

2019 Benchmarking Result - October 2019

Qualify National Squad							
Name	Gender	2020AGE	Swim 200m Time	Run 1500m Time	Total Time	Qualify Status	Remarks
Bailee Brown	F	20	02:18.4	04:43.5	07:01.9	National Squad	Auto Performance Qualification
Cho Wing To	F	19	02:16.5	05:08.0	07:24.5	National Squad	
Charlotte Hall	F	17	02:26.7	04:38.2	07:04.9	National Squad	
Cade Wright	F	17	02:23.3	04:57.0	07:20.3	National Squad	Auto Performance Qualification
Tullulah Wright	F	17	02:25.5	05:04.3	07:29.8	National Squad	
Lo Cheukk Yat, Judy	F	16	02:24.5	05:23.1	07:47.6	National Squad	Auto Performance Qualification
Pauline Courret	F	15	02:27.8	04:56.5	07:24.3	National Squad	Auto Performance Qualification
Zoe Olga Metais	F	15	02:32.8	05:03.2	07:36.0	National Squad	
Roxanne Wright	F	15	02:33.6	05:07.4	07:41.0	National Squad	Auto Performance Qualification
Wong Hui Wai	M	25	02:03.8	04:17.2	06:21.0	National Squad	
Jame Tan	M	23	02:10.1	04:15.3	06:25.4	National Squad	Auto Performance Qualification
Wong Tsz To	M	22	02:12.9	04:07.4	06:20.3	National Squad	Auto Performance Qualification
Oscar Coggins	M	21	02:08.5	04:16.8	06:25.3	National Squad	Auto Performance Qualification
Yu Shing Him	M	21	02:13.4	04:09.6	06:23.0	National Squad	Auto Performance Qualification
Jason Tai Long Ng Hardcastle	M	20	02:07.2	04:07.4	06:14.6	National Squad	Auto Performance Qualification
Hung Tik Long	M	19	02:12.3	04:35.7	06:48.0	National Squad	Auto Performance Qualification
Robin ELG	M	18	02:10.3	04:15.4	06:25.7	National Squad	
Lau Tsun Hei	M	17	02:13.5	04:29.1	06:42.6	National Squad	
Chan Ho Kwan	M	17	02:19.6	04:22.9	06:42.5	National Squad	
Yip Tak Long Nick	M	16	02:15.7	04:18.8	06:34.5	National Squad	Auto Performance Qualification
Jan Yip	M	14	02:14.7	04:34.0	06:48.7	National Squad	Auto Performance Qualification
Qualify National Squad Potential							
Name	Gender	2020AGE	Swim 200m Time	Run 1500m Time	Total Time	Qualify Status	Remarks
Lo Ching Hin	M	31	02:11.3	04:14.7	06:26.0	National Squad Potential	
Micheal Lam	M	23	02:09.7	04:13.1	06:22.9	National Squad Potential	
Nathan Eilers	M	18	02:19.4	04:20.1	06:39.5	National Squad Potential	
Chan Yui Fung	M	14	02:14.4	04:51.0	07:05.4	National Squad Potential	
Qualify National Development Squad							
Name	Gender	2020AGE	Swim 200m Time	Run 1500m Time	Total Time	Qualify Status	Remarks
Lee Wai Man Candy	F	18	02:29.4	05:19.2	07:48.6	National Development Squad	
Jeanna Muston	F	17	02:38.9	05:33.6	08:12.5	National Development Squad	
Choi Wing Yan	F	17	02:33.0	05:51.4	08:24.4	National Development Squad	
Lily Sheary	F	16	02:48.8	05:22.6	08:11.4	National Development Squad	
Kristy King	F	16	02:36.8	05:41.5	08:18.3	National Development Squad	
Johanne Koenig	F	16	02:35.4	05:40.4	08:15.8	National Development Squad	
Chu Wing Yan	F	15	02:44.2	05:23.7	08:07.9	National Development Squad	
Molly Worthington	F	15	02:34.0	05:32.6	08:06.6	National Development Squad	
Chole Chick	F	15	02:50.9	05:36.2	08:27.1	National Development Squad	
Lee Hoi Tik	M	18	02:20.6	04:39.0	06:59.6	National Development Squad	
Gilbert Sung	M	18	02:17.1	04:55.1	07:12.2	National Development Squad	
Ng Sheung Man	M	18	02:42.8	04:30.7	07:13.5	National Development Squad	
Boat Van Den Heuvel	M	17	02:15.5	04:39.2	06:54.7	National Development Squad	
Yip Shing Hei	M	17	02:23.4	04:31.3	06:54.7	National Development Squad	
Tang Philomon Neil	M	16	02:23.4	04:57.5	07:20.9	National Development Squad	
Tsang Kwok Chun	M	16	02:32.0	04:50.4	07:22.4	National Development Squad	
Valen Ho Chung Hin	M	16	02:17.3	04:43.9	07:01.2	National Development Squad	

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Leung Ping Thomas	M	15	02:19.1	04:52.0	07:11.1	National Development Squad	
Chu Yan Ho	M	15	02:44.0	04:37.6	07:21.6	National Development Squad	
Leung Lok Hei	M	15	02:17.5	05:14.5	07:31.9	National Development Squad	
To Hon Ming	M	15	02:54.3	04:43.5	07:37.8	National Development Squad	
<b>Qualify National Development Squad</b>							
Name	Gender	2020AGE	Swim 200m Time	Run 800 m Time	Total Time	Qualify Status	Remarks
Fok Wang Hin Ian	M	14	02:25.6	02:49.3	05:14.9	National Development Squad	
Wan Chak Lam	M	14	02:37.3	02:38.2	05:15.5	National Development Squad	
Cheung Hoi Hin Onix	M	14	02:45.5	02:33.5	05:19.0	National Development Squad	
<b>Others</b>							
Cheng Yan Ching	F	17	02:23.6		02:23.6		
Choi Yan Yin	F	26					
Li Tsz Ho Angus	M	19	02:11.6		02:11.6		
Tsang Cheung Sing , Nicholas	M	20					
Law Leong Tim	M	27	02:02.6	04:26.3	06:28.9		
Anju Chenaux - Repond	F	18					Andrew sent the email to Selection about her situation
Mok Pak Fan	M	13	03:00.2	02:43.0	05:43.2		
Fung Hong Ching	M	14	02:39.4		02:39.4		
Yip Tsz Hin Sean	M	14	02:45.4	04:47.4	07:32.8		
Tsang Wai Chun	M	14	02:53.5	02:32.0	05:25.5		
Chan Tin Shut	M	14	02:55.8	02:38.9	05:34.7		
Chan Pak Hoi	M	15	02:22.4	05:38.7	08:01.0		
Amber Chiu Kai On	F	15	02:56.5	06:03.2	08:59.7		
Kenji Yau	M	16		05:22.9	05:22.9		
Sweetey Woo	F	16	03:06.7	05:55.5	09:02.2		
Kwan Tsz Fung Jeffrey	M	17		04:40.8	04:40.8		
Chow Ching Yin	M	17	02:26.4	05:18.3	07:44.7		
Leung Wai Hang, Wyat	M	17	02:35.9		02:35.9		
Yick Harold	M	18	02:10.7	05:13.6	07:24.3		
Issy Lyons	F	18		06:05.2	06:05.2		
Wong Ka Ho	M	19	02:42.8	05:14.7	07:57.5		
Wong Ka Hei Michael	M	19	02:21.2	04:31.6	06:52.8		
Lau Chung Hei	M	19	02:17.7	04:44.7	07:02.4		
Sin Cheuk Fung	M	19	02:31.4	04:33.0	07:04.4		
Sung Ho Hin	M	19	02:31.9	04:45.1	07:16.9		
Chung Siu Ting	M	20	02:14.6	04:28.4	06:43.0		
Keung Wai Lok	M	20	02:10.9	04:45.1	06:56.0		