	Discovery	Girls 2003
Yiu Nam	00:39:07	Discovery	Girls 2004
Leung Fuk Yee	00:39:25	Discovery	Girls 2002
Kwong Tsz Wing	00:40:17	Discovery	Girls 2004
Olive Lo Ching Wun	00:41:43	Discovery	Girls 2001
Lam Cheuk Yin	00:41:51	Discovery	Girls 2004
Tallulah Wright	00:44:55	Discovery	Girls 2003
Hannah Goldberg Ativa	00:52:15	Discovery	Girls 2004
Tatum Sadler	01:01:05	Discovery	Girls 2004
<b>TriKids Distance - Boys</b>			
To Hon Ming	00:25:04	TriKids	Boys 2005
Yip Tsz Hin	00:25:26	TriKids	Boys 2006
Dewey Shiu	00:25:44	TriKids	Boys 2005
Hui Ching Ho	00:25:50	TriKids	Boys 2006
Fung Hong Ching	00:26:36	TriKids	Boys 2006
Leung Yuk Fung	00:26:58	TriKids	Boys 2005
Oliver Clarke	00:27:17	TriKids	Boys 2005
Sunny Choi Yik Lam	00:27:32	TriKids	Boys 2005
Wong Tsun Hei	00:27:35	TriKids	Boys 2006
Bobby Wan Chak Lam	00:27:56	TriKids	Boys 2006
Leung Ka Yui	00:28:02	TriKids	Boys 2005
Charlie Bear Volavka	00:28:02	TriKids	Boys 2006
Curtis Chiu Chung Kiu	00:28:12	TriKids	Boys 2005
Yau Ping Cheung	00:28:46	TriKids	Boys 2005
Liu King Tin	00:28:55	TriKids	Boys 2006
Chiu Man To	00:29:16	TriKids	Boys 2006
Kan Wai Chun	00:29:17	TriKids	Boys 2007
Chau Hui Yat	00:30:18	TriKids	Boys 2006
Wan Chun	00:31:11	TriKids	Boys 2006
Lam Yin Lok	00:31:13	TriKids	Boys 2008
Auscar Tsang	00:32:06	TriKids	Boys 2008
Nereus Tsang Wui Man	00:32:48	TriKids	Boys 2006
Tsang Yu On	00:32:53	TriKids	Boys 2007
Li Wai Ching	00:33:17	TriKids	Boys 2006
Fung King Pok	00:33:31	TriKids	Boys 2005
Cheung Shi Ho	00:33:55	TriKids	Boys 2006
Oliver Ansell	00:34:13	TriKids	Boys 2005
Law Chi Yin	00:34:17	TriKids	Boys 2008
Mok Pak Fan	00:34:25	TriKids	Boys 2007
Chan Tsz Ming	00:34:27	TriKids	Boys 2007
Bevis Mui	00:35:18	TriKids	Boys 2006
Elvis Cheung	00:35:26	TriKids	Boys 2005
Lai Pak Long	00:35:27	TriKids	Boys 2008
Lam Ho Long	00:35:32	TriKids	Boys 2005
Duncan Inglis	00:35:43	TriKids	Boys 2006
Yim Pak Yu	00:35:46	TriKids	Boys 2007
Angus Inglis	00:35:53	TriKids	Boys 2006
Chan Ho Chun	00:36:32	TriKids	Boys 2006
Marus Chiu Chi Kiu	00:37:08	TriKids	Boys 2008
Ian Lo	00:38:21	TriKids	Boys 2006
Jayden Kwok	00:38:22	TriKids	Boys 2006
Bosco Lam Hon Man	00:40:28	TriKids	Boys 2005
Lucas Yuen	00:40:38	TriKids	Boys 2008
Chan Tsz Siu	00:40:38	TriKids	Boys 2008
Chu Yan Ho	00:43:13	TriKids	Boys 2005
<b>TriKids Distance - Girls</b>			

## 2016 Age Group Triathlon - Club Result

Chloe Chick	00:27:07	TriKids	Girls 2005
Lee Sam Wai	00:27:51	TriKids	Girls 2005
Samantha Chau	00:28:19	TriKids	Girls 2006
Cheung Sin Yi	00:31:05	TriKids	Girls 2006
Anelotte Espeskog	00:32:45	TriKids	Girls 2007
Ellabelle Purcell	00:32:53	TriKids	Girls 2007
Choi Hiu Wai	00:33:00	TriKids	Girls 2007
Leung Yan Ting	00:33:23	TriKids	Girls 2006
Amber Chiu	00:34:22	TriKids	Girls 2005
Alicia Au Yeung Shin	00:34:35	TriKids	Girls 2007
Yip Pak Ying	00:35:26	TriKids	Girls 2008
Chu Wing Yan	00:35:27	TriKids	Girls 2005
Yiu Yiu	00:35:35	TriKids	Girls 2007
Kallie Wong	00:35:53	TriKids	Girls 2007
Haze Leung Chen	00:36:13	TriKids	Girls 2008
Cheung Wai Yan	00:37:12	TriKids	Girls 2005
Evelyn Bowen	00:38:23	TriKids	Girls 2008
Lam Cheuk Wai	00:39:12	TriKids	Girls 2006
Cheung Hui Yi	00:40:54	TriKids	Girls 2008
Cecily Bowen	00:42:57	TriKids	Girls 2006
Esther Lam Wing Wah	00:46:04	TriKids	Girls 2007



## 2016 Age Group Triathlon - Club Result

Club	Point
<b>Male Adult</b>	
Energetic Triathlon Shatin	47
Energetic Triathlon Shatin	46
Tritons Triathlon Club	45
Tritons Triathlon Club	44
Energetic Triathlon Shatin	43
Energetic Triathlon Shatin	42
Sonic Sports Association	41
AustSports Association	40
Energetic Triathlon Shatin	39
AustSports Association	38
Energetic Triathlon Shatin	37
Energetic Triathlon Shatin	36
Energetic Triathlon Shatin	35
Sonic Sports Association	34
Energetic Triathlon Shatin	1
New Target Sport Association	32
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
AustSports Association	29
Part Time Association	28
AustSports Association	27
Part Time Association	26
Part Time Association	25
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Part Time Association	22
New Wave Swimming Club	21
Part Time Association	20
Pro-trinity Sports Club	19
New Wave Swimming Club	18
Part Time Association	17
AustSports Association	16
New Wave Swimming Club	15
AustSports Association	14
Hong Kong Dragons Triathlon Club	13
Part Time Association	12
South China Athletic Association	11
AustSports Association	10
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Crest Ray Recreation & Sports Club	6
Part Time Association	5
Part Time Association	4
Part Time Association	1
Part Time Association	1
Hong Kong Football Club	1
<b>Male Junior</b>	
AustSports Association	2
AustSports Association	1
<b>Female Adult</b>	
Energetic Triathlon Shatin	212
Pro-trinity Sports Club	211
AustSports Association	210
South China Athletic Association	209
Hong Kong Football Club	208
Titan Triathlon	207

## 2016 Age Group Triathlon - Club Result

South China Athletic Association	206
Titan Triathlon	205
Tritons Triathlon Club	204
Energetic Triathlon Shatin	203
Energetic Triathlon Shatin	202
Energetic Triathlon Shatin	201
South China Athletic Association	200
Tung Chung Triathlon Association	199
Sonic Sports Association	198
Tritons Triathlon Club	197
AustSports Association	196
AustSports Association	195
AustSports Association	194
Energetic Triathlon Shatin	193
Energetic Triathlon Shatin	192
Part Time Association	191
Titan Triathlon	190
Tritons Triathlon Club	189
Compass Sports Association	188
Energetic Triathlon Shatin	187
Titan Triathlon	186
AustSports Association	185
Energetic Triathlon Shatin	184
Titan Triathlon	183
Part Time Association	182
AustSports Association	181
The Little Dolphin Swimming Training Center	180
Titan Triathlon	179
Lantau Buffalos Multisports Club	178
Energetic Triathlon Shatin	1
Titan Triathlon	176
Energetic Triathlon Shatin	1
Titan Triathlon	174
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
AustSports Association	170
Mango Swimming Club	169
AustSports Association	168
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
The Little Dolphin Swimming Training Center	165
Hong Kong Dragons Triathlon Club	164
Energetic Triathlon Shatin	1
Part Time Association	162
Titan Triathlon	1
AustSports Association	1
Energetic Triathlon Shatin	1
Sonic Sports Association	158
Part Time Association	157
New Wave Swimming Club	156
Tritons Triathlon Club	155
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
AustSports Association	1
Part Time Association	151
AustSports Association	1
Energetic Triathlon Shatin	1
AustSports Association	1

## 2016 Age Group Triathlon - Club Result

AustSports Association	1
Part Time Association	146
New Wave Swimming Club	145
Tritons Triathlon Club	144
Titan Triathlon	1
Energetic Triathlon Shatin	1
Sonic Sports Association	141
Tritons Triathlon Club	140
AustSports Association	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
AustSports Association	1
AustSports Association	1
Tung Chung Triathlon Association	134
South China Athletic Association	133
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
AustSports Association	1
Part Time Association	129
AustSports Association	1
Energetic Triathlon Shatin	1
Sparkle Triathlon	126
New Wave Swimming Club	125
South China Athletic Association	124
Energetic Triathlon Shatin	1
AustSports Association	1
Energetic Triathlon Shatin	1
Pro-trinity Sports Club	120
AustSports Association	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Titan Triathlon	1
Sonic Sports Association	114
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Part Time Association	111
AustSports Association	1
Sonic Sports Association	109
Part Time Association	1
AustSports Association	1
Part Time Association	1
AustSports Association	1
AustSports Association	1
Part Time Association	1
Energetic Triathlon Shatin	1
Titan Triathlon	1
Part Time Association	1
Part Time Association	1
Part Time Association	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Part Time Association	1
Energetic Triathlon Shatin	1
Titan Triathlon	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
South China Athletic Association	90
Part Time Association	1

## 2016 Age Group Triathlon - Club Result

AustSports Association	1
AustSports Association	1
South China Athletic Association	86
Energetic Triathlon Shatin	1
Pro-trinity Sports Club	84
New Wave Swimming Club	83
Tung Chung Triathlon Association	82
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Part Time Association	1
Titan Triathlon	1
Mango Swimming Club	77
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
AustSports Association	1
AustSports Association	1
Energetic Triathlon Shatin	1
New Wave Swimming Club	71
Energetic Triathlon Shatin	1
Part Time Association	1
AustSports Association	1
AustSports Association	1
Energetic Triathlon Shatin	1
Titan Triathlon	1
Part Time Association	1
AustSports Association	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Sonic Sports Association	60
AustSports Association	1
Pro-trinity Sports Club	58
Titan Triathlon	1
AustSports Association	1
Part Time Association	1
New Wave Swimming Club	54
Energetic Triathlon Shatin	1
South China Athletic Association	52
Sonic Sports Association	51
Energetic Triathlon Shatin	1
Titan Triathlon	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
AustSports Association	1
AustSports Association	1
Energetic Triathlon Shatin	1
AustSports Association	1
AustSports Association	1
Energetic Triathlon Shatin	1
Sonic Sports Association	40
South China Athletic Association	1
Part Time Association	1
Part Time Association	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Pro-trinity Sports Club	34
Energetic Triathlon Shatin	1
Part Time Association	1
AustSports Association	1
AustSports Association	1

2016 Age Group Triathlon - Club Result

AustSports Association	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Part Time Association	1
South China Athletic Association	1
AustSports Association	1
Part Time Association	1
Energetic Triathlon Shatin	1
Tung Chung Triathlon Association	21
South China Athletic Association	1
Part Time Association	1
Energetic Triathlon Shatin	1
AustSports Association	1
Sparkle Triathlon	16
AustSports Association	1
Energetic Triathlon Shatin	1
AustSports Association	1
Part Time Association	1
Energetic Triathlon Shatin	1
Health Guide Sports Association Company Limited	10
AustSports Association	1
Titan Triathlon	1
Energetic Triathlon Shatin	1
Part Time Association	1
Part Time Association	1
Part Time Association	1
AustSports Association	1
Hong Kong Dragons Triathlon Club	2
Part Time Association	1
<b>Female Junior</b>	
Titan Triathlon	2
Energetic Triathlon Shatin	1
<b>Male Junior</b>	
Crest Ray Recreation & Sports Club	1
<b>Female Adult</b>	
AustSports Association	10
Titan Triathlon	9
Energetic Triathlon Shatin	8
Titan Triathlon	7
Titan Triathlon	6
Crest Ray Recreation & Sports Club	5
Part Time Association	4
Part Time Association	3
Energetic Triathlon Shatin	2
Part Time Association	1
<b>Male Junior</b>	
Sonic Sports Association	6
The Little Dolphin Swimming Training Center	5
AustSports Association	4
Sonic Sports Association	3
AustSports Association	2
Energetic Triathlon Shatin	1
<b>Male Adult</b>	
Energetic Triathlon Shatin	25
Tung Chung Triathlon Association	24
Energetic Triathlon Shatin	23
Part Time Association	22
Energetic Triathlon Shatin	21
Energetic Triathlon Shatin	20

2016 Age Group Triathlon - Club Result

Tung Chung Triathlon Association	19
AustSports Association	18
Sonic Sports Association	17
Energetic Triathlon Shatin	16
The Little Dolphin Swimming Training Center	15
AustSports Association	14
Energetic Triathlon Shatin	13
Energetic Triathlon Shatin	12
Energetic Triathlon Shatin	11
Part Time Association	10
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Sparkle Triathlon	7
Part Time Association	6
AustSports Association	5
Energetic Triathlon Shatin	1
Part Time Association	3
Part Time Association	2
Part Time Association	1
<b>s 2001-2004</b>	
Energetic Triathlon Shatin	35
Energetic Triathlon Shatin	34
Part Time Association	33
Tung Chung Triathlon Association	32
Titan Triathlon	31
Titan Triathlon	30
Titan Triathlon	29
South China Athletic Association	28
First Ten Generation Team	27
Energetic Triathlon Shatin	26
Titan Triathlon	25
First Ten Generation Team	24
Titan Triathlon	23
Titan Triathlon	22
AustSports Association	21
Titan Triathlon	20
First Ten Generation Team	19
Energetic Triathlon Shatin	18
Energetic Triathlon Shatin	17
Energetic Triathlon Shatin	16
Energetic Triathlon Shatin	15
Energetic Triathlon Shatin	14
AustSports Association	13
Energetic Triathlon Shatin	1
AustSports Association	11
First Ten Generation Team	10
Crest Ray Recreation & Sports Club	9
Energetic Triathlon Shatin	1
AustSports Association	7
AustSports Association	6
Energetic Triathlon Shatin	1
AustSports Association	4
AustSports Association	3
AustSports Association	2
Crest Ray Recreation & Sports Club	1
<b>s 2001-2004</b>	
Dali Swimming Club	14
AustSports Association	13
Titan Triathlon	12

2016 Age Group Triathlon - Club Result

Energetic Triathlon Shatin	11
Energetic Triathlon Shatin	10
Sparkle Triathlon	9
Sparkle Triathlon	8
Part Time Association	7
Sparkle Triathlon	6
Energetic Triathlon Shatin	5
Sonic Sports Association	4
South China Athletic Association	3
Energetic Triathlon Shatin	2
Hong Kong Football Club	1

**2005-2008**

First Ten Generation Team	45
Energetic Triathlon Shatin	44
First Ten Generation Team	43
Energetic Triathlon Shatin	42
Energetic Triathlon Shatin	41
Part Time Association	40
Tung Chung Triathlon Association	39
AustSports Association	38
Crest Ray Recreation & Sports Club	37
Energetic Triathlon Shatin	36
Energetic Triathlon Shatin	35
Tung Chung Triathlon Association	34
Energetic Triathlon Shatin	33
Titan Triathlon	32
Energetic Triathlon Shatin	31
Part Time Association	30
First Ten Generation Team	29
First Ten Generation Team	28
Energetic Triathlon Shatin	27
Sparkle Triathlon	26
Part Time Association	25
First Ten Generation Team	24
Titan Triathlon	23
Energetic Triathlon Shatin	1
Part Time Association	21
Energetic Triathlon Shatin	1
Mango Swimming Club	19
First Ten Generation Team	18
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
The Little Dolphin Swimming Training Center	15
Energetic Triathlon Shatin	1
Sparkle Triathlon	13
First Ten Generation Team	12
AustSports Association	11
First Ten Generation Team	10
AustSports Association	9
Crest Ray Recreation & Sports Club	8
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
Energetic Triathlon Shatin	1
South China Athletic Association	1

**2005-2008**

## 2016 Age Group Triathlon - Club Result

Titan Triathlon	21
Crest Ray Recreation & Sports Club	20
Mango Swimming Club	19
Crest Ray Recreation & Sports Club	18
Mango Swimming Club	17
Hong Kong Football Club	16
Energetic Triathlon Shatin	15
Tung Chung Triathlon Association	14
Titan Triathlon	13
Mango Swimming Club	12
Mango Swimming Club	11
Titan Triathlon	10
Sparkle Triathlon	9
South China Athletic Association	8
Titan Triathlon	7
Mango Swimming Club	6
Mango Swimming Club	5
Sonic Sports Association	4
Sparkle Triathlon	3
Mango Swimming Club	2
Energetic Triathlon Shatin	1