

## 2010 Aquathon Series - Race 4 Result

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
<b>Course A - Female Age Group 20-29</b>									
31	Mak So Ning, Tania	00:18:36	00:28:35	00:20:44	<b>01:07:55</b>	Energetic Triathlon Shatin	1	4	100.0
29	Stephanie Bina	00:19:47	00:33:05	00:21:57	<b>01:14:49</b>	Sonic Sports Association	2	3	75.0
27	Chau Chiu Nam	00:22:55	00:28:15	00:24:40	<b>01:15:50</b>	Energetic Triathlon Shatin	3	2	50.0
30	Janice Lee	00:19:39	00:34:48	00:22:11	<b>01:16:38</b>	Sonic Sports Association	4	1	25.0
26	Grace Cheng						DNS		
28	Evangeline Quek					Sonic Sports Association	DNS		
<b>Course A - Female Age Group 30-39</b>									
40	Rebecca Kynaston	00:18:51	00:32:10	00:21:37	<b>01:12:38</b>		1	12	100.0
44	Carlay Tong	00:20:18	00:32:42	00:22:19	<b>01:15:19</b>	Energetic Triathlon Shatin	2	11	91.7
87	Tie Ji Xi	00:19:14	00:35:48	00:21:33	<b>01:16:35</b>	Sonic Sports Association	3	10	83.3
43	Hui Ka Man	00:21:55	00:31:52	00:23:55	<b>01:17:42</b>	Energetic Triathlon Shatin	4	9	75.0
39	Cheung Ngarsze	00:20:20	00:37:01	00:22:55	<b>01:20:16</b>	Titan Triathlon	5	8	66.7
41	Ho Kit Ying	00:20:20	00:37:34	00:22:34	<b>01:20:28</b>	Titan Triathlon	6	7	58.3
42	Wong Suet Fan	00:20:19	00:36:22	00:24:15	<b>01:20:56</b>	Titan Triathlon	7	6	50.0
46	Veronica Llorca	00:21:24	00:35:44	00:23:49	<b>01:20:57</b>	Tritons Triathlon Club	8	5	41.7
37	Wong Gi Wai	00:20:55	00:39:46	00:24:38	<b>01:25:19</b>	Sonic Sports Association	9	4	33.3
35	Teresa Mak	00:21:19	00:41:16	00:24:10	<b>01:26:45</b>	Sonic Sports Association	10	3	25.0
38	Susana Campuzano	00:22:15	00:39:05	00:25:36	<b>01:26:56</b>	Sonic Sports Association	11	2	16.7
34	Poon Man Fung	00:22:25	00:42:39	00:26:34	<b>01:31:38</b>		12	1	8.3
33	Wheeler Sarah						DNS		
36	Chan Lok Yan					Titan Triathlon	DNS		
45	Kook Luk Ting, Rita					Sonic Sports Association	DNS		
<b>Course A - Female Age Group 40 &amp; Over</b>									
55	Lui Shuk Han, Karen	00:18:46	00:38:28	00:22:20	<b>01:19:34</b>	Energetic Triathlon Shatin	1	10	90.0
53	Fok Chu Wing Fai Terry	00:20:56	00:37:49	00:24:23	<b>01:23:08</b>		2	9	80.0
49	Yu Pik Yuk Julie	00:22:45	00:40:39	00:27:18	<b>01:30:42</b>		3	8	70.0
50	Christina Lee	00:22:53	00:42:05	00:26:33	<b>01:31:31</b>	Sonic Sports Association	4	7	60.0
54	Chan Suet Wah	00:20:57	00:47:38	00:23:49	<b>01:32:24</b>	Energetic Triathlon Shatin	5	6	50.0
208	Lam Sau Kwan, Cher	00:26:54	00:40:16	00:26:35	<b>01:33:45</b>	Energetic Triathlon Shatin	6	5	40.0
47	Wong Shun Ying	00:25:43	00:46:25	00:28:30	<b>01:40:38</b>	Hoi Ngai Sports Association	7	4	30.0
52	Daisy Yau	00:26:22	00:45:15	00:30:34	<b>01:42:11</b>		8	3	20.0
32	Peggie Lai	00:28:09	00:44:27	00:36:43	<b>01:49:19</b>	Energetic Triathlon Shatin	9	2	10.0
48	Mok Yuk Ming	00:38:17	00:59:26	00:44:17	<b>02:22:00</b>		10	1	
51	Kate Spanton								
<b>Course A - Female Elite Open</b>						Energetic Triathlon Shatin	1	1	100.0

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Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
56	Cheung Ting Yan	00:17:15	00:26:41	00:19:27	<b>01:03:23</b>				
<b>Course A - Male Age Group 20-24</b>									
63	Yuen Chi Hang	00:16:03	00:26:59	00:18:36	<b>01:01:38</b>	Titan Triathlon	1	8	100.0
64	Lau Chun Ngai	00:17:25	00:29:42	00:20:32	<b>01:07:39</b>	New Wave Swimming Club	2	7	87.5
67	Leung Ka Lun	00:17:29	00:30:36	00:23:21	<b>01:11:26</b>	Energetic Triathlon Shatin	3	6	75.0
61	Chan Hing Kui	00:17:09	00:31:47	00:23:30	<b>01:12:26</b>	0	4	5	62.5
65	CHENG PAK LUN, BENIEN	00:19:52	00:32:44	00:22:02	<b>01:14:38</b>	Energetic Triathlon Shatin	5	4	50.0
58	Chan Hoi Wing	00:16:59	00:38:48	00:19:47	<b>01:15:34</b>	0	6	3	37.5
66	Ho Ming Hei				<b>01:16:34</b>	Energetic Triathlon Shatin	7	2	25.0
62	Chan Hing Fung	00:19:50	00:36:06	00:27:12	<b>01:23:08</b>	New Wave Swimming Club	8	1	12.5
59	KWOK YAN WING, WILLIAM					Titan Triathlon	DNS		
60	Ngan Chung Yin					0	DNS		
<b>Course A - Male Age Group 25-29</b>									
78	Michal Bucek	00:15:02	00:25:48	00:17:31	<b>00:58:21</b>	Sonic Sports Association	1	10	100.0
69	TSANG CHUN KIT	00:15:19	00:31:16	00:17:46	<b>01:04:21</b>	Part Time Association	2	9	90.0
71	Colin Jenkinson	00:16:33	00:29:21	00:20:23	<b>01:06:17</b>		3	8	80.0
68	Chan Tsz Leung	00:16:39	00:32:56	00:19:16	<b>01:08:51</b>		4	7	70.0
74	Lui Kim Lun	00:18:41	00:34:27	00:22:18	<b>01:15:26</b>	AustSports Association	5	6	60.0
75	Lam Chun Kwan	00:20:05	00:33:11	00:23:07	<b>01:16:23</b>	Sea Bear Swimming Club	6	5	50.0
79	Lam Tsz Wai	00:19:06	00:33:06	00:25:45	<b>01:17:57</b>	Energetic Triathlon Shatin	7	4	40.0
76	Wong Wing Sang	00:20:06	00:36:36	00:25:31	<b>01:22:13</b>		8	3	30.0
80	Wong Hon Bun, Ryan	00:20:52	00:40:27	00:25:07	<b>01:26:26</b>	Energetic Triathlon Shatin	9	2	20.0
72	Lee Ning Kit	00:21:18	00:42:29	00:23:22	<b>01:27:09</b>	Titan Triathlon	10	1	10.0
70	Leung Yau Tim					Hoi Ngai Sports Association	DNS		
73	Benoit Paul Raymond Lambert						DNS		
77	Lau Yan Kid					Sonic Sports Association	DNS		
<b>Course A - Male Age Group 30-34</b>									
105	SUN FAT YEE	00:18:22	00:24:03	00:19:59	<b>01:02:24</b>	South China Athletic Association	1	19	100.0
92	Li Chun Pong	00:16:44			<b>01:03:14</b>	Energetic Triathlon Shatin	2	18	94.7
102	Yeung Ka Ming, Ivan	00:17:17	00:30:48	00:19:19	<b>01:07:24</b>	Sonic Sports Association	3	17	89.5
108	James Whitman	00:17:53	00:31:27	00:21:46	<b>01:11:06</b>	Tung Chung Triathlon Association	4	16	84.2
91	Lee Yuk Keung	00:17:06	00:36:29	00:18:04	<b>01:11:39</b>	Energetic Triathlon Shatin	5	15	78.9
95	WONG KA MING	00:16:42	00:37:10	00:18:26	<b>01:12:18</b>	Energetic Triathlon Shatin	6	14	73.7
101	Wong Lok Shun	00:20:56	00:30:07	00:22:38	<b>01:13:41</b>	Sonic Sports Association	7	13	68.4
94	Ng Wing Fai	00:19:22	00:35:23	00:19:27	<b>01:14:12</b>	Energetic Triathlon Shatin	8	12	63.2
109	WONG KIN CHUNG LEO	00:17:18	00:36:05	00:20:53	<b>01:14:16</b>	Tung Chung Triathlon Association	9	11	57.9

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Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
106	Lok Lam Fung	00:19:59	00:30:41	00:23:48	<b>01:14:28</b>	Titan Triathlon	10	10	52.6
116	Rodney Sargeant	00:18:39	00:32:01	00:24:00	<b>01:14:40</b>		11	9	47.4
111	Chan Pak Fai				<b>01:16:25</b>		12	8	42.1
112	Chan Ting Hong, Robert	00:18:50	00:33:23	00:25:55	<b>01:18:08</b>		13	7	36.8
89	Chow Chi Man	00:20:27	00:39:04	00:23:35	<b>01:23:06</b>	Energetic Triathlon Shatin	14	6	31.6
99	Fai Ming Hoi, LEO	00:20:50	00:39:08	00:24:46	<b>01:24:44</b>	Sonic Sports Association	15	5	26.3
100	Hui Chun Yu, Charles	00:22:19	00:36:45	00:25:58	<b>01:25:02</b>	Sonic Sports Association	16	4	21.1
110	Chan Chun Tak	00:19:04	00:43:54	00:23:09	<b>01:26:07</b>		17	3	15.8
90	Hui Sze Yuen	00:22:18	00:41:21	00:26:44	<b>01:30:23</b>	Energetic Triathlon Shatin	18	2	10.5
114	Ng Ka Fai	00:35:00	00:45:00	00:30:29	<b>01:50:29</b>		19	1	5.3
115	Nicholas Hodges						DNF		
88	Cheung Man Kit					Energetic Triathlon Shatin	DNS		
93	Mok Ka Kiu					Energetic Triathlon Shatin	DNS		
96	CHENG CHO CHUEN					Hoi Ngai Sports Association	DNS		
97	James Johnson					Hong Kong Dragon Triathlon	DNS		
98	Chan Chin Hung					Sonic Sports Association	DNS		
103	Yip Chun Kit					Sonic Sports Association	DNS		
104	Yuen Kai Lai					Sonic Sports Association	DNS		
107	Marshall Lai					Tritons Triathlon Club	DNS		
113	Gareth Bridges						DNS		
117	Sin Chun Kwong					Energetic Triathlon Shatin	DNS		
<b>Course A - Male Age Group 35-39</b>									
120	Luke Wimbush	00:16:46	00:27:34	00:20:04	<b>01:04:24</b>	Hong Kong Dragons Triathlon Club	1	17	100.0
132	Cheung Wai Kei	00:16:42	00:30:00	00:18:17	<b>01:04:59</b>		2	16	94.1
125	Tsang Hin Lap	00:16:57	00:31:03	00:18:52	<b>01:06:52</b>	Titan Triathlon	3	15	88.2
122	Lee Kin Lun, Brian	00:17:17	00:30:51	00:20:29	<b>01:08:37</b>	Sonic Sports Association	4	14	82.4
129	Wong Siu Yuen			00:17:56	<b>01:10:55</b>	Titan Triathlon	5	13	76.5
135	Motoki Sato	00:16:46	00:34:08	00:20:23	<b>01:11:17</b>		6	12	70.6
127	Chan Li	00:19:14	00:34:13	00:20:17	<b>01:13:44</b>	Titan Triathlon	7	11	64.7
118	Andy Wong	00:21:09	00:32:14	00:21:40	<b>01:15:03</b>	Energetic Triathlon Shatin	8	10	58.8
137	Chu KwokLeung	00:19:14	00:36:05	00:22:16	<b>01:17:35</b>	Energetic Triathlon Shatin	9	9	52.9
119	Lee Ming Yeung	00:19:48	00:36:58	00:22:52	<b>01:19:38</b>	Energetic Triathlon Shatin	10	8	47.1
126	Yung Leong Sang	00:19:35	00:38:05	00:22:02	<b>01:19:42</b>	Titan Triathlon	11	7	41.2
124	Ho Chi Hung	00:19:15	00:39:39	00:21:23	<b>01:20:17</b>	Titan Triathlon	12	6	35.3
134	Li Wai	00:22:38	00:34:08	00:25:25	<b>01:22:11</b>		13	5	29.4
145	Wong Pui Yuen	00:17:50	00:43:19	00:21:20	<b>01:22:29</b>	Energetic Triathlon Shatin	14	4	23.5
131	Cheung Kit Lun	00:22:21	00:36:44	00:24:05	<b>01:23:10</b>		15	3	17.6
123	Lee Tak Ling George	00:20:59	00:43:50	00:24:53	<b>01:29:42</b>	Sonic Sports Association	16	2	11.8

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Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
130	Douglas Gordon Parker	00:12:44	00:52:44	00:29:05	<b>01:34:33</b>	Tritons Triathlon Club	17	1	5.9
121	MARK WEIS					Hong Kong Dragons Triathlon Club	DNS		
128	Tsui Wai Yuen					Titan Triathlon	DNS		
133	Jonathan Donne						DNS		
136	Thomas Tan						DNS		
<b>Course A - Male Age Group 40-44</b>									
154	Chiu Kok Fu	00:17:13	00:32:07	00:19:55	<b>01:09:15</b>	Titan Triathlon	1	29	100.0
158	Yeung Chi Hong	00:18:28	00:30:03	00:21:09	<b>01:09:40</b>	Titan Triathlon	2	28	96.6
175	Bertram Shi	00:19:00	00:29:52	00:21:10	<b>01:10:02</b>		3	27	93.1
153	Yvan Corno	00:18:27	00:32:20	00:20:19	<b>01:11:06</b>	Sonic Sports Association	4	26	89.7
147	Yeung Yam Ho	00:17:36	00:32:01	00:21:45	<b>01:11:22</b>	Energetic Triathlon Shatin	5	25	86.2
155	Yip Shing Yan	00:17:14	00:36:18	00:19:48	<b>01:13:20</b>	Titan Triathlon	6	24	82.8
159	Lam Kam Ching	00:18:01	00:34:58	00:21:18	<b>01:14:17</b>	Tung Chung Triathlon Association	7	23	79.3
162	Chan Sun Ngai	00:18:32	00:36:01	00:21:08	<b>01:15:41</b>		8	22	75.9
152	Wong Ming Fae	00:18:21	00:36:33	00:21:53	<b>01:16:47</b>	Sonic Sports Association	9	21	72.4
157	Ma Chi Po	00:20:13	00:34:46	00:22:33	<b>01:17:32</b>	Titan Triathlon	10	20	69.0
144	Wong Kin, Kenny	00:17:44	00:39:48	00:20:02	<b>01:17:34</b>	Energetic Triathlon Shatin	11	19	65.5
160	Pang Alwyn See Kit	00:19:58	00:34:58	00:22:59	<b>01:17:55</b>	Tung Chung Triathlon Association	12	18	62.1
138	Chan Chik Kin	00:20:13	00:35:43	00:23:38	<b>01:19:34</b>	Energetic Triathlon Shatin	13	17	58.6
173	Phil Shirley	00:19:58	00:35:19	00:24:28	<b>01:19:45</b>		14	16	55.2
149	Bernard Ho	00:20:14	00:36:39	00:23:46	<b>01:20:39</b>	Sonic Sports Association	15	15	51.7
140	Leung Wah Tat Keith	00:20:07	00:38:03	00:22:59	<b>01:21:09</b>	Energetic Triathlon Shatin	16	14	48.3
174	Tam Kwong Hing	00:21:28	00:36:49	00:23:54	<b>01:22:11</b>		17	13	44.8
142	Wan Ting Yiu	00:20:46	00:34:52	00:27:01	<b>01:22:39</b>	Energetic Triathlon Shatin	18	12	41.4
165	LAM HING YIN	00:20:31	00:38:41	00:24:35	<b>01:23:47</b>		19	11	37.9
161	Au Yeung Hin	00:21:21	00:37:48	00:25:17	<b>01:24:26</b>		20	10	34.5
169	Leo Ho	00:19:21	00:43:28	00:22:01	<b>01:24:50</b>		21	9	31.0
148	Kwan Chi Man	00:19:59			<b>01:24:51</b>	New Target Sports Association	22	8	27.6
166	LAM Kevin Ying Wai	00:22:24	00:35:55	00:27:27	<b>01:25:46</b>		23	7	24.1
170	LUI TSZ HIN	00:21:03	00:45:31	00:23:41	<b>01:30:15</b>		24	6	20.7
167	Lee Kelvin Chun Hong	00:24:12	00:41:05	00:27:25	<b>01:32:42</b>		25	5	17.2
150	Tan Wing On	00:22:55	00:47:58	00:24:35	<b>01:35:28</b>	Sonic Sports Association	26	4	13.8
156	Chau Chak Wai	00:27:43	00:27:46	00:40:28	<b>01:35:57</b>	Titan Triathlon	27	3	10.3
168	Lee Wan Kwong	00:24:28	00:46:28	00:26:51	<b>01:37:47</b>		28	2	6.9
141	Ong Kian Chuan	00:25:02	00:43:57	00:29:49	<b>01:38:48</b>	Energetic Triathlon Shatin	29	1	3.4
139	Lam Ka Fai, Teddy					Energetic Triathlon Shatin	DNS		
143	Wong Bok Wai					Energetic Triathlon Shatin	DNS		
146	WONG TAK WAH, EDWARD					Energetic Triathlon Shatin	DNS		



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Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
<b>Course A - Male Age Group 50-54</b>									
2	Wong Cheuk Yin	00:17:51	00:28:46	00:21:12	<b>01:07:49</b>	Titan Triathlon	1	9	100.0
4	Wong Kam Tim	00:18:49	00:35:56	00:21:19	<b>01:16:04</b>		2	8	88.9
5	MA YUK FU	00:18:54	00:35:12	00:22:04	<b>01:16:10</b>	Titan Triathlon	3	7	77.8
8	Wong Kwok Wah	00:19:07	00:36:06	00:21:56	<b>01:17:09</b>	Titan Triathlon	4	6	66.7
11	Fergus Lam	00:18:06	00:41:46	00:22:00	<b>01:21:52</b>	Energetic Triathlon Shatin	5	5	55.6
10	Ip Yee Chiu	00:23:49	00:34:04	00:29:04	<b>01:26:57</b>	Energetic Triathlon Shatin	6	4	44.4
6	Wu Chi Wai				<b>01:29:09</b>		7	3	33.3
7	Yu Kam Choi	00:23:19	00:44:32	00:26:20	<b>01:34:11</b>		8	2	22.2
3	Kwok Sui Wing	00:26:50	00:44:16	00:24:42	<b>01:35:48</b>		9	1	11.1
1	Philip Penaloza	00:34:15	00:55:26	00:39:56	<b>02:09:37</b>		DSQ		
9	Chan Po Kwok					Ma On Shan Swimming and Triathlon Club	DSQ		
<b>Course A - Male Age Group 55 &amp; Over</b>									
15	William Parmelee	00:18:43	00:36:24	00:20:06	<b>01:15:13</b>		1	13	100.0
14	Chan King Yuen	00:22:55	00:33:39	00:23:50	<b>01:20:24</b>	Titan Triathlon	2	12	92.3
21	Chan Ho Kee	00:20:30	00:38:05	00:22:03	<b>01:20:38</b>	Titan Triathlon	3	11	84.6
22	Leung Chi Hung, Nelson	00:20:22	00:37:04	00:23:54	<b>01:21:20</b>	Titan Triathlon	4	10	76.9
12	James Vickers			00:22:38	<b>01:22:03</b>		5	9	69.2
16	Chan Fai Ming	00:24:12	00:42:38	00:27:04	<b>01:33:54</b>		6	8	61.5
17	Chan Ping Yiu	00:22:06	00:45:45	00:28:05	<b>01:35:56</b>	Titan Triathlon	7	7	53.8
24	Tse Hon Kuen	00:22:45	00:48:18	00:26:34	<b>01:37:37</b>	Energetic Triathlon Shatin	8	6	46.2
18	Bernie Ryan	00:02:31	01:06:07	00:29:42	<b>01:38:20</b>		9	5	38.5
20	Chan King Che, Stephen	00:25:26	00:45:35	00:30:57	<b>01:41:58</b>		10	4	30.8
19	Iain Dacre	00:28:46	00:43:12	00:33:53	<b>01:45:51</b>		11	3	23.1
25	Li Chung Tai	00:19:12	00:56:13	00:31:57	<b>01:47:22</b>		12	2	15.4
23	Lua Shiu Lon	00:28:19	00:51:33	00:34:10	<b>01:54:02</b>	Energetic Triathlon Shatin	13	1	7.7
13	James Stewart						DNS		
<b>Course B - Female Elite Junior</b>									
210	Lam Sin Ching	00:07:17	00:13:16	00:08:50	<b>00:29:23</b>	Compass Sports Association	1	3	100.0
212	Wan Tsz Ching	00:07:20	00:13:24	00:09:37	<b>00:30:21</b>	Titan Triathlon	2	2	66.7
211	Wu Sum Yi	00:07:36	00:13:06	00:12:12	<b>00:32:54</b>	Energetic Triathlon Shatin	3	1	33.3
<b>Course B - Female Junior</b>									
218	Chan On Ki	00:07:21			<b>00:30:47</b>	Titan Triathlon	1	6	100.0
215	Law Chui Yee	00:07:42	#N/A	#N/A	<b>00:31:53</b>	Hoi Ngai Sports Association	2	5	83.3

## 2010 Aquathon Series - Race 4 Result

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
219	Mok Nga Ting	00:07:27	00:16:18	00:10:58	<b>00:34:43</b>	Titan Triathlon	3	4	66.7
214	Leung Wing Hin	00:09:08	00:16:18	00:11:55	<b>00:37:21</b>	Energetic Triathlon Shatin	4	3	50.0
213	CHENG WANG, RUBY	00:09:37	00:15:56	00:12:00	<b>00:37:33</b>	Energetic Triathlon Shatin	5	2	33.3
217	Elizabeth Lam	00:08:20	00:18:07	00:11:06	<b>00:37:33</b>	Sonic Sports Association	6	1	16.7
216	Chan Cheuk Ying					Ma On Shan Swimming and Triathlon Club	DNS		
<b>Course B - Female Youth Open</b>									
221	Chan Long Ching	00:07:26	00:12:17	00:10:56	<b>00:30:39</b>	Energetic Triathlon Shatin	1	4	100.0
222	Ng Yui Lam	00:07:43	00:13:52	00:09:45	<b>00:31:20</b>	Energetic Triathlon Shatin	2	3	75.0
223	Lee Yuk Ying, Aggie	00:07:26	00:14:11	00:09:52	<b>00:31:29</b>	Titan Triathlon	3	2	50.0
224	Choi See Chung	00:07:44	00:16:00	00:11:54	<b>00:35:38</b>	Energetic Triathlon Shatin	4	1	25.0
<b>Course B - Male Elite Junior</b>									
225	Cheung Tsz Hei	00:06:05	00:11:59	00:07:44	<b>00:25:48</b>	Energetic Triathlon Shatin	1	11	366.7
231	Law Leong Tim	00:06:05	00:11:41	00:08:17	<b>00:26:03</b>	Soar Athletic Associaiton	2	10	333.3
229	Ng Ka Lok, Jason	00:05:56	00:12:20	00:07:50	<b>00:26:06</b>	Energetic Triathlon Shatin	3	9	300.0
234	Wong Ka Ho, Vicko	00:05:56	00:12:21	00:08:44	<b>00:27:01</b>	Titan Triathlon	4	8	266.7
226	Cheung Tsz Kit	00:06:13	00:12:46	00:08:17	<b>00:27:16</b>	Energetic Triathlon Shatin	5	7	233.3
235	Sin Long Hin	00:06:33	00:12:17	00:08:47	<b>00:27:37</b>		6	6	200.0
227	Ip Ching Kiu	00:06:14	00:12:41	00:08:47	<b>00:27:42</b>	Energetic Triathlon Shatin	7	5	166.7
230	Wu Tsz Fung	00:06:48	00:13:47	00:08:39	<b>00:29:14</b>	Soar	8	4	133.3
232	Chan Chun Lung	00:05:56	00:12:45	00:11:42	<b>00:30:23</b>	Titan Triathlon	9	3	100.0
233	Lau Long Fung	00:06:14	00:13:23	00:10:48	<b>00:30:25</b>	Titan Triathlon	10	2	66.7
228	Leung Tsz Chun	00:07:08	00:13:06	00:10:13	<b>00:30:27</b>	Energetic Triathlon Shatin	11	1	33.3
<b>Course B - Male Junior</b>									
254	Tang Ho Fai, Jeffrey	00:06:11	00:13:20	00:07:47	<b>00:27:18</b>	Titan Triathlon	1	22	100.0
241	Wu Tsz Shun	00:07:13			<b>00:28:49</b>	Soar Athletic Associaiton	2	21	95.5
253	Mok Wai Lun	00:06:15	00:14:04	00:09:00	<b>00:29:19</b>	Titan Triathlon	3	20	90.9
242	Veron Lam	00:06:53	00:13:24	00:09:57	<b>00:30:14</b>	Sonic Sports Association	4	19	86.4
255	Tong Lai Hin	00:07:06	00:14:28	00:09:20	<b>00:30:54</b>	Titan Triathlon	5	18	81.8
247	Kun Chi Hin	00:06:54	00:13:32	00:11:34	<b>00:32:00</b>	Titan Triathlon	6	17	77.3
259	Wu Kenneth Yee-lok	00:06:47	00:16:46	00:08:39	<b>00:32:12</b>		7	16	72.7
246	Chu King Long	00:07:06	00:15:11	00:10:03	<b>00:32:20</b>	Titan Triathlon	8	15	68.2
236	Wong Wai Tung	00:06:07	00:18:01	00:08:18	<b>00:32:26</b>	Energetic Triathlon Shatin	9	14	63.6
249	Leung Yat Yin	00:07:42	00:15:22	00:09:26	<b>00:32:30</b>	Titan Triathlon	10	13	59.1
240	Li Chun Yin , Alex	00:07:17	00:16:22	00:09:26	<b>00:33:05</b>	SCAA	11	12	54.5
250	Lo Man Lap	00:06:53	00:16:04	00:10:18	<b>00:33:15</b>	Titan Triathlon	12	11	50.0
257	Chan Ka Ho	00:07:39	00:15:40	00:10:56	<b>00:34:15</b>		13	10	45.5



## 2010 Aquathon Series - Race 4 Result

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
252	Mok Wai Chuen	00:06:48	00:17:16	00:10:26	<b>00:34:30</b>	Titan Triathlon	14	9	40.9
237	Ziqiao Wu	00:08:19	00:17:09	00:10:13	<b>00:35:41</b>	Energetic Triathlon Shatin	15	8	36.4
256	Tsoi Ka Hei	00:08:31	00:15:45	00:11:32	<b>00:35:48</b>	Wong Tai Sin District Life Saving Society	16	7	31.8
258	Falcone Tseng	00:07:32	00:19:06	00:09:27	<b>00:36:05</b>		17	6	27.3
244	Lo Chi Pang	00:08:35	00:17:09	00:10:54	<b>00:36:38</b>	The Little Dolphin Swimming Training Centre	18	5	22.7
251	Lui Hei Yeung	00:07:22	00:20:05	00:11:59	<b>00:39:26</b>	Titan Triathlon	19	4	18.2
243	Cheung Zi Feng, Chris	00:09:50	00:18:21	00:13:11	<b>00:41:22</b>	The Little Dolphin Swimming Training Centre	20	3	13.6
245	Sham Lok Man	00:09:49	00:17:52	00:13:41	<b>00:41:22</b>	The Little Dolphin Swimming Training Centre	21	2	9.1
248	Lau Kwun Ki	00:10:10	00:20:53	00:12:53	<b>00:43:56</b>	Titan Triathlon	22	1	4.5
239	Hui Ka Ki					SCAA	DNS		
238	Lau Chun Fung	00:06:47	00:06:42	00:10:52	<b>00:24:21</b>	Ma On Shan Swimming and Triathlon Club	DSQ		
<b>Course B - Male Youth Open</b>									
260	Li Tsz Hei	00:05:56	00:12:08	00:07:41	<b>00:25:45</b>	Energetic Triathlon Shatin	1	9	100.0
265	Sam Brian Mitchelmore	00:06:15	00:12:47	00:08:20	<b>00:27:22</b>	Titan Triathlon	2	8	88.9
266	Lau Tsun Ling	00:06:15			<b>00:27:47</b>	Titan Triathlon	3	7	77.8
268	Chan Hon Man, Alfred	00:06:31	00:14:15	00:07:57	<b>00:28:43</b>		4	6	66.7
261	Chan Ka Lung	00:06:36	00:13:39	00:08:39	<b>00:28:54</b>	Excel Swim Sports Association	5	5	55.6
267	Chan Hok Man, Arthur	00:06:11	00:14:46	00:08:16	<b>00:29:13</b>		6	4	44.4
269	Lau Tsun Yat	00:06:33	00:13:45	00:09:02	<b>00:29:20</b>		7	3	33.3
262	Leung Sheung Hang	00:07:07	00:13:33	00:09:15	<b>00:29:55</b>	Sea Bear Swimming Club	8	2	22.2
270	Leung Pok Yin	00:06:56	00:14:14	00:09:38	<b>00:30:48</b>		9	1	11.1
263	Leung Sheung Hang					Sea Bear Swimming Club	DNS		
264	Leung Po Yan					Sonic Sports Association	DNS		
<b>Course C - Boys 1999</b>									
623	SHEA KWAN CHUN, GODFREY		00:04:16	00:09:36	<b>00:13:52</b>	Energetic Triathlon Shatin	1	34	100.0
643	Chau Sing Ha		00:04:27	00:09:25	<b>00:13:52</b>	Titan Triathlon	2	33	97.1
637	CHENG CHING YIN		00:04:23	00:10:08	<b>00:14:31</b>	South China Athletic Association	3	32	94.1
654	Yu Shing Him, Mark		00:04:19	00:10:26	<b>00:14:45</b>	0	4	31	91.2
632	Tse Chun Luen, Jonathan		00:04:46	00:10:09	<b>00:14:55</b>	Mango Swimming Club	5	30	88.2
642	Angus Chow		00:06:19	00:08:49	<b>00:15:08</b>	Titan Triathlon	6	29	85.3
631	Ching Kwan Yeung		00:05:21	00:09:53	<b>00:15:14</b>	Mango Swimming Club	7	28	82.4
648	Leung Chung Pak, Philip		00:05:04	00:10:14	<b>00:15:18</b>	0	8	27	79.4
616	Lai Nok Hei				<b>00:15:25</b>	AustSports Association	9	26	76.5
651	Wong Hoi Tin		00:05:26	00:09:59	<b>00:15:25</b>	0	10	25	73.5
645	Chan Ting Hei		00:05:49	00:09:41	<b>00:15:30</b>	0	11	24	70.6
621	Lee Ching Yu		00:05:15	00:10:19	<b>00:15:34</b>	Energetic Triathlon Shatin	12	23	67.6
646	Chung Hiu Lok, Howard		00:05:20	00:10:19	<b>00:15:39</b>	0	13	22	64.7



## 2010 Aquathon Series - Race 4 Result

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
622	Mong Ming Chun, Justin		00:04:35	00:11:06	<b>00:15:41</b>	Energetic Triathlon Shatin	14	21	61.8
620	Kwok Ho Kan		00:04:57	00:10:51	<b>00:15:48</b>	Energetic Triathlon Shatin	15	20	58.8
635	Cheung Hin Wai		00:05:25	00:10:37	<b>00:16:02</b>	Soar Athletic Associaiton	16	19	55.9
636	Tse Hung Fei		00:05:20	00:10:43	<b>00:16:03</b>	Soar Athletic Associaiton	17	18	52.9
625	Wong Yik Ming		00:05:19	00:10:55	<b>00:16:14</b>	Energetic Triathlon Shatin	18	17	50.0
619	HO PAK LOK, VINCENT		00:05:34	00:10:47	<b>00:16:21</b>	Energetic Triathlon Shatin	19	16	47.1
630	Chan Wing Tsun		00:06:14	00:10:08	<b>00:16:22</b>	Mango Swimming Club	20	15	44.1
641	Tse Tsz Kam		00:06:48	00:10:58	<b>00:17:46</b>	The Little Dolphin Swimming Training Cent	21	14	41.2
649	Leung King Kiu		00:06:18	00:11:29	<b>00:17:47</b>		22	13	38.2
624	Chan Chi Lai		00:05:47	00:12:01	<b>00:17:48</b>	Energetic Triathlon Shatin	23	12	35.3
634	Leung Siu Hin		00:06:20	00:11:35	<b>00:17:55</b>	Sea Bear Swimming Club	24	11	32.4
618	Chow Chi Hei		00:07:49	00:10:54	<b>00:18:43</b>	Energetic Triathlon Shatin	25	10	29.4
652	Wong Tsz Chung		00:06:00	00:12:46	<b>00:18:46</b>		26	9	26.5
638	Chui Shing Hang		00:06:55	00:12:39	<b>00:19:34</b>	The Little Dolphin Swimming Training Cent	27	8	23.5
306	Chung Ka Ho		00:06:01	00:14:29	<b>00:20:30</b>	Ma On Shan Swimming and Triathlon Club	28	7	20.6
639	Lai Chi Kan, Dickson		00:08:24	00:12:47	<b>00:21:11</b>	The Little Dolphin Swimming Training Cent	29	6	17.6
640	Lo Yah Cho		00:06:47	00:14:47	<b>00:21:34</b>	The Little Dolphin Swimming Training Cent	30	5	14.7
629	Mok Ka Ho		00:07:19	00:15:32	<b>00:22:51</b>	Ma On Shan Swimming and Triathlon Club	31	4	11.8
650	Ngai Chun Ho		00:06:42	00:17:29	<b>00:24:11</b>		32	3	8.8
633	Ma Lok To		00:07:15	00:20:35	<b>00:27:50</b>	Pro-Trinity Sports Club	33	2	5.9
628	Lam Ka Lun		00:07:18	00:22:13	<b>00:29:31</b>	Ma On Shan Swimming and Triathlon Club	34	1	2.9
617	Cheng On Sum					Compass Sports Association	DNS		
626	Chan Chak Hei					Excel Swim Sports Association	DNS		
644	Chan Ka Ki						DNS		
647	Lee Shing Cho						DNS		
653	Wu Tak Wang						DNS		
<b>Course C - Boys 2000</b>									
578	Matthew Tan		00:05:30	00:08:40	<b>00:14:10</b>	Hoi Ngai Sports Association	1	32	100.0
585	Lo Yik Hei		00:04:58	00:09:57	<b>00:14:55</b>	Energetic Triathlon Shatin	2	31	96.9
556	PANG HO KIU		00:04:43	00:10:20	<b>00:15:03</b>	Energetic Triathlon Shatin	3	30	93.8
553	Ip Poe Lam		00:06:18	00:09:28	<b>00:15:46</b>	Soar Athletic Association	4	29	90.6
566	Lau Pak Lun		00:05:50	00:10:02	<b>00:15:52</b>		5	28	87.5
569	Chan Yik Ming, Ricky		00:06:03	00:09:58	<b>00:16:01</b>		6	27	84.4
571	Chung Man Hin		00:06:26	00:09:48	<b>00:16:14</b>	Mango Swimming Club	7	26	81.3
564	Cheung Wai Yin, Alvin		00:05:41	00:11:02	<b>00:16:43</b>	Excel Swim Sports Association	8	25	78.1
562	Tang Ho Ming		00:06:16	00:11:03	<b>00:17:19</b>	Energetic Triathlon Shatin	9	24	75.0
555	LI MAN KI		00:05:50	00:11:36	<b>00:17:26</b>	Excel Swim Sports Association	10	23	71.9
559	Kan Wai Thun		00:06:03	00:11:35	<b>00:17:38</b>		11	22	68.8

## 2010 Aquathon Series - Race 4 Result

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
572	Guan Yue		00:07:12	00:10:31	<b>00:17:43</b>		12	21	65.6
575	Leung Tak Lun		00:05:43	00:12:01	<b>00:17:44</b>		13	20	62.5
580	Tse Hing Pok		00:06:32	00:11:25	<b>00:17:57</b>		14	19	59.4
583	Yip Kun Fung		00:06:09	00:11:55	<b>00:18:04</b>		15	18	56.3
581	Wong Tak Man		00:08:01	00:10:12	<b>00:18:13</b>		16	17	53.1
573	Lam Ka Chun		00:05:38	00:12:43	<b>00:18:21</b>		17	16	50.0
579	Nicholas Tsang		00:06:52	00:11:39	<b>00:18:31</b>		18	15	46.9
567	Aaron Khemlyani		00:06:05	00:12:27	<b>00:18:32</b>	AustSports Association	19	14	43.8
551	Lai Tsz Hei		00:07:29	00:11:15	<b>00:18:44</b>	Energetic Triathlon Shatin	20	13	40.6
558	Wong Yat Nam		00:07:19	00:11:37	<b>00:18:56</b>		21	12	37.5
574	Lau Chak Hang		00:06:05	00:12:53	<b>00:18:58</b>		22	11	34.4
577	Ma Chun Ming, James		00:07:43	00:11:28	<b>00:19:11</b>	Excel Swim Sports Association	23	10	31.3
561	Ng Yin Tai, Stanley		00:08:52	00:11:44	<b>00:20:36</b>	Energetic Triathlon Shatin	24	9	28.1
557	TSE CHONG HANG		00:07:17	00:14:33	<b>00:21:50</b>		25	8	25.0
576	Lucas Lau				<b>00:23:53</b>	Excel Swim Sports Association	26	7	21.9
560	Lam Lok Yin		00:06:24	00:17:32	<b>00:23:56</b>	Energetic Triathlon Shatin	27	6	18.8
554	LEUNG SIU HANG		00:11:34	00:15:17	<b>00:26:51</b>		28	5	15.6
582	Yip Chun Fan				<b>00:29:11</b>	Ma On Shan Swimming and Triathlon Club	29	4	12.5
563	Ng Wan Nam		00:08:18	00:20:58	<b>00:29:16</b>	Soar Athletic Association	30	3	9.4
565	Ng Ho Fai		00:08:33	00:20:51	<b>00:29:24</b>		31	2	6.3
568	Chen Pak Ming, Bernard		00:08:47	00:25:15	<b>00:34:02</b>	Energetic Triathlon Shatin	32	1	3.1
552	Choi Chun Fung						DNS		
570	Charlie Stewart						DNS		
584	Young Tsz Hin, Matthew						DNS		
<b>Course C - Boys 2001</b>									
603	Lee Siu Fu		00:05:31	00:10:03	<b>00:15:34</b>	Soar Athletic Association	1	28	100.0
607	Chu Check Hei, Leo		00:06:04	00:10:20	<b>00:16:24</b>		2	27	96.4
595	Lau Chun Ip Robot		00:06:28	00:10:25	<b>00:16:53</b>	Excel Swim Sports Association	3	26	92.9
597	Tsui Nga Hang, Jason		00:05:37	00:11:48	<b>00:17:25</b>	Mango Swimming Club	4	25	89.3
590	Ip Shun Hei		00:06:15	00:11:12	<b>00:17:27</b>	Energetic Triathlon Shatin	5	24	85.7
602	Chan Ho Tin		00:06:29	00:11:21	<b>00:17:50</b>	Soar Athletic Association	6	23	82.1
612	LEE KA HIM, KENNETH		00:06:49	00:11:11	<b>00:18:00</b>		7	22	78.6
600	Chan Ho Fung		00:06:31	00:11:32	<b>00:18:03</b>	Sea Bear Swimming Club	8	21	75.0
599	Tse Hoff Man		00:05:44	00:13:18	<b>00:19:02</b>	Pro-Trinity Sports Club	9	20	71.4
593	Lau Yu Hon		00:06:48	00:12:17	<b>00:19:05</b>	Energetic Triathlon Shatin	10	19	67.9
589	HO TREVOR REGINALD		00:07:51	00:12:22	<b>00:20:13</b>	Energetic Triathlon Shatin	11	18	64.3
610	Ho Chung Hang, Jason		00:09:00	00:11:58	<b>00:20:58</b>		12	17	60.7
604	Chung Hau Yin, Howard		00:06:08	00:15:05	<b>00:21:13</b>	Titan Triathlon	13	16	57.1

## 2010 Aquathon Series - Race 4 Result

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
587	Chan Shun Wai		00:06:59	00:15:02	<b>00:22:01</b>	Energetic Triathlon Shatin	14	15	53.6
608	Cody Chan		00:06:53	00:15:21	<b>00:22:14</b>		15	14	50.0
586	Li Tsz Ho, Angus		00:06:48	00:15:31	<b>00:22:19</b>	Compass Sports Association	16	13	46.4
609	Eugene Lau		00:08:22	00:14:32	<b>00:22:54</b>		17	12	42.9
613	Leung Kak Yuen		00:08:42	00:14:13	<b>00:22:55</b>		18	11	39.3
591	LAM HO HIN, VINCENT		00:05:51	00:17:11	<b>00:23:02</b>	Energetic Triathlon Shatin	19	10	35.7
614	Lewis Ng		00:07:32	00:15:34	<b>00:23:06</b>		20	9	32.1
611	Joshua Nanayakkara		00:08:37	00:14:32	<b>00:23:09</b>		21	8	28.6
588	Dathan Leung		00:09:07	00:14:28	<b>00:23:35</b>	Energetic Triathlon Shatin	22	7	25.0
594	LEUNG WAI KIT		00:08:19	00:15:30	<b>00:23:49</b>	Energetic Triathlon Shatin	23	6	21.4
606	Chan King Ho		00:06:58	00:18:36	<b>00:25:34</b>		24	5	17.9
615	Li Yui Lai		00:07:59	00:17:37	<b>00:25:36</b>		25	4	14.3
592	LAM MAN HIN, ANDREW		00:06:49	00:18:51	<b>00:25:40</b>	Energetic Triathlon Shatin	26	3	10.7
598	Ng Siu Lung		00:08:29	00:20:47	<b>00:29:16</b>	Pro-Trinity Sports Club	27	2	7.1
596	Lam Ka Ching		00:08:35	00:25:39	<b>00:34:14</b>	Ma On Shan Swimming and Triathlon Club	28	1	3.6
601	Hung TIK LONG					Sea Bear Swimming Club	DNS		
605	Brenton Lin						DNS		
<b>Course C - Boys 2002</b>									
660	Chan Chun Hin		00:06:41	00:10:55	<b>00:17:36</b>	Excel Swim Sports Association	1	15	100.0
661	Lau Chun Hin Oscar		00:06:47	00:10:58	<b>00:17:45</b>	Excel Swim Sports Association	2	14	93.3
659	Wong Long Ching, Nigel		00:07:47	00:10:09	<b>00:17:56</b>	Energetic Triathlon Shatin	3	13	86.7
658	Ng CHI KIN		00:06:48	00:11:10	<b>00:17:58</b>	Energetic Triathlon Shatin	4	12	80.0
665	Lam Wai Lok		00:06:56	00:11:55	<b>00:18:51</b>	Mango Swimming Club	5	11	73.3
663	Wong Kin Hei		00:06:46	00:13:22	<b>00:20:08</b>	Excel Swim Sports Association	6	10	66.7
655	Lam Yat Him, Angus		00:08:05	00:12:15	<b>00:20:20</b>	AustSports Association	7	9	60.0
656	Lee Man Hei		00:08:43	00:11:45	<b>00:20:28</b>	AustSports Association	8	8	53.3
669	Harold Yick		00:05:46	00:15:30	<b>00:21:16</b>		9	7	46.7
668	Aidan Chow		00:06:57	00:14:36	<b>00:21:33</b>		10	6	40.0
670	LAU CHUN HEI		00:08:51	00:12:45	<b>00:21:36</b>		11	5	33.3
667	CHUNG SAU YIN, SAMUEL		00:07:35	00:18:24	<b>00:25:59</b>	Titan Triathlon	12	4	26.7
666	Wu Zhi Jian , Marco		00:08:28	00:17:39	<b>00:26:07</b>	Mango Swimming Club	13	3	20.0
657	Carton Chan		00:09:35	00:18:19	<b>00:27:54</b>	Energetic Triathlon Shatin	14	2	13.3
662	TAO CHUN NGOK		00:08:20	00:19:50	<b>00:28:10</b>	Excel Swim Sports Association	15	1	6.7
664	Chau Chi Kit					Ma On Shan Swimming and Triathlon Club	DSQ		
671	Young Chi Hang						DNS		
<b>Course C - Girls 1999</b>									
502	Au Yeung Hok Ka		00:04:55	00:08:57	<b>00:13:52</b>	Excel Swim Sports Association	1	18	100.0

## 2010 Aquathon Series - Race 4 Result

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
516	Tam Nga Man		00:05:28	00:09:52	<b>00:15:20</b>		2	17	94.4
510	Luk Wing Suet		00:05:01	00:10:30	<b>00:15:31</b>	Soar Athletic Association	3	16	88.9
503	CHAN KA YEE, Kelly		00:04:56	00:10:39	<b>00:15:35</b>	Excel Swim Sports Association	4	15	83.3
509	Yu Sin Ying		00:05:44	00:10:13	<b>00:15:57</b>	Soar Athletic Association	5	14	77.8
501	WONG SZE KIU		00:05:00	00:11:40	<b>00:16:40</b>	Energetic Triathlon Shatin	6	13	72.2
515	LAU YAN WING		00:05:18	00:11:49	<b>00:17:07</b>		7	12	66.7
500	Tsang Ching Sze		00:06:01	00:11:15	<b>00:17:16</b>	Compass Sports Association	8	11	61.1
517	Yuen Cheuk Yen		00:05:38	00:12:00	<b>00:17:38</b>		9	10	55.6
511	YU TSZ HEI		00:05:58	00:11:59	<b>00:17:57</b>	Titan Triathlon	10	9	50.0
504	Chan Ka Yee, Peony		00:06:41	00:11:37	<b>00:18:18</b>	Excel Swim Sports Association	11	8	44.4
513	Chan Lok Yan, Alice		00:07:09	00:11:10	<b>00:18:19</b>		12	7	38.9
508	Kwan Man Hei		00:07:03	00:12:48	<b>00:19:51</b>	Soar Athletic Association	13	6	33.3
514	Edith Lee		00:06:25	00:13:35	<b>00:20:00</b>		14	5	27.8
505	TSANG INGRID WAH LING		00:06:21	00:13:49	<b>00:20:10</b>	Excel Swim Sports Association	15	4	22.2
507	Chu Tsz Wai		00:06:17	00:15:15	<b>00:21:32</b>	Sea Bear Swimming Club	16	3	16.7
506	Ho Tung Yu		00:06:36	00:15:10	<b>00:21:46</b>	Ma On Shan Swimming and Triathlon Club	17	2	11.1
512	Alice Lee		00:07:30	00:15:26	<b>00:22:56</b>		18	1	5.6
<b>Course C - Girls 2000</b>									
518	Ma Che Yan		00:05:02	00:10:05	<b>00:15:07</b>	Dali Swimming Club	1	12	100.0
527	Clarisa Huang		00:05:14	00:10:03	<b>00:15:17</b>		2	11	91.7
531	WAN LING SHU		00:05:00	00:10:51	<b>00:15:51</b>		3	10	83.3
525	KELLY Law		00:06:10	00:11:28	<b>00:17:38</b>	Sonic Sports Association	4	9	75.0
519	Carin Chan		00:07:13	00:11:44	<b>00:18:57</b>	Energetic Triathlon Shatin	5	8	66.7
523	Yee Tin Wai		00:05:43	00:13:38	<b>00:19:21</b>	Excel Swim Sports Association	6	7	58.3
520	Chau Man Wing		00:07:19	00:12:04	<b>00:19:23</b>	Energetic Triathlon Shatin	7	6	50.0
524	LEE KING TUNG		00:07:32	00:11:52	<b>00:19:24</b>	Kun Sports Association	8	5	41.7
529	Li Ming Sum		00:07:02	00:13:34	<b>00:20:36</b>		9	4	33.3
521	CHUNG YUEN TUNG, HERA		00:07:26	00:14:09	<b>00:21:35</b>	Energetic Triathlon Shatin	10	3	25.0
528	LAU HIN YEE		00:09:21	00:14:27	<b>00:23:48</b>		11	2	16.7
530	Nicole Lai		00:07:55	00:16:55	<b>00:24:50</b>		12	1	8.3
522	Tse Hoi Yan, Gloria					Energetic Triathlon Shatin	DNS		
526	Chan Hei Man					The Little Dolphin Swimming Training Centre	DNS		
<b>Course C - Girls 2001</b>									
435	Chung Hiu Tung, Nicole		00:05:13	00:11:16	<b>00:16:29</b>		1	12	100.0
542	Wong WING SZE		00:05:52	00:11:52	<b>00:17:44</b>		2	11	91.7
537	Ho Yuen Shun		00:06:12	00:11:50	<b>00:18:02</b>	Ma On Shan Swimming and Triathlon Club	3	10	83.3
532	Cho Wing To, Cheri		00:06:46	00:11:33	<b>00:18:19</b>	Energetic Triathlon Shatin	4	9	75.0

## 2010 Aquathon Series - Race 4 Result

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
540	June Lee		00:06:07	00:12:28	<b>00:18:35</b>		5	8	66.7
533	Yuen Chin Lam		00:07:12	00:12:13	<b>00:19:25</b>	Energetic Triathlon Shatin	6	7	58.3
539	Anjali Khemlyani		00:07:07	00:12:43	<b>00:19:50</b>		7	6	50.0
538	Tam Hei Tung		00:06:14	00:13:42	<b>00:19:56</b>	Mango Swimming Club	8	5	41.7
535	Lau Man		00:07:25	00:13:24	<b>00:20:49</b>	Kun Sports Association	9	4	33.3
541	LIU KWAN KIU GWYNETH		00:07:33	00:14:01	<b>00:21:34</b>		10	3	25.0
536	Chan Yuk Ching		00:07:58	00:15:43	<b>00:23:41</b>	Ma On Shan Swimming and Triathlon Club	11	2	16.7
534	WAI SHUN YAN		00:07:31	00:19:13	<b>00:26:44</b>	Excel Swim Sports Association	12	1	8.3
<b>Course C - Girls 2002</b>									
550	TSOI LOK YU, TESS		00:05:21	00:10:59	<b>00:16:20</b>		1	8	100.0
546	Chan Hiu Yee		00:06:18	00:12:02	<b>00:18:20</b>		2	7	87.5
547	Lam Tsz Chin		00:06:56	00:11:42	<b>00:18:38</b>		3	6	75.0
549	Lo Ting Yan		00:07:46	00:13:31	<b>00:21:17</b>		4	5	62.5
543	CATHY LAU		00:09:02	00:14:39	<b>00:23:41</b>	Energetic Triathlon Shatin	5	4	50.0
548	Law Ching Yin		00:07:37	00:16:10	<b>00:23:47</b>		6	3	37.5
545	Ng Yan Wa		00:07:34	00:16:16	<b>00:23:50</b>	Soar Athletic Association	7	2	25.0
544	Liu Sin Hang, Alison		00:10:27	00:17:07	<b>00:27:34</b>	Energetic Triathlon Shatin	8	1	12.5
<b>Course C - Boys 1995</b>									
378	Wong Hiu Wai		00:04:06	00:07:32	<b>00:11:38</b>	Energetic Triathlon Shatin	1	15	100.0
380	Chow Man Him		00:04:09	00:07:47	<b>00:11:56</b>	Excel Swim Sports Association	2	14	93.3
386	Kwok Wing Kan		00:04:17	00:07:43	<b>00:12:00</b>	Titan Triathlon	3	13	86.7
375	Chu Long San		00:04:23	00:08:11	<b>00:12:34</b>	Energetic Triathlon Shatin	4	12	80.0
379	Cheng Ho Yin		00:04:41	00:08:02	<b>00:12:43</b>	Excel Swim Sports Association	5	11	73.3
389	Tsoi Ka Cheuk		00:04:22	00:08:21	<b>00:12:43</b>	Wong Tai Sin District Life Saving Society	6	10	66.7
376	Chu Shiu Lun		00:04:33	00:08:29	<b>00:13:02</b>	Energetic Triathlon Shatin	7	9	60.0
384	Lau Hin Nam		00:05:12	00:08:13	<b>00:13:25</b>	SCAA	8	8	53.3
381	Lam Jung Yee				<b>00:13:32</b>	Excel Swim Sports Association	9	7	46.7
391	Lam Ming Yeung				<b>00:13:50</b>	0	10	6	40.0
374	CHOW SIN KI		00:04:28	00:09:29	<b>00:13:57</b>	Energetic Triathlon Shatin	11	5	33.3
388	Leung Yat Lai		00:04:27	00:10:27	<b>00:14:54</b>	Titan Triathlon	12	4	26.7
387	Lee Yik Hin		00:05:32	00:09:47	<b>00:15:19</b>	Titan Triathlon	13	3	20.0
390	Chan Cheuk Man, Adam		00:05:45	00:09:45	<b>00:15:30</b>	0	14	2	13.3
383	Mak Ho Man		00:05:45	00:10:37	<b>00:16:22</b>	Ma On Shan Swimming and Triathlon Club	15	1	6.7
377	Shek Yuk Kan					Energetic Triathlon Shatin	DNS		
382	Ching Ho Pan					Ma On Shan Swimming and Triathlon Club	DNS		
385	Leung Shing Him					SCAA	DNS		

## 2010 Aquathon Series - Race 4 Result

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
<b>Course C - Boys 1996</b>									
406	Ho Matthew Chi Yan		00:04:08	00:07:32	<b>00:11:40</b>		1	14	100.0
399	Yeung Tsz Fung		00:04:31	00:07:54	<b>00:12:25</b>	Excel Swim Sports Association	2	13	92.9
398	Lee Chun Yiu		00:04:41	00:08:21	<b>00:13:02</b>	Excel Swim Sports Association	3	12	85.7
397	Lau Yue Hin		00:04:38	00:08:27	<b>00:13:05</b>	Excel Swim Sports Association	4	11	78.6
402	Poon Chi Leung		00:04:36	00:08:41	<b>00:13:17</b>	The Little Dolphin Swimming Training Centre	5	10	71.4
403	Poon Chun Leung		00:04:38	00:08:52	<b>00:13:30</b>	The Little Dolphin Swimming Training Centre	6	9	64.3
395	LEE CHUN		00:04:39	00:09:21	<b>00:14:00</b>	Energetic Triathlon Shatin	7	8	57.1
405	Chan Wai Shun, Wilson		00:04:55	00:09:19	<b>00:14:14</b>		8	7	50.0
400	Lai Chi Fung, Desmond		00:05:16	00:09:45	<b>00:15:01</b>	The Little Dolphin Swimming Training Centre	9	6	42.9
404	Ho Fuk Hung		00:05:05	00:11:13	<b>00:16:18</b>	Titan Triathlon	10	5	35.7
401	Law Ho Wai				<b>00:16:22</b>	The Little Dolphin Swimming Training Centre	11	4	28.6
394	Chau Man Kei	00:05:43		00:10:45	<b>00:16:28</b>	Energetic Triathlon Shatin	12	3	21.4
396	Yim Ho Yin	00:06:05		00:12:08	<b>00:18:13</b>	Energetic Triathlon Shatin	13	2	14.3
393	Chan Ding San	00:08:16		00:13:15	<b>00:21:31</b>	Energetic Triathlon Shatin	14	1	7.1
392	Chan Chak Fung					Energetic Triathlon Shatin	DNS		
<b>Course C - Boys 1997</b>									
313	Michael Lam		00:04:23	00:08:12	<b>00:12:35</b>	Sonic Sports Association	1	25	100.0
312	Luk Kiu Fung		00:04:20	00:08:17	<b>00:12:37</b>	Soar Athletic Association	2	24	96.0
318	Tsoi Ka Kit		00:03:54	00:09:00	<b>00:12:54</b>	Wong Tai Sin District Life Saving Society	3	23	92.0
301	Ip Ho Lam		00:04:37	00:08:18	<b>00:12:55</b>	Energetic Triathlon Shatin	4	22	88.0
316	Maximilian Gil Mitchelmore		00:04:34	00:08:22	<b>00:12:56</b>	Titan Triathlon	5	21	84.0
326	Shuen Chun Kit, Jeffrey		00:04:56	00:08:08	<b>00:13:04</b>		6	20	80.0
315	Heung Chin Tung		00:04:50	00:08:19	<b>00:13:09</b>	Titan Triathlon	7	19	76.0
322	Li Ka Tsun		00:04:35	00:09:14	<b>00:13:49</b>		8	18	72.0
304	Au Yeung Ho Cheung				<b>00:13:50</b>	Excel Swim Sports Association	9	17	68.0
300	Chan Ka Chun	00:04:59		00:09:12	<b>00:14:11</b>	Energetic Triathlon Shatin	10	16	64.0
310	Fung Yat To				<b>00:14:14</b>	Sea Bear Swimming Club	11	15	60.0
323	Ma Pui Hong				<b>00:14:18</b>		12	14	56.0
311	Loo Tsz Hei				<b>00:14:28</b>	Sea Bear Swimming Club	13	13	52.0
324	OR YIU HANG	00:04:56		00:09:36	<b>00:14:32</b>		14	12	48.0
309	Fan Lukas Long				<b>00:14:40</b>	SCAA	15	11	44.0
319	James Tan	00:05:24		00:09:21	<b>00:14:45</b>		16	10	40.0
325	Pang Kam To				<b>00:15:00</b>		17	9	36.0
314	Chan Cheuk Hin				<b>00:15:40</b>	The Little Dolphin Swimming Training Centre	18	8	32.0
305	Lee Hoi Leung	00:05:11		00:10:31	<b>00:15:42</b>	Ma On Shan Swimming and Triathlon Club	19	7	28.0
327	Wong Tsz Him						20	6	24.0
321	Lee Ka Kei, Gareth	00:05:26		00:10:57	<b>00:16:23</b>		21	5	20.0



## 2010 Aquathon Series - Race 4 Result

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
303	Wong Tsz Shing		00:04:39	00:12:11	<b>00:16:50</b>	Energetic Triathlon Shatin	22	4	16.0
320	Law Cheuk Hei		00:06:40	00:11:12	<b>00:17:52</b>		23	3	12.0
308	Wu Zhi Juan, Joe		00:05:36	00:12:59	<b>00:18:35</b>	Mango Swimming Club	24	2	8.0
627	Chung Ka Him		00:07:08	00:13:23	<b>00:20:31</b>	Ma On Shan Swimming and Triathlon Club	25	1	4.0
302	Leung Chun Sun					Energetic Triathlon Shatin	DNS		
307	Lai Wing Lam					Ma On Shan Swimming and Triathlon Club	DNS		
317	Lau Ho Ching, Andy					Titan Triathlon	DNS		
<b>Course C - Boys 1998</b>									
349	Miles Williams		00:04:07	00:08:21	<b>00:12:28</b>		1	24	100.0
332	Ngan Ming Yin, Joshua		00:04:30	00:08:14	<b>00:12:44</b>	Energetic Triathlon Shatin	2	23	95.8
353	Wong Tsz To		00:04:42	00:08:27	<b>00:13:09</b>		3	22	91.7
347	CHEN MAN HOI		00:05:13	00:08:46	<b>00:13:59</b>		4	21	87.5
350	Reiny Brown		00:05:04	00:09:00	<b>00:14:04</b>		5	20	83.3
339	Leung Nok Hin		00:04:41	00:09:26	<b>00:14:07</b>	SCAA	6	19	79.2
354	Yik Cheuk Ting				<b>00:14:38</b>		7	18	75.0
343	CHENG CHING WEI		00:04:55	00:10:00	<b>00:14:55</b>	South China Athletic Association	8	17	70.8
330	Chan Kam Po				<b>00:15:02</b>	Energetic Triathlon Shatin	9	16	66.7
333	YAU KAM YUEN		00:04:49	00:10:18	<b>00:15:07</b>	Energetic Triathlon Shatin	10	15	62.5
337	Ching Kwan Long		00:05:42	00:09:50	<b>00:15:32</b>	Mango Swimming Club	11	14	58.3
340	Leung Ka Ming		00:05:11	00:10:25	<b>00:15:36</b>	Soar Athletic Association	12	13	54.2
336	Tsui Tak Sum		00:04:52	00:10:50	<b>00:15:42</b>	Ma On Shan Swimming and Triathlon Club	13	12	50.0
341	Wong Wing Yin		00:05:44	00:10:17	<b>00:16:01</b>	Sonic Sports Association	14	11	45.8
329	Lee Man Sum		00:05:25	00:10:38	<b>00:16:03</b>	AustSports Association	15	10	41.7
328	Keung Pok Man		00:05:23	00:10:48	<b>00:16:11</b>	AustSports Association	16	9	37.5
345	Chan Wai Hin		00:05:02	00:11:28	<b>00:16:30</b>	The Little Dolphin Swimming Training Centre	17	8	33.3
348	Cheung Ka Chun		00:05:17	00:11:23	<b>00:16:40</b>		18	7	29.2
346	Tsang Yui Ho		00:05:16	00:12:01	<b>00:17:17</b>	The Little Dolphin Swimming Training Centre	19	6	25.0
334	Yu King Chun		00:08:16	00:11:03	<b>00:19:19</b>	Energetic Triathlon Shatin	20	5	20.8
351	Timothy Metz		00:14:07	00:06:21	<b>00:20:28</b>		21	4	16.7
342	Kong Cheuk Hei		00:07:00	00:13:30	<b>00:20:30</b>	Sonic Sports Association	22	3	12.5
338	Tam Ming Hon		00:06:57	00:13:50	<b>00:20:47</b>		23	2	8.3
335	Li Chi Shing		00:14:08	00:08:03	<b>00:22:11</b>	Ma On Shan Swimming and Triathlon Club	24	1	4.2
331	Choy Fu Kwong, Franky					Energetic Triathlon Shatin	DNS		
344	CHRISTOPHER SETON LOR					South China Athletic Association	DNS		
352	WONG RYAN KWAN YUE						DNS		
<b>Course C - Girls 1995</b>									
220	Chan Lok Yi		00:04:22	00:09:04	<b>00:13:26</b>	Energetic Triathlon Shatin	1	8	100.0



## 2010 Aquathon Series - Race 4 Result

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
355	Tsang Ka Hung		00:04:53	00:10:11	<b>00:15:04</b>	AustSports Association	2	7	87.5
356	Sin Pui Yan		00:04:31	00:10:10	<b>00:14:41</b>	Energetic Triathlon Shatin	3	6	75.0
357	Lam Lok San		00:04:45	00:09:36	<b>00:14:21</b>	Excel Swim Sports Association	4	5	62.5
358	Li Sum Yi		00:05:25	00:11:22	<b>00:16:47</b>	Ma On Shan Swimming and Triathlon Club	5	4	50.0
359	ALTHEA SUEN		00:05:06	00:10:29	<b>00:15:35</b>	South China Athletic Association	6	3	37.5
360	Lau Yingtung		00:05:30	00:11:52	<b>00:17:22</b>		7	2	25.0
373	Luk Yin Hei		00:04:50	00:09:58	<b>00:14:48</b>	AustSports Association	8	1	12.5
<b>Course C - Girls 1996</b>									
							1	9	100.0
368	Tsoi Wing Ki		00:05:10	00:09:46	<b>00:14:56</b>	The Little Dolphin Swimming Training Centre	2	8	88.9
372	Chan Wing Tung		00:05:26	00:10:28	<b>00:15:54</b>		3	7	77.8
367	Kong Yan Pui		00:05:45	00:10:16	<b>00:16:01</b>	Sonic Sports Association	4	6	66.7
365	En Lin Lung, Ethelia		00:04:47	00:11:19	<b>00:16:06</b>	SCAA	5	5	55.6
361	Yee Ho Ching		00:05:07	00:11:11	<b>00:16:18</b>	Excel Swim Sports Association	6	4	44.4
364	Li Wai Sum		00:04:25	00:12:22	<b>00:16:47</b>		7	3	33.3
369	Annette Yuen		00:05:12	00:13:04	<b>00:18:16</b>		8	2	22.2
370	Mayumi Inoki		00:07:09	00:16:35	<b>00:23:44</b>	Ma On Shan Swimming and Triathlon Club	9	1	11.1
363	Chan Cheuk Yan		00:07:16	00:25:00	<b>00:32:16</b>	Ma On Shan Swimming and Triathlon Club	DNS		
362	Wan Hoi Ting, Florence					Sea Bear Swimming Club	DNS		
366	Hung TSZ TO								
<b>Course C - Girls 1997</b>									
413	Lee Suet Ying		00:04:31	00:09:06	<b>00:13:37</b>	Excel Swim Sports Association	1	13	100.0
419	LAU HO HEI, DAWNIE				<b>00:14:00</b>		2	12	92.3
408	CHAN CHI LUN				<b>00:14:09</b>	Dali Swimming Club	3	11	84.6
410	Chuang Yan Wing		00:04:35	00:10:03	<b>00:14:38</b>	Energetic Triathlon Shatin	4	10	76.9
415	Pang Ching Wai				<b>00:14:38</b>	SCAA	5	9	69.2
417	Chan Ka Ying		00:04:59	00:10:11	<b>00:15:10</b>	Ti Dynamic	6	8	61.5
421	Tso Choi Ni		00:04:30	00:11:02	<b>00:15:32</b>		7	7	53.8
420	Lee Wing Sum		00:05:01	00:10:45	<b>00:15:46</b>		8	6	46.2
418	Chu Yan Lam		00:05:05	00:10:59	<b>00:16:04</b>		9	5	38.5
412	Wong Lok Ching, Jacinta		00:05:41	00:11:04	<b>00:16:45</b>	Energetic Triathlon Shatin	10	4	30.8
407	Wan Tsz Huen		00:05:06	00:12:36	<b>00:17:42</b>	Crest Ray Recreation & Sports Club	11	3	23.1
414	Li Lok Yi		00:06:15	00:13:05	<b>00:19:20</b>	Ma On Shan Swimming and Triathlon Club	12	2	15.4
411	Ng Sin Yu		00:08:00	00:18:38	<b>00:26:38</b>	Energetic Triathlon Shatin	13	1	7.7
409	Yip Wing Chin Tracy					Dali Swimming Club	DNS		
416	Tsang Ka Lok					Sonic Sports Association	DNS		
<b>Course C - Girls 1998</b>									

2010 Aquathon Series - Race 4 Result

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
424	Chelesa Mumba Hinzano		00:04:42	00:08:50	<b>00:13:32</b>	Excel Swim Sports Association	1	12	100.0
430	Yu KA YIU		00:04:47	00:08:47	<b>00:13:34</b>	Sea Bear Swimming Club	2	11	91.7
434	Tang Yue Man, Michelle		00:04:17	00:10:04	<b>00:14:21</b>		3	10	83.3
371	Wu Ming Wai		00:04:53	00:09:36	<b>00:14:29</b>	Soar Athletic Associaiton	4	9	75.0
432	Lau Tsz Wing		00:05:12	00:09:28	<b>00:14:40</b>	Titan Triathlon	5	8	66.7
431	Luk Kiu Cho		00:04:47	00:10:10	<b>00:14:57</b>	Soar Athletic Associaiton	6	7	58.3
428	Ailene Elvina Lung		00:05:30	00:10:28	<b>00:15:58</b>	SCAA	7	6	50.0
425	Fu Chiu Man		00:05:13	00:10:46	<b>00:15:59</b>	Excel Swim Sports Association	8	5	41.7
423	Wong Long Kiu		00:05:53	00:10:16	<b>00:16:09</b>	Energetic Triathlon Shatin	9	4	33.3
427	Wong Sachi		00:05:46	00:11:57	<b>00:17:43</b>		10	3	25.0
426	Lee Cheuk Yan		00:05:43	00:13:12	<b>00:18:55</b>	Ma On Shan Swimming and Triathlon Club	11	2	16.7
433	Stella Morgan		00:07:31	00:15:28	<b>00:22:59</b>		12	1	8.3
422	Hung Cheuk Yi					Energetic Triathlon Shatin			
429	Chow Wan Yin					Sea Bear Swimming Club			
<b>Course D - Female Open</b>									
702	Chow Sau Yee		00:07:11	00:11:07	<b>00:18:18</b>	Titan Triathlon	1	8	100.0
708	Leung Yim Ting		00:08:13	00:10:22	<b>00:18:35</b>		2	7	87.5
733	Cheng Wing Ho		00:07:09	00:13:11	<b>00:20:20</b>		3	6	75.0
707	Leung Po Yee		00:07:03	00:13:43	<b>00:20:46</b>		4	5	62.5
706	Josephine Smith		00:06:10	00:15:02	<b>00:21:12</b>		5	4	50.0
709	Tracey Hatherell		00:07:48	00:14:56	<b>00:22:44</b>		6	3	37.5
704	Emma Dodwell-Groves		00:06:59	00:16:55	<b>00:23:54</b>		7	2	25.0
703	WONG HOI YAN		00:11:56	00:14:27	<b>00:26:23</b>	Titan Triathlon	8	1	12.5
701	Carlay Tong					Energetic Triathlon Shatin	DNS		
705	Fung Kit Yi						DNS		
<b>Course D - Female Veteran</b>									
						Energetic Triathlon Shatin	1	2	100.0
710	CHAN MAN MEI		00:06:42	00:11:38	<b>00:18:20</b>	Energetic Triathlon Shatin	2	1	50.0
711	Lui Shuk Han, Karen		00:06:47	00:10:04	<b>00:16:51</b>	Ma On Shan Swimming and Triathlon Club	DNS		
712	Ng Yau Lan						DNS		
713	Yu Pik Yuk Julie						DNS		
<b>Course D - Male Veteran</b>									
722	Chan Chu		00:05:34	00:09:09	<b>00:14:43</b>	Energetic Triathlon Shatin	1	7	100.0
721	LEE CHI MAN		00:05:52	00:09:00	<b>00:14:52</b>	AustSports Association	2	6	85.7
725	Poon Kwok Wing				<b>00:15:37</b>	Energetic Triathlon Shatin	3	5	71.4
728	Cheung Man Kwong		00:05:55	00:10:17	<b>00:16:12</b>	Mango Swimming Club	4	4	57.1
723	Chau Ho Ming		00:06:02	00:10:42	<b>00:16:44</b>	Energetic Triathlon Shatin	5	3	42.9

2010 Aquathon Series - Race 4 Result

Race No	English Name	Run1	Swim	Run2	Total	Club	Pos	Points	%
731	Fan Tse Ming		00:07:10	00:11:36	<b>00:18:46</b>		6	2	28.6
732	Lam Lai Ho		00:08:42	00:14:43	<b>00:23:25</b>		7	1	14.3
724	IP TO KWAN					Energetic Triathlon Shatin	DNS		
726	WONG TAK WAH, EDWARD					Energetic Triathlon Shatin	DNS		
727	Chan Po Kwok					Ma On Shan Swimming and Triathlon Club	DNS		
729	Wong Ho Ming					Sonic Sports Association	DNS		
730	Chan Lap Chung						DNS		
<b>Course D - Male Open</b>									
716	Michal Bucek		00:04:07	00:07:50	<b>00:11:57</b>	Sonic Sports Associaiton	1	6	100.0
720	Michael Yeung		00:05:20	00:09:28	<b>00:14:48</b>		2	5	83.3
714	Andy Wong		00:05:08	00:09:45	<b>00:14:53</b>	Energetic Triathlon Shatin	3	4	66.7
700	Chow Hin Cheng		00:05:31	00:09:43	<b>00:15:14</b>	AustSports Association	4	3	50.0
718	Ho Kam Tim		00:06:52	00:09:28	<b>00:16:20</b>		5	2	33.3
719	Lucas Grlego		00:09:18	00:09:47	<b>00:19:05</b>		6	1	16.7
715	Lam Tsz Wai					Energetic Triathlon Shatin	DNS		
717	ASHLEY JAMES Miles						DNS		