



香港三項鐵人總會 Hong Kong Triathlon Association

香港銅鑼灣掃桿埔大球場徑壹號奧運大樓一零二零室 電話: (852) 2504 8282 傳真: (852) 2576 8253
Room 1020, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong Tel: (852) 2504 8282 Fax: (852) 2576 8253

Selection of Hong Kong Schools Triathlon Team for ISF World Schools Championship Triathlon 2019

< 3 - 8 June 2019, Castelnaudary, France >

The Executive Committee (EC) of the International School Sport Federation (ISF) entrusted the organization of the 4th Triathlon World Schools Championship

System of the competition:

Individual Race & Distance:

- 15-16 years old: 400 m + 10 km + 2.5 km for both boys and girls
- 17-18 years old: 750 m + 20 km + 5 km for both boys and girls

Mixed Team Relay Race & Distance:

- 200 m + 5 km + 1.5 km for each athlete

The triathletes in the team take turns when finishing the above-mentioned race (swim, bike, run).

The MTR Race thus comprises 4 individual races, one after the other.

To participate in the relay, it is mandatory to have participated in the individual competition.

The relay is for mixed teams of 4 triathletes only (2 boys and 2 girls only).

Participants obligations:

- Each participant is required to be present throughout the whole duration of the event.
- Each participant is obliged to take part also in all of the non-sport activities.
- Each team undertakes to compete against all other participating teams.
- Each participant undertakes to compete against all other participants.
- The absence of any member of a participating team from any part of the entire sport programme, opening-, prize-giving- and closing ceremonies and socio-cultural programme may result in the team being excluded from the results.
- Athletes are expected to self-fund the competition related expenses i.e Flights, Accommodation and Meals.

Quota for selection:

Category	Gender	Year of birth	No. of athletes
Selected	Boys	2003-2004	Max. 4
Selected	Girls	2003-2004	Max. 4
Selected	Boys	2001-2002	Max. 4
Selected	Girls	2001-2002	Max. 4

Selection Criteria

- (i) Participating athletes must be Full-time students of the HKSSF member secondary schools in 2018-2019 academic years; and
 - (ii) Participants for Boys and Girls Categories must be born in 2001-2004 (aged 15-18 on 31 December 2019 of the World Schools Championship concerned can participate); and
 - (iii) Resided in Hong Kong for a minimum of 3 years and holding a valid Hong Kong Identity Document.
- In order to form the triathlon team to represent Hong Kong Schools participating in this Championship, a selection race will be conducted with details as follow:



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Date	Age Group (Boys & Girls)	YOB	Race Distance & Venue (Swim, Bike, Run)
24 Feb 2019 (SUN)	15-16 years old 17-18 years old	2001-2002 2003-2004	15-16yrs old -375m, 10km, 2.5km 17-18yrs old -750m, 20km, 5km Plover Cove (Bike + Run + Swim)

Athletes wishing to be considered for selection to the ISF World Schools Championship Triathlon 2019 are required to attend the above race and complete the enrollment form.

Notes

- (1) Applicants are advised to visit the TriHK website after 28 December 2018 to check the selection race participating list;
- (2) Only top 4 participants of each category will be selected to the pre-competition training;
- (3) Details of the pre-competition training will be further announced;
- (4) Selected participants are required to attend the captioned training and may not be able to withdraw from the competition unless acceptable reasons and supporting documents provided in advance;
- (5) Only electronic enrollment and nomination forms will be accepted per application;
- (6) Insurance will be covered by TriHK;
- (7) Once athletes are selected for the final squad, athletes must submit the full payment to TriHK within 7 days of notification;
- (8) The Hong Kong Triathlon Association reserves the right in making final decisions on selection of athletes;

Closing date of application for selection race:

3:00pm, 28 December 2018 (FRI)

Timeline

Date	Item
28/12/2018	Registration commence and complete
24/2/2019	Selection Trial (Bike+ Run + Swim)
26/2/2019	Release of selection result
4/3/2019	Training to begin
6/4/2019	Preliminary squad announcement
6-12/4/2019	Appeal of squad decision
1/5/2019	Confirmation of final squad and submitted to ISF
26/5/2019 (TBC)	Flag Presentation Ceremony, team briefing
30/5/2019	Depart to France
3-8/6/2019	Competition
9/6/2019	Return to Hong Kong
14/6/2019	Review of competition

***The above timeline is subject to TriHK final confirmation.**

All interested athletes are required to fill-in the enrollment form and send it back to Hong Kong Triathlon Association by email (trihk@triathlon.com.hk) **no later than 3:00pm, 28 December 2018 (FRI)**.

For enquiries, please call TriHK staff Ms. Norris Hung on 2504 8282 during office hours from Monday to Friday (10:00 am – 6:00 pm except 1:00-2:00 pm).



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Inclement Weather Arrangement:

If either the Typhoon Signal 3 or higher, or Red Rainstorm Warning or higher, is hoisted 2 hours prior to the scheduled start time, the selection trial will be automatically postponed to Feb 2019 in due course. The TriHK reserves the right to delay the start or postpone the selection trial to another day in the event of other adverse weather conditions.

To : Principals of All member secondary schools
Date: 30 November 2018

From: Michael Wan (Senior Sports Executive)