

2010 Duathlon Series - Race 1 Individual Result

Race No	English Name	1st Run + Bike Time	2dn Run Time	Total Time	Pos	Point	%	Club
Course A - Male Elite Open								
1	Chan Ye Ko, Ricco	01:02:48	00:17:36	01:20:24	1	3	100.0	Energetic Triathlon Shatin
2	Ho King Fun	01:11:50	00:18:53	01:30:43	2	2	66.7	Titan Triathlon
3	Tam Joe Dick, Dickson	01:11:50	00:19:23	01:31:13	3	1	33.3	
Course A - Male Age-Group 20-24								
8	Wan Zhen Hao	01:05:07	00:19:18	01:24:25	1	8	100.0	Titan Triathlon
10	Yuen Chi Hang	01:07:06	00:22:11	01:29:17	2	7	87.5	Titan Triathlon
6	Leung Ka Lun	01:08:59	00:21:47	01:30:46	3	6	75.0	Energetic Triathlon Shatin
11	Chung Ching Man	01:08:55	00:22:52	01:31:47	4	5	62.5	Ma On Shan Swimming and Triathlon Club
4	Chan Siu Hang	01:09:11	00:23:35	01:32:46	5	4	50.0	New Wave Swimming Club
5	Leung Chin Fung	01:14:16	00:22:05	01:36:21	6	3	37.5	
9	Wong Ho Him	01:11:09	00:27:26	01:38:35	7	2	25.0	Titan Triathlon
7	Tam Yau Yan	01:20:19	00:25:21	01:45:40	8	1	12.5	
Course A - Male Age-Group 25-29								
18	Michael Bucek	01:05:05	00:18:57	01:24:02	1	12	100.0	Sonic Sports Association
22	Tsang chun Kit	01:07:07	00:19:55	01:27:02	2	11	91.7	
21	Tang Wing Kei	01:09:07	00:23:52	01:32:59	3	10	83.3	
194	Lam Tsz Wai, Vincent	01:09:09	00:24:18	01:33:27	4	9	75.0	Energetic Triathlon Shatin
19	Nicolas Maes	01:14:02	00:21:50	01:35:52	5	8	66.7	Tritons Triathlon Club
20	Pang Ho Yin	01:14:15	00:22:28	01:36:43	6	7	58.3	
23	Yim TAT YIP	01:15:36	00:21:58	01:37:34	7	6	50.0	
14	Chan Yui	01:16:43	00:24:36	01:41:19	8	5	41.7	
17	Lui Kim Lun	01:15:45	00:25:35	01:41:20	9	4	33.3	
16	Lau Yue Fung	01:17:37	00:24:36	01:42:13	10	3	25.0	
13	Chan Tsz Leung	01:26:08	00:21:39	01:47:47	11	2	16.7	
12	Chan HO LIT	01:48:16	00:33:41	02:21:57	12	1	8.3	
15	Kelvin Hui				DNS			Energetic Triathlon Shatin
24	Wong Hon Bub				DNS			Energetic Triathlon Shatin
Course A - Male Age-Group 30-34								
32	Erich Felbabel	01:02:46	00:17:45	01:20:31	1	26	100.0	Tritons Triathlon Club
58	Wong Ka Ming	01:07:03	00:19:28	01:26:31	2	25	96.2	Energetic Triathlon Shatin
54	Tai Tak Wah	01:07:04	00:20:20	01:27:24	3	24	92.3	Tung Chung Triathlon Association
43	Lee Yuk Tong	01:09:11	00:18:19	01:27:30	4	23	88.5	Energetic Triathlon Shatin
52	Sebastien Stoffel	01:09:15	00:20:24	01:29:39	5	22	84.6	Sonic Sports Association
53	Sin Chun Kwong	01:09:02	00:21:53	01:30:55	6	21	80.8	Energetic Triathlon Shatin
46	Li Chun Pong, David	01:09:22	00:22:02	01:31:24	7	20	76.9	Energetic Triathlon Shatin
35	Ho Siu Lun	01:09:40	00:25:14	01:34:54	8	19	73.1	Energetic Triathlon Shatin
34	Ho Kam Tim	01:10:10	00:25:50	01:36:00	9	18	69.2	
48	Lok Lam Fung	01:12:00	00:25:09	01:37:09	10	17	65.4	Titan Triathlon
61	Yeung Ka Ming, Ivan	01:15:17	00:23:38	01:38:55	11	16	61.5	Sonic Sports Association
57	Tsui SZE KAM KENNY	01:15:42	00:23:19	01:39:01	12	15	57.7	

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38	James Whitman	01:15:37	00:24:28	01:40:05	13	14	53.8	Tung Chung Triathlon Association
49	Mak Chi Chung	01:15:44	00:25:45	01:41:29	14	13	50.0	Titan Triathlon
50	Ming Fuk Ho	01:15:20	00:28:30	01:43:50	15	12	46.2	Energetic Triathlon Shatin
63	Marshall Lai	01:20:23	00:25:53	01:46:16	16	11	42.3	Tritons Triathlon Club
25	Cheng Ying Kit	01:15:21	00:31:45	01:47:06	17	10	38.5	Pro-Trinity Sports Club
62	Yick Man Lung	01:20:22	00:26:44	01:47:06	18	9	34.6	
60	Wong Man Wai, Benjamin	01:23:35	00:27:19	01:50:54	19	8	30.8	
36	Hui Chun Yu, Charles	01:20:20	00:31:10	01:51:30	20	7	26.9	Sonic Sports Association
40	Lam Ging Tak, Benjamin,	01:23:41	00:27:51	01:51:32	21	6	23.1	
51	Palden Moktan	01:26:02	00:25:30	01:51:32	22	5	19.2	Energetic Triathlon Shatin
59	Wong Kwok Kai	01:08:59	00:47:41	01:56:40	23	4	15.4	
47	Liu Yau,Ivan	01:26:06	00:31:06	01:57:12	24	3	11.5	
41	Lam Tuen Yeung	01:28:06	00:29:38	01:57:44	25	2	7.7	Titan Triathlon
56	Tse TIN CHEE EDGAR	01:37:42	00:33:14	02:10:56	26	1	3.8	Energetic Triathlon Shatin
27	Chakko Jacob				DNF			
26	AJ ANDERSON				DNS			Hong Kong Dragons Triathlon Club
28	Cheung Man Kit				DNS			Energetic Triathlon Shatin
29	Cheung Sing Long				DNS			Energetic Triathlon Shatin
30	Chow Chi Man				DNS			Energetic Triathlon Shatin
31	Dan Shelley				DNS			
33	Fai Ming Hoi, LEO				DNS			Sonic Sports Association
37	James Piachaud				DNS			
39	Kish Gill				DNS			
42	Lee Yuk Keung				DNS			Energetic Triathlon Shatin
44	Leung KA YI				DNS			
45	Leung Siu Fai				DNS			
55	Thomas Hardman				DNS			
Course A - Male Age-Group 35-39								
74	Kevin Clark	01:02:49	00:17:29	01:20:18	1	24	100.0	Tritons Triathlon Club
68	Cheung Wai Kei	01:09:14	00:20:06	01:29:20	2	23	95.8	
95	Wong Siu Yuen, Jason	01:28:13	00:01:14	01:29:27	3	22	91.7	Titan Triathlon
89	Tsui Wai Yuen	01:09:21	00:21:05	01:30:26	4	21	87.5	Titan Triathlon
73	James Mak	01:09:03	00:21:57	01:31:00	5	20	83.3	
94	Wong Po Kin, Kent	01:09:17	00:23:36	01:32:53	6	19	79.2	Sonic Sports Associaiton
77	Lee Tat Man	01:14:03	00:23:34	01:37:37	7	18	75.0	
80	Martijn Hoogerwerf	01:13:57	00:24:15	01:38:12	8	17	70.8	
76	Lee Kin Lun, Brian	01:15:18	00:23:48	01:39:06	9	16	66.7	Sonic Sports Associaiton
93		01:15:25	00:25:27	01:40:52	10	15	62.5	Energetic Triathlon Shatin
65	Andy Wong	01:14:10	00:28:04	01:42:14	11	14	58.3	
92	Wan Tin Lap	01:16:44	00:25:30	01:42:14	12	13	54.2	Energetic Triathlon Shatin
572	Wong Yat Leung	01:16:22	00:25:55	01:42:17	13	12	50.0	Titan Triathlon
70	Chu Kwok Leung	01:18:10	00:25:02	01:43:12	14	11	45.8	Energetic Triathlon Shatin
72	Frederic Beaujean	01:19:09	00:27:00	01:46:09	15	10	41.7	Sonic Sports Association

2010 Duathlon Series - Race 1 Individual Result

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84	Seaman Tang	01:23:33	00:24:15	01:47:48	16	9	37.5	
87	Thomas Tan	01:25:20	00:24:19	01:49:39	17	8	33.3	
81	Mauricio Andres Ramirez Quintanilla	01:25:19	00:27:54	01:53:13	18	7	29.2	
69	Choi Kar Lun,Jesse	01:27:46	00:27:34	01:55:20	19	6	25.0	
83	Poon Wai On	01:26:05	00:30:27	01:56:32	20	5	20.8	Excel Swim Sports Association
75	Law Tak Shing	01:34:07	00:30:45	02:04:52	21	4	16.7	
67	Chan WING HOI	01:48:18	00:27:23	02:15:41	22	3	12.5	Sonic Sports Association
88	Tse Lap Yan Thomas	01:56:30	00:32:22	02:28:52	23	2	8.3	Sonic Sports Association
90	Vong KUOK KEI	02:09:21	00:34:15	02:43:36	24	1	4.2	Sonic Sports Association
64	Li Kin Tung				DNS			Pro-Trinity Sports Club
66	Chan Li				DNS			Titan Triathlon
78	Luke Wimbush				DNS			Hong Kong Dargon Associaiton
79	Mark Edwards				DNS			
82	Michael Maiers				DNS			
85	Stephen Adam				DNS			Trions Triathlon Club
86	Tam Kwok Leung				DNS			Sonic Sports Association
91	Wah Lun, Alain				DNS			Titan Triathlon
96	So Chi Wai				DNS			Energetic Triathlon Shatin
Course A - Male Age-Group 40-44								
105	Christophe Lee	01:07:16	00:22:14	01:29:30	1	24	100.0	Energetic Triathlon Shatin
100	Billy Chow	01:08:10	00:21:55	01:30:05	2	23	95.8	Sonic Sports Associaiton
113	Lam Kam Ching	01:10:56	00:19:43	01:30:39	3	22	91.7	Tung Chung Triathlon Associaiton
109	Hermann Holst	01:08:04	00:22:44	01:30:48	4	21	87.5	
104	Chiu Kok Fu	01:11:05	00:23:16	01:34:21	5	20	83.3	Titan Triathlon
124	Yip Shing Yan	01:14:31	00:20:47	01:35:18	6	19	79.2	Titan Triathlon
112	Lai Kin Sun	01:13:20	00:22:11	01:35:31	7	18	75.0	Titan Triathlon
115	Lee Yiu Ming	01:13:38	00:24:51	01:38:29	8	17	70.8	Sonic Sports Association
102	Cheng YU KWONG	01:13:21	00:25:13	01:38:34	9	16	66.7	
118	Ma Chi Po	01:13:29	00:25:45	01:39:14	10	15	62.5	Titan Triathlon
101	Chan Chik Kin	01:15:35	00:26:18	01:41:53	11	14	58.3	Energetic Triathlon Shatin
122	Wong Ming Fae	01:18:50	00:23:04	01:41:54	12	13	54.2	Sonic Sports Association
121	Sheel Kohli	01:19:13	00:25:39	01:44:52	13	12	50.0	
119	Ng Yu Wai	01:21:05	00:23:56	01:45:01	14	11	45.8	
125	Yuen Lung Cheung,Dominic	01:21:08	00:24:28	01:45:36	15	10	41.7	Sonic Sports Association
108	Goodwin Gaw	01:19:11	00:26:50	01:46:01	16	9	37.5	
111	Ko Po Hung	01:21:10	00:26:13	01:47:23	17	8	33.3	
107	Gary Fu	01:22:31	00:26:53	01:49:24	18	7	29.2	
126	Joe Cheung	01:24:11	00:25:23	01:49:34	19	6	25.0	
120	Pang Kin Sun	01:23:25	00:27:19	01:50:44	20	5	20.8	
117	Lit Kwong On	01:19:10	00:31:40	01:50:50	21	4	16.7	
233	Kwan Chi Man	01:35:35	00:24:36	02:00:11	22	3	12.5	New Target Sports Association
103	Cheung Kai Shui	01:32:10	00:36:22	02:08:32	23	2	8.3	Titan Triathlon
99	Anthony Liang	01:43:56	00:26:59	02:10:55	24	1	4.2	Mango Swimming Club

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98	Anthony Biniaris				DNS			
106	Ed Lupton				DNS			
110	Horatius Hwang				DNS			
114	Lam Ying Wai, Kevin				DNS			
116	Leung Ka Keung				DNS			
123	Yeung Yam Ho				DNS			Energetic Triathlon Shatin
Course A - Male Age-Group 45-49								
133	Hung Chung Yam	01:07:17	00:21:25	01:28:42	1	17	100.0	
142	Steven Bemet	01:07:21	00:21:28	01:28:49	2	16	94.1	Hong Kong Dragons Triathlon Club
140	Nick Dargan	01:08:09	00:20:48	01:28:57	3	15	88.2	
143	Sung Yan Wah	01:08:13	00:22:07	01:30:20	4	14	82.4	Titan Triathlon
633	Michael Tse	01:08:07	00:22:27	01:30:34	5	13	76.5	Tritons Triathlon Club
136	Mak Tak Cheung	01:13:13	00:21:28	01:34:41	6	12	70.6	Ma On Shan Swimming and Triathlon Club
141	Poon Kwok Wing	01:13:23	00:22:51	01:36:14	7	11	64.7	Energetic Triathlon Shatin
131	Ho Chak	01:13:17	00:23:11	01:36:28	8	10	58.8	Energetic Triathlon Shatin
132	Ho Tak Ming	01:18:55	00:22:58	01:41:53	9	9	52.9	Energetic Triathlon Shatin
128	Chan Wai Kee, Eric	01:19:08	00:23:39	01:42:47	10	8	47.1	Sonic Sports Associaiton
135	Lee Ying Ho	01:13:19	00:30:48	01:44:07	11	7	41.2	Sonic Sports Associaiton
137	Mark FORD-McNICOL	01:22:32	00:25:11	01:47:43	12	6	35.3	
127	Chan Ka Keung	01:22:08	00:28:37	01:50:45	13	5	29.4	Energetic Triathlon Shatin
129	Chung Lui Hung, Lawrence	01:25:12	00:25:43	01:50:55	14	4	23.5	Energetic Triathlon Shatin
193	Leung Yau Hong	01:27:21	00:26:17	01:53:38	15	3	17.6	Ti Dynamic
139	Mok King Kuen	01:30:17	00:27:46	01:58:03	16	2	11.8	Titan Triathlon
145	Wu Chi Hing			02:07:00	17	1	5.9	
130	Fong Chi Wai				DNS			Titan Triathlon
134	Lau Siu Kan				DNS			Titan Triathlon
138	Miu Chung Kin				DNS			Titan Triathlon
144	Tsang Hon Min	01:07:23	00:27:54	01:35:17	DSQ			Sonic Sports Associaiton
Course A - Male Age-Group 50 -54								
166	Li Ka Wo	01:13:16	00:22:50	01:36:06	1	8	100.0	New Wave Swimming Club
156	Wong Kwok Wah	01:13:14	00:23:38	01:36:52	2	7	87.5	Titan Triathlon
155	Wong Kam Tim	01:13:28	00:23:44	01:37:12	3	6	75.0	
152	Lam CHI CHAM	01:17:59	00:21:02	01:39:01	4	5	62.5	
158	Ma Yuk Fu	01:15:38	00:24:31	01:40:09	5	4	50.0	Titan Triathlon
157	Wu Chi Wai	01:15:39	00:26:07	01:41:46	6	3	37.5	
151	Kwok Sui Wing	01:27:20	00:22:48	01:50:08	7	2	25.0	
149	Chow Sai Kin	01:28:14	00:36:26	02:04:40	8	1	12.5	Titan Triathlon
148	Chau Ho Ming				DNF			Energetic Triathlon Shatin
154	Paul Alton				DNF			
146	Armando Osmani				DNS			Titan Triathlon
147	Au Yau Kit				DNS			Sonic Sports Associaiton
150	Gawain Barnard				DNS			Hong Kong Dragons Triathlon Club

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153	Lee Chi Chor				DNS			
Course A - Male Age-Group 55 & Over								
162	Cheung Chi Wing	01:14:33	00:23:48	01:38:21	1	9	100.0	Titan Triathlon
160	Chan Ho Kee	01:15:49	00:26:57	01:42:46	2	8	88.9	Titan Triathlon
163	Doug Oates	01:19:07	00:26:37	01:45:44	3	7	77.8	Hong Kong Dragons Triathlon Club
165	Leung Chi Hung	01:21:07	00:26:03	01:47:10	4	6	66.7	Titan Triathlon
168	Tsoi HON KUEN	01:25:30	00:24:41	01:50:11	5	5	55.6	Energetic Triathlon Shatin
161	Chan King Yuen	01:25:45	00:26:25	01:52:10	6	4	44.4	Titan Triathlon
164	Kevin Eggleston	01:25:07	00:30:21	01:55:28	7	3	33.3	
167	Liu Ming T	01:29:50	00:26:31	01:56:21	8	2	22.2	Energetic Triathlon Shatin
159	Chan Fai Ming	01:22:59	00:34:12	01:57:11	9	1	11.1	
Course A - Female Elite Open								
97	Cheung Ting Yan, Joyce	01:13:16	00:22:29	01:35:45	1	1	100.0	Energetic Triathlon Shatin
Course A - Female Age-Group 20-29								
170	Mak So Ning, Tania	01:13:16	00:21:15	01:34:31	1	4	100.0	Energetic Triathlon Shatin
171	Stephanie Bina	01:19:12	00:22:43	01:41:55	2	3	75.0	Sonic Sports Association
169	Eva Jentschura	01:24:54	00:26:10	01:51:04	3	2	50.0	Trions Triathlon Club
172	Lee Katherine Miller	01:37:21	00:29:46	02:07:07	4	1	25.0	
Course A - Female Age-Group 30-39								
175	Grace Wong	01:17:20	00:21:32	01:38:52	1	9	100.0	Sonic Sports Association
174	Beatrice Desseigne	01:15:59	00:27:13	01:43:12	2	8	88.9	
176	Ho Kit Ying	01:19:09	00:26:23	01:45:32	3	7	77.8	Titan Triathlon
183	Susana Campuzano	01:21:39	00:26:55	01:48:34	4	6	66.7	Sonic Sports Association
177	Ho Sau Yee	01:21:35	00:27:50	01:49:25	5	5	55.6	Sonic Sports Association
182	Rachel Loosemore	01:29:50	00:26:09	01:55:59	6	4	44.4	
184	Lee King Chui, Connie	01:28:10	00:28:28	01:56:38	7	3	33.3	
173	Wong Suet Fan	01:27:11	00:30:16	01:57:27	8	2	22.2	Titan Triathlon
179	Julia Wood	01:36:07	00:28:18	02:04:25	9	1	11.1	
178	Josephine Mazaraki				DNS			Tritons Triathlon Club
180	Li Chi Yan				DNS			Titan Triathlon
181	Nicola Buswell				DNS			Tritons Triathlon Club
Course A - Female Age-Group 40 & Over								
186	Lui Shuk Han	01:13:19	00:23:44	01:37:03	1	2	100.0	Energetic Triathlon Shatin
188	Sy Mei Lee, Janet	01:27:46	00:30:01	01:57:47	2	1	50.0	
185	Lam Sau Kwan				DNS			Energetic Triathlon Shatin
187	Ng Yau Lan				DNS			Ma On Shan Swimming and Triathlon Club
Course A - Relay Team								
190	Wong Yin Cheong	01:15:04	00:24:58	01:40:02	1	4	100.0	Titan Triathlon

2010 Duathlon Series - Race 1 Individual Result

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191	Team Robotica B	01:15:32	00:25:54	01:41:26	2	3	75.0	
189	Team Robotica A	01:22:04	00:24:18	01:46:22	3	2	50.0	
192	COIC	01:37:20	00:20:42	01:58:02	4	1	25.0	
Course B - Male Elite Junior								
314	Chan Chun Lung	00:28:13	00:07:39	00:35:52	1	10	100.0	Titan Triathlon
320	Perry Wong	00:28:15	00:08:21	00:36:36	2	9	90.0	Energetic Triathlon Shatin
318	Law Leong Tim	00:28:20	00:08:29	00:36:49	3	8	80.0	Soar Athletic Association
317	Lau Long Fung	00:28:16	00:08:58	00:37:14	4	7	70.0	Titan Triathlon
323	Ip Ching Kiu	00:28:18	00:08:58	00:37:16	5	6	60.0	Energetic Triathlon Shatin
321	Wong Ka Ho, Vicko	00:28:20	00:09:52	00:38:12	6	5	50.0	Titan Triathlon
319	Ng Ka Lok, Jason	00:30:16	00:08:15	00:38:31	7	4	40.0	Energetic Triathlon Shatin
315	Chiu Wai Chun	00:30:16	00:08:18	00:38:34	8	3	30.0	Energetic Triathlon Shatin
577	Leung Tsz Chun			00:42:27	9	2	20.0	Energetic Triathlon Shatin
316	Harrison Kwong	00:40:58	00:10:12	00:51:10	10	1	10.0	Energetic Triathlon Shatin
Course B - Female Elite Junior								
327	Choi Yan Yin	00:30:19	00:09:51	00:40:10	1	2	100.0	
326	Wu Sum Yi	00:30:21	00:10:18	00:40:39	2	1	50.0	Energetic Triathlon Shatin
324	Wai Chi Kwan, Naomi	00:30:20			DNF			
322	Hui Wai Sum, Vincci				DNS			Energetic Triathlon Shatin
325	Wan Tsz Ching				DNS			Titan Triathlon
Course B - Male Youth Open								
304	Lau Tsun Ling	00:28:18	00:08:18	00:36:36	1	8	100.0	Titan Triathlon
307	Li Tsz Hei	00:29:03	00:09:08	00:38:11	2	7	87.5	Energetic Triathlon Shatin
302	Chan Hon Man, Alfred	00:29:48	00:08:24	00:38:12	3	6	75.0	
301	Chan Hok Man, Arthur	00:29:49	00:08:24	00:38:13	4	5	62.5	
305	Leung Pok Yin	00:30:04	00:09:12	00:39:16	5	4	50.0	Energetic Triathlon Shatin
308	Nam Pok Lai, Ryan	00:32:06	00:09:31	00:41:37	6	3	37.5	Hoi Ngai Sports Association
303	Chan Ka Lung	00:35:24	00:06:17	00:41:41	7	2	25.0	Excel Swim Sports Association
306	Leung Sheung Hang	00:32:14	00:09:55	00:42:09	8	1	12.5	Sea Bear Swimming Club
Course B - Female Youth Open								
311	Lee Yuk Ying	00:33:55	00:08:18	00:42:13	1	4	100.0	Titan Triathlon
309	Chan Long Ching	00:35:23	00:06:53	00:42:16	2	3	75.0	Energetic Triathlon Shatin
312	Ng Yui Lam	00:43:34	00:04:39	00:48:13	3	2	50.0	Energetic Triathlon Shatin
310	Choi See Chung	00:43:54	00:06:51	00:50:45	4	1	25.0	Energetic Triathlon Shatin
313	Wan Hoi Ting, Florence				DNS			Ma On Shan Swimming and Triathlon Club
Course D - Female Junior								
578	Chan On Ki	00:32:50	00:10:10	00:43:00	1	2	100.0	Titan Triathlon
579	Leung Wing Hin	00:38:50	00:12:09	00:50:59	2	1	50.0	Energetic Triathlon Shatin

2010 Duathlon Series - Race 1 Individual Result

Race No	English Name	1st Run + Bike Time	2dn Run Time	Total Time	Pos	Point	%	Club
Course D - Male Junior								
334	Lau Chak Fung	00:28:41	00:08:25	00:37:06	1	23	100.0	Titan Triathlon
340	Mok Wai Chuen			00:37:21	2	22	95.7	Titan Triathlon
571	Wong Wai Tung			00:37:24	3	21	91.3	Energetic Triathlon Shatin
574	Yu Kin Hei	00:28:52	00:08:42	00:37:34	4	20	87.0	
328	Au Chi Hin			00:37:51	5	19	82.6	Titan Triathlon
568	Tong Lai Hin	00:28:19	00:09:46	00:38:05	6	18	78.3	Titan Triathlon
567	Tang Ho Fai, Jeffrey	00:29:04	00:09:42	00:38:46	7	17	73.9	Titan Triathlon
561	Mok Wai Lun	00:29:06	00:10:02	00:39:08	8	16	69.6	Titan Triathlon
330	Chow Yat Sing	00:30:23	00:09:30	00:39:53	9	15	65.2	Titan Triathlon
631	Ku Chi Hin	00:29:11	00:11:02	00:40:13	10	14	60.9	Titan Triathlon
576	Chui Tsz Chung	00:30:46	00:10:05	00:40:51	11	13	56.5	Sea Bear Swimming Club
573	Wu Tsz Lok	00:30:18	00:11:06	00:41:24	12	12	52.2	Titan Triathlon
564	Rocky Chan	00:30:44	00:10:41	00:41:25	13	11	47.8	Energetic Triathlon Shatin
570	Wong Ho Kan	00:32:08	00:09:18	00:41:26	14	10	43.5	Titan Triathlon
566	Szeto Kit	00:37:48	00:07:33	00:45:21	15	9	39.1	Sonic Sports Associaiton
333	Kwan Siu Yan	00:39:21	00:07:40	00:47:01	16	8	34.8	Sonic Sports Associaiton
331	Fung King Hong	00:37:46	00:09:36	00:47:22	17	7	30.4	Titan Triathlon
575	Yueng Ho	00:37:51	00:12:06	00:49:57	18	6	26.1	Ma On Shan Swimming and Triathlon Club
562	Ng Chun Hei	00:43:53	00:07:34	00:51:27	19	5	21.7	Titan Triathlon
569	Tsoi Ka Hei	00:43:35	00:09:01	00:52:36	20	4	17.4	Wong Tai Sin Life Saving Associaiton
563	Ng Pak Lun	00:45:18	00:12:02	00:57:20	21	3	13.0	Ma On Shan Swimming and Triathlon Club
337	Leung Ka Lon	00:44:32	00:14:13	00:58:45	22	2	8.7	Ma On Shan Swimming and Triathlon Club
329	Cheung Hok Kan			01:01:20	23	1	4.3	Sonic Sports Associaiton
332	James Rau				DNS			Hong Kong Dragons Triathlon Club
335	Lau Kwun Ki				DNS			Titan Triathlon
336	Leung Fu Kwong				DNS			Titan Triathlon
338	Li Cheuk Ki				DNS			Energetic Triathlon Shatin
339	Lo Kin Cheung				DNS			Titan Triathlon
565	Sham Lok Man				DNS			The Little Dopline Swimming Training Center
Course C2 - Boys 1995								
517	Kwok Wing Kan	00:24:02	00:08:14	00:32:16	1	21	100.0	Titan Triathlon
525	Wong Hui Wai	00:25:00	00:07:21	00:32:21	2	20	95.2	Energetic Triathlon Shatin
513	Chow Man Him	00:25:18	00:07:26	00:32:44	3	19	90.5	Excel Swim Sports Association
520	Leung Yat Lai	00:23:38	00:10:01	00:33:39	4	18	85.7	Titan Triathlon
509	Chan Ching Him, Carter	00:25:53	00:07:51	00:33:44	5	17	81.0	
514	Chow Sin Ki	00:24:04	00:10:04	00:34:08	6	16	76.2	Energetic Triathlon Shatin
511	Cheng Ho Yin	00:25:51	00:08:35	00:34:26	7	15	71.4	Excel Swim Sports Association
515	Chu Long San	00:25:54	00:08:48	00:34:42	8	14	66.7	Energetic Triathlon Shatin
524	Tsoi Ka Cheuk	00:25:56	00:09:59	00:35:55	9	13	61.9	Wong Tai Sin Life Saving Associaiton
528	Yuen Cheuk Bun	00:25:58	00:10:03	00:36:01	10	12	57.1	
529	Leung Po Yan, Jason	00:25:55	00:10:17	00:36:12	11	11	52.4	Sonic Sports Associaiton
526	Yeung Lok Lai	00:25:59	00:10:50	00:36:49	12	10	47.6	

2010 Duathlon Series - Race 1 Individual Result

Race No	English Name	1st Run + Bike Time	2dn Run Time	Total Time	Pos	Point	%	Club
519	Lam Jung Yee	00:26:39	00:10:49	00:37:28	13	9	42.9	Excel Swim Sports Association
518	Kwong Tsz Fung	00:28:26	00:11:52	00:40:18	14	8	38.1	Ma On Shan Swimming and Triathlon Club
522	Mak Ho Man	00:28:37	00:11:44	00:40:21	15	7	33.3	Ma On Shan Swimming Na Triathlon Club
508	Chan Cheuk Man, Adam	00:29:28	00:10:57	00:40:25	16	6	28.6	
516	Chu Shiu Lun	00:27:35	00:14:04	00:41:39	17	5	23.8	Energetic Triathlon Shatin
512	Ching Ho Pan	00:31:41	00:11:25	00:43:06	18	4	19.0	Ma On Shan Swimming and Triathlon Club
523	Poon Kai Yuen Anthony	00:29:58	00:13:27	00:43:25	19	3	14.3	
510	Chan Ka Ching	00:33:07	00:12:28	00:45:35	20	2	9.5	Titan Triathlon
527	Yip Chun Wai	00:40:02	00:14:27	00:54:29	21	1	4.8	The Little Dopline Swimming Training Center
521	Li Yik Hin				DNS			Titan Triathlon
530	Chu Shiu Lun				DNS			Energetic Triathlon Shatin
Course C2 - Boys 1996								
494	Clement Ma	00:27:32	00:08:53	00:36:25	1	13	100.0	Excel Swim Sports Association
502	Poon Lik Shing	00:27:39	00:09:42	00:37:21	2	12	92.3	Titan Triathlon
491	Chan Wai Shun, Wilson	00:29:29	00:11:47	00:41:16	3	11	84.6	
492	Chau Man Kei	00:33:03	00:09:55	00:42:58	4	10	76.9	Energetic Triathlon Shatin
503	Stanley Lai	00:31:20	00:12:31	00:43:51	5	9	69.2	Titan Triathlon
500	Poon Chi Leung	00:36:44	00:07:59	00:44:43	6	8	61.5	The Little Dopline Swimming Training Center
505	Wan Ching Hin	00:29:31	00:15:16	00:44:47	7	7	53.8	Mango Swimming Club
496	Lai Chi Fung, Desmond	00:36:49	00:07:59	00:44:48	8	6	46.2	The Little Dopline Swimming Training Center
507	Lok Ho Yin	00:33:53	00:11:35	00:45:28	9	5	38.5	Crest Ray Sports Association
501	Poon Chun Leung	00:36:56	00:08:33	00:45:29	10	4	30.8	The Little Dopline Swimming Training Center
498	Law Ho Wai	00:37:03	00:12:59	00:50:02	11	3	23.1	The Little Dopline Swimming Training Center
506	Yip Chun Hin, Oscar	00:36:58	00:13:27	00:50:25	12	2	15.4	Energetic Triathlon Shatin
497	Lai Shing Hin	00:41:39	00:18:31	01:00:10	13	1	7.7	Energetic Triathlon Shatin
495	Ho Fuk Hung	00:25:57	00:12:31	00:38:28	DSQ			Titan Triathlon
493	Cheng Chi Him				DNS			Titan Triathlon
499	Lee Chun				DNF			Energetic Triathlon Shatin
504	Tam Cheuk Him				DNS			Ma On Shan Swimming and Triathlon Club
Course C2 - Boys 1997								
455	Michael Lam	00:26:46	00:08:05	00:34:51	1	15	100.0	Sonic Sports Association
458	Shuen Chun Kit, Jeffrey	00:26:48	00:08:07	00:34:55	2	14	93.3	
453	Leung Chun Sun	00:26:47	00:08:47	00:35:34	3	13	86.7	Energetic Triathlon Shatin
451	Lau Ho Ching	00:26:50	00:10:51	00:37:41	4	12	80.0	Titan Triathlon
449	Ip Ho Lam	00:26:52	00:11:08	00:38:00	5	11	73.3	Energetic Triathlon Shatin
448	Chan Ka Chun	00:28:01	00:10:42	00:38:43	6	10	66.7	Energetic Triathlon Shatin
463	Tsoi Ka Kit	00:26:54	00:11:51	00:38:45	7	9	60.0	Wong Tai Sin Life Saving Association
454	Leung Wai Yan	00:27:48	00:11:07	00:38:55	8	8	53.3	Ti Dynamic
465	Yan Kwan Ching	00:28:37	00:11:31	00:40:08	9	7	46.7	
467	Loo Tsz Hei	00:29:26	00:11:57	00:41:23	10	6	40.0	Sea Bear Swimming Club
452	Lee Ka Kei, Gareth	00:27:47	00:13:39	00:41:26	11	5	33.3	
450	Kam Chun Him James	00:29:18	00:12:24	00:41:42	12	4	26.7	Energetic Triathlon Shatin

2010 Duathlon Series - Race 1 Individual Result

Race No	English Name	1st Run + Bike Time	2dn Run Time	Total Time	Pos	Point	%	Club
456	Pam Kam To	00:33:21	00:08:22	00:41:43	13	3	20.0	
457	Richard Hune	00:29:34	00:13:48	00:43:22	14	2	13.3	Titan Triathlon
464	Wu Zhi Juan, Joe	00:34:01	00:12:22	00:46:23	15	1	6.7	Mango Swimming Club
466	Yuen Tsz Hin				DNS			Titan Triathlon
Course C2 - Boys 1998								
482	Ngan Ming Yin,Joshua	00:26:49	00:10:17	00:37:06	1	21	100.0	Energetic Triathlon Shatin
484	Tsang Kui Shun	00:27:50	00:10:34	00:38:24	2	20	95.2	Energetic Triathlon Shatin
469	Chan Kam Po	00:28:30	00:10:06	00:38:36	3	19	90.5	Energetic Triathlon Shatin
475	Choy Fu Kwong, Franky	00:28:38	00:11:30	00:40:08	4	18	85.7	Energetic Triathlon Shatin
471	Chan Yat Chi	00:28:44	00:12:21	00:41:05	5	17	81.0	Energetic Triathlon Shatin
474	Ching Kwan Long	00:30:27	00:11:11	00:41:38	6	16	76.2	Mango Swimming Club
490	Lok Ho Ming	00:30:31	00:11:49	00:42:20	7	15	71.4	Crest Ray Sports Association
486	Wong Wing Yin	00:29:28	00:14:00	00:43:28	8	14	66.7	Sonic Sports Association
483	Sung Chun Hin	00:28:45	00:15:24	00:44:09	9	13	61.9	Excel Swim Sports Association
481	Lee Man Sum	00:33:38	00:10:39	00:44:17	10	12	57.1	
470	Chan Wang Hei	00:34:44	00:10:59	00:45:43	11	11	52.4	Energetic Triathlon Shatin
472	Cheung Tsz Chun	00:35:15	00:11:31	00:46:46	12	10	47.6	
488	Yu King Chun	00:31:53	00:15:17	00:47:10	13	9	42.9	Energetic Triathlon Shatin
478	Keung Pok Man	00:35:59	00:12:26	00:48:25	14	8	38.1	
479	Kong Cheuk Hei	00:43:10	00:05:54	00:49:04	15	7	33.3	Sonic Sports Associaiton
476	Chung Ho Tsit	00:37:41	00:11:56	00:49:37	16	6	28.6	
580	Lai Ching Kit	00:36:32	00:13:08	00:49:40	17	5	23.8	Titan Triathlon
480	Lai Yick Him			00:51:27	18	4	19.0	
489	Yuen Man Lok	00:43:06	00:10:46	00:53:52	19	3	14.3	
487	Wu Tsun Hei	00:43:09	00:14:27	00:57:36	20	2	9.5	
485	Wong Ming Fung	00:43:07	00:19:19	01:02:26	21	1	4.8	
473	Ching Ho Nam				DNS			Ma On Shan Swimming and Triathlon Club
477	Karl Tang				DNS			
Course C2 - Girls 1995								
534	Chan Lok Yi	00:28:25	00:09:08	00:37:33	1	2	100.0	Energetic Triathlon Shatin
535	Li Sum Yi	00:33:38	00:10:21	00:43:59	2	1	50.0	Ma On Shan Swimming and Triathlon Club
536	Tsang Ka Hung				DNF			
Course C2 - Girls 1996								
533	Kong Yan Pui	00:33:05	00:11:47	00:44:52	1	2	100.0	Sonic Sports Associaiton
532	June Lam	00:36:55	00:12:20	00:49:15	2	1	50.0	
531	Chan Cheuk Yan				DNS			Ma On Shan Swimming and Triathlon Club
Course C2 - Girls 1997								
444	Chan Hoi Yue	00:29:27	00:11:49	00:41:16	1	9	100.0	Titan Triathlon
459	Wan Tsz Huen	00:30:49	00:10:40	00:41:29	2	8	88.9	
460	Wong Lok Ching, Jacinta	00:29:01	00:12:40	00:41:41	3	7	77.8	Energetic Triathlon Shatin

2010 Duathlon Series - Race 1 Individual Result

Race No	English Name	1st Run + Bike Time	2dn Run Time	Total Time	Pos	Point	%	Club
632	Lui Hei Yin	00:30:30	00:12:21	00:42:51	4	6	66.7	Titan Triathlon
468	Tsang Ka Lok	00:33:36	00:09:15	00:42:51	5	5	55.6	Sonic Sports Associaiton
445	Chan Ka Ying	00:30:40	00:13:18	00:43:58	6	4	44.4	Ti Dynamic
461	Yip Wing Chin, Tracy	00:32:57	00:12:24	00:45:21	7	3	33.3	Dali Swimming Club
447	Li Lok Yi	00:35:20	00:13:42	00:49:02	8	2	22.2	Ma On Shan Swimming and Triathlon Club
446	Lee Wing Sum	00:43:07	00:07:00	00:50:07	9	1	11.1	
Course C2 - Girls 1998								
443	Hung Cheuk Yi	00:29:24	00:11:32	00:40:56	1	3	100.0	Energetic Triathlon Shatin
442	Fu Chiu Man	00:29:31	00:12:13	00:41:44	2	2	66.7	Excel Swim Sports Association
441	Chan Ka Hei			00:47:41	3	1	33.3	Energetic Triathlon Shatin
Course C1 - Boys 1999								
374	Lee Ho Chang, Kurt	00:15:05	00:06:57	00:22:02	1	21	100.0	Titan Triathlon
358	Angus Chow	00:15:15	00:06:48	00:22:03	2	20	95.2	
362	Chan Ting Hei	00:15:28	00:06:43	00:22:11	3	19	90.5	Excel Swim Sports Association
369	Dickson Cheung	00:15:00	00:07:26	00:22:26	4	18	85.7	
372	Lai Nok Hei	00:15:55	00:06:45	00:22:40	5	17	81.0	
376	Leung Chung Pak, Philip	00:15:32	00:07:16	00:22:48	6	16	76.2	Titan Triathlon
363	Chau Sing Ha	00:15:36	00:07:15	00:22:51	7	15	71.4	Mango Swimming Club
365	Ching Kwan Yeung	00:15:35	00:07:20	00:22:55	8	14	66.7	Excel Swim Sports Association
359	Chan Chak Hei	00:16:28	00:06:56	00:23:24	9	13	61.9	Mango Swimming Club
357	Tse Chun Luen, Jonathan	00:16:30	00:07:07	00:23:37	10	12	57.1	Mango Swimming Club
366	Chiu Chun	00:15:59	00:08:29	00:24:28	11	11	52.4	Energetic Triathlon Shatin
377	Ng Chi Him	00:16:48	00:07:41	00:24:29	12	10	47.6	Compass Sports Associaition
364	Cheng On Sum	00:17:28	00:07:55	00:25:23	13	9	42.9	Excel Swim Sports Association
373	Lam Koon Yu	00:17:26	00:09:00	00:26:26	14	8	38.1	Titan Triathlon
361	Chan Kwok Chung	00:19:40	00:07:15	00:26:55	15	7	33.3	
375	Lee Shing Cho	00:19:42	00:07:14	00:26:56	16	6	28.6	Energetic Triathlon Shatin
370	Ho Pak Lok, Vincent	00:19:07	00:07:54	00:27:01	17	5	23.8	Energetic Triathlon Shatin
368	Chow Pui Hei	00:18:03	00:10:07	00:28:10	18	4	19.0	Energetic Triathlon Shatin
367	Chow Chi Hei	00:24:11	00:07:11	00:31:22	19	3	14.3	Energetic Triathlon Shatin
360	Chan Chi San			00:35:39	20	2	9.5	
378	Wong Kin Long	00:35:58	00:00:20	00:36:18	21	1	4.8	Energetic Triathlon Shatin
379	Yu Shing Him, Mark				DNS			Ma On Shan Swimming and Triathlon Club
371	Ko Ho Chun			00:06:15	DSQ			Energetic Triathlon Shatin
Course C1 - Boys 2000								
343	Charlie Stewart	00:15:37	00:07:33	00:23:10	1	16	100.0	
350	Leung Tak Lun	00:16:47	00:07:01	00:23:48	2	15	93.8	
355	Yip Kun Fung	00:15:54	00:07:57	00:23:51	3	14	87.5	
342	Chan Yik Ming, Ricky	00:16:34	00:07:45	00:24:19	4	13	81.3	
346	Ip Poe Lam	00:17:00	00:07:25	00:24:25	5	12	75.0	Energetic Triathlon Shatin
344	Cheung Wai Yin, Alvin	00:17:17	00:08:12	00:25:29	6	11	68.8	Mango Swimming Club

2010 Duathlon Series - Race 1 Individual Result

Race No	English Name	1st Run + Bike Time	2dn Run Time	Total Time	Pos	Point	%	Club
347	Lai Tsz Hei	00:18:24	00:08:03	00:26:27	7	10	62.5	
349	Leung Chun Ho	00:18:44	00:08:18	00:27:02	8	9	56.3	Energetic Triathlon Shatin
352	Ng YIN TAI, STANLEY	00:18:18	00:09:50	00:28:08	9	8	50.0	Excel Swim Sports Association
354	Yau Tsz Ho	00:21:12	00:08:13	00:29:25	10	7	43.8	Energetic Triathlon Shatin
353	Wong Zoi Hei, Joseph	00:21:54	00:08:08	00:30:02	11	6	37.5	
345	Ho Chun Yin, Anson	00:20:58	00:09:36	00:30:34	12	5	31.3	Tung Chung Triathlon Associaiton
341	Chan Ho Tung	00:23:22	00:07:20	00:30:42	13	4	25.0	Compass Sports Associaition
348	Lam Wai Chun	00:22:42	00:08:45	00:31:27	14	3	18.8	Mango Swimming Club
356	Zachary Daniel Mcmanus	00:23:25	00:08:57	00:32:22	15	2	12.5	
351	Ng Kwing Yiu	00:37:31	00:01:24	00:38:55	16	1	6.3	Energetic Triathlon Shatin
Course C1 - Boys 2001								
426	Lau Yu Hon	00:17:40	00:07:14	00:24:54	1	13	100.0	Energetic Triathlon Shatin
430	Mak Ho Tin, Tyler	00:17:46	00:07:55	00:25:41	2	12	92.3	Energetic Triathlon Shatin
421	Chu Tsun Wai	00:18:06	00:08:32	00:26:38	3	11	84.6	Energetic Triathlon Shatin
425	Lau Chun Ip, Robots	00:18:25	00:08:17	00:26:42	4	10	76.9	Excel Swim Sports Association
423	Ho Ka Chun, Clement	00:18:50	00:08:30	00:27:20	5	9	69.2	Energetic Triathlon Shatin
424	Ho Ka Kit, Kelvin	00:18:24	00:09:08	00:27:32	6	8	61.5	Energetic Triathlon Shatin
418	Chan Sheung Yin			00:28:03	7	7	53.8	Energetic Triathlon Shatin
431	Chan Ho Fung	00:19:28	00:08:39	00:28:07	8	6	46.2	Sea Bear Swimming Club
428	Li Tsz Ho, Angus	00:18:59	00:09:17	00:28:16	9	5	38.5	Compass Sports Associaition
416	Alexander Billngton	00:22:02	00:07:11	00:29:13	10	4	30.8	0
419	Chaw Pak Hong	00:24:04	00:08:07	00:32:11	11	3	23.1	Compass Sports Associaition
429	Lo Shun Man	00:24:13	00:10:48	00:35:01	12	2	15.4	Energetic Triathlon Shatin
420	Cheung Chak Lam			00:36:31	13	1	7.7	Ma On Shan Swimming and Triathlon Club
427	Lee KA HIM, KENNETH			00:06:55	DSQ		0	
Course C1 - Boys 2002								
413	Nigel Wong	00:17:18	00:06:45	00:24:03	1	15	100.0	Energetic Triathlon Shatin
411	Ng Chi Kin	00:18:18	00:07:24	00:25:42	2	14	93.3	Energetic Triathlon Shatin
409	Lee Man Hei	00:20:13	00:07:22	00:27:35	3	13	86.7	
407	Lam Yat Him	00:18:58	00:08:53	00:27:51	4	12	80.0	
412	Nicols Stewart	00:19:30	00:08:32	00:28:02	5	11	73.3	
408	Lau Chun Hin	00:21:39	00:06:40	00:28:19	6	10	66.7	Excel Swim Sports Association
401	Chan Chun Hin	00:22:49	00:06:03	00:28:52	7	9	60.0	Excel Swim Sports Association
414	Tong Hong Lun Alan	00:18:40	00:11:11	00:29:51	8	8	53.3	
400	Carton Chan	00:24:06	00:08:58	00:33:04	9	7	46.7	Energetic Triathlon Shatin
406	Lam Wai Lok			00:33:46	10	6	40.0	Mango Swimming Club
410	Matthew Gaw			00:35:27	11	5	33.3	
405	Lam Ching Him			00:35:45	12	4	26.7	Excel Swim Sports Association
403	Gabriel Gaw			00:36:30	13	3	20.0	
415	Wu Zhi Jian, Marco			00:37:14	14	2	13.3	Mango Swimming Club
402	Chan Hei Nam	00:24:41	00:14:35	00:39:16	15	1	6.7	Compass Sports Associaition
404	Jake Wimbush				DNS			

2010 Duathlon Series - Race 1 Individual Result

Race No	English Name	1st Run + Bike Time	2dn Run Time	Total Time	Pos	Point	%	Club
417	Andrew Lo				DSQ			Energetic Triathlon Shatin
Course C1 - Girls 1999								
394	Wong Sze Kiu	00:17:54	00:07:50	00:25:44	1	3	100.0	Energetic Triathlon Shatin
392	Tam Nga Man	00:19:06	00:06:50	00:25:56	2	2	66.7	
393	Tsang Ching Sze	00:20:17	00:07:52	00:28:09	3	1	33.3	Compass Sports Association
Course C1 - Girls 2000								
383	Chau Man Wing	00:17:16	00:07:28	00:24:44	1	12	100.0	Energetic Triathlon Shatin
391	Tse Hoi Yan, Gloria	00:17:40	00:07:39	00:25:19	2	11	91.7	Energetic Triathlon Shatin
382	Carin Chan	00:17:44	00:08:31	00:26:15	3	10	83.3	Energetic Triathlon Shatin
381	Bailee Brown	00:19:09	00:08:01	00:27:10	4	9	75.0	
387	Lai Sze Pui	00:18:42	00:08:35	00:27:17	5	8	66.7	Titan Triathlon
385	Fmogen Shute	00:20:16	00:07:58	00:28:14	6	7	58.3	
389	Lau Check Yee	00:21:45	00:07:50	00:29:35	7	6	50.0	Energetic Triathlon Shatin
384	Chung Yuen Tung	00:20:57	00:08:43	00:29:40	8	5	41.7	Energetic Triathlon Shatin
390	Tsang Ying Chi	00:23:21	00:07:43	00:31:04	9	4	33.3	Compass Sports Association
386	Ivy Richer	00:25:14	00:07:10	00:32:24	10	3	25.0	
380	Avery Schiffman			00:32:25	11	2	16.7	
388	Lai Yi Sum	00:29:00	00:04:15	00:33:15	12	1	8.3	Mango Swimming Club
Course C1 - Girls 2001								
432	Cho Wing To, Cheri	00:18:22	00:07:42	00:26:04	1	7	100.0	Energetic Triathlon Shatin
435	Tam Hei Tung	00:22:52	00:07:38	00:30:30	2	6	85.7	Mango Swimming Club
434	Lui Sum Yi	00:23:59	00:08:39	00:32:38	3	5	71.4	Energetic Triathlon Shatin
397	Kwok Tsz Ching	00:24:01	00:08:43	00:32:44	4	4	57.1	Ma On Shan Swimming and Triathlon Club
422	Ho Cheuk Wai			00:34:21	5	3	42.9	Compass Sports Association
437	Yuen Wing Shan	00:24:40	00:16:16	00:40:56	6	2	28.6	Energetic Triathlon Shatin
436	Yuen Wing Ching			00:41:08	7	1	14.3	Energetic Triathlon Shatin
433	Chung Yuen Wing				DNS			Energetic Triathlon Shatin
Course C1 - Girls 2002								
395	Cathy Lau	00:22:55	00:09:05	00:32:00	1	4	100.0	Energetic Triathlon Shatin
396	Chan Hiu Yee			00:33:28	2	3	75.0	
398	Liu Siu Hang, Alison	00:24:09	00:09:30	00:33:39	3	2	50.0	Energetic Triathlon Shatin
399	Tam Cheuk Yan, Myra			00:34:50	4	1	25.0	Compass Sports Association
Course D - Male Open								
225	Tsoi Chun Ming	00:04:10	00:35:50	00:40:00	1	23	100.0	Energetic Triathlon Shatin
220	Yuen Chi Hang	00:06:15	00:34:22	00:40:37	2	22	95.7	Titan Triathlon
213	Sin Chun Kwong	00:07:04	00:33:55	00:40:59	3	21	91.3	Energetic Triathlon Shatin
205	Leung Ka Lun	00:29:29	00:12:45	00:42:14	4	20	87.0	Energetic Triathlon Shatin
196	Chan Kit Bun, Erik	00:30:49	00:12:05	00:42:54	5	19	82.6	Tung Chung Triathlon Association
202	Ho Wing Tung	00:30:56	00:13:48	00:44:44	6	18	78.3	Energetic Triathlon Shatin

2010 Duathlon Series - Race 1 Individual Result

Race No	English Name	1st Run + Bike Time	2dn Run Time	Total Time	Pos	Point	%	Club
216	Wong Chung Man	00:32:22	00:12:39	00:45:01	7	17	73.9	Energetic Triathlon Shatin
207	Mak Yiu Nga	00:33:02	00:13:04	00:46:06	8	16	69.6	Energetic Triathlon Shatin
209	Michael Kin To	00:33:15	00:13:07	00:46:22	9	15	65.2	
223	Lam Tsz Wai, Vincent	00:30:52	00:16:57	00:47:49	10	14	60.9	Energetic Triathlon Shatin
221	Lam Man Kit	00:34:02	00:13:50	00:47:52	11	13	56.5	
208	Man Ka Kee	00:34:04	00:15:18	00:49:22	12	12	52.2	Energetic Triathlon Shatin
219	Yu Let Pen	00:36:21	00:13:17	00:49:38	13	11	47.8	Energetic Triathlon Shatin
195	Benz Wong	00:37:58	00:12:34	00:50:32	14	10	43.5	
203	Hsu Ka Wing Freeman	00:38:05	00:13:25	00:51:30	15	9	39.1	
201	Ho Siu Fung	00:41:12	00:10:21	00:51:33	16	8	34.8	
197	Chim Kwok On	00:38:01	00:15:09	00:53:10	17	7	30.4	Excel Swim Sports Association
199	Fung Poon Shun	00:40:58	00:12:21	00:53:19	18	6	26.1	Energetic Triathlon Shatin
204	Lam Kim Ming	00:38:43	00:14:36	00:53:19	19	5	21.7	
222	Lai Kin Nag	00:37:59	00:15:57	00:53:56	20	4	17.4	
200	Ho Lam Fai	00:41:06	00:14:27	00:55:33	21	3	13.0	
217	Wu Chun Yu	00:41:16	00:14:17	00:55:33	22	2	8.7	
215	Wan Zhen Hao	00:04:13	00:51:29	00:55:42	23	1	4.3	Titan Triathlon
198	Edward Lee				DNS			
206	Leung Yan Kit				DNS			
210	Ming Fuk Ho				DNS			Energetic Triathlon Shatin
211	Paul Chan				DNS			
212	Raymond Cheng				DNS			
214	Tsang Chi Leung				DNS			
218	Yeung Wing Yin, Michael				DNS			Energetic Triathlon Shatin
228	Yung Leong Sang				DNS			Titan Triathlon
Course D - Female Open								
252	Chau Chiu Nam, Gorilla	00:34:35	00:13:59	00:48:34	1	10	100.0	Energetic Triathlon Shatin
258	Lui Lai-han Dennex	00:34:52	00:14:04	00:48:56	2	9	90.0	Energetic Triathlon Shatin
256	Hui Ka Man	00:35:48	00:15:22	00:51:10	3	8	80.0	Energetic Triathlon Shatin
259	Lui Ngao Yan Natalie	00:41:10	00:11:27	00:52:37	4	7	70.0	Sonic Sports Association
260	Saskia Willenbuecher	00:38:39	00:15:54	00:54:33	5	6	60.0	Tritons Triathlon Club
250	Chan Cheuk Ying	00:38:45	00:17:17	00:56:02	6	5	50.0	Ma On Shan Swimming and Triathlon Club
251	Chan Kwai Wah	00:40:06	00:16:39	00:56:45	7	4	40.0	Titan Triathlon
254	Chui So Man, Jackie	00:42:10	00:16:22	00:58:32	8	3	30.0	
262	Wong Hoi Yan	00:42:29	00:20:28	01:02:57	9	2	20.0	Titan Triathlon
263	Yip Yuen Mei	00:45:11	00:21:01	01:06:12	10	1	10.0	
253	Chow Sau Yee				DNS			Titan Triathlon
255	GEMMA KEOGH-PETERS				DNS			Hong Kong Dragons Triathlon Club
261	Tang Yan Chung, Grace				DNS			
Course D - Male Veteran								
245	Wan Shu Wah	00:06:09	00:34:37	00:40:46	1	19	100.0	Energetic Triathlon Shatin
248	Wong Tak Wah, Edward	00:30:30	00:10:51	00:41:21	2	18	94.7	Energetic Triathlon Shatin

2010 Duathlon Series - Race 1 Individual Result

Race No	English Name	1st Run + Bike Time	2dn Run Time	Total Time	Pos	Point	%	Club
229	Cheung Man Kwong	00:30:57	00:13:59	00:44:56	3	17	89.5	Mango Swimming Club
247	Wong Hon Ming	00:30:54	00:14:21	00:45:15	4	16	84.2	Energetic Triathlon Shatin
234	Lam CHI CHAM	00:33:11	00:12:50	00:46:01	5	15	78.9	
249	Yau Shui Hung	00:30:53	00:15:31	00:46:24	6	14	73.7	Energetic Triathlon Shatin
242	Poon Kwok Wing	00:33:04	00:13:37	00:46:41	7	13	68.4	Energetic Triathlon Shatin
226	Chan Kun Ying	00:33:07	00:13:40	00:46:47	8	12	63.2	Energetic Triathlon Shatin
244	Tong Tung	00:34:38	00:12:57	00:47:35	9	11	57.9	
271	Leung Wah Tat, Keith	00:34:41	00:13:15	00:47:56	10	10	52.6	Energetic Triathlon Shatin
227	Chan Po Kwok	00:34:48	00:14:05	00:48:53	11	9	47.4	Ma On Shan Swimming and Triathlon Club
238	Lee Chun Hong	00:35:33	00:14:52	00:50:25	12	8	42.1	
232	Ko Kwok Fai	00:35:59	00:14:27	00:50:26	13	7	36.8	Energetic Triathlon Shatin
239	Ng Kwok Chung	00:38:19	00:12:47	00:51:06	14	6	31.6	Excel Swim Sports Association
230	Ho Chi Keung	00:35:53	00:17:09	00:53:02	15	5	26.3	Energetic Triathlon Shatin
231	Ip To Kwan	00:38:50	00:16:41	00:55:31	16	4	21.1	Energetic Triathlon Shatin
235	Lau Koon Yan	00:42:18	00:14:06	00:56:24	17	3	15.8	Energetic Triathlon Shatin
241	Poon Kwok Leung	00:44:03	00:17:08	01:01:11	18	2	10.5	
236	Lau Shiu Lon	00:48:16	00:18:20	01:06:36	19	1	5.3	Energetic Triathlon Shatin
237	Lee Chi Man				DNS			
240	Nick Dargan				DNS			
243	Tam Kok Po				DNS			Titan Triathlon
246	Wan Ting Yiu, Ricky				DNS			Energetic Triathlon Shatin
Course D - Female Veteran								
266	Lui Shuk Han	00:34:06	00:13:54	00:48:00	1	5	100.0	Energetic Triathlon Shatin
270	Yu Pik Yuk Julie	00:38:37	00:13:16	00:51:53	2	4	80.0	
265	Ilaria Galimbeti	00:38:02	00:14:51	00:52:53	3	3	60.0	
267	Tam Yuen Hung	00:38:27	00:15:22	00:53:49	4	2	40.0	
268	Yip Cheuk Wun	00:45:33	00:20:38	01:06:11	5	1	20.0	
269	Chan Siu Yuk							Titan Triathlon
Course E - Female Open (Mountain Bike)								
264	Tang Cheuk Hang	00:38:07	00:16:10	00:54:17	1	2	100.0	Titan Triathlon 0
555	Cheung Sau King	00:49:24	00:13:15	01:02:39	2	1	50.0	
Course E - Female Veteran (Mountain Bike)								
556	Chan Man Mei	00:36:10	00:13:47	00:49:57	1	3	100.0	Energetic Triathlon Shatin
557	Chan Suet Wah	00:37:58	00:13:39	00:51:37	2	2	66.7	Energetic Triathlon Shatin
558	Choi Siu Yin	00:39:59	00:16:40	00:56:39	3	1	33.3	
559	Ong Eu Lin Kathy				DNS			Tritons Triathlon Club
Course E - Male Open (Mountain Bike)								
540	Tai Tak Wah	00:27:40	00:12:52	00:40:32	1	8	100.0	Tung Chung Triathlon Associaiton
539	Shum Ting Fung	00:30:34	00:12:14	00:42:48	2	7	87.5	
538	Chow Hoi Tat	00:32:20	00:10:38	00:42:58	3	6	75.0	Titan Triathlon

2010 Duathlon Series - Race 1 Individual Result

Race No	English Name	1st Run + Bike Time	2dn Run Time	Total Time	Pos	Point	%	Club
544	Yau Kwun San	00:30:40	00:14:29	00:45:09	4	5	62.5	
537	Chan Chi Chung	00:32:57	00:12:54	00:45:51	5	4	50.0	
542	Tsun Yu Hin, William	00:33:06	00:14:51	00:47:57	6	3	37.5	
543	Yip Chi Bun	00:36:15	00:17:00	00:53:15	7	2	25.0	
541	Tang Siu Lam	00:41:27	00:12:33	00:54:00	8	1	12.5	
Course E - Male Veteran (Mountain Bike)								
551	Sigefried Verheike	00:27:29	00:13:03	00:40:32	1	9	100.0	
554	Chang King Fu	00:32:23	00:10:37	00:43:00	2	8	88.9	
548	Lam Kam Ching	00:32:18	00:11:40	00:43:58	3	7	77.8	Tung Chung Triathlon Associaiton
553	Yau Chi Wai	00:32:56	00:11:20	00:44:16	4	6	66.7	Energetic Triathlon Shatin
552	Wong Yin Cheong	00:34:37	00:14:18	00:48:55	5	5	55.6	Titan Triathlon
546	Chiu Chim Keung	00:37:48	00:11:42	00:49:30	6	4	44.4	Mango Swimming Club
545	Lau Yat Chor	00:34:50	00:14:47	00:49:37	7	3	33.3	
549	Lau Chi Chung	00:34:39	00:15:42	00:50:21	8	2	22.2	Titan Triathlon
547	Chu Kwong Fai, Timothy	00:37:50	00:16:54	00:54:44	9	1	11.1	Energetic Triathlon Shatin
550	Leung Tat Wing							