

2014 Aquathon Series - Race 1

06 Apr 2014

TriKids 12-15

No	Name	Swim	T1	Run	Time	Cat Pos	Club	Club pts	Series pts	Series %	
Boys 2002											
356	Aidan Ho Hin Long	何軒朗	00:03:02	00:00:27	00:11:05	00:14:32	1	Titan Triathlon	100	49	100
346	Yeung Tung Ching		00:02:44	00:00:38	00:11:33	00:14:53	2	Energetic Triathlon ShaTin	92	48	97.96
310	Chung Pui Yin	鍾沛諺	00:02:50	00:00:43	00:11:31	00:15:02	3	Compass Sports Association	91	47	95.92
351	Or Chun Yin		00:02:56	00:00:37	00:11:30	00:15:02	3	Energetic Triathlon ShaTin	91	47	95.92
329	Brendan Saunders		00:03:03	00:00:42	00:11:22	00:15:06	5			45	91.84
342	Nigel Wong Long Ching	黃朗程	00:03:19	00:00:41	00:11:11	00:15:10	6	Energetic Triathlon ShaTin	86	44	89.8
355	Christopher Chan Yin Hei	陳彥羲	00:02:58	00:00:31	00:11:45	00:15:13	7	Titan Triathlon	84	43	87.76
304	Chan Chun Hin	陳駿軒	00:03:13	00:00:42	00:11:50	00:15:44	8	First Ten Generation Team	79	42	85.71
335	Tao Chun Ngok		00:03:09	00:00:37	00:12:05	00:15:49	9	First Ten Generation Team	78	41	83.67
306	Cheng Ngo Lung	鄭墩隆	00:03:37	00:00:50	00:11:27	00:15:52	10	Part Time Association	76	40	81.63
327	Ng Chi Kin	伍智鍵	00:03:04	00:00:42	00:12:16	00:16:00	11	Energetic Triathlon ShaTin	75	39	79.59
362	Geoffrey Ng You Hooi	黃耀輝	00:03:00	00:00:41	00:12:38	00:16:17	12	Mango Swimming Club	74	38	77.55
337	Lorenzo Tripodoro		00:03:28	00:00:39	00:12:15	00:16:20	13	Tung Chung Triathlon Association	71	37	75.51
328	Ng Sheung Man	吳尚汶	00:03:58	00:00:47	00:11:41	00:16:25	14	Sparkle Triathlon	70	36	73.47
334	Linus So Long Yin		00:03:55	00:00:43	00:11:52	00:16:28	15	First Ten Generation Team	69	35	71.43
358	Terry Mak Ho Chit	麥皓哲	00:03:46	00:00:33	00:12:20	00:16:38	16	Titan Triathlon	65	34	69.39
307	Aidan Chow		00:03:15	00:00:41	00:12:49	00:16:44	17	First Ten Generation Team	63	33	67.35
309	Chung Wing Kui	鍾穎駒	00:03:09	00:00:42	00:12:57	00:16:47	18	Part Time Association	62	32	65.31
322	Li Ching		00:03:19	00:01:07	00:12:26	00:16:50	19	Energetic Triathlon ShaTin	61	31	63.27
357	Chan Chi Chun	陳子駿	00:03:07	00:00:37	00:13:16	00:16:59	20	Titan Triathlon	60	30	61.22
308	Chow Yik Yui	周易靚	00:03:31	00:01:01	00:12:43	00:17:13	21	Sonic Sports Association	58	29	59.18
315	Lam Wai Lok	林瑋灝	00:03:25	00:00:54	00:13:09	00:17:27	22	Mango Swimming Club	55	28	57.14
302	Seann Lin	林沛希	00:03:25	00:00:41	00:13:46	00:17:51	23	Mango Swimming Club	49	27	55.1
311	Tiger Fung Ho Yin	馮浩然	00:04:39	00:00:38	00:12:44	00:18:00	24	AustSports Association	1	26	53.06
316	Lam Chung Chak	林重澤	00:03:20	00:00:56	00:13:47	00:18:02	25	Compass Sports Association	45	25	51.02
332	Timmy So Tin Wai	蘇天禧	00:02:52	00:00:51	00:14:37	00:18:19	26	Compass Sports Association	42	24	48.98
354	Damian Yuen Jun Yi		00:03:59	00:00:35	00:13:47	00:18:20	27	Energetic Triathlon ShaTin	41	23	46.94
344	Marco Wu Zhi Jian	鄔智堅	00:03:50	00:00:49	00:14:17	00:18:55	28	Mango Swimming Club	38	22	44.9
361	Wilton Chik		00:03:24	00:01:00	00:14:45	00:19:07	29	Mango Swimming Club	36	21	42.86
324	Samson Luk Pang Shing		00:03:28	00:01:04	00:14:46	00:19:17	30	Energetic Triathlon ShaTin	1	20	40.82
352	Wong Chun Hin		00:03:00	00:00:48	00:15:34	00:19:20	31	Energetic Triathlon ShaTin	1	19	38.78
333	Kingsley SO Ting Yui	蘇庭睿	00:03:31	00:00:58	00:15:21	00:19:48	32	Tung Chung Triathlon Association	31	18	36.73
325	Mo Ming Him	毛銘謙	00:03:52	00:00:54	00:15:18	00:20:03	33	Sonic Sports Association	1	17	34.69
318	Justin Lau Cheuk Fung		00:03:37	00:00:40	00:15:51	00:20:06	34	Energetic Triathlon ShaTin	1	16	32.65
348	Yehoshua Wong Lik Yin	黃歷言	00:04:30	00:00:51	00:15:22	00:20:42	35	AustSports Association	1	15	30.61
317	Lau Cheuk Lam		00:04:04	00:00:52	00:15:50	00:20:44	36	Part Time Association	26	14	28.57
363	Tobyn Chan Kai To	陳啟強	00:04:16	00:01:28	00:15:15	00:20:57	37	The Little Dolphin Swimming Training Center	24	13	26.53
345	Yeung Wing Kit	楊永傑	00:04:26	00:00:54	00:15:42	00:21:01	38	First Ten Generation Team	1	12	24.49
323	Lok Chun Kit	陸俊杰	00:03:10	00:00:56	00:17:16	00:21:21	39	Sonic Sports Association	1	11	22.45

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No	Name	Swim	T1	Run	Time	Cat Pos	Club	Club pts	Series pts	Series %
<u>Boys 2002</u>										
349	Ruach Wong Lik Fung	00:04:48	00:00:42	00:16:03	00:21:31	40	AustSports Association	1	10	20.41
341	Tsang Sheung Yin	曾尚然 00:05:45	00:01:10	00:14:47	00:21:40	41	Compass Sports Association	19	9	18.37
313	Ka Tung Wai	賈棟淮 00:04:18	00:00:59	00:16:56	00:22:12	42	Mango Swimming Club	15	8	16.33
303	Chan Yik Hin	00:04:19	00:01:05	00:16:50	00:22:12	42	Sonic Sports Association	1	8	16.33
365	Marcus Chow	周柏熙 00:04:10	00:00:56	00:17:07	00:22:12	42			8	16.33
301	Nathan Wong	00:04:03	00:01:04	00:17:13	00:22:18	45	AustSports Association	1	5	10.2
364	Melvyn Chan Kai Wang	陳啟泓 00:04:31	00:01:09	00:16:42	00:22:20	46	The Little Dolphin Swimming Training Center	12	4	8.16
336	Tong Tsz Kin	唐子健 00:03:05	00:00:44	00:21:33	00:25:20	47			3	6.12
305	Chan Ching Kong	陳正岡 00:04:31	00:01:06	00:19:48	00:25:24	48	The Little Dolphin Swimming Training Center	8	2	4.08
347	Enoch Cheng Yee Nok	鄭以諾 00:05:13	00:01:18	00:22:01	00:28:31	49	AustSports Association	1	1	2.04
<u>Boys 2001</u>										
275	Lee Siu Fu	李兆富 00:02:51	00:00:27	00:10:33	00:13:49	1	AustSports Association	103	25	100
289	Wong Ka Hei	黃嘉希 00:02:54	00:00:30	00:11:06	00:14:28	2	South China Athletic Association	101	24	96
285	Sung Ho Hin	宋浩軒 00:02:55	00:00:37	00:11:19	00:14:50	3	First Ten Generation Team	93	23	92
263	Chau Ho Yin	周浩然 00:02:46	00:00:41	00:11:33	00:14:58	4			22	88
273	Lau Chung Hei	00:03:00	00:00:33	00:11:33	00:15:05	5	Sonic Sports Association	89	21	84
296	So Chun Hei	00:03:16	00:00:44	00:12:41	00:16:40	6			20	80
284	Ng Lok Him	伍洛謙 00:02:56	00:00:58	00:12:49	00:16:41	7	Dali Swimming Club	64	19	76
267	Issac Ip Shun Hei	葉信晞 00:03:18	00:00:41	00:13:11	00:17:08	8	Energetic Triathlon Sha Tin	59	18	72
295	Walter Chan	陳懷德 00:03:07	00:00:55	00:13:38	00:17:38	9	Mango Swimming Club	52	17	68
261	Chan Yan Chik	陳胤積 00:03:20	00:00:50	00:13:37	00:17:45	10			16	64
268	Laam Ho Yin	藍皓賢 00:03:01	00:00:55	00:14:01	00:17:55	11			15	60
274	Law Ho Yeung	00:03:02	00:00:47	00:14:08	00:17:56	12	Sonic Sports Association	48	14	56
297	Joshua Nanayakkara	00:03:13	00:00:47	00:14:40	00:18:38	13			13	52
270	Lai Pak Hei	黎柏希 00:02:56	00:00:59	00:15:00	00:18:53	14	Compass Sports Association	39	12	48
271	Francis Lam Chun Lok	林晉樂 00:02:49	00:00:53	00:15:15	00:18:55	15	The Little Dolphin Swimming Training Center	38	11	44
264	Cheung Kam Lun	張錦綸 00:03:36	00:01:02	00:14:57	00:19:33	16	AustSports Association	1	10	40
293	Justin Christian Lau	劉正言 00:03:55	00:00:54	00:15:35	00:20:22	17	AustSports Association	1	9	36
287	Tsui Ka Long	00:03:43	00:01:08	00:16:00	00:20:50	18	Sonic Sports Association	1	8	32
292	Yu Bai-Xi	00:03:37	00:00:49	00:16:38	00:21:02	19	Health Guide Sports Association Company	22	7	28
278	Edward Li Cheuk Him	李卓謙 00:03:03	00:00:39	00:17:43	00:21:23	20			6	24
294	Damien Chung Tin Ching	鍾天正 00:03:51	00:00:53	00:17:02	00:21:45	21			5	20
290	Adrian Wong	00:03:32	00:00:39	00:17:57	00:22:06	22	Tung Chung Triathlon Association	16	4	16
288	WAN Hoi Wai	尹海維 00:04:35	00:01:56	00:23:14	00:29:43	23	Sparkle Triathlon	4	3	12
276	Joshua Lee Yat Fung	李逸峰 00:03:11	00:01:28	00:25:29	00:30:07	24	TI Dynamics	3	2	8
272	Lau Hok Him	00:04:56	00:01:14	00:25:39	00:31:48	25	Crest Ray Recreation & Sports Club	1	1	4
<u>Boys 2000</u>										
250	Turner Long Long	伍泰龍 00:02:48	00:00:32	00:10:18	00:13:37	1	South China Athletic Association	104	26	100
230	Chung Siu Ting	鍾紹廷 00:02:19	00:01:03	00:11:17	00:14:38	2	Titan Triathlon	96	25	96.15

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No	Name	Swim	T1	Run	Time	Cat Pos	Club	Club pts	Series pts	Series %	
<u>Boys 2000</u>											
228	Cheung Chin To	張展滔	00:03:16	00:00:41	00:11:11	00:15:07	3	The Little Dolphin Swimming Training Center	88	24	92.31
242	Ollie Otten		00:03:33	00:00:38	00:10:59	00:15:09	4	South China Athletic Association	87	23	88.46
233	Keung Wai Lok	姜偉洛	00:02:40	00:00:33	00:12:03	00:15:14	5			22	84.62
237	Cyrus Li Ho Lim	李浩廉	00:03:04	00:00:45	00:11:30	00:15:17	6	AustSports Association	83	21	80.77
231	Guan Yue	關岳	00:03:17	00:00:33	00:11:32	00:15:20	7	Hope Sport Association	82	20	76.92
243	Lavi Kumar Shewakraman	陳兆軒	00:02:46	00:00:44	00:12:02	00:15:31	8	Sonic Sports Association	81	19	73.08
245	Tai Yun Kai	戴潤楷	00:03:22	00:00:46	00:11:26	00:15:32	9	Titan Triathlon	80	18	69.23
238	Mak Chi Yuen		00:03:09	00:00:41	00:12:28	00:16:17	10	Sonic Sports Association	74	17	65.38
229	Chiu Long Kit	趙朗傑	00:02:40	00:00:45	00:12:54	00:16:17	10	Compass Sports Association	74	17	65.38
252	Chau Lok Hang	周樂行	00:04:25	00:00:45	00:12:04	00:17:13	12	AustSports Association	58	15	57.69
225	Cheng Ming Tsun	鄭名竣	00:03:44	00:01:19	00:12:17	00:17:18	13	AustSports Association	56	14	53.85
255	Enoch Wong Lik Hang	黃歷恒	00:04:14	00:00:46	00:12:47	00:17:45	14	AustSports Association	51	13	50
247	Tsang Tsz Nok	曾梓諾	00:03:15	00:00:50	00:13:47	00:17:50	15	First Ten Generation Team	50	12	46.15
246	Tam Chun Kit	譚晉傑	00:03:14	00:00:51	00:13:53	00:17:56	16	Sonic Sports Association	48	11	42.31
254	Lau Yik Wan		00:03:40	00:00:39	00:13:45	00:18:02	17	AustSports Association	1	10	38.46
248	Tsang Chun Hei	曾俊熙	00:03:10	00:01:26	00:13:50	00:18:25	18			9	34.62
249	Tse Long Kiu	謝朗喬	00:03:37	00:00:46	00:14:46	00:19:07	19	AustSports Association	1	8	30.77
234	Ko Ming	高明	00:03:01	00:00:45	00:16:09	00:19:53	20			7	26.92
244	Shiu Ting Hin	蕭廷軒	00:03:39	00:00:47	00:17:26	00:21:50	21	Sonic Sports Association	1	6	23.08
253	Ryan Cheng Hon Yin	鄭翰賢	00:03:14	00:00:34	00:18:19	00:22:05	22	AustSports Association	1	5	19.23
223	Chan Yiu Lam	陳耀霖	00:03:52	00:01:02	00:17:34	00:22:27	23	Sonic Sports Association	1	4	15.38
226	Zachary Cheng Pak Ho		00:02:52	00:00:53	00:19:13	00:22:56	24	Sonic Sports Association	1	3	11.54
241	Nam Hang Kin	藍恒健	00:04:44	00:01:02	00:17:42	00:23:26	25			2	7.69
224	Chan Chak Hei	陳澤熙	00:03:45	00:01:00	00:21:44	00:26:27	26	Mango Swimming Club	6	1	3.85
<u>Boys 1999</u>											
202	Arno Baetz		00:02:52	00:00:30	00:09:47	00:13:08	1	Tung Chung Triathlon Association	107	21	100
207	Angus Chow	周侃滔	00:02:56	00:00:36	00:09:41	00:13:12	2	Hope Sport Association	106	20	95.24
211	Lai Chun Ming	賴俊銘	00:02:45	00:00:40	00:09:57	00:13:21	3	Sonic Sports Association	105	19	90.48
215	Tse Tsz Kam	謝梓淦	00:03:05	00:00:40	00:10:37	00:14:21	4	The Little Dolphin Swimming Training Center	102	18	85.71
208	Chow Ching Hung	周靖雄	00:02:38	00:00:54	00:11:02	00:14:32	5	Tung Chung Triathlon Association	100	17	80.95
200	Frans Otten		00:02:50	00:00:30	00:11:13	00:14:32	5	South China Athletic Association	100	17	80.95
222	Lai Nok Hei	黎諾曦	00:03:09	00:00:44	00:10:44	00:14:36	7	AustSports Association	97	15	71.43
212	Lee Yuk Lam		00:03:25	00:00:44	00:10:37	00:14:44	8	AustSports Association	95	14	66.67
214	Anthony Ng Ho Yin		00:03:10	00:00:37	00:11:02	00:14:48	9	Energetic Triathlon ShaTin	94	13	61.9
209	Chui Shing Hang	徐誠亨	00:02:54	00:00:44	00:11:35	00:15:12	10	The Little Dolphin Swimming Training Center	85	12	57.14
218	Wong Chun Yi	黃俊宜	00:03:37	00:00:57	00:11:18	00:15:50	11	Hope Sport Association	77	11	52.38
210	Lai Ho Man		00:03:14	00:00:38	00:12:42	00:16:32	12	Sparkle Triathlon	68	10	47.62
206	Cheung King Ting	張璟廷	00:03:07	00:00:43	00:12:43	00:16:32	12	Sonic Sports Association	68	10	47.62
204	Chan Kwun Chung	陳冠聰	00:03:13	00:00:42	00:12:38	00:16:32	12	Sparkle Triathlon	68	10	47.62

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No	Name	Swim	T1	Run	Time	Cat Pos	Club	Club pts	Series pts	Series %	
<u>Boys 1999</u>											
203	Rex Chan	陳樂然	00:03:24	00:00:50	00:13:20	00:17:33	15	AustSports Association	54	7	33.33
221	Wong Yat Long	王逸朗	00:03:41	00:00:40	00:13:14	00:17:33	15	First Ten Generation Team	54	7	33.33
216	Anthony Wong Yu	王御	00:02:42	00:01:10	00:14:19	00:18:10	17	The Little Dolphin Swimming Training Center	43	5	23.81
217	Wong Kei Yin	黃紀然	00:03:32	00:00:38	00:14:22	00:18:31	18	First Ten Generation Team	40	4	19.05
213	Leung Kai Pong	梁啟邦	00:02:54	00:00:38	00:21:20	00:24:50	19	Compass Sports Association	9	3	14.29
201	Luk Wai Hang	陸偉恆	00:02:56	00:00:54	00:22:33	00:26:21	20	Sonic Sports Association	1	2	9.52
205	Cheng Tat Him	鄭達謙	00:03:42	00:01:12	00:25:19	00:30:12	21	Sonic Sports Association	1	1	4.76
<u>Girls 2002</u>											
432	Ho Pui Kei		00:02:49	00:00:36	00:11:30	00:14:53	1			27	100
422	Chan Hiu Yee	陳曉儀	00:02:46	00:00:31	00:11:50	00:15:06	2	Dali Swimming Club	51	26	96.3
446	Ng Yat Yee	伍逸兒	00:02:50	00:00:41	00:11:44	00:15:14	3	Sonic Sports Association	49	25	92.59
423	Arianna Shoranye Chan	陳曉然	00:03:51	00:00:37	00:11:12	00:15:39	4	Mango Swimming Club	47	24	88.89
419	Tahni Brown		00:02:55	00:00:51	00:12:48	00:16:33	5	South China Athletic Association	44	23	85.19
424	Chan Hoi Ching	陳愷程	00:02:49	00:00:40	00:13:13	00:16:40	6	Energetic Triathlon ShaTin	43	22	81.48
453	Ally Tse Hoi Ching	謝凱靖	00:02:54	00:00:39	00:13:13	00:16:45	7	AustSports Association	42	21	77.78
437	Venis Lau Ji Ching		00:03:15	00:00:46	00:13:03	00:17:02	8	Energetic Triathlon ShaTin	40	20	74.07
445	Ng Yan Wa	吳欣樺	00:03:21	00:00:37	00:13:13	00:17:09	9	AustSports Association	38	19	70.37
427	Jade Saunders		00:03:00	00:00:42	00:13:31	00:17:11	10			18	66.67
428	Ho Cheuk Kiu	何卓橋	00:02:51	00:00:41	00:13:43	00:17:14	11	The Little Dolphin Swimming Training Center	35	17	62.96
452	Ip Pui Yu	葉珮瑜	00:02:59	00:00:36	00:14:12	00:17:45	12	AustSports Association	33	16	59.26
426	Tarra Ellis		00:03:08	00:00:41	00:14:25	00:18:13	13	Tung Chung Triathlon Association	30	15	55.56
425	Cheng On Ki		00:03:53	00:00:54	00:13:35	00:18:20	14	Sonic Sports Association	29	14	51.85
458	Wong Chung Man	黃頌雯	00:03:21	00:00:44	00:14:31	00:18:35	15	Sparkle Triathlon	27	13	48.15
433	Hui Yat Nga		00:04:20	00:00:51	00:13:27	00:18:36	16	Energetic Triathlon ShaTin	26	12	44.44
440	Leung Fuk Yee		00:03:17	00:00:58	00:14:26	00:18:40	17	Energetic Triathlon ShaTin	24	11	40.74
431	Ho On Yau		00:03:44	00:00:55	00:15:49	00:20:27	18	Sonic Sports Association	17	10	37.04
455	Lo Hilary		00:03:22	00:00:46	00:16:24	00:20:31	19	Mango Swimming Club	16	9	33.33
451	Frances Chan Sin Yau	陳善悠	00:03:25	00:01:12	00:16:05	00:20:40	20	AustSports Association	15	8	29.63
457	Wong Hoi Ching	黃鏗澄	00:04:15	00:01:29	00:14:59	00:20:41	21	The Little Dolphin Swimming Training Center	14	7	25.93
456	Tsang Sze Ching	曾施晴	00:03:24	00:00:39	00:16:46	00:20:48	22	Compass Sports Association	12	6	22.22
454	Zoe Chue Wai Fei	朱蔚菲	00:04:05	00:00:59	00:16:03	00:21:06	23	The Little Dolphin Swimming Training Center	10	5	18.52
438	Lee Yui Tung		00:03:39	00:00:48	00:18:09	00:22:35	24	Sonic Sports Association	1	4	14.81
436	Lam Tin Yan		00:03:58	00:00:55	00:20:20	00:25:11	25	Sonic Sports Association	1	3	11.11
448	Wong Hoi Ying		00:04:18	00:01:00	00:20:33	00:25:49	26	Sonic Sports Association	1	2	7.41
434	Mavis Hung Tsz Wai		00:04:04	00:00:54	00:33:20	00:38:16	27	The Little Dolphin Swimming Training Center	1	1	3.7
<u>Girls 2001</u>											
413	Wong Ching Lam	黃靖琳	00:02:37	00:00:37	00:11:10	00:14:22	1	First Ten Generation Team	52	10	100
417	Anjali Khemlyani		00:02:50	00:00:42	00:12:11	00:15:41	2			9	90
411	Leung Ka Ching	梁嘉晴	00:02:53	00:00:38	00:12:34	00:16:04	3			8	80

2014 Aquathon Series - Race 1

06 Apr 2014

TriKids 12-15

No	Name	Swim	T1	Run	Time	Cat Pos	Club	Club pts	Series pts	Series %	
<u>Girls 2001</u>											
408	Lee Sze Wing	李思穎	00:04:01	00:00:40	00:12:36	00:17:16	4	Part Time Association	34	7	70
405	Holly Hou		00:03:24	00:00:23	00:14:16	00:18:01	5	Mango Swimming Club	32	6	60
406	Kira Kuok Kwan Yee	郭筠頤	00:03:29	00:00:44	00:14:31	00:18:42	6	Titan Triathlon	23	5	50
416	Stefanie Yu Pui Ming	余珮鳴	00:03:31	00:00:40	00:14:43	00:18:52	7	AustSports Association	22	4	40
418	Kelly Yip	葉悠	00:03:16	00:00:42	00:14:58	00:18:54	8	Mango Swimming Club	21	3	30
407	Lam Ka Wan		00:03:29	00:00:56	00:16:18	00:20:42	9	Sonic Sports Association	13	2	20
415	Yip Hui Ching	葉洵澄	00:03:15	00:00:47	00:19:03	00:23:04	10	Compass Sports Association	4	1	10
<u>Girls 2000</u>											
384	Aneekah Styles		00:02:32	00:00:30	00:12:05	00:15:06	1	South China Athletic Association	51	11	100
386	Chau Man Wing		00:03:13	00:00:35	00:12:28	00:16:14	2	Energetic Triathlon ShaTin	46	10	90.91
385	Bau Hiu Lam		00:02:51	00:00:49	00:13:07	00:16:45	3	TI Dynamics	42	9	81.82
391	Karen Chung		00:03:01	00:00:43	00:13:31	00:17:13	4	The Little Dolphin Swimming Training Center	37	8	72.73
394	Ng Tsz Tung		00:03:03	00:00:54	00:14:12	00:18:07	5	Energetic Triathlon ShaTin	31	7	63.64
401	Casey Wong		00:03:18	00:00:45	00:14:28	00:18:29	6	AustSports Association	28	6	54.55
387	Chow Siu Yau		00:03:37	00:00:44	00:14:19	00:18:38	7	Sonic Sports Association	25	5	45.45
395	Tang Wing Hei		00:04:16	00:00:36	00:14:25	00:19:15	8	Part Time Association	20	4	36.36
399	Lauren Faith Lau	劉諾行	00:03:23	00:00:53	00:15:12	00:19:26	9	AustSports Association	19	3	27.27
393	Lee Pui Ki		00:03:43	00:00:41	00:17:13	00:21:35	10	Sonic Sports Association	8	2	18.18
398	Yuti Khare		00:03:36	00:01:02	00:17:11	00:21:47	11	Tung Chung Triathlon Association	7	1	9.09
<u>Girls 1999</u>											
380	Nicole Shi	施曉揚	00:03:30	00:00:34	00:11:30	00:15:32	1	Energetic Triathlon ShaTin	48	10	100
375	Nicola Gabrielle Ho		00:02:49	00:00:39	00:12:57	00:16:24	2	South China Athletic Association	45	9	90
377	Lau Pik Sum		00:02:53	00:00:43	00:13:28	00:17:03	3	Sonic Sports Association	39	8	80
373	Kelly Chan Ka Yee	陳嘉兒	00:03:15	00:00:37	00:13:23	00:17:13	4	South China Athletic Association	37	7	70
379	Or Yee Ling	柯依伶	00:02:53	00:00:41	00:14:24	00:17:56	5			6	60
378	Ng Tsz Lok		00:03:08	00:00:47	00:15:39	00:19:32	6	Energetic Triathlon ShaTin	18	5	50
382	Tang Sin Laam	鄧倩嵐	00:04:30	00:00:41	00:15:39	00:20:48	7	AustSports Association	12	4	40
383	Wong Lai Ying		00:03:19	00:00:43	00:17:05	00:21:06	8	Sonic Sports Association	10	3	30
372	Chan Kei Wing	陳紀穎	00:02:45	00:00:58	00:18:21	00:22:03	9			2	20
371	Gianna Pauline Burgos		00:04:01	00:00:45	00:17:31	00:22:15	10	Tung Chung Triathlon Association	6	1	10