



2019 Hong Kong ITU Coaches Level 2 Course

Course information:

Event: 2019 Hong Kong ITU Coaches Level 2 Course

Date: 2-6 July 2019

Time: 0900-1730

Venue: Hong Kong Sports Institute (No. 25 Yuen Wo Road, Shatin, New Territories, Hong Kong)

Course Medium: English

Course Type: ITU Level 2 Coaching

Continental Confederation: Asian Triathlon Confederation

Course Fee: HKD \$8,500/person

Quota: maximum number 18 as set by ITU

Hong Kong Triathlon Association reserves the right to cancel the course should the number of participants are less than 15.

[Schedule details](#)

-Course objectives:

The L2TRI is the second coaching qualification award offered by the ITU and is aimed at people with some experience of coaching (formally or informally) and of triathlon – building on existing coaching experience in Level 1.

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The knowledge gained from completing this qualification will allow you to develop an understanding of how to develop and deliver more advanced triathlon coaching practices, including individualized support. The certificate qualifies you to independently plan, deliver and evaluate triathlon related activities to groups of children and/ or adults in any of the Level 2 coaching environments, including coaching in open water environments.

To provide candidates with a high-quality learning experience through an interactive course, delivered by high quality tutors and assessors. You will be introduced to the processes and principles of coaching triathlon activities to groups of children and/ or adults through the application of training science.

It offers an opportunity for triathlon coaches to be supported in developing the knowledge of how to effectively plan, conduct and evaluate a series of triathlon coaching sessions or a programme for a group or an individual.

- Entry Requirements:

Due to limited places available for this course, the following level of experience and qualifications will be considered in selecting and nominating the candidates with the below requirements for this course:

-The candidates must have at least 2-year coaching experience after completing an ITU Coaches Level 1 Course or equivalent. Fast track can be supported by the approval of ITU Development based on further investigation.

-The ITU is dedicated providing equal opportunities to both genders in all aspects. On a Level 2 coaching course we require at least 20 % of the participants to be female. Shall less female apply, the total number of participants should be reduced to match this ratio.

-Good command of English.

Advantages for selection:

-Current or Former National Squad members, up to 20% of total participants.

-Current National Squad coach.

-Education background (e.g. Sport-related discipline).

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-TriHK Level 1 coaching certificate or equivalent.

-Existing Triathlon Coaches Certificate and level of certification the candidate has already attained.

-Past level of participation & contribution in triathlon activities & races.

- Obligations:

After completing the course and awarding the certificate, candidates have to serve 30 hours at TriHK, including 20 hours of coaching and 10 hours of race officiating.

-Remarks:

- (1) ITU Development and Hong Kong Triathlon Association reserve the right to reduce the number of participants from those NFs who withdraw their earlier registered nominees. We do encourage careful selection of dedicated participants.
- (2) Final Name list is approved by ITU.

- Application:

Please email forms and attach all supporting documents (e.g. certificates, result etc.) to rebecca.mok@triathlon.com.hk on or before 12:00n.n., 24 May 2019.

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2019 ITU Hong Kong Level 2 Coaches Course
Hong Kong – 2nd – 6th July 2019

GENERIC INFORMATION*			
National Federation			
First name (as worded on passport)			
Family name (as worded on passport)			
Preferred Full Name			
Nationality			
E-mail address(s)			
Phone Number (with country code)			
Date of Birth (dd/mm/yyyy)			
Gender	Male	Female	
Mailing address (Street, Number)			
Mailing address (City, Post Code)			
Mailing Address (Country)			
Medical Insurance Details (insurance plan and number) Please scan a copy of insurance certificate with your application			
Please indicate if you have any special nutritional requirements.			
Emergency Contact Please list name and contact phone number (incl. country code) and email we can use in the case of an emergency.			
Your level of English (oral)	Beginner	Intermediate	Advanced
Your level of English (written)	Beginner	Intermediate	Advanced
Internet Access	YES		NO

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Do you have daily access to Internet?		
Computer / Laptop Access Do you have daily access to a computer or a laptop?	YES	NO
Are you in the National Squad or retired from National Squad?	YES (Period: -)	NO
Are you current National Squad coach?	YES	NO
COACHING EXPERIENCE / COACH PROFILE*		
Existing Triathlon Coaches Certificate and level of certification that you has already achieved (e.g. ITU/TriHK/others):		
ITU Level 1 qualification	YES	NO
Years in coaching		
In triathlon		
Other sports (Please specify)		
Level of athletes coached		
Ages of athletes coached		
Past level of participation & contribution in triathlon activities & races.		
Coaching Education background **List all coaching-relevant education, sport-related discipline, etc.		

**Please make sure that all details will be provided.*

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Declaration

- I understand that in considering my application for the above post, the Hong Kong Triathlon Association may request for references from my present and past employers listed above. I agree to this arrangement.
- I also understand that if I willfully give any false information or withhold any material information, I shall render myself liable to dismissal if I am nominated to the captioned course.
- I declare that all the above details are true and correct. I agree to abide by the obligations & decisions of the Hong Kong Triathlon Association.

Signature

Date

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