

Hong Kong Life Triathlon Championships 2014

01 Jun 2014

Fun Distance

| No | Name | Status | Swim | T1 | Cycle | T2 | Run | Time | Cat Pos | Club | Club Points | Series Points | Series % | |
|------------------|----------------------|--------|------|----------|----------|----------|----------|----------|----------|------|----------------------------|---------------|----------|-------|
| Male Open | | | | | | | | | | | | | | |
| 354 | Tsang Chun Kit | 曾進傑 | FIN | 00:04:04 | 00:03:18 | 00:17:57 | 00:02:27 | 00:09:16 | 00:37:01 | 1 | AustSports Association | 26 | 36 | 100 |
| 594 | Chow Hoi Tat | 周海達 | FIN | 00:05:00 | 00:03:11 | 00:18:57 | 00:02:24 | 00:10:19 | 00:39:49 | 2 | Hope Sport Association | 24 | 35 | 97.22 |
| 600 | Ng Ching Hong | 吳正康 | FIN | 00:03:22 | 00:03:17 | 00:19:42 | 00:02:47 | 00:10:53 | 00:40:00 | 3 | AustSports Association | 23 | 34 | 94.44 |
| 591 | Rocky Chan Lok Ki | 陳樂麒 | FIN | 00:04:55 | 00:02:55 | 00:19:23 | 00:02:45 | 00:10:46 | 00:40:42 | 4 | Energetic Triathlon ShaTin | 22 | 33 | 91.67 |
| 580 | Fung Yip Chun | 馮業俊 | FIN | 00:04:10 | 00:03:31 | 00:19:35 | 00:02:52 | 00:10:48 | 00:40:55 | 5 | | | 32 | 88.89 |
| 601 | Chan Yin Ming | | FIN | 00:04:07 | 00:03:15 | 00:19:39 | 00:02:58 | 00:12:35 | 00:42:32 | 6 | AustSports Association | 20 | 31 | 86.11 |
| 592 | Ng Ka Wai | 伍家維 | FIN | 00:05:48 | 00:04:31 | 00:19:07 | 00:04:03 | 00:13:15 | 00:46:42 | 7 | Hope Sport Association | 17 | 30 | 83.33 |
| 604 | Cheng Chi Fung | | FIN | 00:06:19 | 00:04:07 | 00:20:40 | 00:03:17 | 00:14:08 | 00:48:29 | 8 | Hope Sport Association | 15 | 29 | 80.56 |
| 575 | Bunny Choi | 徐承勉 | FIN | 00:06:32 | 00:05:48 | 00:22:29 | 00:03:06 | 00:10:36 | 00:48:30 | 9 | | | 28 | 77.78 |
| 578 | Mang Kwong San | | FIN | 00:06:46 | 00:04:10 | 00:20:50 | 00:03:46 | 00:13:19 | 00:48:49 | 10 | | | 27 | 75 |
| 584 | Derrick Choi | | FIN | 00:03:21 | 00:04:51 | 00:25:47 | 00:01:12 | 00:14:35 | 00:49:44 | 11 | | | 26 | 72.22 |
| 582 | Tony Leung | | FIN | 00:06:13 | 00:04:58 | 00:21:21 | 00:02:46 | 00:14:41 | 00:49:58 | 12 | | | 25 | 69.44 |
| 597 | Kenji Yeung | 楊景倫 | FIN | 00:08:17 | 00:04:33 | 00:21:04 | 00:03:50 | 00:12:42 | 00:50:25 | 13 | Part Time Association | 11 | 24 | 66.67 |
| 572 | Alex Tang Ka Wai | | FIN | 00:09:01 | 00:04:40 | 00:20:41 | 00:03:33 | 00:12:38 | 00:50:31 | 14 | | | 23 | 63.89 |
| 588 | Mok Ping Chan | | FIN | 00:05:31 | 00:05:01 | 00:23:40 | 00:03:36 | 00:14:47 | 00:52:34 | 15 | | | 22 | 61.11 |
| 589 | Lai Kin Fung | | FIN | 00:06:57 | 00:05:53 | 00:21:16 | 00:03:59 | 00:14:58 | 00:53:02 | 16 | | | 21 | 58.33 |
| 579 | Wong Chun Wai | 黃俊維 | FIN | 00:06:05 | 00:06:58 | 00:22:45 | 00:03:58 | 00:13:23 | 00:53:08 | 17 | | | 20 | 55.56 |
| 606 | Wong Chi On | | FIN | 00:05:41 | 00:05:20 | 00:25:57 | 00:03:19 | 00:13:15 | 00:53:30 | 18 | | | 19 | 52.78 |
| 585 | BonBon Chan | 陳仲邦 | FIN | 00:06:50 | 00:07:08 | 00:21:33 | 00:05:15 | 00:14:31 | 00:55:15 | 19 | | | 18 | 50 |
| 566 | Jeffrey Hung | | FIN | 00:07:24 | 00:05:42 | 00:26:08 | 00:03:51 | 00:12:17 | 00:55:21 | 20 | | | 17 | 47.22 |
| 596 | Wesley Leung | | FIN | 00:06:55 | 00:04:57 | 00:24:18 | 00:04:05 | 00:16:47 | 00:57:00 | 21 | Part Time Association | 7 | 16 | 44.44 |
| 570 | Poon Kin On | 潘建安 | FIN | 00:07:33 | 00:05:14 | 00:24:13 | 00:05:00 | 00:16:05 | 00:58:04 | 22 | | | 15 | 41.67 |
| 574 | Hui Chi Wai | 許志偉 | FIN | 00:06:26 | 00:06:33 | 00:23:08 | 00:05:15 | 00:16:44 | 00:58:04 | 23 | | | 14 | 38.89 |
| 567 | Yeung Kin Man | 楊鍵文 | FIN | 00:08:31 | 00:04:59 | 00:22:45 | 00:04:39 | 00:17:32 | 00:58:25 | 24 | | | 13 | 36.11 |
| 569 | Lloyd Chan | 陳朗遇 | FIN | 00:06:10 | 00:06:11 | 00:27:55 | 00:04:17 | 00:14:02 | 00:58:33 | 25 | | | 12 | 33.33 |
| 576 | Yau Kai Hung | 邱啟雄 | FIN | 00:07:10 | 00:05:30 | 00:27:07 | 00:03:44 | 00:15:26 | 00:58:55 | 26 | | | 11 | 30.56 |
| 605 | Eddie Pang Tik On | | FIN | 00:07:12 | 00:05:28 | 00:25:20 | 00:04:27 | 00:16:55 | 00:59:20 | 27 | | | 10 | 27.78 |
| 577 | Wong Kwok Yin | 王國賢 | FIN | 00:07:31 | 00:05:54 | 00:27:40 | 00:04:32 | 00:14:08 | 00:59:44 | 28 | | | 9 | 25 |
| 587 | Johnson Yuen Jun Sun | | FIN | 00:06:18 | 00:09:01 | 00:27:54 | 00:03:10 | 00:13:42 | 01:00:03 | 29 | | | 8 | 22.22 |
| 573 | Law Tik Ki | 羅迪祺 | FIN | 00:09:32 | 00:05:30 | 00:23:15 | 00:04:44 | 00:17:09 | 01:00:09 | 30 | | | 7 | 19.44 |
| 595 | Ng Wing Kit | 吳永傑 | FIN | 00:10:05 | 00:06:12 | 00:25:51 | 00:04:23 | 00:15:37 | 01:02:06 | 31 | Hope Sport Association | 5 | 6 | 16.67 |
| 602 | Chan Chun Lam | 陳俊霖 | FIN | 00:06:18 | 00:06:09 | 00:28:26 | 00:04:09 | 00:17:34 | 01:02:34 | 32 | Energetic Triathlon ShaTin | 4 | 5 | 13.89 |
| 593 | Lo Tsz Wun | 盧子桓 | FIN | 00:07:31 | 00:07:00 | 00:23:21 | 00:05:47 | 00:20:19 | 01:03:56 | 33 | Part Time Association | 3 | 4 | 11.11 |
| 586 | Wong Kin Wing | | FIN | 00:06:00 | 00:06:08 | 00:33:12 | 00:04:30 | 00:16:11 | 01:06:00 | 34 | | | 3 | 8.33 |
| 581 | Yeung Ka Lun | 楊嘉麟 | FIN | 00:07:04 | 00:08:04 | 00:26:30 | 00:04:51 | 00:20:57 | 01:07:25 | 35 | | | 2 | 5.56 |
| 583 | Cheung Kai Chung | | FIN | 00:09:49 | 00:06:15 | 00:30:04 | 00:05:02 | 00:19:30 | 01:10:38 | 36 | | | 1 | 2.78 |
| 571 | Au Kwok Hei | 區國曦 | DNS | | | | | | | | | | | |
| 568 | Leung Chak Lun | 梁澤麟 | DQ | 00:07:19 | 00:14:06 | 00:24:23 | 00:04:30 | 00:14:41 | 01:04:58 | | | | | |
| 590 | Ho Yiu Mo | | DNS | | | | | | | | | | | |

Hong Kong Life Triathlon Championships 2014

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Fun Distance

| No | Name | Status | Swim | T1 | Cycle | T2 | Run | Time | Cat Pos | Club | Club Points | Series Points | Series % |
|-------------------------|-----------------|--------|------|----|-------|----|-----|------|---------|----------------------------|-------------|---------------|----------|
| <u>Male Open</u> | | | | | | | | | | | | | |
| 603 | Chui Chung Hong | 徐仲匡 | DNS | | | | | | | Hope Sport Association | | | |
| 598 | Wong Wai Tung | 黃煒東 | DNS | | | | | | | Energetic Triathlon ShaTin | | | |
| 599 | Jason Hsieh | | DNS | | | | | | | Titan Triathlon | | | |
| 607 | Swadiq Khan | | DNS | | | | | | | | | | |

Hong Kong Life Triathlon Championships 2014

01 Jun 2014

Fun Distance

| No | Name | Status | Swim | T1 | Cycle | T2 | Run | Time | Cat Pos | Club | Club Points | Series Points | Series % | |
|---------------------|--------------------|--------|----------|----------|----------|----------|----------|----------|----------|----------------------------------|----------------------------------|---------------|----------|-------|
| Male Veteran | | | | | | | | | | | | | | |
| 637 | Thomas Hardcastle | FIN | 00:04:08 | 00:03:03 | 00:18:36 | 00:02:47 | 00:10:14 | 00:38:47 | 1 | South China Athletic Association | 25 | 29 | 100 | |
| 643 | Lee Chi Man | FIN | 00:04:48 | 00:03:30 | 00:18:59 | 00:02:53 | 00:11:00 | 00:41:08 | 2 | AustSports Association | 21 | 28 | 96.55 | |
| 624 | Wing Ki Yuen | FIN | 00:06:26 | 00:03:23 | 00:19:01 | 00:02:53 | 00:11:09 | 00:42:50 | 3 | | | 27 | 93.1 | |
| 635 | Lau Siu Kan | 劉少根 | FIN | 00:05:07 | 00:03:48 | 00:20:40 | 00:03:05 | 00:11:39 | 00:44:17 | 4 | Titan Triathlon | 19 | 26 | 89.66 |
| 617 | Simon Compton | FIN | 00:04:00 | 00:03:55 | 00:21:25 | 00:03:21 | 00:13:34 | 00:46:13 | 5 | | | 25 | 86.21 | |
| 614 | Chow Chiu Kin | 周超堅 | FIN | 00:06:01 | 00:03:56 | 00:19:18 | 00:03:38 | 00:13:38 | 00:46:30 | 6 | | | 24 | 82.76 |
| 632 | Ben Ho Kon Bun | 何幹彬 | FIN | 00:05:38 | 00:03:55 | 00:21:01 | 00:03:19 | 00:12:49 | 00:46:40 | 7 | South China Athletic Association | 18 | 23 | 79.31 |
| 641 | Tsang Chung Ming | FIN | 00:06:11 | 00:03:46 | 00:20:25 | 00:03:49 | 00:13:51 | 00:48:00 | 8 | Titan Triathlon | 16 | 22 | 75.86 | |
| 639 | Tang Hon Wing | FIN | 00:06:22 | 00:04:21 | 00:21:52 | 00:03:33 | 00:12:52 | 00:48:59 | 9 | Energetic Triathlon ShaTin | 14 | 21 | 72.41 | |
| 630 | Ip Wai Kit | FIN | 00:07:32 | 00:04:08 | 00:23:07 | 00:02:50 | 00:12:00 | 00:49:35 | 10 | AustSports Association | 13 | 20 | 68.97 | |
| 634 | Sunny Yen Ka Shun | 甄家信 | FIN | 00:06:03 | 00:04:00 | 00:21:14 | 00:03:48 | 00:14:32 | 00:49:36 | 11 | Energetic Triathlon ShaTin | 12 | 19 | 65.52 |
| 616 | Liu Tin Fuk | FIN | 00:08:14 | 00:04:24 | 00:22:21 | 00:03:11 | 00:12:08 | 00:50:17 | 12 | | | 18 | 62.07 | |
| 642 | Deep Cheung | FIN | 00:05:53 | 00:04:22 | 00:21:05 | 00:03:57 | 00:16:20 | 00:51:35 | 13 | Hope Sport Association | 10 | 17 | 58.62 | |
| 645 | Joseph Lau Ka Fai | 劉家輝 | FIN | 00:06:29 | 00:04:08 | 00:26:02 | 00:04:24 | 00:13:51 | 00:54:53 | 14 | AustSports Association | 9 | 16 | 55.17 |
| 622 | Leung Hing Tong | 梁慶堂 | FIN | 00:07:59 | 00:06:03 | 00:24:10 | 00:03:29 | 00:13:25 | 00:55:04 | 15 | | | 15 | 51.72 |
| 631 | Anthony Liang | FIN | 00:08:13 | 00:05:55 | 00:21:30 | 00:05:31 | 00:14:22 | 00:55:30 | 16 | Mango Swimming Club | 8 | 14 | 48.28 | |
| 621 | Wong Lui | 黃雷 | FIN | 00:07:24 | 00:07:23 | 00:24:12 | 00:03:54 | 00:12:47 | 00:55:39 | 17 | | | 13 | 44.83 |
| 623 | To Luk Ming | 杜鹿鳴 | FIN | 00:06:06 | 00:06:10 | 00:23:33 | 00:04:02 | 00:16:08 | 00:55:58 | 18 | | | 12 | 41.38 |
| 620 | Yeung Ming Shan | FIN | 00:06:27 | 00:04:47 | 00:22:54 | 00:05:47 | 00:16:54 | 00:56:48 | 19 | | | 11 | 37.93 | |
| 618 | Lam Yau Yim | 林有炎 | FIN | 00:08:53 | 00:05:04 | 00:24:45 | 00:05:46 | 00:14:12 | 00:58:38 | 20 | | | 10 | 34.48 |
| 610 | Poon Yuk Fung | 潘玉峰 | FIN | 00:07:58 | 00:04:40 | 00:24:08 | 00:04:47 | 00:17:24 | 00:58:56 | 21 | | | 9 | 31.03 |
| 625 | Lee Chung Kun | 李松近 | FIN | 00:06:40 | 00:06:12 | 00:25:12 | 00:04:38 | 00:17:22 | 01:00:03 | 22 | | | 8 | 27.59 |
| 608 | Luk Yat Chiu | 陸一朝 | FIN | 00:06:54 | 00:06:50 | 00:28:52 | 00:03:41 | 00:13:58 | 01:00:13 | 23 | | | 7 | 24.14 |
| 640 | Wong Chi Leung | 黃智良 | FIN | 00:07:19 | 00:05:06 | 00:26:35 | 00:04:24 | 00:17:18 | 01:00:41 | 24 | AustSports Association | 6 | 6 | 20.69 |
| 609 | Chan Kim Wai | 陳劍偉 | FIN | 00:09:36 | 00:06:27 | 00:25:49 | 00:06:29 | 00:15:29 | 01:03:49 | 25 | | | 5 | 17.24 |
| 613 | IP Yun Chung | FIN | 00:06:45 | 00:06:31 | 00:29:50 | 00:05:16 | 00:15:52 | 01:04:12 | 26 | | | 4 | 13.79 | |
| 615 | Tsang Chin Lok | 曾展華 | FIN | 00:08:54 | 00:06:01 | 00:23:46 | 00:06:16 | 00:19:51 | 01:04:47 | 27 | | | 3 | 10.34 |
| 633 | Chan Kwok Wai | 陳國威 | FIN | 00:06:21 | 00:05:13 | 00:30:26 | 00:06:26 | 00:20:18 | 01:08:42 | 28 | Energetic Triathlon ShaTin | 2 | 2 | 6.9 |
| 636 | Ng Yiu Yan | FIN | 00:16:01 | 00:08:32 | 00:24:27 | 00:05:48 | 00:15:56 | 01:10:42 | 29 | Part Time Association | 1 | 1 | 3.45 | |
| 638 | Jimmy Wong | DNS | | | | | | | | AustSports Association | | | | |
| 626 | Lapson Yeung | DNS | | | | | | | | | | | | |
| 627 | Paul Chan Kwok Yee | DQ | 00:11:08 | 00:06:18 | 00:26:11 | 00:03:46 | 00:15:56 | 01:03:17 | | | | | | |
| 628 | Wins Lee Tsz Nam | 李子南 | DQ | 00:05:24 | 00:05:07 | 00:27:32 | 00:04:22 | 00:17:08 | 00:59:31 | | | | | |
| 629 | Mark Ford-Mcnicol | DNS | | | | | | | | | | | | |
| 646 | Edwin Wong | 黃浩明 | DNS | | | | | | | Sonic Sports Association | | | | |
| 644 | Wong Ka Wai | DQ | 00:06:07 | 00:03:55 | 00:11:37 | 00:04:14 | 00:12:43 | 00:38:34 | | South China Athletic Association | | | | |
| 611 | Louis Lee | DQ | 00:07:14 | 00:06:45 | 00:24:34 | 00:03:52 | 00:04:56 | 00:47:20 | | | | | | |
| 612 | Collin Chung | DNS | | | | | | | | | | | | |
| 619 | Lau Ka Kit | 劉家傑 | DNS | | | | | | | | | | | |

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Fun Distance

| No | Name | Status | Swim | T1 | Cycle | T2 | Run | Time | Cat Pos | Club | Club Points | Series Points | Series % |
|-------------------------------|-----------------------|--------|----------|----------|----------|----------|----------|----------|----------|------------------------------------|-------------|---------------|----------|
| <u>Male Youth Open</u> | | | | | | | | | | | | | |
| 561 | Matthew Tan | FIN | 00:03:22 | 00:02:58 | 00:18:43 | 00:02:17 | 00:08:51 | 00:36:10 | 1 | South China Athletic Association | | 6 | 100 |
| 560 | Harry Yen | 甄泓愷 | FIN | 00:06:16 | 00:03:56 | 00:21:06 | 00:04:00 | 00:19:02 | 00:54:18 | Energetic Triathlon ShaTin | | 5 | 83.33 |
| 559 | Javier Tora Martos | FIN | 00:06:49 | 00:04:56 | 00:25:07 | 00:04:21 | 00:17:14 | 00:58:25 | 3 | Tritons Triathlon Club | | 4 | 66.67 |
| 562 | Lau Cheuk Lam | 劉卓霖 | FIN | 00:05:58 | 00:04:13 | 00:26:16 | 00:04:10 | 00:20:05 | 01:00:40 | Part Time Association | | 3 | 50 |
| 563 | Chung Wing Kui | 鍾穎駒 | FIN | 00:06:24 | 00:04:51 | 00:27:37 | 00:04:31 | 00:21:34 | 01:04:55 | Part Time Association | | 2 | 33.33 |
| 557 | Lee Kwan Wah | 李昆樺 | FIN | 00:06:23 | 00:04:33 | 00:25:26 | 00:05:25 | 00:25:54 | 01:07:40 | | | 1 | 16.67 |
| 558 | Ingmar Gunn | DQ | 00:04:03 | 00:03:12 | 00:15:15 | 00:02:30 | 00:10:03 | 00:35:01 | | South China Athletic Association | | | |
| <u>Male Junior</u> | | | | | | | | | | | | | |
| 548 | Frans Otten | FIN | 00:03:29 | 00:03:10 | 00:19:03 | 00:02:46 | 00:11:34 | 00:40:01 | 1 | South China Athletic Association | 10 | 12 | 100 |
| 552 | Chan Ling Tung | 陳嶺東 | FIN | 00:03:51 | 00:02:50 | 00:19:04 | 00:03:13 | 00:11:11 | 00:40:08 | Sparkle Triathlon | 9 | 11 | 91.67 |
| 512 | Sung Chun Hin | FIN | 00:04:09 | 00:03:08 | 00:18:28 | 00:03:16 | 00:11:10 | 00:40:10 | 3 | First Ten Generation Team | 8 | 10 | 83.33 |
| 554 | Wong Chun Yi | 黃俊宜 | FIN | 00:04:11 | 00:03:36 | 00:22:30 | 00:02:36 | 00:11:31 | 00:44:23 | Hope Sport Association | 7 | 9 | 75 |
| 550 | Sum Man Kuk | 沈文曲 | FIN | 00:07:01 | 00:03:52 | 00:19:19 | 00:03:05 | 00:11:08 | 00:44:23 | Energetic Triathlon ShaTin | 6 | 8 | 66.67 |
| 549 | Ho Tai You | FIN | 00:04:39 | 00:03:26 | 00:21:07 | 00:03:03 | 00:13:15 | 00:45:28 | 6 | Energetic Triathlon ShaTin | 5 | 7 | 58.33 |
| 546 | Lee Lap Pui | 李立培 | FIN | 00:04:53 | 00:03:36 | 00:18:41 | 00:03:13 | 00:15:56 | 00:46:18 | | | 6 | 50 |
| 547 | Joe Wu Zi Juan | 鄒梓浚 | FIN | 00:04:15 | 00:03:49 | 00:20:42 | 00:03:05 | 00:16:21 | 00:48:10 | Mango Swimming Club | 4 | 5 | 41.67 |
| 545 | So Wai Tsun | FIN | 00:06:24 | 00:04:17 | 00:23:48 | 00:04:24 | 00:14:38 | 00:53:30 | 9 | | | 4 | 33.33 |
| 555 | Yue Ka Ming | 余家明 | FIN | 00:06:55 | 00:05:29 | 00:25:40 | 00:03:58 | 00:13:05 | 00:55:05 | Crest Ray Recreation & Sports Club | 3 | 3 | 25 |
| 551 | Gareth Lee Ka Kei | 李嘉琦 | FIN | 00:04:50 | 00:03:51 | 00:22:46 | 00:06:09 | 00:20:33 | 00:58:08 | Titan Triathlon | 2 | 2 | 16.67 |
| 556 | Wong Tsz Hin | 黃梓軒 | FIN | 00:05:30 | 00:04:52 | 00:24:15 | 00:05:22 | 00:20:41 | 01:00:38 | AustSports Association | 1 | 1 | 8.33 |
| 553 | Koo Ho Huen | DQ | 00:03:38 | 00:03:47 | 00:15:22 | 00:03:25 | 00:12:31 | 00:38:41 | | Energetic Triathlon ShaTin | | | |
| <u>Female Open</u> | | | | | | | | | | | | | |
| 521 | Michelle Choi | FIN | 00:04:03 | 00:04:33 | 00:25:26 | 00:03:32 | 00:12:41 | 00:50:13 | 1 | | | 8 | 100 |
| 528 | Lam Yim Ping | 林艷萍 | FIN | 00:06:20 | 00:04:25 | 00:21:54 | 00:04:07 | 00:15:41 | 00:52:26 | Titan Triathlon | 6 | 7 | 87.5 |
| 524 | Ng Ka Wai | FIN | 00:08:02 | 00:05:19 | 00:23:30 | 00:03:33 | 00:12:36 | 00:52:58 | 3 | | | 6 | 75 |
| 522 | Ice Chong | FIN | 00:07:20 | 00:05:12 | 00:24:08 | 00:04:22 | 00:14:17 | 00:55:17 | 4 | | | 5 | 62.5 |
| 525 | Sophia Kwok | FIN | 00:06:11 | 00:05:09 | 00:23:20 | 00:04:41 | 00:16:59 | 00:56:19 | 5 | | | 4 | 50 |
| 526 | Wong Pui Shan | FIN | 00:08:56 | 00:04:24 | 00:24:40 | 00:03:21 | 00:15:00 | 00:56:19 | 6 | Energetic Triathlon ShaTin | 4 | 3 | 37.5 |
| 529 | Wong Hoi Yan | FIN | 00:07:36 | 00:05:15 | 00:25:02 | 00:05:22 | 00:15:55 | 00:59:08 | 7 | Energetic Triathlon ShaTin | 3 | 2 | 25 |
| 523 | Phyllis Leung | FIN | 00:07:49 | 00:06:28 | 00:25:29 | 00:06:21 | 00:21:24 | 01:07:30 | 8 | | | 1 | 12.5 |
| 527 | Monica Leung Wing Hin | 梁詠軒 | DNS | | | | | | | Energetic Triathlon ShaTin | | | |

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Fun Distance

| No | Name | Status | Swim | T1 | Cycle | T2 | Run | Time | Cat Pos | Club | Club Points | Series Points | Series % | |
|--------------------------|-------------------------|--------|----------|----------|----------|----------|----------|----------|----------|----------------------------------|------------------------------------|---------------|----------|-------|
| Female Veteran | | | | | | | | | | | | | | |
| 539 | Katherine Lee Ming Sze | FIN | 00:06:15 | 00:04:04 | 00:22:19 | 00:03:24 | 00:12:09 | 00:48:09 | 1 | Energetic Triathlon ShaTin | 8 | 11 | 100 | |
| 543 | Jessica Poon | FIN | 00:05:49 | 00:04:19 | 00:21:54 | 00:03:41 | 00:15:35 | 00:51:17 | 2 | AustSports Association | 7 | 10 | 90.91 | |
| 542 | Vivian Chung Yee Mei | 鐘綺微 | FIN | 00:09:00 | 00:04:32 | 00:22:32 | 00:03:55 | 00:14:25 | 00:54:23 | 3 | Part Time Association | 5 | 9 | 81.82 |
| 537 | Gloria Kwan | FIN | 00:07:51 | 00:05:03 | 00:23:17 | 00:03:54 | 00:14:59 | 00:55:02 | 4 | | | 8 | 72.73 | |
| 530 | Fiona Waters | FIN | 00:06:16 | 00:05:14 | 00:22:41 | 00:04:44 | 00:18:57 | 00:57:50 | 5 | | | 7 | 63.64 | |
| 533 | Heidi Ho | 何佩玉 | FIN | 00:06:38 | 00:06:57 | 00:25:02 | 00:04:44 | 00:15:46 | 00:59:06 | 6 | | | 6 | 54.55 |
| 536 | Maria Sol Martos Romera | FIN | 00:07:54 | 00:05:01 | 00:26:25 | 00:04:41 | 00:16:58 | 01:00:57 | 7 | | | 5 | 45.45 | |
| 544 | Winglis Fu | FIN | 00:09:18 | 00:05:31 | 00:26:53 | 00:04:15 | 00:18:15 | 01:04:10 | 8 | Part Time Association | 2 | 4 | 36.36 | |
| 538 | May Lam Fung Lin | FIN | 00:16:02 | 00:06:47 | 00:24:31 | 00:03:40 | 00:19:44 | 01:10:42 | 9 | Part Time Association | 1 | 3 | 27.27 | |
| 531 | Jovi Lau Ki Siu | 劉旗笑 | FIN | 00:13:34 | 00:06:42 | 00:27:12 | 00:04:40 | 00:21:01 | 01:13:08 | 10 | | | 2 | 18.18 |
| 532 | Sinney Leung | 梁善妮 | FIN | 00:09:46 | 00:06:46 | 00:39:14 | 00:04:57 | 00:18:31 | 01:19:12 | 11 | | | 1 | 9.09 |
| 534 | Dennex Lui Lai Han | 呂麗嫻 | DQ | 00:06:27 | 00:03:41 | 00:15:09 | 00:03:42 | 00:13:26 | 00:42:23 | | | | | |
| 535 | Kanes Tsang Lai Wah | 曾麗華 | DNS | | | | | | | | | | | |
| 540 | Ting Wai Fong | 丁惠芳 | DNS | | | | | | | South China Athletic Association | | | | |
| 541 | Kellie Alexander | DNS | | | | | | | | South China Athletic Association | | | | |
| Female Youth Open | | | | | | | | | | | | | | |
| 517 | Bailee Brown | FIN | 00:03:19 | 00:03:09 | 00:20:32 | 00:02:48 | 00:11:04 | 00:40:50 | 1 | | | 4 | 100 | |
| 520 | Kelly Law | 羅栩詠 | FIN | 00:03:45 | 00:03:17 | 00:19:25 | 00:02:58 | 00:14:06 | 00:43:30 | 2 | Sonic Sports Association | | 3 | 75 |
| 519 | Ashley Karenna Lin | FIN | 00:03:45 | 00:02:38 | 00:24:20 | 00:02:52 | 00:11:50 | 00:45:23 | 3 | South China Athletic Association | | 2 | 50 | |
| 518 | Imogen Alexander | FIN | 00:03:45 | 00:02:52 | 00:25:31 | 00:04:14 | 00:16:36 | 00:52:56 | 4 | South China Athletic Association | | 1 | 25 | |
| 516 | Athina Zodi | DQ | 00:03:33 | 00:03:09 | 00:15:47 | 00:02:39 | 00:11:27 | 00:36:34 | | | | | | |
| Female Junior | | | | | | | | | | | | | | |
| 514 | Wong Ching Sum | FIN | 00:05:57 | 00:04:00 | 00:21:24 | 00:04:23 | 00:18:13 | 00:53:55 | 1 | AustSports Association | 2 | 2 | 100 | |
| 515 | Lai Hiu Ying | 賴曉瑩 | FIN | 00:05:26 | 00:04:50 | 00:30:46 | 00:03:41 | 00:15:55 | 01:00:37 | 2 | Crest Ray Recreation & Sports Club | 1 | 1 | 50 |
| 513 | Camille Chan | DNS | | | | | | | | | | | | |