

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Female 20-24	DNS	3000	Chan Amy									
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Female 25-29	1	3002	Hiltermann Sophie		01:29:49	00:18:54	00:07:27	00:35:33	00:02:44	00:25:12	5	130.00
Sprint - Female 25-29	2	3004	Annabel Hudleston	Tritons Triathlon Club	01:30:19	00:22:29	00:07:38	00:29:57	00:03:12	00:27:05	4	104.00
Sprint - Female 25-29	3	3006	Fung Olivia		01:32:39	00:20:17	00:07:49	00:35:55	00:02:42	00:26:00	3	78.00
Sprint - Female 25-29	4	3001	Ifi Nicole Margaret		01:51:18	00:23:17	00:09:34	00:40:19	00:03:58	00:34:12	2	52.00
Sprint - Female 25-29	5	3005	CHAU Yi Ting		01:58:36	00:31:41	00:09:29	00:46:22	00:04:36	00:26:28	1	26.00
Sprint - Female 25-29		3003	LAI SOPHIA	Tritons Triathlon Club								
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Female 30-34	1	3007	Watlington Katherine		01:36:51	00:22:35	00:07:52	00:36:29	00:03:35	00:26:22	7	130.00
Sprint - Female 30-34	2	3017	Lau Yi Man		01:38:21	00:19:13	00:08:16	00:39:07	00:02:59	00:28:47	6	111.43
Sprint - Female 30-34	3	3009	Chan Suet Ying Rachel		01:43:42	00:25:16	00:09:01	00:37:54	00:03:32	00:28:02	5	92.86
Sprint - Female 30-34	4	3015	Lun Carina		01:47:10	00:25:11	00:10:26	00:38:23	00:04:35	00:28:37	4	74.29
Sprint - Female 30-34	5	3014	MOK KA MAN		01:56:52	00:24:41	00:10:22	00:46:15	00:03:33	00:32:03	3	55.71
Sprint - Female 30-34	6	3012	Prigge Tracey		01:59:18	00:25:27	00:10:33	00:44:11	00:04:24	00:34:45	2	37.14
Sprint - Female 30-34	7	3010	Hui Chung Yan		02:02:05	00:35:52	00:10:26	00:42:41	00:03:18	00:29:49	1	18.57
Sprint - Female 30-34	DNS	3008	Deane Zoe									
Sprint - Female 30-34	DNS	3011	Tong Ching Ching									
Sprint - Female 30-34	DNS	3013	Chong Emily									
Sprint - Female 30-34	DNS	3016	Johnson Jessica									
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Female 35-39	1	3057	Herweijer Jessica		01:28:22	00:22:21	00:07:26	00:30:32	00:02:55	00:25:09	15	130.00
Sprint - Female 35-39	2	3019	Ng Davinia		01:32:25	00:18:48	00:07:16	00:36:08	00:02:45	00:27:28	14	121.33
Sprint - Female 35-39	3	3027	Tam Joyce Chee Yun		01:33:20	00:17:44	00:08:02	00:39:40	00:02:49	00:25:06	13	112.67
Sprint - Female 35-39	4	3028	YICK KAN WING YAN NATALIE	Part Time Association	01:37:37	00:20:57	00:09:09	00:35:54	00:03:03	00:28:36	12	104.00
Sprint - Female 35-39	5	3020	Dawn Strachan		01:38:52	00:20:21	00:08:57	00:33:14	00:04:00	00:32:22	11	95.33
Sprint - Female 35-39	6	3018	Lo Billie Yee Ping		01:40:33	00:26:00	00:09:33	00:35:33	00:03:18	00:26:11	10	86.67
Sprint - Female 35-39	7	3025	Jomar Kim		01:44:01	00:25:53	00:10:03	00:37:09	00:03:39	00:27:19	9	78.00
Sprint - Female 35-39	8	3024	Yiu Chun Wing Marthes	New Wave Swimming Club	01:46:45	00:22:41	00:10:30	00:38:50	00:04:08	00:30:37	8	69.33
Sprint - Female 35-39	9	3023	Tam Joey		01:48:39	00:25:57	00:09:34	00:38:04	00:04:27	00:30:39	7	60.67
Sprint - Female 35-39	10	3032	Lai May Yuk		01:53:35	00:28:15	00:15:39	00:35:10	00:05:24	00:29:10	6	52.00
Sprint - Female 35-39	11	3034	Lee Wing See		01:59:24	00:30:36	00:11:39	00:38:48	00:05:26	00:32:57	5	43.33
Sprint - Female 35-39	12	3031	Goodwin Suzanne		02:01:16	00:26:15	00:11:48	00:42:27	00:04:05	00:36:42	4	34.67
Sprint - Female 35-39	13	3026	Yu Lai Shan		02:06:15	00:25:27	00:12:07	00:45:46	00:05:52	00:37:04	3	26.00
Sprint - Female 35-39	14	3072	WONG HOI YAN	Energetic Triathlon Shatin	02:08:05	00:28:27	00:11:40	00:44:29	00:05:34	00:37:57	2	17.33
Sprint - Female 35-39	15	3021	Shannon Kimberly		02:32:57	00:22:48	00:19:17	00:49:56	00:07:17	00:53:41	1	8.67
Sprint - Female 35-39	DNF	3029	Niccola Russo	Tritons Triathlon Club								
Sprint - Female 35-39	DNS	3030	Hughes Caron Margaret									
Sprint - Female 35-39	DNS	3033	Kiat Amanda									
Short Run	DSQ	3022	Edwards Melissa		01:55:06	00:23:37	00:15:51	00:52:34	00:05:13	00:17:53		
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Female 40-44	1	3051	mcnae jane	Tritons Triathlon Club	01:20:54	00:15:29	00:07:22	00:29:20	00:02:46	00:25:59	10	130.00
Sprint - Female 40-44	2	3059	Grafton Rachael		01:34:45	00:20:01	00:09:00	00:36:06	00:03:27	00:26:13	9	117.00
Sprint - Female 40-44	3	3058	Lee Chung Yee Christina	Sonic Sports Association	01:37:13	00:22:37	00:08:06	00:35:19	00:02:55	00:28:18	8	104.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Female 40-44	4	3060	Poon Wan Sze Jessica	AustSports Association	01:39:15	00:21:24	00:09:06	00:33:05	00:04:02	00:31:39	7	91.00
Sprint - Female 40-44	5	3056	Leung Wing Sau		01:41:39	00:22:13	00:09:03	00:36:03	00:02:52	00:31:30	6	78.00
Sprint - Female 40-44	6	3053	LEE Connie		01:42:23	00:24:36	00:07:54	00:38:05	00:03:17	00:28:33	5	65.00
Sprint - Female 40-44	7	3052	LEUNG YIM TING		01:46:27	00:26:15	00:09:19	00:40:51	00:03:13	00:26:51	4	52.00
Sprint - Female 40-44	8	3061	Chan Stephanie		01:52:38	00:22:34	00:11:49	00:39:46	00:02:54	00:35:35	3	39.00
Sprint - Female 40-44	9	3054	Pak Kam Yee Lorraine		02:07:15	00:33:45	00:12:21	00:40:27	00:04:57	00:35:47	2	26.00
Sprint - Female 40-44	10	3055	Woo Wei An		02:09:02	00:22:23	00:14:04	00:42:11	00:06:36	00:43:49	1	13.00
Short Run	DSQ	3050	Edmondson Joyce		01:21:07	00:25:50	00:07:32	00:32:22	00:03:21	00:12:05		
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Female 45-49	1	3062	Corine KOSTER	Tritons Triathlon Club	01:21:14	00:14:53	00:08:03	00:30:27	00:03:08	00:24:45	8	130.00
Sprint - Female 45-49	2	3063	Wong Cindy		01:34:36	00:19:15	00:09:15	00:34:54	00:03:53	00:27:22	7	113.75
Sprint - Female 45-49	3	3066	LEUNG YIN YI	Hope Sport Association	01:39:55	00:22:30	00:09:02	00:33:21	00:04:00	00:31:04	6	97.50
Sprint - Female 45-49	4	3065	Wu Mei Ling		01:49:41	00:26:53	00:09:50	00:40:47	00:02:31	00:29:42	5	81.25
Sprint - Female 45-49	5	3068	Chan Siu Fan Bonnie		02:00:31	00:25:40	00:10:58	00:43:17	00:03:44	00:36:53	4	65.00
Sprint - Female 45-49	6	3201	Tai Lai Chun		02:11:13	00:27:05	00:19:57	00:51:10	00:02:19	00:30:44	3	48.75
Sprint - Female 45-49	7	3064	Leung Ka Wai Ada		02:22:29	00:37:32	00:16:25	00:42:50	00:05:29	00:40:16	2	32.50
Sprint - Female 45-49	8	3067	Hill Linna		02:24:04	00:37:53	00:14:20	00:41:36	00:05:27	00:44:49	1	16.25
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Female 50-54	1	3069	TAM YUEN HUNG	AustSports Association	01:48:21	00:28:16	00:11:07	00:33:47	00:03:23	00:31:48	1	130.00
Sprint - Female 50-54	DNS	3070	Tania Harris	Hong Kong Dragons Triathlon Club								
Sprint - Female 50-54	DNS	3071	Susan Alton	Tritons Triathlon Club								
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Female Junior	1	3048	TSANG KA HUNG	AustSports Association	01:16:53	00:14:21	00:05:53	00:32:34	00:02:20	00:21:47	9	130.00
Sprint - Female Junior	2	3049	Lam Sin ching	AustSports Association	01:18:45	00:14:44	00:06:32	00:32:07	00:02:20	00:23:04	8	115.56
Sprint - Female Junior	3	3044	Chan Lok Yi	Hope Sport Association	01:19:48	00:12:58	00:06:31	00:32:47	00:02:12	00:25:21	7	101.11
Sprint - Female Junior	4	3045	Lei Cho Ieng		01:21:42	00:15:00	00:06:38	00:31:45	00:03:08	00:25:13	6	86.67
Sprint - Female Junior	5	3040	Chan Kwan Ho	Hope Sport Association	01:22:47	00:14:56	00:06:58	00:31:52	00:02:46	00:26:15	5	72.22
Sprint - Female Junior	6	3042	CHAN WING TUNG	Hope Sport Association	01:25:27	00:18:44	00:07:05	00:34:14	00:02:28	00:22:58	4	57.78
Sprint - Female Junior	7	3047	Kent Aurelie		01:37:13	00:17:23	00:08:14	00:41:08	00:02:44	00:27:46	3	43.33
Sprint - Female Junior	8	3046	Salimbangon Gabriellie		01:39:10	00:21:18	00:09:39	00:36:14	00:04:11	00:27:49	2	28.89
Sprint - Female Junior	9	3043	Wong Ching Sum	AustSports Association	01:45:10	00:22:48	00:08:36	00:36:02	00:02:58	00:34:46	1	14.44
Sprint - Female Junior	DNS	3041	Lee Wing Sum	Hope Sport Association								
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Male 20-24	1	3352	Wong Ho Him	Titan Triathlon	01:13:45	00:14:20	00:06:01	00:28:56	00:02:12	00:22:19	15	130.00
Sprint - Male 20-24	2	3356	Chan Chin Lung		01:18:05	00:14:22	00:06:42	00:33:18	00:02:18	00:21:28	14	121.33
Sprint - Male 20-24	3	3381	Cox Glen	Hong Kong Dragons Triathlon Club	01:19:54	00:18:10	00:07:01	00:29:05	00:02:48	00:22:53	13	112.67
Sprint - Male 20-24	4	3403	Wong Ho Kan	Titan Triathlon	01:20:01	00:17:00	00:06:33	00:30:07	00:02:47	00:23:35	12	104.00
Sprint - Male 20-24	5	3346	Leung KA WA	Excel Swim Sports Association	01:22:31	00:18:17	00:06:45	00:32:07	00:02:10	00:23:14	11	95.33
Sprint - Male 20-24	6	3351	CHOW HIU CHENG	AustSports Association	01:23:17	00:17:54	00:06:41	00:32:58	00:02:08	00:23:36	10	86.67
Sprint - Male 20-24	7	3355	Doyle Nicholas		01:25:21	00:18:40	00:07:23	00:31:35	00:02:51	00:24:53	9	78.00
Sprint - Male 20-24	8	3353	Hiltermann Steven		01:25:21	00:17:48	00:08:13	00:29:53	00:04:34	00:24:54	8	69.33
Sprint - Male 20-24	9	3358	Chung Ho	Crest Ray Recreation & Sports Club	01:27:53	00:19:28	00:08:09	00:33:47	00:02:58	00:23:33	7	60.67
Sprint - Male 20-24	10	3354	Wong KA FUNG	AustSports Association	01:28:21	00:24:28	00:06:19	00:34:02	00:02:47	00:20:47	6	52.00
Sprint - Male 20-24	11	3344	CHUN HO	Crest Ray Recreation & Sports Club	01:28:23	00:17:55	00:07:14	00:32:53	00:02:43	00:27:26	5	43.33

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Male 20-24	12	3350	Yeung Yun chuen		01:34:21	00:22:10	00:08:06	00:36:47	00:02:35	00:24:45	4	34.67
Sprint - Male 20-24	13	3357	LI CHING		01:35:20	00:21:10	00:08:08	00:32:04	00:03:24	00:30:35	3	26.00
Sprint - Male 20-24	14	3347	Hui Koon Kiu	Sonic Sports Association	01:37:45	00:15:57	00:08:19	00:39:23	00:03:42	00:30:26	2	17.33
Sprint - Male 20-24	15	3349	Wu Kenneth Yee-Lok		01:39:13	00:17:50	00:06:49	00:20:32	00:34:03	00:20:01	1	8.67
Sprint - Male 20-24	DNS	3345	LES COLLETT									
Sprint - Male 20-24	DNS	3348	CHIN CHING KWOK	Sonic Sports Association								
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Male 25-29	1	3364	Leung Ka Lun	Energetic Triathlon Shatin	01:14:31	00:15:16	00:05:51	00:28:09	00:02:23	00:22:53	16	130.00
Sprint - Male 25-29	2	3369	Lau Chun Ngai	New Wave Swimming Club	01:18:53	00:14:24	00:06:23	00:32:38	00:02:29	00:23:00	15	121.88
Sprint - Male 25-29	3	3360	Fung Michael		01:20:42	00:15:50	00:06:43	00:33:20	00:02:36	00:22:14	14	113.75
Sprint - Male 25-29	4	3377	Wong Patrick		01:21:47	00:19:16	00:06:58	00:31:53	00:02:39	00:21:02	13	105.63
Sprint - Male 25-29	5	3366	Knox Stephen		01:25:39	00:18:18	00:08:23	00:31:47	00:02:55	00:24:18	12	97.50
Sprint - Male 25-29	6	3376	Wong Kwok Ho		01:28:57	00:23:54	00:07:57	00:31:04	00:03:34	00:22:30	11	89.38
Sprint - Male 25-29	7	3370	Fok Chi Kong		01:32:50	00:24:36	00:07:16	00:33:26	00:02:49	00:24:45	10	81.25
Sprint - Male 25-29	8	3374	Yiu Wai Lam		01:34:41	00:22:34	00:09:01	00:33:13	00:03:24	00:26:31	9	73.13
Sprint - Male 25-29	9	3361	LAM PAK KIN	LGP Sports	01:37:50	00:19:23	00:08:12	00:39:21	00:02:05	00:28:51	8	65.00
Sprint - Male 25-29	10	3359	Leung Lai Lam LEO		01:38:37	00:26:29	00:08:19	00:32:19	00:03:12	00:28:20	7	56.88
Sprint - Male 25-29	11	3367	Leung Tony		01:39:58	00:24:47	00:08:55	00:33:19	00:02:46	00:30:13	6	48.75
Sprint - Male 25-29	12	3362	Cheung Wai Chun		01:40:25	00:24:00	00:07:40	00:35:56	00:03:48	00:29:02	5	40.63
Sprint - Male 25-29	13	3375	Ratcliffe Edward		01:48:53	00:23:14	00:11:19	00:41:07	00:05:23	00:27:51	4	32.50
Sprint - Male 25-29	14	3373	LAM SIU LAI		01:50:31	00:24:39	00:10:12	00:41:54	00:03:22	00:30:25	3	24.38
Sprint - Male 25-29	15	3363	YUNG KA WAI	Sonic Sports Association	01:52:18	00:25:25	00:08:59	00:41:58	00:03:02	00:32:56	2	16.25
Sprint - Male 25-29	16	3365	LEE YIU KEI CHARLES		01:53:15	00:24:47	00:12:03	00:42:38	00:04:09	00:29:39	1	8.13
Sprint - Male 25-29	DNS	3368	Henry Wright	South China Athletic Association								
Sprint - Male 25-29	DNS	3371	LAM YIN KI	Health Guide Sports Association Company Limited								
Sprint - Male 25-29	DNS	3372	WONG TAK HANG									
Short Run	DSQ	3378	Lau Kam Chung	Excel Swim Sports Association	01:21:44	00:21:46	00:08:11	00:31:18	00:03:45	00:16:45		
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Male 30-34	1	3401	Lau Kin Wai		01:18:49	00:18:09	00:06:03	00:32:23	00:02:24	00:19:52	53	130.00
Sprint - Male 30-34	2	3412	Paula Dennis		01:19:23	00:17:23	00:07:02	00:30:19	00:02:56	00:21:45	52	127.55
Sprint - Male 30-34	3	3409	NG YUI POR		01:19:26	00:19:34	00:06:26	00:30:32	00:02:23	00:20:32	51	125.09
Sprint - Male 30-34	4	3397	Chan Ying Ming		01:21:08	00:18:52	00:06:29	00:30:16	00:03:01	00:22:33	50	122.64
Sprint - Male 30-34	5	3441	MAK CHI CHUNG		01:21:39	00:19:12	00:06:51	00:30:15	00:02:51	00:22:32	49	120.19
Sprint - Male 30-34	6	3444	Hacking James		01:23:55	00:19:23	00:07:09	00:31:24	00:03:23	00:22:38	48	117.74
Sprint - Male 30-34	7	3398	Day Nick		01:24:05	00:19:59	00:06:51	00:31:01	00:02:53	00:23:23	47	115.28
Sprint - Male 30-34	8	3430	Hau Wai Yin		01:25:46	00:17:44	00:07:58	00:33:10	00:02:53	00:24:03	46	112.83
Sprint - Male 30-34	9	3400	Lau Yun King		01:26:50	00:19:54	00:08:32	00:29:43	00:04:35	00:24:09	45	110.38
Sprint - Male 30-34	10	3432	Lam Ka Shun		01:27:37	00:20:30	00:09:01	00:31:03	00:03:05	00:24:00	44	107.92
Sprint - Male 30-34	11	3435	Fai Ming Hoi, LEO	Sonic Sports Association	01:27:47	00:19:03	00:07:21	00:35:38	00:02:44	00:23:01	43	105.47
Sprint - Male 30-34	33	3431	Rushi Patel	Tritons Triathlon Club	01:27:50	00:20:18	00:07:50	00:32:09	00:03:05	00:24:28	42	51.51
Sprint - Male 30-34	12	3411	Lai Chi Ho, Marco	Sonic Sports Association	01:27:56	00:20:33	00:07:38	00:32:23	00:03:04	00:24:21	41	103.02
Sprint - Male 30-34	13	3439	Chan Hung Yip Alan		01:27:57	00:23:08	00:07:36	00:29:51	00:02:45	00:24:40	40	100.57
Sprint - Male 30-34	14	3442	Tsoi Hiu Fai	Sonic Sports Association	01:28:07	00:20:50	00:07:00	00:37:14	00:02:07	00:20:58	39	98.11
Sprint - Male 30-34	15	3410	MCCARTHY BENJAMIN		01:28:34	00:21:07	00:08:49	00:33:42	00:02:40	00:22:18	38	95.66
Sprint - Male 30-34	16	3429	Ho Hok Man		01:28:46	00:21:55	00:07:27	00:31:44	00:03:03	00:24:38	37	93.21
Sprint - Male 30-34	17	3386	Johnson Kendall		01:28:57	00:18:05	00:09:32	00:32:54	00:03:28	00:25:00	36	90.75

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Male 30-34	18	3390	Leung Chung wai		01:29:25	00:19:27	00:07:25	00:35:30	00:03:13	00:23:52	35	88.30
Sprint - Male 30-34	19	3445	Nash-Webber Andrew		01:29:45	00:19:20	00:07:45	00:34:29	00:02:33	00:25:40	34	85.85
Sprint - Male 30-34	20	3438	Reid Kevin		01:29:45	00:21:02	00:08:36	00:31:10	00:03:12	00:25:46	33	83.40
Sprint - Male 30-34	21	3388	Yip LAP CHEUNG	Excel Swim Sports Association	01:29:50	00:19:37	00:08:56	00:31:57	00:03:13	00:26:09	32	80.94
Sprint - Male 30-34	22	3443	Shek Wai hung		01:32:22	00:19:44	00:10:00	00:30:56	00:04:02	00:27:41	31	78.49
Sprint - Male 30-34	23	3406	Liu Kar Ho		01:33:32	00:23:28	00:09:05	00:33:49	00:04:08	00:23:05	30	76.04
Sprint - Male 30-34	24	3434	Terry Doug	Hong Kong Dragons Triathlon Club	01:33:52	00:22:25	00:08:52	00:31:04	00:03:37	00:27:57	29	73.58
Sprint - Male 30-34	25	3422	LAM CHEUK KIT		01:33:56	00:21:56	00:08:16	00:32:21	00:03:27	00:27:58	28	71.13
Sprint - Male 30-34	26	3433	Chan Phillip		01:35:05	00:19:22	00:09:20	00:36:33	00:02:55	00:26:57	27	68.68
Sprint - Male 30-34	27	3395	AU-YEUNG WANG KIN		01:35:15	00:20:26	00:09:25	00:36:57	00:03:04	00:25:25	26	66.23
Sprint - Male 30-34	28	3392	CHEUNG LOK YIN		01:35:29	00:23:36	00:08:03	00:36:30	00:03:08	00:24:14	25	63.77
Sprint - Male 30-34	29	3391	LEE YAT SHING		01:35:35	00:22:00	00:08:01	00:33:41	00:03:01	00:28:52	24	61.32
Sprint - Male 30-34	30	3436	BILLAL NAVEED	Tritons Triathlon Club	01:36:05	00:27:33	00:08:05	00:33:00	00:03:48	00:23:41	23	58.87
Sprint - Male 30-34	31	3417	Choi Pui nang		01:36:34	00:25:28	00:08:51	00:34:24	00:03:56	00:23:57	22	56.42
Sprint - Male 30-34	32	3420	Gray Jacob		01:37:01	00:24:23	00:08:58	00:38:38	00:02:27	00:22:38	21	53.96
Sprint - Male 30-34	34	3425	Yeung Kai hong		01:38:18	00:23:19	00:09:19	00:33:20	00:02:51	00:29:32	20	49.06
Sprint - Male 30-34	35	3426	Tam Paul		01:38:19	00:24:47	00:08:18	00:38:55	00:02:37	00:23:45	19	46.60
Sprint - Male 30-34	36	3387	Pang Tim Fat		01:39:03	00:22:43	00:10:46	00:31:49	00:04:16	00:29:31	18	44.15
Sprint - Male 30-34	37	3414	SHAM SIU HANG		01:39:24	00:21:36	00:08:18	00:36:13	00:02:32	00:30:45	17	41.70
Sprint - Male 30-34	38	3415	Chow Cheuk Ki		01:41:21	00:19:31	00:08:54	00:38:03	00:03:25	00:31:29	16	39.25
Sprint - Male 30-34	39	3389	Chu Terry		01:43:38	00:28:45	00:09:30	00:36:52	00:03:37	00:24:54	15	36.79
Sprint - Male 30-34	40	3413	illien guillaume		01:44:43	00:24:55	00:08:48	00:39:19	00:02:24	00:29:19	14	34.34
Sprint - Male 30-34	41	3404	Kam Wai Ho	Part Time Association	01:44:49	00:28:29	00:09:06	00:34:22	00:03:04	00:29:49	13	31.89
Sprint - Male 30-34	42	3421	Singh Puneet		01:45:39	00:23:09	00:08:28	00:39:03	00:02:47	00:32:14	12	29.43
Sprint - Male 30-34	43	3405	Cheung Kenneth		01:45:54	00:21:15	00:10:36	00:38:24	00:04:26	00:31:14	11	26.98
Sprint - Male 30-34	44	3385	Cheung Wang Chi William		01:46:11	00:22:19	00:11:00	00:35:38	00:03:50	00:33:26	10	24.53
Sprint - Male 30-34	45	3428	Yeung Muk Ming		01:49:24	00:25:09	00:09:49	00:37:20	00:04:12	00:32:57	9	22.08
Sprint - Male 30-34	46	3399	Shek Shu wing		01:49:25	00:25:46	00:09:03	00:41:39	00:03:05	00:29:53	8	19.62
Sprint - Male 30-34	47	3437	Sze To Ka Kin		01:51:07	00:28:29	00:09:28	00:37:14	00:05:19	00:30:38	7	17.17
Sprint - Male 30-34	48	3407	Leung Kam Kong		01:52:11	00:25:09	00:09:19	00:42:56	00:03:15	00:31:34	6	14.72
Sprint - Male 30-34	49	3393	Mak Shui Ki		01:52:20	00:25:10	00:13:10	00:44:57	00:02:30	00:26:34	5	12.26
Sprint - Male 30-34	50	3424	Leung Tik Sang		02:01:59	00:21:48	00:12:31	00:37:22	00:05:50	00:44:29	4	9.81
Sprint - Male 30-34	51	3408	MAN LOK TIN		02:03:30	00:24:26	00:14:26	00:34:48	00:07:37	00:42:14	3	7.36
Sprint - Male 30-34	52	3394	Ong Yi Hoo		02:06:59	00:30:15	00:15:09	00:42:30	00:03:53	00:35:14	2	4.91
Sprint - Male 30-34	53	3402	Chan Chun Lam		02:09:55	00:28:39	00:12:30	00:46:43	00:03:26	00:38:39	1	2.45
Sprint - Male 30-34	DNS	3396	Spellmann Hermann Arnold									
Sprint - Male 30-34	DNS	3416	Lau Hiu Yan									
Sprint - Male 30-34	DNS	3418	Mehta Ravi									
Sprint - Male 30-34	DNS	3419	Cho Kwan Yin									
Sprint - Male 30-34	DNS	3423	Rah Sang Dae									
Sprint - Male 30-34	DNS	3427	Franks Gordon									
Sprint - Male 30-34	DNS	3440	Palden Moktan	Energetic Triathlon Shatin								
Sprint - Male 30-34	DNS	3446	Blejwas Jason									
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Male 35-39	1	3144	Purcell Steven		01:18:21	00:16:23	00:06:25	00:31:25	00:03:05	00:21:04	48	130.00
Sprint - Male 35-39	2	3108	Zielinski Jeffrey		01:18:47	00:19:45	00:06:51	00:29:52	00:02:44	00:19:37	47	127.29
Sprint - Male 35-39	3	3104	Mataragnon Ritche		01:19:36	00:17:34	00:06:34	00:30:15	00:02:49	00:22:26	46	124.58

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Male 35-39	4	3133	CHOW Hoi Tat		01:20:33	00:20:06	00:06:17	00:29:24	00:02:40	00:22:08	45	121.88
Sprint - Male 35-39	5	3125	HO CHI HONG	South China Athletic Association	01:21:11	00:16:03	00:06:45	00:32:53	00:02:47	00:22:44	44	119.17
Sprint - Male 35-39	6	3100	Cheng Chi Ko	Tung Chung Triathlon Association	01:26:35	00:19:45	00:08:04	00:31:31	00:03:22	00:23:55	43	116.46
Sprint - Male 35-39	7	3122	Green Malcolm		01:26:36	00:13:44	00:07:14	00:38:42	00:02:25	00:24:33	42	113.75
Sprint - Male 35-39	8	3113	SO SHU TAI		01:27:35	00:20:31	00:09:05	00:32:06	00:02:45	00:23:10	41	111.04
Sprint - Male 35-39	9	3116	Leung Michael		01:30:34	00:24:39	00:07:27	00:31:19	00:02:58	00:24:12	40	108.33
Sprint - Male 35-39	10	3114	Hui Chun Yu, Charles	Sonic Sports Association	01:30:37	00:18:37	00:08:02	00:33:13	00:02:46	00:28:00	39	105.63
Sprint - Male 35-39	11	3145	Hull Stephen		01:33:08	00:23:13	00:07:20	00:32:54	00:03:22	00:26:19	38	102.92
Sprint - Male 35-39	12	3117	ODonnell David		01:33:11	00:20:19	00:09:50	00:32:22	00:04:27	00:26:16	37	100.21
Sprint - Male 35-39	13	3121	CHAN Matt		01:33:13	00:21:22	00:08:56	00:32:14	00:03:41	00:27:02	36	97.50
Sprint - Male 35-39	14	3138	Charles Streeter	Hong Kong Dragons Triathlon Club	01:34:39	00:19:42	00:09:37	00:33:22	00:04:18	00:27:42	35	94.79
Sprint - Male 35-39	15	3110	Cheung Wah		01:34:50	00:24:35	00:08:41	00:33:30	00:02:33	00:25:34	34	92.08
Sprint - Male 35-39	16	3141	Lai Hon Ying		01:35:08	00:20:43	00:08:54	00:33:56	00:03:34	00:28:03	33	89.38
Sprint - Male 35-39	17	3103	Mui Kui chuen		01:37:06	00:18:46	00:09:42	00:36:33	00:03:24	00:28:42	32	86.67
Sprint - Male 35-39	18	3146	Cheung Kwok Bun		01:38:18	00:21:43	00:09:15	00:33:25	00:03:58	00:29:57	31	83.96
Sprint - Male 35-39	19	3142	Yeung Ping Kei Lapson		01:38:38	00:23:31	00:09:27	00:36:06	00:03:32	00:26:04	30	81.25
Sprint - Male 35-39	20	3132	Ng Ho Kei Fairy		01:38:43	00:27:13	00:07:40	00:33:11	00:03:36	00:27:05	29	78.54
Sprint - Male 35-39	21	3107	Tsai Terence		01:38:55	00:23:37	00:09:44	00:35:36	00:02:05	00:27:55	28	75.83
Sprint - Male 35-39	22	3129	Koren Amit		01:39:18	00:24:49	00:10:38	00:30:51	00:05:51	00:27:10	27	73.13
Sprint - Male 35-39	23	3118	CHOW Thomas		01:39:46	00:22:09	00:10:42	00:34:14	00:05:21	00:27:23	26	70.42
Sprint - Male 35-39	24	3127	Yeung Wai Kin		01:40:41	00:26:17	00:10:00	00:34:33	00:04:39	00:25:14	25	67.71
Sprint - Male 35-39	25	3143	Wong Horace	Energetic Triathlon Shatin	01:40:59	00:17:22	00:09:13	00:33:10	00:03:40	00:37:36	24	65.00
Sprint - Male 35-39	26	3115	Yonker John		01:42:20	00:22:28	00:11:05	00:35:31	00:04:21	00:28:57	23	62.29
Sprint - Male 35-39	27	3135	KWOK CHING KWONG		01:42:47	00:20:29	00:10:39	00:39:22	00:03:04	00:29:14	22	59.58
Sprint - Male 35-39	28	3119	Tiu Tai Wai David		01:43:34	00:23:05	00:09:43	00:33:22	00:04:30	00:32:55	21	56.88
Sprint - Male 35-39	29	3123	CHRIS CHEN		01:44:12	00:24:43	00:08:11	00:37:06	00:03:27	00:30:45	20	54.17
Sprint - Male 35-39	30	3136	Chan Walter		01:44:20	00:24:35	00:11:03	00:34:55	00:04:10	00:29:38	19	51.46
Sprint - Male 35-39	31	3124	Lau Kwok chung	Sonic Sports Association	01:45:14	00:28:28	00:08:54	00:34:36	00:03:35	00:29:44	18	48.75
Sprint - Male 35-39	32	3140	Algera Frits Jan		01:47:12	00:22:27	00:10:01	00:35:46	00:06:36	00:32:23	17	46.04
Sprint - Male 35-39	33	3101	Lo Joseph		01:47:45	00:26:56	00:09:09	00:38:50	00:03:14	00:29:38	16	43.33
Sprint - Male 35-39	34	3131	LAI CHI CHUNG		01:52:23	00:27:19	00:10:54	00:38:48	00:04:34	00:30:49	15	40.63
Sprint - Male 35-39	35	3128	Chong Chi Hang Ivan		01:52:23	00:22:34	00:09:33	00:49:37	00:03:45	00:26:56	14	37.92
Sprint - Male 35-39	36	3105	KONG PUI TIM		01:53:50	00:27:26	00:12:30	00:45:08	00:04:08	00:24:41	13	35.21
Sprint - Male 35-39	37	3120	Chan Kwan Hoi		01:58:28	00:30:29	00:09:27	00:40:58	00:04:35	00:33:02	12	32.50
Sprint - Male 35-39	38	3130	Hon Sui		02:01:59	00:30:46	00:10:40	00:45:30	00:04:01	00:31:05	11	29.79
Sprint - Male 35-39	39	3109	Yiu Ka Lun		02:06:05	00:28:44	00:13:49	00:39:24	00:03:24	00:40:45	10	27.08
Sprint - Male 35-39	40	3112	Chung Kai Hang		02:06:55	00:28:16	00:12:23	00:46:29	00:04:24	00:35:26	9	24.38
Sprint - Male 35-39	41	3126	LUI WAI LUN		02:14:24	00:33:23	00:12:22	00:41:58	00:04:02	00:42:41	8	21.67
Sprint - Male 35-39	42	3111	CHAN FUK HONG THOMAS		02:16:34	00:41:54	00:11:14	00:42:39	00:04:10	00:36:40	7	18.96
Sprint - Male 35-39	43	3102	Mak Chun Yin								6	16.25
Sprint - Male 35-39	44	3106	POON CHUN KEUNG	Sonic Sports Association							5	13.54
Sprint - Male 35-39	45	3137	Man Kit Gavin Kwok	South China Athletic Association							4	10.83
Sprint - Male 35-39	46	3139	TRINH Rong								3	8.13
Sprint - Male 35-39	47	3147	Weis Mark								2	5.42
Sprint - Male 35-39	48	3148	LAW WAI CHUN	AustSports Association							1	2.71
Sprint - Male 35-39	DSQ	3134	Cheng Man Yuen		01:44:46	00:32:52	00:12:07	00:39:49	00:04:54	00:15:06		
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Male 40-44	1	3184	Chung Dick		01:18:29	00:16:05	00:06:49	00:31:10	00:02:24	00:22:03	34	130.00
Sprint - Male 40-44	2	3157	Yeung Wing Yin, Michael	Energetic Triathlon Shatin	01:20:46	00:18:17	00:06:24	00:31:00	00:02:32	00:22:35	33	126.18
Sprint - Male 40-44	3	3151	Chan Ka Lun		01:23:30	00:20:15	00:06:23	00:31:28	00:03:06	00:22:20	32	122.35
Sprint - Male 40-44	4	3158	Au Kin Wing		01:23:50	00:18:18	00:07:03	00:32:19	00:02:54	00:23:17	31	118.53
Sprint - Male 40-44	5	3172	Fung CHI YUEN	AustSports Association	01:28:12	00:22:02	00:06:56	00:32:19	00:02:40	00:24:15	30	114.71
Sprint - Male 40-44	6	3164	Vincent Vaucelle		01:28:24	00:20:56	00:07:46	00:30:39	00:03:03	00:26:01	29	110.88
Sprint - Male 40-44	7	3175	CHNA KWOK CHUNG		01:30:42	00:19:30	00:07:54	00:32:45	00:03:17	00:27:18	28	107.06
Sprint - Male 40-44	8	3174	Bruce Perkins	Hong Kong Dragons Triathlon Club	01:33:59	00:22:10	00:08:17	00:31:01	00:04:17	00:28:16	27	103.24
Sprint - Male 40-44	9	3150	Wong Kin cheung		01:34:21	00:22:07	00:08:36	00:34:03	00:02:55	00:26:42	26	99.41
Sprint - Male 40-44	10	3152	Ngan Calvin		01:36:20	00:21:06	00:09:01	00:31:40	00:05:05	00:29:30	25	95.59
Sprint - Male 40-44	11	3180	tony taylor	Hong Kong Dragons Triathlon Club	01:37:10	00:25:24	00:07:56	00:36:42	00:03:07	00:24:02	24	91.76
Sprint - Male 40-44	12	3156	Carpenter Andrew		01:37:58	00:24:15	00:08:38	00:32:24	00:04:13	00:28:30	23	87.94
Sprint - Male 40-44	13	3181	Davies Courtney		01:38:36	00:27:30	00:08:09	00:35:12	00:02:55	00:24:51	22	84.12
Sprint - Male 40-44	14	3171	Koster Maarten jan		01:38:39	00:19:28	00:09:14	00:31:51	00:04:36	00:33:32	21	80.29
Sprint - Male 40-44	15	3182	Rigby Steven		01:39:01	00:23:44	00:09:05	00:32:03	00:05:51	00:28:19	20	76.47
Sprint - Male 40-44	16	3155	Leung Man Kwong		01:40:51	00:29:31	00:09:08	00:36:53	00:02:57	00:22:24	19	72.65
Sprint - Male 40-44	17	3159	Hung Fai Chung	Compass Sports Association	01:41:04	00:17:25	00:10:51	00:39:20	00:03:28	00:30:02	18	68.82
Sprint - Male 40-44	18	3169	Pang Ka Yiu		01:43:41	00:27:54	00:09:21	00:38:49	00:03:24	00:24:14	17	65.00
Sprint - Male 40-44	19	3176	Chan Lawrence		01:44:57	00:33:01	00:09:16	00:33:18	00:03:45	00:25:39	16	61.18
Sprint - Male 40-44	20	3154	Cheung M K		01:48:33	00:25:40	00:10:33	00:39:33	00:06:28	00:26:21	15	57.35
Sprint - Male 40-44	21	3165	Tang Chi Keung		01:48:40	00:26:02	00:09:52	00:52:16	00:03:05	00:17:25	14	53.53
Sprint - Male 40-44	22	3186	Lee Yuet Fong		01:49:45	00:23:49	00:09:27	00:36:21	00:03:05	00:37:03	13	49.71
Sprint - Male 40-44	23	3160	Ho Wei Ning		01:51:20	00:27:25	00:10:27	00:37:19	00:04:11	00:32:00	12	45.88
Sprint - Male 40-44	24	3178	Lee Yiu Chung Jonathan		01:51:51	00:24:54	00:11:00	00:42:32	00:03:29	00:29:57	11	42.06
Sprint - Male 40-44	25	3166	Kot Nam Shan		01:52:34	00:28:53	00:09:25	00:36:56	00:04:19	00:33:02	10	38.24
Sprint - Male 40-44	26	3167	Moulder David		01:52:58	00:27:34	00:12:54	00:38:36	00:03:37	00:30:18	9	34.41
Sprint - Male 40-44	27	3177	Chan Paul Kwok Yee		01:53:11	00:26:02	00:10:32	00:40:59	00:04:16	00:31:23	8	30.59
Sprint - Male 40-44	28	3187	Chan Man Tim		01:53:34	00:34:09	00:12:25	00:33:35	00:04:08	00:29:19	7	26.76
Sprint - Male 40-44	29	3161	Chan Tak Lap		01:56:43	00:25:00	00:10:56	00:42:06	00:04:13	00:34:29	6	22.94
Sprint - Male 40-44	30	3185	Wong BOK WAI, BYRON	Energetic Triathlon Shatin	01:57:17	00:32:21	00:10:50	00:34:42	00:06:00	00:33:26	5	19.12
Sprint - Male 40-44	31	3179	Shaun Bramham		01:58:37	00:32:14	00:10:11	00:38:58	00:02:39	00:34:36	4	15.29
Sprint - Male 40-44	32	3173	LI Hung Man		01:58:40	00:25:32	00:10:37	00:45:32	00:03:45	00:33:15	3	11.47
Sprint - Male 40-44	33	3162	CHIU SIN WAI		02:09:59	00:33:57	00:11:42	00:46:00	00:03:48	00:34:34	2	7.65
Sprint - Male 40-44	34	3183	LAM HOO MING	Energetic Triathlon Shatin	02:11:19	00:25:10	00:11:46	00:50:58	00:03:45	00:39:42	1	3.82
Sprint - Male 40-44	DNS	3153	MacArthur Robert									
Sprint - Male 40-44	DNS	3163	Chiu Sin wai									
Sprint - Male 40-44	DNS	3168	Persson Johan									
Sprint - Male 40-44	DNS	3170	Rigg Graeme									
Sprint - Male 40-44	DNS	3188	Wong Ho Ming Edwin	Sonic Sports Association								
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Male 45-49	1	3215	Lam Kam Ching	Tung Chung Triathlon Association	01:18:12	00:18:46	00:06:21	00:27:50	00:02:46	00:22:29	35	130.00
Sprint - Male 45-49	2	3225	Verheijke Siegfried	Lantau Buffalos - Multisports Club	01:19:31	00:19:34	00:06:53	00:29:05	00:02:40	00:21:21	34	126.29
Sprint - Male 45-49	3	3210	CHIM HING WAI		01:22:27	00:22:06	00:06:19	00:30:50	00:02:05	00:21:09	33	122.57
Sprint - Male 45-49	4	3229	BENCIVENGA PAOLO		01:24:45	00:20:36	00:07:20	00:29:48	00:02:52	00:24:11	32	118.86
Sprint - Male 45-49	5	3196	Ho Stephen Waldo		01:26:22	00:17:51	00:08:09	00:31:43	00:03:30	00:25:11	31	115.14
Sprint - Male 45-49	6	3205	Chung Chun Bong Alex		01:26:31	00:20:01	00:06:40	00:32:29	00:03:24	00:23:58	30	111.43
Sprint - Male 45-49	7	3217	Moran Keith		01:27:00	00:18:43	00:08:30	00:32:16	00:02:35	00:24:59	29	107.71

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Male 45-49	8	3212	Coleman Michael		01:28:51	00:20:27	00:07:39	00:31:09	00:02:57	00:26:39	28	104.00
Sprint - Male 45-49	9	3208	Cometto Riccardo		01:30:32	00:19:42	00:08:38	00:33:32	00:03:31	00:25:11	27	100.29
Sprint - Male 45-49	10	3231	Haudenschild Matthew		01:30:45	00:20:05	00:08:32	00:32:44	00:03:15	00:26:11	26	96.57
Sprint - Male 45-49	11	3199	Riedel Roland		01:31:04	00:18:47	00:08:25	00:31:56	00:03:45	00:28:13	25	92.86
Sprint - Male 45-49	12	3197	Chow Chiu Kin	Energetic Triathlon Shatin	01:33:35	00:23:28	00:07:17	00:33:53	00:02:59	00:26:00	24	89.14
Sprint - Male 45-49	13	3216	Lit Kwong On	AustSports Association	01:33:56	00:24:20	00:07:19	00:32:53	00:02:51	00:26:35	23	85.43
Sprint - Male 45-49	14	3230	Kwok Ka Fai		01:34:27	00:21:36	00:08:12	00:35:58	00:03:18	00:25:25	22	81.71
Sprint - Male 45-49	15	3221	Mok King		01:35:04	00:23:44	00:08:53	00:34:25	00:03:47	00:24:18	21	78.00
Sprint - Male 45-49	16	3223	LAI YING FAI	AustSports Association	01:35:32	00:27:50	00:06:43	00:34:16	00:02:32	00:24:13	20	74.29
Sprint - Male 45-49	17	3219	Kan Kin Ho		01:35:37	00:23:37	00:09:38	00:35:51	00:02:55	00:23:37	19	70.57
Sprint - Male 45-49	18	3195	Ching Wai Kin	Mango Swimming Club	01:35:44	00:23:38	00:08:41	00:33:46	00:02:59	00:26:40	18	66.86
Sprint - Male 45-49	19	3207	Wong Shi Man		01:37:28	00:22:15	00:08:33	00:36:42	00:02:57	00:27:03	17	63.14
Sprint - Male 45-49	20	3228	WONG SUI CHEONG	Sonic Sports Association	01:38:32	00:23:02	00:08:27	00:37:35	00:02:49	00:26:41	16	59.43
Sprint - Male 45-49	21	3234	Wong Ka Wai	South China Athletic Association	01:40:17	00:28:23	00:07:35	00:35:21	00:02:54	00:26:07	15	55.71
Sprint - Male 45-49	22	3213	Parkes Shaun		01:41:09	00:26:17	00:10:10	00:33:10	00:04:28	00:27:06	14	52.00
Sprint - Male 45-49	23	3198	Hattam Christopher		01:41:16	00:23:41	00:09:52	00:32:54	00:04:24	00:30:28	13	48.29
Sprint - Male 45-49	24	3227	LAU KWOK WA		01:42:08	00:25:08	00:09:00	00:35:12	00:04:17	00:28:32	12	44.57
Sprint - Male 45-49	25	3202	Cheung Sai Pang		01:44:31	00:24:16	00:08:56	00:42:51	00:02:57	00:25:33	11	40.86
Sprint - Male 45-49	26	3209	Chan Chi Sun		01:45:19	00:25:39	00:09:51	00:43:19	00:02:37	00:23:56	10	37.14
Sprint - Male 45-49	27	3214	Chiu Chim keung	Mango Swimming Club	01:47:14	00:28:40	00:08:23	00:40:21	00:04:05	00:25:47	9	33.43
Sprint - Male 45-49	28	3206	CHAN WAI YIN		01:48:34	00:23:45	00:09:08	00:32:29	00:05:18	00:37:56	8	29.71
Sprint - Male 45-49	29	3203	CHENG TAT KING		01:51:02	00:22:29	00:11:25	00:34:10	00:05:05	00:37:55	7	26.00
Sprint - Male 45-49	30	3204	CHAN YIM KUEN		01:51:32	00:30:14	00:09:59	00:34:49	00:04:48	00:31:44	6	22.29
Sprint - Male 45-49	31	3218	Chan Bede		01:55:12	00:26:57	00:12:23	00:44:02	00:03:23	00:28:28	5	18.57
Sprint - Male 45-49	32	3220	Leong Harold		01:55:28	00:24:36	00:09:33	00:49:01	00:03:26	00:28:54	4	14.86
Sprint - Male 45-49	33	3226	LO KWOK WAH		01:59:54	00:26:12	00:10:43	00:38:21	00:04:41	00:39:59	3	11.14
Sprint - Male 45-49	34	3233	Cheung Che Saint Ambrose		02:11:33	00:35:50	00:12:20	00:42:31	00:04:03	00:36:50	2	7.43
Sprint - Male 45-49	35	3222	CHAN SAI BO		02:13:13	00:30:20	00:13:00	00:47:41	00:02:10	00:40:03	1	3.71
Sprint - Male 45-49	DNF	3200	Ho Nam Wai			00:23:27	00:07:22	00:38:17				
Sprint - Male 45-49	DNS	3211	Tse Shu Yung									
Sprint - Male 45-49	DNS	3224	Renato Peixoto	Tung Chung Triathlon Association								
Sprint - Male 45-49	DNS	3232	Bruce Macdonald	Tritons Triathlon Club								

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T(1) Time	Bike Time	T(2) Time	Run Time	Points	%
Sprint - Male 50 -54	1	3307	Lau Siu Kan	Titan Triathlon	01:26:51	00:19:00	00:07:39	00:33:12	00:02:36	00:24:27	15	130.00
Sprint - Male 50 -54	2	3302	Leung Yau Hong	Hope Sport Association	01:27:38	00:23:02	00:06:55	00:31:46	00:02:30	00:23:26	14	121.33
Sprint - Male 50 -54	3	3305	George Applegarth		01:31:32	00:15:28	00:10:50	00:33:37	00:03:39	00:28:01	13	112.67
Sprint - Male 50 -54	4	3300	Lam Tsz Leung		01:31:51	00:21:00	00:07:54	00:35:15	00:03:24	00:24:18	12	104.00
Sprint - Male 50 -54	5	3301	Lau Kim Cheong		01:32:42	00:20:48	00:07:55	00:33:35	00:02:49	00:27:37	11	95.33
Sprint - Male 50 -54	6	3310	So Wah shing		01:33:16	00:21:30	00:08:56	00:32:51	00:03:36	00:26:25	10	86.67
Sprint - Male 50 -54	7	3306	Heward Randall		01:34:16	00:19:14	00:09:50	00:34:24	00:04:10	00:26:40	9	78.00
Sprint - Male 50 -54	8	3304	Ng Kwong Shing, Davy	Tung Chung Triathlon Association	01:41:50	00:29:45	00:08:49	00:33:53	00:03:29	00:25:55	8	69.33
Sprint - Male 50 -54	9	3309	Che Keung Cheung	LGP Sports	01:43:32	00:22:58	00:10:10	00:34:22	00:03:34	00:32:30	7	60.67
Sprint - Male 50 -54	10	3303	Yang Ming Hsiang		01:44:41	00:26:57	00:09:40	00:36:32	00:04:08	00:27:26	6	52.00
Sprint - Male 50 -54	11	3311	Lam Chi Wing		01:47:12	00:32:17	00:08:33	00:35:35	00:03:31	00:27:18	5	43.33
Sprint - Male 50 -54	12	3315	Ho Kwok Leung		01:48:56	00:29:53	00:09:37	00:36:20	00:05:07	00:28:00	4	34.67
Sprint - Male 50 -54	13	3312	LEUNG KAI MING		01:51:06	00:22:52	00:11:26	00:34:45	00:05:04	00:37:00	3	26.00
Sprint - Male 50 -54	14	3313	Wong Cheung chi thomas		02:03:03	00:29:42	00:11:19	00:43:38	00:04:16	00:34:10	2	17.33

