

Hong Kong Life Triathlon 2013 - Course D Race Result

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course D - Boys 2002	1	783	WONG LONG CHING, NIGEL	Energetic Triathlon Shatin	00:29:29	00:05:51	00:02:17	00:11:06	00:01:29	00:08:49	18	100.00
Course D - Boys 2002	2	779	Ho Hin Long, Aidan	Titan Triathlon	00:30:12	00:05:08	00:02:14	00:11:59	00:01:27	00:09:27	17	94.44
Course D - Boys 2002	3	797	NG CHI KIN	Energetic Triathlon Shatin	00:31:32	00:05:19	00:02:23	00:12:50	00:01:28	00:09:35	16	88.89
Course D - Boys 2002	4	778	Chan Yin Hei, Christopher	Titan Triathlon	00:32:28	00:05:18	00:02:29	00:13:34	00:01:25	00:09:45	15	83.33
Course D - Boys 2002	5	781	Mak Ho Chit, Terry	Titan Triathlon	00:32:28	00:06:37	00:02:20	00:12:54	00:01:22	00:09:17	14	77.78
Course D - Boys 2002	6	800	TAO CHUN NGOK	Excel Swim Sports Association	00:32:32	00:05:24	00:02:41	00:12:45	00:01:26	00:10:19	13	72.22
Course D - Boys 2002	7	799	SO LINUS LONG YIN	Excel Swim Sports Association	00:33:40	00:06:51	00:02:35	00:12:48	00:01:31	00:09:57	12	66.67
Course D - Boys 2002	8	787	CHENG NGO LUNG	Part Time Association	00:34:29	00:06:35	00:02:45	00:12:28	00:02:32	00:10:10	11	61.11
Course D - Boys 2002	9	801	WU ZHI JIAN MARCO	Mango Swimming Club	00:36:24	00:06:28	00:03:09	00:12:46	00:01:41	00:12:23	10	55.56
Course D - Boys 2002	10	780	Chan Chi Chun, Hubert	Titan Triathlon	00:36:25	00:05:37	00:02:27	00:14:04	00:01:40	00:12:39	9	50.00
Course D - Boys 2002	11	785	BOSCO CHOW		00:38:03	00:07:30	00:03:10	00:15:06	00:01:31	00:10:49	8	44.44
Course D - Boys 2002	12	798	SHUM KIN HANG	Excel Swim Sports Association	00:38:32	00:06:35	00:02:31	00:14:14	00:02:16	00:12:58	7	38.89
Course D - Boys 2002	13	791	Fung Ho Yin	AustSports Association	00:39:16	00:08:54	00:02:52	00:14:41	00:01:37	00:11:15	6	33.33
Course D - Boys 2002	14	802	YEUNG WING KIT	Excel Swim Sports Association	00:41:00	00:07:56	00:03:00	00:13:58	00:01:40	00:14:28	5	27.78
Course D - Boys 2002	15	788	CHIU TSZ HANG	Ma On Shan Swimming and Triathlon Club	00:42:03	00:08:28	00:03:42	00:15:01	00:01:47	00:13:08	4	22.22
Course D - Boys 2002	16	794	LEE KWAN WAH		00:46:11	00:06:27	00:03:02	00:14:26	00:02:24	00:19:54	3	16.67
Course D - Boys 2002	17	789	CHOI MAN HEI BOBBY		00:47:56	00:07:39	00:04:23	00:14:21	00:03:06	00:18:28	2	11.11
Course D - Boys 2002	18	782	Wilton Chik		00:52:09	00:08:23	00:03:37	00:22:30	00:01:54	00:15:47	1	5.56
Course D - Boys 2002	DSQ	786	CHAN CARTON	Energetic Triathlon Shatin	00:39:45	00:14:00	00:04:01	00:07:45	00:02:16	00:11:44		
Course D - Boys 2002	DNS	790	Daniel Bahamone	Tung Chung Triathlon Association								
Course D - Boys 2002	DNS	793	LAI YIP SUN, EDRIC	Energetic Triathlon Shatin								
Course D - Boys 2002	DNS	795	Lee Man Hei	AustSports Association								
Course D - Boys 2002	DNS	796	Lorenzo Tripodoro	Tung Chung Triathlon Association								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course D - Boys 2003	1	775	SIN HOK LEUNG	Energetic Triathlon Shatin	00:29:25	00:05:03	00:02:13	00:12:17	00:01:16	00:08:38	13	100.00
Course D - Boys 2003	2	776	Stephen Klock		00:33:43	00:06:35	00:02:54	00:13:18	00:01:28	00:09:29	12	92.31
Course D - Boys 2003	3	773	Leung Chun Wong	Part Time Association	00:34:46	00:07:49	00:03:02	00:13:30	00:01:27	00:09:01	11	84.62
Course D - Boys 2003	4	777	TO CHUNG YIN	Excel Swim Sports Association	00:34:58	00:08:42	00:02:34	00:13:12	00:01:24	00:09:08	10	76.92
Course D - Boys 2003	5	767	Sean Woo		00:35:20	00:05:55	00:02:52	00:14:17	00:01:22	00:10:57	9	69.23
Course D - Boys 2003	6	764	Law Chun Hei, Brian	Titan Triathlon	00:36:18	00:06:42	00:02:48	00:13:41	00:02:00	00:11:09	8	61.54
Course D - Boys 2003	7	774	LEUNG WAI HANG, WYAT	Hope Sport Association	00:36:24	00:06:17	00:02:56	00:13:21	00:01:42	00:12:10	7	53.85
Course D - Boys 2003	8	770	Doddy Tullis		00:37:45	00:06:30	00:03:17	00:14:31	00:01:57	00:11:31	6	46.15
Course D - Boys 2003	9	766	Harvey Hou		00:39:24	00:08:06	00:03:06	00:15:13	00:01:34	00:11:27	5	38.46
Course D - Boys 2003	10	769	Chan Tsz Lok		00:42:02	00:06:14	00:03:42	00:16:40	00:01:45	00:13:42	4	30.77
Course D - Boys 2003	11	765	Lau Pak Him, William	Titan Triathlon	00:42:19	00:09:13	00:03:00	00:17:45	00:01:22	00:11:01	3	23.08
Course D - Boys 2003	12	771	Fung Chun Hei	Creat Ray Recreation & Sport Club	00:49:10	00:09:07	00:03:45	00:18:50	00:02:13	00:15:16	2	15.38
Course D - Boys 2003	13	772	Kwok Ho Ming, Bob		00:54:41	00:07:44	00:09:56	00:19:12	00:03:01	00:14:50	1	7.69
Course D - Boys 2003	DNS	768	boet van den heuvel									

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Point	%
Course D - Boys 2004	1	744	Yip Tak Long, Nick	Energetic Triathlon Shatin	00:31:06	00:05:59	00:02:14	00:12:11	00:01:22	00:09:22	18	100.00
Course D - Boys 2004	2	759	SO CHI HUEN		00:34:42	00:06:00	00:02:48	00:13:46	00:01:40	00:10:30	17	94.44
Course D - Boys 2004	3	754	CHIU CHEUK KIU, AIDAN	Energetic Triathlon Shatin	00:34:43	00:07:12	00:02:40	00:13:32	00:01:46	00:09:34	16	88.89
Course D - Boys 2004	4	761	To Ming Chun, Andrew		00:35:38	00:07:44	00:02:42	00:13:58	00:01:32	00:09:46	15	83.33
Course D - Boys 2004	5	755	GERARD POON	Tung Chung Triathlon Association	00:35:48	00:08:31	00:03:19	00:19:23	00:01:53	00:02:44	14	77.78
Course D - Boys 2004	6	745	Ho Chung Hin, Valen	Titan Triathlon	00:36:17	00:05:53	00:02:37	00:14:35	00:01:33	00:11:41	13	72.22
Course D - Boys 2004	7	748	Abel Te Riele		00:37:50	00:06:06	00:03:06	00:13:42	00:01:47	00:13:11	12	66.67
Course D - Boys 2004	8	756	LIU CHAK LAM	Energetic Triathlon Shatin	00:39:26	00:09:04	00:02:52	00:13:31	00:01:54	00:12:08	11	61.11
Course D - Boys 2004	9	760	TANG PHILOMON NEIL	Energetic Triathlon Shatin	00:39:39	00:09:30	00:03:11	00:13:47	00:01:37	00:11:35	10	55.56
Course D - Boys 2004	10	753	CHEUNG TING WAI	Energetic Triathlon Shatin	00:39:41	00:07:52	00:02:42	00:13:59	00:02:30	00:12:40	9	50.00



Hong Kong Life Triathlon 2013 - Course D Race Result

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time		
Course D - Girls 2005	1	807	TAMSIN LIBERTY DALES	Mango Swimming Club	00:36:12	00:07:11	00:02:44	00:14:55	00:01:55	00:09:31	5	100.00
Course D - Girls 2005	2	803	Chan Wing Chi, Sarah	Titan Triathlon	00:39:09	00:06:14	00:02:46	00:14:41	00:02:46	00:12:46	4	80.00
Course D - Girls 2005	3	805	CHEUNG WAI YAN AIDEED	Mango Swimming Club	00:50:11	00:11:16	00:04:21	00:17:14	00:01:53	00:15:29	3	60.00
Course D - Girls 2005	4	806	Lam Hoi Ching		00:52:36	00:09:52	00:04:22	00:21:08	00:02:04	00:15:13	2	40.00
Course D - Girls 2005	5	804	Chick Chloe	Titan Triathlon	00:52:43	00:16:29	00:03:16	00:18:32	00:01:49	00:12:39	1	20.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time		
Course D - Para Relay - Mentally Disabled	1	P52	Hong Chi Team 2		00:35:21	00:07:02	00:02:34	00:15:04	00:02:19	00:08:22	6	100.00
Course D - Para Relay - Mentally Disabled	2	P56	Hong Chi Team 6		00:37:53	00:09:06	00:02:28	00:11:17	00:01:59	00:13:03	5	83.33
Course D - Para Relay - Mentally Disabled	3	P57	Hong Chi Team 7		00:38:55	00:08:16	00:02:29	00:11:17	00:01:42	00:15:11	4	66.67
Course D - Para Relay - Mentally Disabled	4	P55	Hong Chi Team 5		00:42:45	0:10:03	00:02:55	00:11:08	00:02:01	00:16:38	3	50.00
Course D - Para Relay - Mentally Disabled	5	P54	Hong Chi Team 4		00:45:42	00:10:00	00:02:38	00:12:20	00:02:00	00:18:44	2	33.33
Course D - Para Relay - Mentally Disabled	6	P53	Hong Chi Team 3		00:45:46	00:11:00	00:02:26	00:13:46	00:01:45	00:16:52	1	16.67
Course D - Para Relay - Mentally Disabled	DSQ	P51	Hong Chi Team 1									

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time		
Course D - Para Relay - PHAB	1	P59	香港傷健協會 2		00:34:07	00:06:13	00:02:52	00:14:57	00:01:31	00:08:36	3	100.00
Course D - Para Relay - PHAB	2	P60	香港傷健協會 3		00:39:05	00:06:23	00:02:37	00:11:58	00:02:16	00:15:53	2	66.67
Course D - Para Relay - PHAB	3	P58	香港傷健協會 1		00:47:40	00:06:10	00:02:28	00:12:28	00:02:50	00:23:46	1	33.33

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time		
Course D - Para Relay - Rehabilitation	1	P61	香港復康力量		00:33:48	00:06:30	00:02:18	00:11:02	00:01:37	00:12:23	1	100.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time		
Course D - Para Relay - Tri 3	1	P62	香港截肢者體育會 1		00:36:40	00:07:59	00:02:27	00:14:54	00:01:22	00:10:00	5	100.00
Course D - Para Relay - Tri 3	2	P64	香港截肢者體育會 3		00:39:39	00:05:19	00:02:25	00:15:35	00:01:32	00:14:50	4	80.00
Course D - Para Relay - Tri 3	3	P66	香港截肢者體育會 5		00:41:09	00:04:45	00:02:23	00:19:48	00:01:33	00:12:42	3	60.00
Course D - Para Relay - Tri 3	4	P63	香港截肢者體育會 2		00:49:28	00:06:09	00:04:46	00:26:15	00:01:44	00:10:36	2	40.00
Course D - Para Relay - Tri 3	5	P65	香港截肢者體育會 4		00:50:32	00:04:38	00:02:40	00:32:47	00:01:11	00:09:19	1	20.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time		
Course D - Para Relay Tri 6A	1	P38	HKBSF Team 18		00:33:01						10	100.00
Course D - Para Relay Tri 6A	2	P32	HKBSF Team 12		00:33:03	00:04:53	00:02:01	00:11:15	00:01:46	00:13:10	9	90.00
Course D - Para Relay Tri 6A	3	P36	HKBSF Team 16		00:36:31	00:06:52	00:02:30	00:11:47	00:01:39	00:13:45	8	80.00
Course D - Para Relay Tri 6A	4	P34	HKBSF Team 14		00:38:12	00:06:42	00:02:10	00:12:10	00:01:43	00:15:30	7	70.00
Course D - Para Relay Tri 6A	5	P37	HKBSF Team 17		00:41:03	00:06:35	00:03:01	00:12:45	00:01:56	00:16:49	6	60.00
Course D - Para Relay Tri 6A	6	P39	HKBSF Team 19		00:41:29	00:08:21	00:02:15	00:11:29	00:02:11	00:17:14	5	50.00
Course D - Para Relay Tri 6A	7	P31	HKBSF Team 11		00:42:54	00:05:21	00:02:37	00:16:07	00:02:15	00:16:35	4	40.00
Course D - Para Relay Tri 6A	8	P33	HKBSF Team 13		00:46:11	00:04:51	00:02:36	00:12:15	00:02:28	00:24:03	3	30.00
Course D - Para Relay Tri 6A	9	P35	HKBSF Team 15		00:48:57	00:09:06	00:02:48	00:14:15	00:02:10	00:20:40	2	20.00
Course D - Para Relay Tri 6A	10	P40	HKBSF Team 20		00:54:39	00:08:01	00:04:36	00:13:10	00:02:45	00:26:09	1	10.00
Course D - Para Relay Tri 6A												

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time		
Course D - Para Relay Tri 6B	1	P42	HKBSF Team 10		00:31:27	00:03:31	00:02:30	00:13:52	00:01:29	00:10:06	9	100.00
Course D - Para Relay Tri 6B	2	P45	HKBSF Team 4		00:33:10	00:07:49	00:02:15	00:12:24	00:01:29	00:09:15	8	88.89
Course D - Para Relay Tri 6B	3	P44	HKBSF Team 3		00:35:23	00:07:53	00:02:52	00:12:57	00:01:30	00:10:13	7	77.78
Course D - Para Relay Tri 6B	4	P47	HKBSF Team 6		00:36:42	00:08:02	00:02:54	00:13:56	00:01:42	00:10:09	6	66.67

Hong Kong Life Triathlon 2013 - Course D Race Result

Course D - Para Relay Tri 6B	5	P50	HKBSF Team 9		00:38:37	00:07:14	00:02:24	00:12:10	00:01:59	00:14:53	5	55.56
Course D - Para Relay Tri 6B	6	P43	HKBSF Team 2		00:39:25	00:05:41	00:02:30	00:12:03	00:02:16	00:16:57	4	44.44
Course D - Para Relay Tri 6B	7	P46	HKBSF Team 5		00:42:26	00:10:53	00:03:10	00:10:46	00:02:01	00:15:38	3	33.33
Course D - Para Relay Tri 6B	8	P49	HKBSF Team 8		00:42:28	00:07:50	00:02:22	00:13:20	00:01:40	00:17:19	2	22.22
Course D - Para Relay Tri 6B	9	P48	HKBSF Team 7		00:43:10	00:06:28	00:02:32	00:14:15	00:01:47	00:18:10	1	11.11
Chain Off	DNF	P41	HKBSF Team 1		00:38:08	00:04:37	00:01:57	00:12:41	00:02:01	00:16:52		

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time		
Course D - Best Costume Relay	1	Q91	AustSports -- 講隊	AustSports Association	00:28:39	00:07:54	00:02:16	00:10:44	00:01:13	00:07:16	5	100.00
Course D - Best Costume Relay	2	Q88	AustSports -- Ironman 3	AustSports Association	00:29:20	00:07:52	00:01:54	00:11:22	00:02:36	00:07:52	4	80.00
Course D - Best Costume Relay	3	Q89	AustSports -- Talking Team	AustSports Association	00:31:35	00:08:23	00:01:48	00:12:46	00:01:13	00:09:04	3	60.00
Course D - Best Costume Relay	4	Q90	AustSports -- Young Gun	AustSports Association	00:33:12	00:07:17	00:01:50	00:10:15	00:01:07	00:08:12	2	40.00
Course D - Best Costume Relay	5	Q92	Jessica Moon	Titan Triathlon	00:35:01	00:10:41	00:02:50	00:13:56	00:01:09	00:06:27	1	20.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time		
Course D - Family Relay	1	Q87	志諾隊	AustSports Association	00:27:23	00:05:37	00:01:53	00:11:00	00:01:13	00:07:42	00:01:34	00:05:11
Course D - Family Relay	2	Q84	PUN	AustSports Association	00:27:34	00:04:45	00:02:08	00:11:22	00:01:08	00:08:12	00:01:39	00:05:22
Course D - Family Relay	3	Q83	MT BIKER LAU'S		00:32:55	00:06:28	00:02:17	00:12:07	00:01:27	00:10:38	00:01:46	00:05:35
Course D - Family Relay	4	Q82	EXCEL RELAY 3	Excel Swim Sports Association	00:35:51	00:06:43	00:02:54	00:10:53	00:01:41	00:13:41	00:01:48	00:05:34
Course D - Family Relay	5	Q85	Tommy Wong		00:36:33	00:07:30	00:02:27	00:14:30	00:01:14	00:10:55	00:01:44	00:06:52
Course D - Family Relay	6	Q86	Tritons		00:37:46	00:06:45	00:03:15	00:17:57	00:01:33	00:08:19	00:02:32	00:08:15
Course D - Family Relay	7	Q81	AustSports - Racing Tiger		00:39:51	00:06:52	00:02:25	00:16:05	00:01:29	00:13:02	00:02:22	00:07:26

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0:04:41  
0:04:57  
0:06:28  
0:08:25  
0:06:40  
  
0:08:12