

Hong Kong Triathlon Association
Oct & Nov 2017 Pre-Elite Benchmarking
NDS Results

National Development Squad - Female

					Results									
Name (ENG)	Name (CHN)	Gender	Age as at 31/12/18	Target	Swim Pass Standard	Swim Pass Standard Within 5%	400m Swim	Swim Percentage	Run Pass Standard	Run Pass Standard Within 5%	1.5km Run	Run Percentage	Swim and Run Percentage	Remarks
Au Che Yiu	歐芷遙	F	14	NDS	06:00.00	06:18.00	05:45.75	96.0%	06:00.00	06:18.00	05:27.78	91%	187%	Pass NDS - Oct
Charlotte Hall	0	F	15	NDS	06:00.00	06:18.00	05:37.67	93.8%	06:00.00	06:18.00	05:05.00	85%	179%	Pass NDS - Oct
Chu Wing Yan	朱詠恩	F	13	NDS	06:00.00	06:18.00	06:29.45	108.2%	06:00.00	06:18.00	05:49.42	97%	205%	
Cheung Cheuk Lam Chole	張卓琳	F	16	NDS	05:48.00	06:05.40	05:51.72	101.1%	05:50.00	06:07.50	05:47.70	99%	200%	NDS Provisional Member - Oct
Claire Barry	0	F	16	NDS	05:48.00	06:05.40	05:22.07	92.5%	05:50.00	06:07.50	06:00.10	103%	195%	NDS Provisional Member - Oct
Jenna Muston	0	F	15	NDS	06:00.00	06:18.00	05:16.73	88.0%	06:00.00	06:18.00	05:34.07	93%	181%	Pass NDS - Oct
Kara Casey	0	F	16	NDS	05:48.00	06:05.40	05:54.55	101.9%	05:50.00	06:07.50	05:12.57	89%	191%	NDS Provisional Member - Oct
Roxanne Wright	韋樂	F	13	NDS	06:00.00	06:18.00	06:18.44	105.1%	06:00.00	06:18.00	05:13.31	87%	192%	
Sienna Savrdrs	0	F	12	NDS	06:00.00	06:18.00	05:37.83	93.8%	06:00.00	06:18.00	05:47.97	97%	191%	Pass NDS - Oct
Wong Hang Wing	黃鏗穎	F	14	NDS	06:00.00	06:18.00	06:28.42	107.9%	06:00.00	06:18.00	05:48.21	97%	205%	

National Development Squad - Male

					Results									
Name (ENG)	Name (CHN)	Gender	Age as at 31/12/18	Target	Swim Pass Standard	Swim Pass Standard Within 5%	400m Swim	Swim Percentage	Run Pass Standard	Run Pass Standard Within 5%	1.5km Run	Run Percentage	Swim and Run Percentage	Remarks
Chan Ho Kwan	陳灝鈞	M	15	NDS	05:36.00	05:52.80	05:08.52	91.82%	05:36.00	05:52.80	04:51.76	86.83%	179%	Pass NDS - Oct
Chan Shun Wai	陳信煒	M	17	NDS	05:20.00	05:36.00	05:55.71	111.16%	05:20.00	05:36.00	04:56.17	92.55%	204%	
Chung Pui Yin	鍾沛諺	M	16	NDS	05:20.00	05:36.00	05:20.39	100.12%	05:20.00	05:36.00	04:56.16	92.55%	193%	NDS Provisional Member - Nov
Evan Barry	0	M	14	NDS	05:36.00	05:52.80	05:43.45	102.22%	05:36.00	05:52.80	06:08.18	109.58%	212%	
Lau Chung Hei	劉仲晞	M	17	NDS	05:20.00	05:36.00	05:25.59	101.75%	05:20.00	05:36.00	05:06.12	95.66%	197%	NDS Provisional Member - Oct
Leung Lok Wun Walter	梁洛垣	M	17	NDS	05:20.00	05:36.00	05:51.03	109.70%	05:20.00	05:36.00	05:03.29	94.78%	204%	
Ng Kwan Kiu	伍君喬	M	14	NDS	05:36.00	05:52.80	05:26.30	97.11%	05:36.00	05:52.80	05:30.70	98.42%	196%	Pass NDS - Oct
Ng Sheung Man	吳尚汶	M	16	NDS	05:20.00	05:36.00	06:00.07	112.52%	05:20.00	05:36.00	04:48.00	90.00%	203%	
Shiu Devey	蕭頌滄	M	13	NDS	05:36.00	05:52.80	05:50.05	104.18%	05:36.00	05:52.80	05:16.51	94.20%	198%	NDS Provisional Member - Oct
Sin Cheuk Fung	單焯峰	M	17	NDS	05:20.00	05:36.00	05:42.79	107.12%	05:20.00	05:36.00	05:02.09	94.40%	202%	
Tang Philomon Neil	鄧匡祐	M	14	NDS	05:36.00	05:52.80	05:22.89	96.10%	05:36.00	05:52.80	05:34.00	99.40%	196%	Pass NDS - Oct
To Hon Ming	杜瀚名	M	13	NDS	05:36.00	05:52.80	06:31.70	116.58%	05:36.00	05:52.80	05:08.22	91.73%	208%	
Tsang Kwok Chun	曾國晉	M	14	NDS	05:36.00	05:52.80	05:58.60	106.73%	05:36.00	05:52.80	05:08.28	91.75%	198%	
Tsang Pak Ho	曾珀豪	M	15	NDS	05:36.00	05:52.80	05:09.14	92.01%	05:36.00	05:52.80	05:34.50	99.55%	192%	Pass NDS - Oct
Valen Ho	何宗憲	M	14	NDS	05:36.00	05:52.80	05:20.50	95.39%	05:36.00	05:52.80	05:28.17	97.67%	193%	Pass NDS - Nov
Wong Cheuk Hei	黃權熙	M	18	NDS	05:06.00	05:21.30	ABS	ABS	05:10.00	05:25.50	ABS	ABS	ABS	
Wong Chun Man	王俊汶	M	17	NDS	05:20.00	05:36.00	04:41.21	87.88%	05:20.00	05:36.00	05:10.39	97.00%	185%	Pass NDS - Oct
Wong Wai Him	黃渭謙	M	17	NDS	05:20.00	05:36.00	06:26.25	120.70%	05:20.00	05:36.00	05:07.44	96.08%	217%	